

2.4.4. e-contents / e-courses developed

List of e-contents developed during the academic year

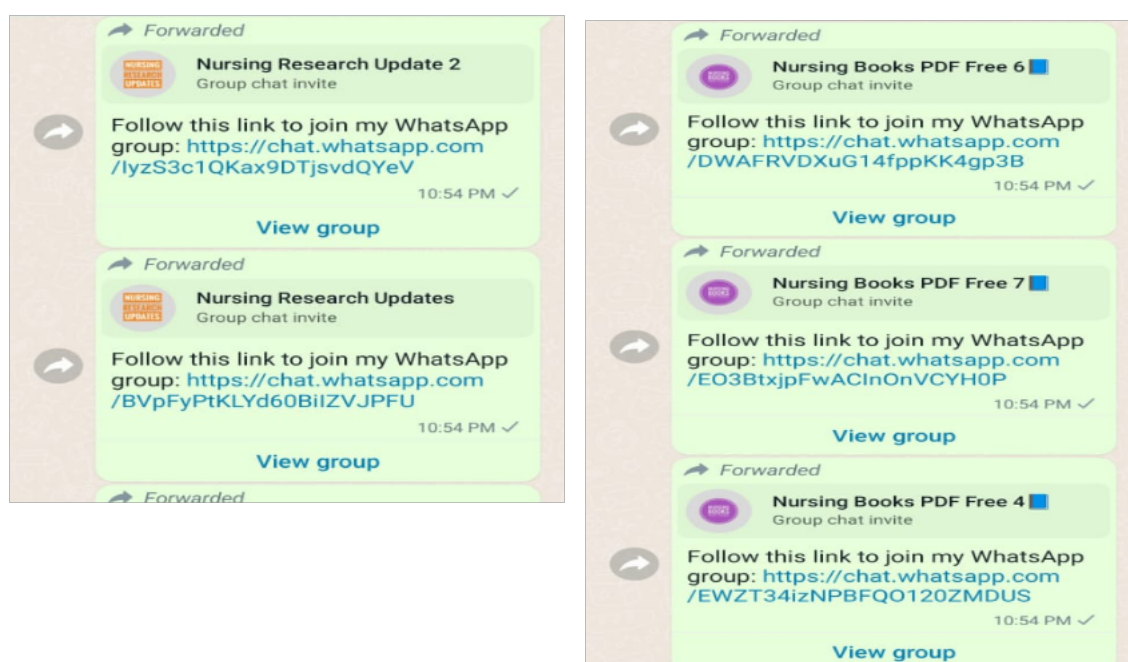
Sl No	Topic	File Type
1	Oxygenation (Mask and Cannula)	Video
2	Pulse oximetry	Video
3	Removal of sutures	Video
4	Respiratory System Assessment	Video
5	Crutch walking	Video
6	Assisting walking with Walker	Video
7	Tracheostomy Suctioning with Tracheostomy care	Video

Besides this, Teaching materials in the form of PDF, PPT and DOC file used for taking classes are shared with the student from 1st year to 4th Year

Link for accessing and downloading free medical textbooks in pdf form shared with the students are-

1. <https://nlist.inflibnet.ac.in>
2. <https://www.pdfdrive.com/>
3. <http://www.booksasia.co.uk/>

Students are also given a joining link for Whatsapp group where free teaching materials are provided-



List Educational videos made by MCON uploaded to Youtube for student nurses and registered nurses all over Mizoram-

Sl No	Topic	File link
1	Handwashing	https://www.youtube.com/watch?v=0aSrX1uyelk
2	Donning and doffing of PPE	https://www.youtube.com/watch?v=lf0MFCojBsw

List of National Level training courses developed are as follows –

Sl No	Topic	File link
1	Decoding National Educational Policy 2020	https://www.youtube.com/watch?v=_qEFxAfHKc
2	Infection Control: Saving Lives through Prevention	https://www.youtube.com/watch?v=FXoxKR7mx0
3	Promoting Mental Health in times of Pandemic	https://www.youtube.com/watch?v=oYKP-dneXl4
4	Promoting excellence in nursing profession through nursing research	https://www.youtube.com/watch?v=jldxGUqhUhE