

**GOVERNMENT OF MIZORAM
OFFICE OF THE PRINCIPAL : MIZORAM COLLEGE OF NURSING
FALKAWN : MIZORAM**

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**SHORT REPORT ON WEBINAR SERIES / EVENTS
ORGANISED BY : MIZORAM COLLEGE OF NURSING**

Webinar Organizing Committee :

1. R Lalruatkimi, Lecturer, MCON
2. Zosangliani, Tutor, MCON
3. Vanlaldingchhuaki, Tutor, MCON
4. Lalhruaitluangi Pachuau, Tutor, MCON

Report on 1st Webinar : Decoding National Education Policy 2020

Date : 29.10.2020
Moderator : R Lalruatkimi, Lecturer, MCON
Resource Person : 1. Dr. Lalbiakdiki Hnamte, Director, College Development Council, Mizoram University
2. Prof. Dr. M Swati Patki, HOD of Department of Community Medicine, ZMC
3. Prof. Dr. Smriti Mani, Principal, Govt. College of Nursing, H&FW, Kolkata
No. of Participants : 165

The webinar commenced by a welcome speech from the Webinar Advisor Madam Lalhhanhimi, Principal, MCON and led by the Moderator. The following topics were insightfully and fluently presented by the respective resource persons-

1. **Overview of NEP 2020** presented by Prof. Dr. Lalbiakdiki Hnamte, Director of College Development Council, MZU gave an idea about the basic changes in NEP 2020 compared to the preceding Policy used in India.
2. **NEP with reference to Medical Allied and Education-** Prof. Dr. M Swati Patki, HOD of Department of Community Medicine, ZMC gave a clear cut idea on how the policy in discussion could be of use in medical field.
3. **NEP and nursing education-Issues and challenges-** Prof. Dr. Smriti Mani, Principal, Govt. College of Nursing, H&FW, Kolkata stressed on the issues and challenges that could be brought on to Nursing education by the changes in NEP 2020 which was much needed thought provoking information for all nursing personnel.

The webinar progressed further with interactive discussion where the group raised questions and was answered by the resource persons.

E-certificate was provided to all attendee

NATIONAL WEBINAR ON
DECODING NATIONAL EDUCATION POLICY 2020
organized by
MIZORAM COLLEGE OF NURSING

Date: 29th October 2020
Time: 1:00 pm – 3:00 pm
Platform : Zoom App





Webinar Advisor
Mrs Lalchhanhimi
Principal
Mizoram College of Nursing



Moderator
Mrs R Lalruatkimi
Lecturer, Mizoram College of Nursing

Resource persons:



Prof. Dr. Lalbiakchiki Hnamte
Director
College Development Council
Mizoram University, Aizawl.

'Overview of NEP'



Prof. Dr. Swati M Patki
HOD
Department of Community Medicine
Zoram Medical College, Aizawl

'NEP with Reference to Medical Allied and Education'



Prof. Dr. Smriti Marri,
Principal
Govt College of Nursing,
Medical College and Hospital
OSD(Nursing), H& FW, Kolkata

'NEP and Nursing Education -Issues and Challenges'

Registration link: <https://zoom.us/join/join?jwp=OGsqzMoGdaXC1PI2pMitjDhzL9thrCY>
E – Certificate will be provided.

For any query, contact: 07005433591/ 08794723947/ 09862842365/ 09774238741

Report on 2nd Webinar : Promoting Mental Health in times of Pandemic

Date : 06.11.2020

Moderator : Laldusaki, Sr. Lecturer, MCON.

Resource Person : 1. Prof. Dr. Arunjyoti Baruah, HOD of Dept. of Psychiatric Nursing, LGBRIM, Tezpur.
2. Prof. Dr. Bimla Kapoor, Chairperson of Committee of Experts NNMC Bill 2020, Advisory Consultant, Nursing and Allied Sciences
3. Prof. Dr. Zokaitluangi, HOD of Dept. of Psychology, MZU

No. of Participants : 128

The Webinar Advisor Madam Lalchhanhimi, Principal, MCON started the webinar with a welcome speech and the webinar was led further by the moderator. The following topics were insightfully and fluently presented by the respective resource persons-

1. **Emotional wellbeing for health care providers during covid-19**- Prof. Dr. Arunjyoti Baruah, HOD of Dept. of Psychiatric Nursing, LGBRIM, Tezpur explained about how health care workers can maintain mental health and the importance was stressed with easily relatable examples.
2. **Addressing stigma and emotional trauma associated with Covid-19 diagnosis**- Prof. Dr. Zokaitluangi, HOD of Dept. of Psychology, MZU stressed on how various gestures and speech which are considered harmless could have negative impact and create stigma for others.
3. **Coping with Covid-19 A new normalcy**- Prof. Dr. Bimla Kapoor, Chairperson of Committee of Experts NNMC Bill 2020, advisory Consultant, Nursing and Allied Sciences gave the attendees insightful examples on how to live vigilantly and accept the livelihood with pandemic restrictions and what to be done as a medical personnel.

The webinar progressed further with interactive discussion where the group raised questions and was answered by the resource persons.

E-certificate was provided to all attendees.

NATIONAL WEBINAR ON
PROMOTING MENTAL HEALTH IN TIMES OF PANDEMIC
ORGANIZED BY
MIZORAM COLLEGE OF NURSING

Date: 6th November 2020
Time: 1:00 pm – 3:00 pm
Platform: Zoom App





Webinar Advisor
Mrs Lalchhanhimi
Principal
Mizoram College of Nursing



Moderator
Mrs Laldusaki,
Vice Principal & Sr. Lecturer

Resource persons:



Prof. (Dr.) Arunjyoti Baruah
HOD, Dept. of Psychiatric Nursing
Lokopriya Gopinath Bordoloi Regional
Institute of Mental Health, Tezpur

'Emotional well being for health care providers during Covid 19'



Prof. (Dr.) Zokaitluangi
HOD, Dept. of Clinical Psychology
Medical and Para-Medical Sciences
Mizoram University, Aizawl

'Addressing stigma and emotional trauma associated with Covid 19 diagnosis'



Prof. (Dr.) Bimla Kapoor
Chairperson
Committee of Experts NNMC BILL 2020
Advisory Consultant
Nursing & Allied Health Sciences
Former Director & Professor,
School of Health Sciences,
Indira Gandhi National Open University

'Coping with Covid 19- A New Normalcy'

Registration link: <https://zoom.us/join/join?mt=10vcOusqstHdQOxhFGbCKTVu3VSH3P5KU>
E – Certificate will be provided.
For any query, contact: 07005433591 / 08794723947 / 09862842365 / 09774238741

Webinar Organizers:
Mrs R. Lalruatkimi Lecturer
Ms Zosangliani Tutor
Ms. Vanlaldingchhuaki Tutor
Ms. Lalhruaitluangi Pachau Tutor
Mr. Zirsangliana Sailo College Librarian

Report on 3rd Webinar : Promoting Excellence in Nursing Profession through Nursing Research

Date : 11.11.2020

Moderator : Lalramengi Kaipeng, Tutor, MCON

Resource Person : 1. Prof. Dr. Rani Shetty, Principal of Maniba Bhula Nursing College, UKA Tarsadia University
2. Prof. Dr. SK Mehta, Dean of School of Life Science, MZU
3. Dr. James L.T Thanga, Asst. Prof. ,Dept. of Economics, MZU

No. of Participants : 113

The webinar commenced by a welcome speech from the Webinar Advisor Madam Lalchhanhimi, Principal, MCON and led by the Moderator. The following topics were insightfully and fluently presented by the respective resource persons-

1. **Trends and challenges in nursing research and evidence based nursing practice**- Prof. Dr. Rani Shetty, Principal of Maniba Bhula Nursing College, UKA Tarsadia University illustrated the many trends and challenges in nursing related research.
2. **Nanotechnology and its impact on nursing**- Prof. Dr. SK Mehta, Dean of School of life science, MZU elaborated the topic by giving a very intriguing insight regarding nanotechnology relating to nursing.
3. **Statistical analysis: SPSS**- Dr. James LT Thanga, Asst. Prof. ,Dept. of Economics, MZU gave the audience about the much needed expertise knowledge regarding specific statistical tools.

The webinar progressed further with interactive discussion where the group raised questions and was answered by the resource persons.

E-certificate was provided to all attendees.



NATIONAL WEBINAR ON
PROMOTING EXCELLENCE IN NURSING PROFESSION THROUGH NURSING RESEARCH
ORGANIZED BY
MIZORAM COLLEGE OF NURSING

Date: 11th November 2020
Time: 1:00 pm – 3:00 pm
Platform: Zoom App





Webinar Advisor
Mrs Lalchhanhimi
Principal
Mizoram College of Nursing



Moderator
Mrs Lalramengi Kaipeng
Tutor, Mizoram College of Nursing

Resource persons:



Prof. Dr. Rani Shetty
Principal
Maniba Bhula Nursing College
UKA Tarsadia University

'Trends and Challenges in Nursing research and evidence based nursing practice'



Prof. Dr. SK Mehta
Dean
School of Life Sciences
Mizoram University, Aizawl

'Nanotechnology and its impact on Nursing'



Dr. James L.T. Thanga
Assistant Professor
Department of Economics,
Mizoram University, Aizawl

'Statistical Analysis: SPSS'

Registration link: https://zoom.us/join/zoom/register/tlY0ceyofTlpGNTeyqT4YGDKyvvsvQDN6_4a
E – Certificate will be provided.

For any query, contact: 07005433591/ 08794723947/ 09862842365/ 09774238741

Webinar Organizers:
Mrs R.Lalruatkimi Lecturer Ms Zosangliani Tutor Ms.Vanlaldingchhuaki Tutor Ms.Lalhrualtuangi Pachauai Tutor Mr.Zirsangliana Sailo College Librarian



Report on 3rd Webinar : Infection Control- Saving Lives Through Prevention

Date : 19.11.2020
Moderator : Helen Lalthianglimi Sailo, Sr. Lecturer, MCON.
Resource Person : 1. Dr. Sanjay Bhattacharya, Sr. Consultant of Dept. Of Microbiology, TMC
2. Dr. Carrie Tudor, TB project Director, International Council Of Nurses
3. Dr. Belinda A. Sawant, Head of Nursing Services, Saifee Hospital, Mumbai
No. of Participants : 95

The webinar commenced by a welcome speech from the Webinar Advisor Madam Lalchhanhimi, Principal, MCON and led by the Moderator. The following topics were insightfully and fluently presented by the respective resource persons-

1. **Breaking the pandemic chain**- Dr. Sanjay Bhattacharya, Sr. Consultant of Dept. Of Microbiology, TMC gave the audience an insight on how Covid-19 virus and its infectivity could be impeded.
2. **Challenges for healthcare workers during the pandemic**- Dr. Carrie Tudor, TB project Director, International Council Of Nurses gave the speech on the topic which was informative and provide information on how the pandemic could effect every aspect of nursing.
3. **Role of a nurse in infection control during Covid-19 pandemic**- Dr. Belinda A Sawant, Head of nursing services, Saifee Hospital, Mumbai efficiently talks about everyday pandemic safety needs and duties for each nursing personnel.

The webinar progressed further with interactive discussion where the group raised questions and was answered by the resource persons.

E-certificate was provided to all attendees.

NATIONAL WEBINAR ON
INFECTION CONTROL - SAVING LIVES THROUGH PREVENTION
organized by
MIZORAM COLLEGE OF NURSING
Date: 19th November 2020
Time: 7:00 pm – 9:00 pm
Platform: Zoom App





Webinar Advisor
Mrs Lalchhanhimi
Principal
Mizoram College of Nursing



Moderator
Ms. Helen Lalthianglimi Sailo
Sr Lecturer, Mizoram College of Nursing



Dr. Sanjay Bhattacharya
Sr. Consultant
Department of Microbiology
Tata Medical Center, Kolkata
'Breaking the pandemic chain'



Dr. Carrie Tudor
TB Project Director
International Council of Nurse
'Challenges for healthcare workers during the pandemic'



Mrs Belinda A Sawant
Head of Nursing Services
Saifee Hospital, Mumbai
'Role of a nurse in infection control during Covid 19 pandemic'

Registration link https://zoom.us/join/zoom/register/tUkdeivp2guH9T71SisyajyV6R_6NWX8PY
E- Certificate will be provided



(LALCHHANHIMI)
Principal
Mizoram College of Nursing.

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**SHORT REPORT ON WEBINAR / EVENTS
ORGANISED BY : MIZORAM COLLEGE OF NURSING
DATE : 17th – 22nd May, 2021**

Training Organisers :

1. Madam Lalchhanhimi, Principal, MCON
2. Miss Laldingliani Sailo, Lecturer, MCON

Moderator : Miss Laldingliani Sailo, Lecturer, MCON

Date : 17.05.2021`

1st Session : Training Inauguration
No. of participants : 98

Madam Lalchhanhimi, Principal, MCON gave a welcome speech by giving a warm welcome to all participants and gave a brief description about the online classes and why it is needed. This was followed by a short speech from Dr. John Zohmingthanga, Director, ZMC-SRHF and Mrs. Lalremmawii Ralte, Jt. Director, Nursing where they stressed about the importance of nursing staffs in the pandemic and give thanks to all 4th year students for volunteering for Covid-19 patients in ZMC-SRHF as per the request of Health & Family Welfare Department.

2nd Session :

Resource Person: Miss Lalhriatpuii Varte, Sr. Lecturer, MCON.

Topic:

- **Introduction to Covid-19:**
- **WHO Review**
- **Clinical Classification of Covid-19**

The 2nd Session started with a presentation by Miss Lalhriatpuii Varte and the topic “Introduction to covid-19” was elaborated and ‘WHO overview and the Clinical Classification of Covid-19’ was fluently presented with an updated knowledge about Covid-19 in a simple yet informative manner. The training continued further with interactive discussion and questioning and the host concluded and ended the training.

Date : 18.05.2021

Topic: Screening of Covid -19: RTPCR, RAgT & Diagnosis

Resource Person: Dr. Vanlaldhuhsaki, Asst. Professor, Dept.of Community Medicine, ZMC

No. of participants: 78

The topic was fluently explained where the uses of different diagnostic tests for Covid-19, the sensitivity and its reliability was stressed on. The training was very helpful in debunking uncertainties regarding Covid-19 tests and its diagnosis comparing with other respiratory diseases. The training progressed further with questioning from the students and staffs of MCON which was answered by the resource person after which the host ended the training.

Date : 19.05.2021

Topic: Biomedical Waste Management (Covid-19)

No. of participants: 72

Resource Person: Mrs. Lalhlansangi Sailo, Ward Superintendant, ZMC-SRHF

The topic was fluently explained along with how much vital it is for preventing further spread of Covid-19 among the staffs. The different colored bins used, the disinfectants used and the steps taken from the wards till the final disposal point was carefully illustrated with relevant pictures from wards and disposal points. Then interaction and questioning was done and the training was concluded by the host.

Date : 20.05.2021

1st Session :

No. of Participants: 74

Resource Persons:

1. Miss Laldingliani Sailo, Lecturer, MCON
2. Miss Zulvelin VL Rosangi Reia, Lecturer, MCON
3. Miss Helen Lalthianghlimi Sailo, Sr.Lecturer, MCON

Topics:

1. Management of covid cases in vulnerable groups- Pregnant.

2. Management of Covid cases in vulnerable groups- Children.

3. Management of Covid cases in vulnerable groups-Elderly

The host gave a detailed presentation on the topic 'Management of covid cases in vulnerable groups- Pregnant' where she elaborated how Covid-19 positive pregnant mothers could be cared for during prenatal visits, labour and postnatal period, what signs to watch out, what precautions should be taken and what treatment must be avoided. The presentation was followed by a brief discussion. The discussion was followed by a presentation on the topic 'Management of Covid cases in vulnerable groups- Children' by Miss Zulvelin VL Rosangi Reia, who efficiently explained the grouping of Covid-19 affected children into mild, moderate and severe groups with pictorial and graphical depiction along with the treatment for each group and what to expect. This was followed by discussion and questions were answered. The last resource person of the 1st session Miss Helen Lalthianghlimi Sailo, presented the topic 'Management of Covid cases in vulnerable groups-Elderly' where she successfully elaborated how Covid-19 is affecting the elderly, what common signs should be given importance and what steps should be taken into preventing and treatment of Covid affected elderly. The session concluded with interactive questioning from the participants and the trainers.

2nd Session :

Resource Person: Dr.Zorinsangi Varte, Asso. Professor, Dept.of General Medicine, ZMC

Topic: Covid-19 Management Protocol- Mild to moderate cases and severe cases

The 2nd session commenced with a brief introduction of the trainer by the host. The topic was elaborated by Dr. Zorinsangi Varte where she gave an insightful ideas and protocols followed in ZMC-SRHF for the treatment of Covid-19 mild, moderate and severe cases and explained about the treatment options available worldwide and that approved by WHO as well as Indian Medical Council. This was followed by interactive discussion where the group raised questions which were answered by the trainer. The host thanked the resource person and the session was concluded.

Date : 21.05.2021

Demonstration & Return Demonstration of Donning & Doffing of PPE for 4th year students in Nursing Laboratory

Demonstrators:

1. Mrs. Lalrintluangi, Lecturer, MCON
2. Ms. Laldingliani Sailo, Lecturer, MCON
3. Zosangliani, Tutor, MCON
4. Lalramengi Kaipeng, Tutor, MCON
5. Vanlaldingchhuaki, Tutor, MCON
6. Lalhrualtuangi Pachuau, Tutor, MCON
7. Lalrinchhani Kawlni, Tutor, MCON
8. Shalome Malsawmkimi. Warden, MCON

Madam Lalchhanhimi, Principal, MCON gave a speech on the importance of the correct donning and doffing technique and the proper disposal of waste for prevention of further spread of Covid-19 among the staffs. This was followed by the practical demonstration on 'Donning and doffing of PPE & Biomedical Waste Management' which was done by the demonstrators where correct techniques and steps were demonstrated and questions from the students were answered accordingly.

All 26 students of 4th year BSc. Nursing were divided into 4 groups where return demonstration on Donning and doffing of PPE and Biomedical Waste Management was done by each individual student. Each student was evaluated by two demonstrators with the use of clinical assessment tool- OSCE and feedback was given along with the scoring.

Date : 22.05.2021

1st Session :

No. of Participants: 75

Prof. Swati M Patki, Professor & HOD, Dept. of Community Medicine, ZMC

Topic: Preventive aspects of Covid-19: Vaccination

The host started welcomed the resource person Prof. Swati M Patki who gave a clear idea on how the advancement and development of Covid-19 vaccine had impacted the case of Covid-19 on a global scale, vaccination time, intervals between each doses and what side effects should be expected and what symptoms should we be on the lookout. The presentation was informative and gave the audience a much needed insight on the topic. This was followed by interaction between the resource person and the audience and the host ended the session.

2nd Session :

Resource Person: Miss Lalrinchhani, Ward Superintendent, ZMC- SRHF

Topic: Nursing management of Covid-19 in Mild to moderate cases and severe cases.

The host started the session by introducing the resource person Miss Lalrinchhani efficiently presented the topic 'Nursing management of Covid-19 in Mild to moderate cases and severe cases'. The presentation was helpful as it focused on the nursing aspect of Covid-19 management, what precaution should be taken as a nurse, what indicates effective and ineffective nursing management and common nursing errors in Covid-19. This was followed by an interactive questioning where the audience raised questions which were answered by the resource person. The host thanked the resource person and the session was ended.

Lecture & Demonstration of Donning & Doffing of PPE



(LALCHHANHIMI)

Principal

Mizoram College of Nursing

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**ONLINE TRAINING
ORGANISED BY : MIZORAM COLLEGE OF NURSING**

Date : 23th May 2021

Financial Awareness and Consumer Training Programme

Speaker : Dr. Sudipto Ghosh, NCFE Resource Person

No. of participants: 52

Mizoram College Of Nursing, in collaboration with National Centre for Financial Education (NCFE) had organized webinar on financial management where students and faculty attend the webinar.

The online training 'Financial Awareness and Consumer Training Programme' was commenced by the host Mrs Lalrintluangi, Lecturer, MCON who introduced the speaker Dr. Sudipto Ghosh. The speaker started with elaboration of the topic regarding educational loan. He then further elaborate necessary and important financial functions of Cashless Banking like internet banking, mobile banking, debit & credit cards, mobile wallet and adhaar enabled payment system which was both insightful and much needed function in our advanced world of banking and payment. Important savings information regarding emergency savings account, recurring deposits and fixed deposits and National Pension Scheme were also discussed. The training was concluded with the topic regarding management of personal finance which was informative and insightful for all trainees. This was followed by interaction and questions from the audience were answered by the speaker. Then the host thanked the speaker and ended the training.

Financial Awareness and Consumer Training Programme

National Coordinator: National Centre for Financial Education (NCFE)

Mizoram College of Nursing, Falkawn

May 23, 2021, Sunday, 10:00 AM

Over Cisco WebEx



Speaker: Dr. Sudipto Ghosh (NCFE RESOURCE PERSON)

(LALCHHANHIMI)

Principal

Mizoram College of Nursing

