

MIZORAM COLLEGE OF NURSING
Department of Health & Family Welfare
Government of Mizoram

Annual Report 2023 - 2024

1. Executive summary

i. Introduction/ brief history

The Mizoram College of Nursing was upgraded in 2005 from Nursing School, Civil Hospital Aizawl which was established in the year 1980. The institution being a continuation of the Nursing School, many nurses in Mizoram are products of this institution.

The institution is recognized by the Indian Nursing Council, Mizoram Nursing Council and is permanently affiliated under Mizoram University. It also has UGC 2(f) 12 (B) recognition and NAAC Grade B accreditation.

The institution follows the B.Sc. Nursing curriculum prescribed by the Indian Nursing Council which is adopted by Mizoram University. The theory and practical hours provided by this institution exceeds the prescribed curriculum in order to provide better skills and competency.

ii. Students' enrollment – total, gender, category (general, SC, ST, OBC)

The institution has a yearly intake capacity of 30 with equal opportunities for both male and female candidates. In this session, the institute has 131 students of which 117 students belong to ST category, 8 General category, 1 SEBC, 1 OBC and 3 SC category with a total of 19 males and 112 females.

iii. Staff position

The institute has 1 principal, 21 regular teaching faculty and 1 regular wardens respectively with 24 non-teaching staffs.

iv. Achievements and Awards

During the 2022-2023 academic session, the institute excelled in the University Examinations with 1 student from the final year in the top 10 with rank of 7th position.

v. Faculty development

Constant effort is directed towards the faculty training and development to keep abreast with knowledge and skills. The teaching and non-teaching faculty actively participated in trainings conducted by the government and non-government organizations and institutes with equal opportunities to all.

The institution is currently having 6 State trainers under various programmes and courses who apart from occasionally conducting trainings on various health related topics within the state, further aids in improving knowledge and development for both the students and the faculty.

vi. *Trainings conducted by the Institution*

1. A 3 months (every Friday) training with 11 sessions on **‘e-content development and delivery’** 2023 was organized by Mizoram College of Nursing in collaboration with ECHO India from 6th October 2023 to 15th December 2023 which was attended by all faculty of MCON through zoom platform.

2. Mizoram College of Nursing under the guidance of Internal Quality Assurance Cell organized **ISO training** on 30/10/2023-31/10/2023 for guidance on improvement of documentation & filing system, and overall quality management for the institution.

3. The institution in collaboration with National Board of Examination in Medical Sciences (NBEMS) organized a training session for students on **CPR-BLS** training on 6th December 2023 through zoom platform which was attended by students in M-Hall, MCON.

4. MCON, in collaboration with the Zublee Foundation, Assam, hosted a one-day workshop on **Project Vardhan: Deceased Organ Donation** at M Hall on 7th March 2024 at M-Hall, MCON.

5. Mizoram College Of Nursing in collaboration with AMTRON (Assam Electronics Development Corporation Limited) Industrial Estate organized a workshop on 22nd April 2024 on the topic **‘Used cases of digital designing & 3D printing in the healthcare sector’** which was attended by 66 students & 7 faculty.

6. As per the IQAC meeting resolution on 21/5/2024, the training for staffs which was previously called Winter Break Workshop was changed to **Staff Development Programme** due to the fact that such trainings could not always be carried out during winter break of students. Under this, a training on **‘Eat Right’ & ‘Simulation’** was organized on 6/6/2023 for all teaching & non-teaching staffs.

7. Mizoram College Of Nursing in collaboration with Whitecode (Educational CMS) organized an online training on the topic **‘NAAC compliant dynamic website development’** for all faculty of MCON on 12/6/2024.

vii. *Extension activities*

The institution has been striving for all round development and this aim has also been carried out by many extension activities by spreading awareness and conduct developmental programmes. Such activities include-

1. The 5th Semester students observed World International Day of Clean Air for Blue skies at Thingsulthliah Sub Health Centre, Health and Wellness centre on 7th Sept 2023. Health awareness was carried out at the OPD .

2. The 5th Semester students observed World AIDS Day at Civil Hospital Aizawl on 1st Dec 2023. Health Awareness was given on the theme of this year 'Let Communities Lead' to raise the awareness about the challenges that remain to achieve the goals of ending AIDS by 2030. Health talk was conducted at different OPD areas like- Eye, Ortho, Surgery, Skin of Civil Hospital Aizawl.

4th year B.Sc Nursing also conducted the same awareness program at Medicine OPD, Civil Hospital Aizawl by giving health education regarding prevention of HIV-AIDs.

3. The 5th semester B.Sc Nursing students had participated in the immunization program at health & Wellness Centre Muallungthu and Falkawn in 2 groups on 5th October 2023. Health awareness cum health check was also done for the children.

4. The 4th year B.Sc Nursing students also participated in the Routine Immunisation program at Thingsulthliah HWC, Tlungvel and Khumtung HWC on 6th & 7th February 2024. A total of 110 beneficiaries were given vaccination out of which 86 were children and 14 antenatal mothers.

5. The students of 4th year B.Sc Nursing students, MCON have observed National TB Elimination Programme on 7th February 2024 at Khumtung Health and Wellness Centre. The theme is, 'Yes, WE can End TB'. Health Awareness was made among the patients attending the Health Centre.

6. National Deworming Day, 9th February 2024 was observed by the Subcentres and Anganwadi centres under Thingsulthliah CHC. The students of 4th year B.Sc Nursing students actively involved in the program and participated in the distribution of Albendazole tablets to Anganwadi centres, Primary, Middle and High School Students in the villages of Thingsulthliah, Seling, Tlungvel and Khumtung.

A total of 3153 tablets of Albendazole was distributed. Health awareness of prevention of Worm Infestation and Importance of Sanitation was also given.

7. The students of 4th year B.Sc Nursing students had participated in IPPI on 3rd March 2024 at Hlumen areas. The students had participated in mass vaccination program and administer Polio vaccine to all the children below 5 years of age. They also participated in the Mop up program where house to house survey was conducted to identify the missing cases.

8. The Fourth year B.Sc Nursing students had observed Poshan Pakhwada on 20th March, 2024 at Anganwadi Centre, Melthum. The theme of this year is 'Nutrition for All: Together Towards a Healthy India'. Health teaching was given on the importance of a balanced diet and its impact on the health.

9. Two days capacity building program for Health Service Provider consisting of nurse, health worker and volunteer from different Centres and Home affiliated under Dept. of Social Welfare & Tribal Affairs, Mizoram was organized by Mizoram Social Defence & Rehabilitation Board (SLCA) at SLCA Training Hall, Chaltlang on 10-11/4/2024. Two faculties from MCON, Mrs Lalrintluangi, Asst Professor and Ms Eaudi Pachuau, Tutor were invited to be the Resource person.

10. The thirty students of 4th year B.Sc Nursing accompanied by 2 faculty had attended World Malaria Day celebration at DHS Auditorium, MINECO, Aizawl on

25th April 2024 organised by National Health Mission.. The theme is ‘Accelerating the fight against Malaria for a more equitable World’ and key note address was made on the importance of different levels of prevention to fight against Malaria. Smt Esther Lalruatkimi, Principal Secretary, Health and Family Welfare was the Chief Guest. The 4th year students had presented a choir on this auspicious day.

11. A total students of 66 nos from 2nd semester & 4th year B.Sc Nursing accompanied by 4 faculty have participated in the Walkathon jointly organised by National Health Mission, National Tobacco Control programme and Comprehensive Primary Health Care, Mizoram for the observation of World No Tobacco Day on 17th June 2024. Mrs. Lalrinpuui, Health Minister, Govt of Mizoram flag off the walkathon. A pledge was taken by all the participants to refrain from using tobacco and its related product which was led by Dr Eric Zomawia, Mission Director, NHM.

Outreach programmes for rural communities-

1. The 5th Semester students of B.Sc Nursing students had conducted health check up at Muallungthu and Falkawn ICDS in two groups for children below 6 years, pregnant women and postnatal mothers who has attended the Anganwadi centre on 22nd Sept 2023. Health talk was given on the following topics- Use of Mobile phone among children and dental hygiene.

A health check up cum awareness was also carried out on 6th Oct 2023 at Anganwadi centre-2. A total of 27 children attended the program. Health talk was given on the topic- Dental hygiene and importance of hand washing.

During community health rural posting at Thingsulthliah village, the 4th year students divided in 2 groups – 15 nos each visited Anganwadi Centre V & VII as part of health awareness campaign for the beneficiaries attending the centre. Health assessment cum health teaching on different topics viz. Immunization, Growth & Development, Nutrition, Worm Infestation was given along with demonstration on antenatal exercise and handwashing wherein the attendee actively participated in it.

2. Fifteen students of 5th semester B.Sc Nursing students had conducted School Health Programme on 27th Sept.2023 at Presbyterian English School, Falkawn. Health assessment was also conducted for the students and faculty of the schools, RBS was also checked for the faculty. The common health problems identified were dental caries, refractive errors Upon the findings, students requiring referral were advised to attend OPD at SRHF - ZMC, Falkawn at their own convenience. Health awareness was also given on the topic-Sanitation, Dental hygiene and Use of Mobile phones.

School Health program was also conducted by 15 students of 5th semester accompanied by 2 faculty on 12th October 2023 at Govt Misdle School Muallungthu. Health check up cum Health talk was given on common health problems. Health screening was also conducted for the teachers.

3. The Fourth year B.Sc Nursing student conducted health check up cum health awareness program on 20th February 2024 at Samaritan Rianguvai Run which is a home for destitutes. There were 35 inmates in total out of which 31 were physically and mentally challenged. Role play, and demonstration on hygiene techniques, and health teaching on 3 topics was given. Health assessment was performed for the inmates and the caretakers.

4. The Fourth year B.Sc Nursing student conducted health check up cum health awareness program on 20/2/2024 at PISGAH Reformatory Centre which is a reformatory centre for substance abusers . Interactions, health check up and awareness on different health topic was given by students.

5. A total of 30 students from 4th year B.Sc Nursing, MCON were divided into three groups for organizing school health program within govt. school, Falkawn on 12/4/2024 as part of their requirements and of community service to the village adopted by the college. A total of 4 faculty accompanied and supervised the student groups. Health assessment was conducted for the students and faculty of the schools, Hb estimation and RBS was also checked for the faculty. The common health problems identified were dental caries, refractive errors and skin infection. Upon the findings, students requiring referral were advised to attend OPD at SRHF - ZMC, Falkawn at their own convenience. Health awareness was also given on the topic-Sanitation, Dental hygiene, Prevention of HIV-AIDS, First Aid, Personal Hygiene, Tobacco & its ill effect, Prevention of Diarrhoea, Preparation of ORS at home, NCD & Lifestyle Modification. The health teaching was carried out using lecture, demonstration and role play wherein the students participated effectively.

6. On the occasion of the Nurses Day and as part of community service for the patient in need MCON organized Blood Donation Camp in collaboration with Blood Bank, Civil Hospital, Aizawl & ZMC - SRHF. The donation was done based on the convenience of the students in regards to their clinical duty and a total of 27 units was donated.

viii. *Library*

The institution has 1 partially automated library which is under the care of 1 regular Librarian. The library books are maintained and updated yearly according to the needs of the students which aids in their nursing knowledge and practice.

ix. *Research projects and Publications*

The final year students conduct research studies in fulfillment of the requirements of their curriculum under the guidance of teaching faculty. All final year students are divided into 2 groups with 2 guides from faculty and are expected to finalize and complete their research work by 24th June 2024.

x. *New appointments, promotion and release of any staff*

New appointment-

1. R Zonunmawia, Group D has joined on 19/1/2024.

xi. *Release of staff-*

1. Shalome Malsawmkimi, Warden was released on 10/10/2023.

2. H Lianthangi, Group D was released on 23/1/2024

2. Name of the Principal : Mrs. Lalchhanhimi*Contact details*

- a. Office phone number: 8014550432
- b. Residence phone number:
- c. Mobile phone number: 9436152287
- d. E-mail ID: chhanifanai72@gmail.com

3. Staff position (Teaching)

Sl. No	Name	Designation	Gender	Educational Qualification	University	Specialization subject	Post		
							Sanctioned	Filled	Vacant
1	Lalchhanhimi	Principal	Female	M.Sc.(N)	Delhi University	Medical Surgical Nursing	1	1	-
2	Lalduhsaki	Asst. Professor	Female	M.Sc.(N)	NIMHANS	Mental Health Nursing	3	3	-
3	Helen Lalthianghlimi Sailo	Asst. Professor	Female	M.Sc.(N)	SNDT	Community Health Nursing			
4	Lalhriatpuii Varte	Asst. Professor	Female	M.Sc.(N)	WB UHS	Medical Surgical Nursing			
5	Zulvelin VL Rosangi Reia	Asst. Professor	Female	M.Sc.(N)	RGUHS	Child Health Nursing	5	5	-
6	R Lalruatkimi	Asst. Professor	Female	M.Sc.(N)	WB UHS	Mental Health Nursing			
7	Lalrintluangi	Asst. Professor	Female	M.Sc.(N)	WB UHS	Medical Surgical Nursing			
8	Laldingliani Sailo	Asst. Professor	Female	M.Sc.(N)	WB UHS	Obstetrics and Gynaecology			
9	Lalfakawmi Fanai	Asst. Professor	Female	M.Sc.(N)	RNC	Community Health Nursing			
10	Malsawmdawn gkimi	Tutor	Female	B.Sc.(N)	MZU	-	12	12+1	-
11	Florence Lalthanzuali	Tutor	Female	B.Sc.(N)	GU	-			
12	Lalremruati Hnamte	Tutor	Female	B.Sc.(N)	MZU	-			
13	Lalremmawii Ralte	Tutor	Female	M.Sc.(N)	WB UHS	Obstetric and gynaecology			
14	C. Laldinthari	Tutor	Female	M.Sc.(N)	RGUHS	Obstetric and Gynaecology			
15	Zosangliani	Tutor	Female	M.Sc.(N)	WB UHS	Medical surgical Nursing			
16	Lalramengi Kaipeng	Tutor	Female	M.Sc.(N)	WB UHS	Community Health Nursing			
17	Vanlaldingchhuaki	Tutor	Female	B.Sc.(N)	WB UHS	-			
18	Lalhruaitluangi Pachuau	Tutor	Female	B.Sc.(N)	MZU	-			
19	Lalrinchhani Kawlni	Tutor	Female	B.Sc.(N)	MZU	-			
20	Lalthianghlimi	Tutor	Female	M.Sc.(N)	RGUHS	Medical Surgical Nursing			

21	Eaudi Pachuau	Tutor	Female	B.SC.(N)	GU	-			
22	Vida Lalrinchhani	Tutor	Female	M.Sc. (N)	SRMM CON	Child Health Nursing		(Attached from ZMC)	

4. Staff position (Non-Teaching including hostel)

Sl. No	Name	Designation	Gender	Post		
				Sanctioned	Filled	Vacant
1	Engzikpuii	Warden	F	2	1	1
	-	Warden	-			
	-	HA	-	1	-	1
2	Zirsangliana Sailo	Librarian	M	1	1	-
3	Lalngakzuala	LDC	M	2	2	-
4	Engthanzuali	LDC	F			
5	Cecelia Zoremawii	DEO	F	1	1	-
6	Lalchhandama	Driver	M	4	4 + 1 from DHS	-
7	Rallianzuala	Driver	M			
8	C Lalremsiama	Driver	M			
9	Lalringzova	Driver	M			
10	Lallawmkima	Driver	M			
11	K Lalremruati	Group D	F	5	4 + 10 from DHS	1
12	Vanlalpari	Group D	F			
13	Lalngaihthangi	Group D	F			
14	C Lalramsangi	Group D	F			
15	Zoramnghina	Group D	M			
16	T. Sairengpuii-Hostel	Group D	F			
17	Vanlalchhuana-Hostel	Group D	M			
18	R. Lalngaihzuai-Hostel	Group D	F			
19	F Lalmuankimi-Hostel	Group D	F			
20	R Zonunmawia-Hostel	Group D	M			
21	S. Lalthuama-Hostel	Group D	M			
22	Malsawmtluangi-Hostel	Group D	F			
23	Zodinpuui- Hostel	Group D	F			
24	Pachhunga	Group D	M			

5. Staff position (External/ Guest Lecturer)

Sl/ No	Year	Name	Gender	Educational Qualification	Subject	Total
1	1 st Semester	1.Jennifer Lalthanuual Ralte	F	M.Sc Psychology	Applied Psychology	3
		2.Dr. Lalthansangi	F	Ph.D English	Communicative English	
		5. Immanuel Lalbiaktluanga	M	M.A Sociology	Applied Sociology	

2	2 nd Semester	1.Saitluangpuii Sailo	F	M. Sc (Food Service Management &Dietetics), UGC-NET	Applied Nutrition& Dietetics	3
		2. Zorinpuia	M	M Sc. Medical Biochemistry	Applied Biochemistry	
		3. Lalthazoa	M	BA Hons, DCA, Certificate in hardware and networking	Health/Nursing Informatics & Technology	
3	3 rd Semester	1.Caroline Malsawmtluangi	F	M. Pharmacology	Pharmacology-I	5
		2.Dr. Lalhminghluii	F	MD Pathology	Pathology-I	
		3. Dr. Gracy Laldinmawii	F	MD Microbiology	Microbiology	
		4. Jacinta Lalhmunsangi	F	MD Microbiology	Microbiology	
		5. Lalnunpuii	F	M.Sc. Medical Microbiology	Microbiology	
4	4 th Semester	1. Lalbikzuala	M	M.Sc. Biotechnology	Genetics	
		2. Caroline Malsawmtluangi	F	M. Pharmacology	Pharmacology-II	
		3. Dr. Lalnunsangi	F	MD Pathology	Pathology-II	
		4. Dr. Lalhminghlui	F	MD Pathology	Pathology-II	
5	3 rd year	-	-	-	-	
6	4 th year	-	-	-	-	

6. Areas of Clinical Supervision by the Teaching faculty

Year	Subject	Areas	Name of Supervisors
1 st Semester & 2 nd Semester	1. Nursing Foundation I including First Aid module 2. Nursing Foundation II including Health Assessment module	Orthopaedic ward, Male & Female Surgical Wards, Male & Female Medicine Wards	1.C.Laldinthari 2.Zosangliani 3. Lalremruati Hnamte 4.Vanlaldingchhuaki 5. Lalhruaitluangi Pachuau
3 rd Semester	1.Adult Health Nursing-I	Male & Female Medical Wards, Orthopaedic Ward, Male & Female Surgical Wards, Skin OPD, Cardiology, Surgical & Orthopedic OT	1.Lalramengi Kaipeng 2.Lalrintluangi 3. Lalthianghlimi 4. Lalrinchhani Kawlnei
4 th Semester	1. Adult Health Nursing-II	Male & Female Medical Wards, Orthopaedic Ward, Male & Female Surgical Wards, Dialysis, MSCl, Emergency Dept, Burn Unit, EYE ward & OT, ENT, ICU-Surgical & Medical	1.Lalramengi Kaipeng 2.Lalrintluangi 3. Lalthianghlimi 4. Lalrinchhani Kawlnei

5 th Semester	1. Child Health Nursing-I	Paediatric Ward, Neonatal Intensive Care Unit, Paediatric Surgical Wards, Paediatric OPD	1.Florence Lalthanzuali 2. Vida Lalrinchhani 3.Lalhriatpuii Varte
	2. Community Health Nursing-I	Muallungthu Sub centre, Falkawn Health centre, Melriat HWC	1. Vida Lalrinchhani 2. Florence Lalthanzuali Lalhriatpuii Varte
	1. Mental Health Nursing-I	Psychiatric Ward & OPD at Kulikawn Hospital, Child Guidance Clinic	1.R Lalruatkimi 2. Lalduhsaki
6 th Semester	1. Child Health Nursing-II	Paediatric Ward, Neonatal Intensive Care Unit, Surgical Wards	1.Florence Lalthanzuali 2. Vida Lalrinchhani
	2. Mental Health Nursing-II	Psychiatric Ward & OPD at Kulikawn Hospital, LGBRIMH Tezpur, Child Guidance Clinic	1. R Lalruatkimi 2. Lalduhsaki
	3. Nursing Management & Leadership	Medicine wards, College Hostel.	1. Lalhriatpuii Varte
	4. Midwifery/Obstetric& Gynaecology (OBG) Nursing I	Labour room, Gynaecological wards.	1.Lalremmawii Ralte 2.Laldingliani Sailo
4 th year	1. Obstetric and Gynecological Nursing	Maternity & Postnatal Ward, Gynaecological Ward, Gynaecological Operation Theatre, Family Planning, Maternal & Child Health Clinic.	1.Laldingliani Sailo 2. Lalremmawii Ralte
	2. Community health Nursing-II	Melriat SC, Muallungthu HWC, Falkawn clinic, Aibawk & Sateek SC, Thingsulthliah PHC, Selling SC,	1.Eaudi Pachuau 2. Lalfakawmi Fanai

7. Course Offered: B. Sc Nursing

Year	Code	Subject	Hours		Total hours	Subject in-charge
			Theory	Practical		
1 st Semester	ENGL 101	Communicative English	40		40	Dr. LalthansangiFanai
	ANAT 105	Applied Anatomy	60		60	Zosangliani
	PHYS 110	Applied Physiology	60		60	Vanlaldingchhuaki
	SOCI 115	Applied Sociology	60		60	Immanuel Lalbiaktluanga
	PSYC 120	Applied Psychology	60		60	Jennifer Lalthanzuali Ralte
	N-NF (I) 125	Nursing Foundation I including First Aid module	120	80 lab + 160 clinics	360	C.Laldinthari Lalremruati Hnamte Lalhruaitluangi Pachauau
	SSCC (I) 130	Self Study/ Co-curriculum Mandatory Module- First Aid as Part of Nursing Foundation I course Elective Module- -Human Values -Diabetes Care -Soft Skills			40	
2 nd Semester	BIOC 135	Applied Biochemistry	40		40	Racheal Lalmalsawmkimi
	NUTR 140	Applied Nutrition & Dietetics	60		60	SaitluangpuiiSailo
	N-NF (II) 125	Nursing Foundation II including Health Assessment module	120	120 lab + 320 clinics	560	C.Laldinthari LalremruatiHnamte Zosangliani Vanlaldingchhuaki LalhruaitluangiPachauau
	HNIT 145	Health/Nursing Informatics & Technology	40	40	80	Lalthazova
	SSCC (II) 130	Self Study/ Co-curriculum Mandatory Module-			40 + 20	

		Health Assessment as Part of Nursing Foundation II course				
3 rd Semester	MICR 201	Applied Microbiology & Infection control including safety	40	40	80	Lalnunpuui
	PHAR (I) 205	Pharmacology I	20		20	Caroline Malsawmtluangi
	PATH (I) 210	Pathology I	20		20	Dr. Lalnunsangi Sailo
	N-AHN (I) 215	Adult Health Nursing-I with integrated pathophysiology including BCLS module	140	480 + Skills lab -40	660	Lalramengi Kaipeng Lalrintluangi Lalthianghlumi Lalrinchhani Kawlni
	SSCC (I) 220	Self-study/ Co-curricular Mandatory Module- BCLS as part of AHN I			20	
4 th Semester	PHAR (II) 205	Pharmacology II including Fundamentals of prescribing module	60		60	Caroline Malsawmtluangi
	PATH (II) 210	Pathology II & Genetics	20		20	Dr. Lalhminghlui Dr. Lalnunsangi Sailo Lalbikzuala
	N-AHN (II) 225	Adult Health Nursing II with integrated pathophysiology including Geriatric Nursing + Palliative care module Professionalism, Professional values	140	480 + Skills lab- 40	660	Lalramengi Kaipeng Lalrintluangi Lalthianghlumi Lalrinchhani Kawlni

	PROF 230	& Ethics including bioethics	20		20	Lalramengi Kaipeng Lalrintluangi Lalthianghlimi
	SSCC (II) 220	Mandatory Module- -Fundamentals of prescribing under Pharmacology II -Palliative care module under AHN II			40	
5 th Semester	N-CHN(I) 301	Child Health Nursing I including Essential Newborn Care (ENBC), FBNC, IMNCI & PLS, modules	60	160 + Skills lab- 40	260	Lalduhsaki R Lalruatkimi Lalhriatpuii Varte Florence Lalthanzuali Vida Lalrinchhani
	N-MHN(I) 305	Mental Health Nursing I	60	80	140	
	N-COMH (I) 310	Community Health Nursing I including Environmental Science & Epidemiology	100	160	260	
	EDUC 315	Educational Technology/Nursing Education	40	Skills lab- 40	80	
	N-FORN 320	Introduction to Forensic Nursing & Indian Laws	20	-	20	
	SSCC (I) 325	Self-study/ Co-curricular			20 + 20	
6 th Semester	N-CHN (II) 301	Child Health Nursing II	40	80	120	Lalduhsaki R Lalruatkimi Lalhriatpuii Varte Florence Lalthanzuali Vida Lalrinchhani
	N-MHN (II) 305	Mental Health Nursing II	40	160	200	
	NMLE 330	Nursing Management & Leadership	60	80	140	
	N-MIDW (I)/OBGN 335	Midwifery/Obstetrics & Gynaecology (OBG) Nursing I	60 + Skills lab-40	240	340	

		including SBA module				
	SSCC (II) 325	Self study/Co-curricular	-	-		
4 th Year	BSN/IV/16	1.Midwifery & Obstetrical Nursing	90	180 (Internship 624 hours)	270 (Internship 624 hours)	Laldingliani Sailo Lalfakawmi Fanai Lalremmawii Ralte Eaudi Pachuau
	BSN/IV/17	2.Community Health Nursing-II	90	135 (Internship 195 hours)	225 (Internship 195 hours)	
	BSN/IV/18	3.Nursing Research & Statistics	45	45	90	
	BSN/IV/19	4.Management of Nursing Services & Education	90		90	

8. Students' Strength

Yearly intake capacity: 30

Year	Gender		Category					No. of vacant seats	Total no. of students
	Male	Female	Gen	ST	SC	OBC	SEBC		
1 st & 2 nd Semester	8	28	4	30	2	Nil	Nil	Nil	36
3 rd & 4 th Semester	7	28	2	31	Nil	1	1	Nil	35
5 th & 6 th Semester	3	27	1	28	1	Nil	Nil	Nil	30
7 th & 8 th Semester	2	28	1	29	Nil	Nil	Nil	Nil	30

9. Training Programmes attended by Teaching Faculty during 2023-2024 session

No. of faculty who has attended training:

S/No	Name of faculty	Name of training attended	Venue & Date	Organised By
1	Lalthianglimi	Management of Cardiac Failure	Online 10/8/2023	Society of cardiac nurses with ECHO India
2	Lalthianglimi	Sensitization Program for nursing fraternity on enabling breastfeeding: making a difference for working parents on breastfeeding	Online 11/8/2023	Rufaida College of Nursing with ECHO India
3 4	Lalramengi Kaipeng Zosangliani	Health Assessment	Online 21/8/2023- 26/8/2023	Silver Oak University

5 6	Florence Lalthanzuali Lalhruaitluangi Pachau	One day training of Nodal Officers, Red Ribbon club	Whitestone Conference Hall, Chanmari 22/8/2023	MSACS
7	Lalduhsaki	Gender equity ECHO for nursing professionals	Online 22/8/2023- 19/3/2024	ECHO India
8	Lalrintluangi	National Education Policy & Nursing Education: A path towards transformative excellence	Online 24/8/2023	Regional College Of Nursing
9 10 11	Lalramengi Kaipeng Lalremmawii Ralte Lalhriatpuii Varte	Mental health self care ECHO Program	Online 21/6/2023- 4/9/2024	Mizoram Nursing Council with ECHO India
12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	Lalchhanhimi Lalduhsaki Zulvelin VL Rosangi Lalthianghlimi Lalramengi Kaipeng Lalfakawmi Fanai Laldingliani Sailo Lalrintluangi Eaudi Pachau C Laldinthari R Lalruatkimi Florence Lalthanzuali Lalhriatpuii Varte Zosangliani Helen Lalthianghlimi Lalremmawii Ralte Lalhruaitluangi Pachau	19 th Biennial Conference & Election, TNAI Mizoram Branch	Synod Conference Centre, Aizawl 6/9/2023- 7/9/2023	Trained Nurses Assn. Of India, Mizoram Branch
29 30 31 32	Lalremmawii Ralte Laldingliani Sailo Zulvelin VL Rosangi Lalhriatpuii Varte	Development of clinical vignettes	MRB Head Office, MINECO 14/9/2023- 15/9/2023	Mizoram Health System Strengthening Project, H&FW, GOM
33	C Laldinthari	2 nd International Virtual Conference on 'Challenges in Management of Behavioral Addictions & Substance Use Disorders in Nursing Practice'	Online 2/10/2024- 3/10/2024	LGBRIMH, Tezpur, Assam in collaboration with Arizona Indian Association-USA & ABD & SUB-Care Group, India
34 35 36 37 38 39	Lalchhanhimi Lalduhsaki Helen Lalthianghlimi Lalhriatpuii Varte Zulvelin VL Rosangi R Lalruatkimi	e-content development and delivery	Online 6/10/2023- 15/12/2023 (3 months- every Friday)	Mizoram College Of Nursing with ECHO India

40	Laldingliani Sailo	Hub lead- Mrs.		
41	Lalrintluangi	Lalchhanhimi, Principal,		
42	Lalfakawmi Fanai	MCON		
43	Florence Lalthanzuali	Coordinator- Mrs.		
44	C Laldinthari	Lalrintluangi, Asst.Professor,		
45	Lalremmawii Ralte	MCON		
46	Lalremruati Hnamte	Facilitators		
47	Lalramengi Kaipeng	-Ms. Zulvelin VL Rosangi		
48	Lalthianghlimi	Reia, Asst. Professor, MCON		
49	Lalrinchhani Kawlni	-Mrs. Florence Lalthanzuali,		
50	Vanlaldingchhuaki	Tutor, MCON		
51	Eaudi Pachuau	Technical personnel- Mr.		
52	Vida Lalrinchhani	Zirsangliana Sailo, Librarian,		
53	Lalhruaitluangi Pachuau	MCON		
54	Lalrinchhani Kawlni	Leadership in nursing	Online 12/10/2023	The Nursing Teachers Assn of India with ECHO India
55	Zulvelin VL Rosangi	Development of clinical	DHS Conference Hall, Dinthar, Aizawl 2/11/2023-	Mizoram Health System Strengthening Project, H&FW, GOM
56	Lalremmawii Raalte	vignettes	3/11/2023	
57	Laldingliani Sailo			
58	Laldingliani Sailo	International conference on emerging trends in Psychological Interventions (Health & Allied services): Future prospects & challenges	Online 14/11/2023-	School of medical & paramedical sciences, MZU
59	Lalfakawmi fanai		16/11/2023	
60	Zulvelin VL Rosangi	Development of clinical	DHS Conference Hall, Dinthar, Aizawl 11/12/2023-	Mizoram Health System Strengthening Project, H&FW, GOM
61	Lalremmawii Ralte	vignettes	18/12/2023	
62	Laldingliani Sailo			
63	Lalhriatpuii Varte			
64	Helen Lalthianghlimi			
65	Lalfakawmi Fanai			
66	Lalrinchhani Kawlni	LEAP- session 1: Passion	Online 9/1/2024	Tamil Nadu Nurses & Midwives Council with ECHO India
67	Florence Lalthanzuali	Cancer Prevention & Capacity Building Webinar series for nurses	Online 13/1/2024	ECHO India
68	Eaudi Pachuau	‘Introduction to cancer’		
69	Lalthianghlimi			
70	Lalrinchhani Kawlni			
72	Lalramengi Kaipeng			
73	Lalrinchhani Kawlni	LEAP- session 2: Communication Skills	Online 16/1/2024	Tamil Nadu Nurses & Midwives Council with ECHO India
74	Laldingliani Sailo	Cancer Prevention & Capacity Building Webinar series for nurses	Online 17/1/2024	ECHO India
75	Lalrinchhani Kawlni	‘Epidemeology of cancer’		
76	Eaudi Pachuau			

77 78	Helen Lalthianghlimi Lalfakawmi Fanai	Development of clinical vignettes	DHS Conference Hall, Dinthar, Aizawl 23/1/2024 & 25/1/2024	Mizoram Health System Strengthening Project, H&FW, GOM
79 80	Helen Lalthianghlimi Lalfakawmi Fanai	Development of clinical vignettes	DHS Conference Hall, Dinthar, Aizawl 6/2/2024	Mizoram Health System Strengthening Project, H&FW, GOM
81 82 83 84 85 86	Lalhriatpuii Varte Florence Lalthanzuali Lalthianghlimi Eaudi Pachuau Lalrinchhani Kawlnei Lalhruaitluangi Pachuau	Cancer Prevention & Capacity Building Webinar series for nurses 'Enumerating malignancies of various systems'	Online 11/2/2024	ECHO India
87	Lalrinchhani Kawlnei	LEAP- session 3: Critical thinking	Online 16/1/2024	Tamil Nadu Nurses & Midwives Council with ECHO India
88	Lalduhsaki	ICN leadership for change (LFC) Programme 2021- 2022 & ICN LFC TOT 2022	New Delhi 20/2/2024	The International Council of Nurses & Indian Nursing Council
89 90	Helen Lalthianghlimi Lalremmawii Ralte	Development of clinical vignettes	DHS Conference Hall, Dinthar, Aizawl 26/2/2024- 27/2/2024	Mizoram Health System Strengthening Project, H&FW, GOM
91	Lalrinchhani Kawlnei	LEAP- session 4: Professional Etiquettes	Online 27/2/2024	Tamil Nadu Nurses & Midwives Council with ECHO India
92 93	Lalfakawmi Fanai Lalhriatpuii Varte	Development of clinical vignettes	DHS Conference Hall, Dinthar, Aizawl 4/3/2024- 5/3/2024	Mizoram Health System Strengthening Project, H&FW, GOM
94 95 96 97 98 99 100	Lalrinchhani Kawlnei Lalthianghlimi Eaudi Pachuau Florence lalthanzuali Zulvelin VL Rosangi Lalhriatpuii Varte Lalhruaitluangi Pachuau	Cancer Prevention & Capacity Building Webinar series for nurses 'Pathophysiology'	Online 2/3/2024	ECHO India
101	Lalrinchhani Kawlnei	LEAP	Online 5/3/2024	Tamil Nadu Nurses & Midwives Council with ECHO India

102	Lalhruaitluangi	Cancer Prevention & Capacity Building Webinar series for nurses 'Signs & symptoms of cancer'	Online 9/3/2024	ECHO India
103	Lalrinchhani Kawlni			
104	Lalhriatpuii Varte			
105	Eaudi Pachuau			
106	Zulvelin VL Rosangi			
107	Florence Lalthanzuali			
108	Eaudi Pachuau	Helping women & girls make informed decisions about their health during International Womens' Day	Online 11/3/2024	The Nursing Teachers Assn. with ECHO India
109	Lalrinchhani Kawlni	LEAP- session 5: 'Collective Bargaining'	Online 12/3/2024	Tamil Nadu Nurses & Midwives Council with ECHO India
110	Eaudi Pachuau	AISHE 2022-2023	Royale Lalawi Hotel, Aizawl 14/3/2024	All India Survey on Higher Education (AISHE)
111	Lalrintluangi	Prevention & Management of Traumatic Brain Injury	Online 22/3/2024	Post Graduate Institute of Medical Education & Research, Chandigarh with ECHO India
112	Eaudi Pachuau			
113	Lalthianghlimi			
114	Lalthianghlimi	Cancer Prevention & Capacity Building Webinar series for nurses 'Screening & prevention of prostate cancer & bladder cancer'	Online 30/3/2024	ECHO India
115	Eaudi Pachuau			
116	Lalhriatpuii Varte			
117	Florence Lalthanzuali			
118	Lalrintluangi			
119	Zulvelin VL Rosangi			
120	Laldingliani Sailo			
121	Laldingliani Sailo	Research Topic, Proposal & Synopsis Writing	Online 30/3/2024	Research Graduate Company
122	Florence Lalthanzuali	Cancer Prevention & Capacity Building Webinar series for nurses 'Screening & prevention of colon, rectum & liver cancers'	Online 13/4/2024	ECHO India
123	Lalramengi Kaipeng			
124	Eaudi Pachuau			
125	Lalrinchhani Kawlni			
126	Lalhriatpuii Varte			
127	Lalrintluangi			
128	Vanlaldingchhuaki	Webinar series for health care professionals: Bridging gaps: Expanding Access to Cancer care in India Topic- Introduction to cancer	Online 16/4/2024	ECHO India
129	Vanlaldingchhuaki	Foundation Course in Palliative Nursing	Online 23/4/2024- 25/6/2024	ECHO India with Trivandrum Institute of Palliative Sciences
130	Lalthianghlimi	Cancer Prevention & Capacity Building Webinar series for nurses 'Screening & prevention of cancer of uterus/cervix & endometrial'	Online 27/4/2024	ECHO India
131	Lalrinchhani Kawlni			
132	Eaudi Pachuau			
133	Lalramengi Kaipeng			
134	Florence Lalthanzuali			

135	Lalthianghlimi	Palliative Care:An update	Online 10/5/2024	ECHO India with Dnip Care & TNAI-Telangana State Branch
136 137 138 139 140	Lalthianghlimi Lalrinchhani Kawlnei Eaudi Pachuau Florence Lalthanzuali Lalrintluangi	Cancer Prevention & Capacity Building Webinar series for nurses 'Screening & prevention of ovarian cancers, breast cancers'	Online 11/5/2024	ECHO India
141 142 143 144 145 146	Lalhriatpuii Varte Eaudi Pachuau Lalrinchhani Kawlnei Florence Lalthanzuali Lalrintluangi Laldingliani Sailo	Cancer Prevention & Capacity Building Webinar series for nurses 'Screening & prevention of lung cancers'	Online 1/6/2024	ECHO India
147 148 149 150 151	C Laldinthari Lalrintluangi Zosangliani Lalremruati Hnamte Lalhruaitluangi Pachuau	Leading with vision: Strategies for effective leadership in Nursing	Conference Hall, RIPANS 7/6/2024	RIPANS
152 153	Lalremmawii Ralte Lalhruaitluangi Pachuau	Nursing Leadership & Hospital Infection Control	BN CON Hall, Hualngohmun 12/6/2024	BN College Of Nursing
154 155 156 157 158	Laldingliani Sailo Lalthianghlimi Lalrinchhani Kawlnei Lalrintluangi Eaudi Pachuau	Cancer Prevention & Capacity Building Webinar series for nurses 'Screening & prevention of head & neck cancers'	Online 15/6/2024	ECHO India
159 160 161	Lalremmawii Ralte Lalrintluangi Lalthianghlimi	Pressure injury- Prevention, Assessment & Management	Online 24/6/2024- 25/6/2024	ECHO India
162	Vanlaldingchhuaki Eaudi Pachuau	Cancer Mukht Bharat for health care professionals:Bridging gaps- expanding Access to Cancer care in India Topic- Prevention, screening & early detection of cancer	Online 26/6/2024	ECHO India
163	Lalrinchhani Kawlnei	Cancer Prevention & Capacity Building Webinar series for nurses 'Screening & prevention of skin & bone cancers'	Online 11/7/2024	ECHO India
164 165	Eaudi Pachuau Vanlaldingchhuaki	Cancer Mukht Bharat for health care professionals:Bridging gaps- expanding Access to Cancer care in India	Online 23/7/2024	ECHO India

		Topic-Radiation Oncology		
--	--	--------------------------	--	--

10. Training Programmes attended by Non- Teaching Staff

No. of Non-teaching staff who has attended training:

Sl No	Name of Non-teaching staff	Topic	Date & Venue	Funding Agency
1.	Zirsangliana Sailo, Librarian (Participated as Classification Trainer)	State Level Library Seminar & Training (for 513 Govt.& NGO recognized Library) <i>Organized by Mizoram State Library, Raja Ram Mohan Roy Library Foundation(RRRLF) & Mizoram Library Assn.</i>	9/8/2023-10/8/2023 Chanmari YMA Hall, Aizawl	
2.	Zirsangliana Sailo, Librarian (Participated as SOUL training Session Chairperson)	Inflibnet Regional Training on Library Automation	25/9/2023-29/9/2023 Govt. Hrangbana College, Aizawl	
3.	Zirsangliana Sailo, Librarian (Participated as technical personnel)	e-content development & delivery	6/10/2023-15/12/2023 Zoom platform	
4.	Engthanzuali, LDC	Legal care for survivor victims of sexual violence cum awareness on sexual harassment of women in work place	14/12/2023 Conference Hall, DHME	
3.	C Lalramsangi, Group D	Mandatory foundation training for Group D staff	4/3/2024-8/3/2024 ATI, Aizawl	

11. Details of Faculty participating as resource person in Trainings & Workshops

Sl. No.	Name of faculty	Topic presented	Name of Workshop	Date & Venue	Organizer
1	Florence Lalthanzuali	Case presenters on: -Introduction to e-learning			
2	Lalhriatpuii Varte	-Adaptive e-learning	MCON e-content development & delivery	Online 6/10/2023-15/12/2023	MCON
3	R Lalruatkimi	-Content authoring tools			
4	Lalhruaitluangi Pachuau	-Advanced level slide design			

5	Vida Lalrinchhanei	-Efficient document management for e-content			
6	Lalramengi Kaipeng	-Introduction to LMS			
7	Lalthianghlimi	-Becoming proficient in open LMS for teaching & learning			
8	Lalrinchhanei Kawni	-Surveys, Polls/Quizzes			
9	Eaudi Pachuau	-Techniques & tools for producing effective instructional videos.			
10	Lalfakawmi Fanai	Testimonial Speech on experience with Breast Cancer	World Breast cancer awareness day	20/10/2023 Conference Hall, DHME	NP-NCD
11	Lalduhsaki	Nursing care for mentally ill patients: Needs & Challenges	International conference on emerging trends in psychological interventions (Health & Allied Sciences)	Online 14/11/2023-16/11/2023	School of Medical & Paramedical Sciences, MZU
12 13	Lalremmawii Ralte Lalfakawmi Fanai	First Aid	One day first aid training program for contractual fitters & AMC workers	7/2/2024 Powergrid 132KV GIS Melriat sub-station, Sakawrtuichhun	Powergrid Corporation Of India Ltd.
14 15	Lalremmawii Ralte Lalfakawmi Fanai	First Aid	One day first aid training program for contractual fitters & AMC workers	8/2/2024 Powergrid 132KV GIS Aizawl sub-station, Ramrikawn	Powergrid Corporation Of India Ltd.
16 17	Lalrintluangi Eaudi Pachuau	First Aid	2 days capacity building programme on substance use disorder for health service providers	9/4/2024-10/4/2024 SLCA Training Hall, MSD&RB, Chaltlang, Aizawl	Mizoram Social Defence & rehab.Board, Social Welfare, Tribal Affairs, Women & Child Development Dept, GOM & National Institute of Social Defense, GOI

18	Helen Lalthianglimi Sailo	Trends & issues in nursing	Empowering Nurses: Advancing administration & management skills	13/5/2024-17/5/2024 RIPANS Campus, Aizawl	Regional Institute of Paramedical Sciences, Aizawl
18	Lalramengi Kaipeng	Case presentation on cervical cancer patient	Cervical cancer prevention, detection & awareness capacity building program ECHO for nurses	4/7/2024 Online	ECHO India

12. Name of Training/ Workshop organized by the Institution

Sl No	Date & Venue	Topic	Co-ordinator
1.	6/10/2023-15/12/2023 iECHO Zoom platform Duration- 3 months (every Friday)	Mizoram College of Nursing in collaboration with ECHO, India had organized training programme on <u>'e-content development and delivery'</u> Mode of training- iECHO platform Day 1- 6/10/2023- Introduction To e-Learning No. of participants- 32 Facilitator- Ms. Zulvelin VL Rosangi Reia The programme is divided into two sessions- <u>1. INAUGURAL SESSION-</u> The session commenced with a devotion from Lt. Colonel Prakash Chandra Pradhan, CS, The Salvation Army, IET which is followed by a welcome message from Mrs. Lalthanhimi, Principal MCON & a programme overview by Mrs. Lalrintluangi, Coordinator. Then, the special chief guest addressed the attendees with a short speech followed by vote of thanks from the coordinator. <u>2. ACADEMIC SESSION-</u> Resource Person- Dr. R Chawngsangpuui, Associate Professor, Head, Dept. of IT, MZU Case Presenter- Mrs. Florence Lalthanzuali, Coordinator, MCON The second session commenced with a pre-test on e-content knowledge which continued with a lecture on 'Introduction to e-learning' from the resource person. She talked about the meaning, applications & usage of e-learning in various platforms & institutes. The lecture was followed by a mock case	-Hub Lead- Mrs. Lalthanhimi, Principal, MCON -Coordinator- Mrs. Lalrintluangi, Asst. Professor, MCON - Facilitators- 1. Ms. Zulvelin Reia, Asst. Professor, MCON 2. Mrs. Florence Lalthanzuali, Tutor, MCON -Technical personnel- Mr. Zirsangliana Sailo, Librarian, MCON

	presentation. The session ended with a brief discussion session & feedback from the attendees. Day 2- 13/10/2023- Adaptive e-Learning Content Strategies No. of participants- 23 Facilitator- Mrs. Florence Lalthanzuali Resource person- Dr. R Chawngsangpuii, Associate Proffesor, Head, Dept.of IT, MZU Case presenter- Ms. Lalhriatpuii Varte, Asst. Professor, MCON The programme commenced with an introduction from the facilitator & pre test was done by all attendees. The resource person gave a lecture on the topic which was followed by a case presentation from Ms.Lalhriatpuii Varte. The programme ended with a brief discussion of the case & feedback from the participants. Day 3- 20/10/2023- Content Authoring Tools No. of participants- 25 Facilitator- Mrs. Florence Lalthanzuali Resource person- Dr. Prateek Chausaria, Asst. Professor, Dept.of education, MZU Case presenter- Mrs. R. Lalruatkimi, Asst. Professor, MCON The session started with an introduction from the facilitator, pre-test on knowledge regarding the topic followed by a lecture on content authoring tools. A case presentation followed & discussion was done for the same. The session ended with discussion & feedback from attendees. Day 4- 27/10/2023- Effective Slide Design for Online Teaching No. of participants- 21 Facilitator- Mrs. Florence Lalthanzuali Resource person- Mr. Roshan Singh, Founder, Scrollwell Case presenter- Mr. Samuel Vanlalpeka, Tutor, BN CON The facilitator started the session & make an introduction. A pre-test was done and a lecture session by the resource person regarding different slide designs, up-to-date useful designs & different sites for such. This was followed by a case presentation & discussion on the case presented & feedback. Day 5- 3/11/2023- Advanced Level Slide Design No. of participants- 20 Facilitator- Mrs. Lalrintluangi Resource person- Mr. Roshan Singh, Founder, Scrollwell Case presenter- Ms. Lalhrulaitluangi Pachuau, Tutor, MCON The session started with an introduction & pre-test. This was followed by a lecture session where various topics like using ChatGPT & other online resources for slide design, certain shortcuts & advanced design for powerpoint presentations. A case presentation followed & the session ended with a brief discussion & feedback.	
--	---	--

	Day 6- 13/11/2023- Efficient Document Management for e-Content No. of participants- 20 Facilitator- Mr. Zirsangliana Sailo Resource person- Mr. Morrel VL Nunsanga, Asst. Professor, Dept. of IT, MZU Case presenter- Ms. Vida Lalrinchhiani, Tutor, MCON Facilitator of the session commenced the programme with an introductory speech followed by a pre test. The resource person enumerate the various methods for efficient document management & its uses for institutions. This was followed by a case presentation & feedback by the attendees. Day 7- 17/11/2023- Introduction to MOOCs No. of participants- 22 Facilitator- Ms. Zulvelin VL Rosangi Reia Resource person- Dr. Somen Debnath, Asst. Professor, Dept. of IT, MZU Case presenter- Ms. Lalzampuii, Tutor, BN CON The session started with an introductory speech followed by a lecture on MOOCs. The resource person explained the meaning of MOOCs & its application for educational institutes, its common uses, history & drawbacks of MOOCs from experience through MZU online courses. This was followed by a case presentation. The session ended with a group discussion & feedback. Day 8- 24/11/2023- Introduction to Learning Management System No. of participants- 23 Facilitator- Ms. Zulvelin VL Rosangi Reia Resource person- Mr. Laldusaka, Research Scholar, Dept.of Computer Engineering, MZU Case presenter- Mrs. Lalramengi Kaipeng, Tutor, MCON The session commenced with an introduction from the facilitation followed by the resource person's lecture who explained various platform for LMS, common uses for learning as well as teaching, its drawbacks & various online applications available for such. This was followed by case presentation & feedback. Day 9- 1/12/2023- Becoming Proficient in Open LMS for Teaching & Learning No. of participants- 23 Facilitator- Mr. Zirsangliana Sailo Resource person- Mrs. VL Muansangi Khenglawt, Asst. Professor, Dept. of IT, MZU Case presenter- Mrs. Lalthianghlimi, Tutor, MCON The programme started with an introduction from the facilitator followed by a lecture session from the resource person who opened the lecture with an explanation of the application or uses of LMS. She then proceed with various tools & techniques employed for its application. This was followed by a case	
--	---	--

		presented and discussion. The session ended with feedback from the attendees. Day 10- 8/12/2023- Surveys/Polling/Quizzes No. of participants- 22 Facilitator- Ms. Zulvelin VL Rosangi Reia Resource person- Dr. R Lalchhanhima, Asst. Professor, Dept. of IT, MZU Case presenter- Ms. Lalrinchhani Kawlni, Tutor, MCON The session was started by the facilitator with a brief introduction. This was followed by a lecture session by the resource person who enumerate various evaluation & opinion polls & quizzes available from google forms. He further demonstrate the steps in developing surveys, polls & quizzes through online sources. This was followed by a case presentation & feedback. Day 11- 15/12/2023- Techniques & Tools for Producing Effective Instructional Videos No. of participants- Facilitator- Mrs. Florence Lalthanzuali Resource person- Mr. Sajal Kanti Das, Asst. Professor, Dept. of Mathematics & Computer Science, MZU Case presenter- Ms. Eaudi Pachuau, Tutor, MCON The session commenced with an introductory speech by the facilitator followed by a pre test. The resource person then commenced the lecture on the selected topic where various techniques used for instructional videos are highlighted along with the more advanced and effective methods & necessary applications required for such. This was followed by a case presentation & a vote of thanks from Mrs.Lalrintluangi, Coordinator of the programme. The session ended with a post-test & feedback from the attendees.	
2.	30/10/2023 - 31/10/2023 In-Service Hall, MCON	<u>Traning on ISO:9001</u> No.of participants- 24 Mizoram College of Nursing under the guidance of Internal Quality Assurance Cell organized ISO training for guidance on improvement of documentation & filing system, and overall quality management for the institution. Resource Persons- Two resource persons from ISO auditors from Kolkata were invited for the training. 1. Amiya Kumar Chakraborty 2. Debanu Das Mahapatra The training started with a welcome speech from Mrs.Lalchhanhimi, Principal,MCON with an introduction of the teaching & non-teaching staffs of MCON. DAY 1- The resource person Mr.Debanu Das Mahapatra gave valuable information regarding documentation process, format approved by ISO Quality Management System Manual, filing systems. This	Lalrintluangi, IQAC Coordinator

		was followed by an elaboration about the list of responsibilities for staffs By Mr. Amiya Kumar Chakraborty, who guided us on steps of ISO:9001 certification. DAY 2- The morning session was started with checking of existing physical documents. This was followed by elaboration of points for improvement of the existing physical document by Mr. Amiya Kumar Chakraborty and the steps for problem solving process was elaborated. Mr. Debanu Das Mahapatra also gave valuable insight about document control, record control, system & procedure, master list maintenance.	
3.	6/12/2023, M-Hall, MCON through Zoom platform	<u>Training on BLS- CPR</u> Mizoram College Of Nursing in collaboration with National Board of Examination in Medical Sciences (NBEMS) organized CPR Awareness Programme where representatives from NDEMS demonstrate CPR-BLS techniques viewed through zoom platform in M-Hall, MCON. No. of participants- 70 students & faculty The programme started with an introduction from the facilitator. This was followed by CPR awareness lecture from the resource person from NBEMS where a detailed explanation of CPR- BLS was carried out. The lecture was followed by demonstration of CPR using mannequin which was supervised & evaluated by faculty present in the training session. The programme concluded with a short discussion of CPR steps & process among the attendees.	Mr. Zirsangliana Sailo, Librarian, MCON
4.	7/3/2024 M-Hall, MCON	No. of participants- 77 (66 students & 11 faculty) Topic- Organ Donation Mizoram College Of Nursing, in collaboration with the Zublee Foundation, Assam, hosted a one-day workshop on Project Vardhan: Deceased Organ Donation at M Hall on March 7, 2024. Four representatives, including Ms. Priyanka Borah, CEO of Zublee Foundation, were in attendance. Ms. Borah delivered a lecture on organ donation, emphasizing the significance of raising awareness among the population to drive economic and social change that will ultimately benefit individuals, societies, and communities as a whole. The workshop provided valuable insights into the importance of organ donation, making it an informative and enlightening session.	Ms. Helen Lalthianglimi Sailo, Asst. Professor, MCON

5.	22/4/2024 M-Hall MCON	Mizoram College Of Nursing in collaboration with AMTRON (Assam Electronics Development Corporation Limited) Industrial Estate organized a workshop on 22nd April 2024. Topic- Used cases of digital designing & 3D printing in the healthcare sector No. of participants- 73 (67 students & 6 faculty) The session commenced with a welcome speech & introduction by Ms.Lalfakawmi Fanai, Asst.Professor, MCON. This was then followed by a training session by AMTRON representatives- Nayan Deka. The introduction of 3D printing in Nursing was elaborated along with its uses for healthcare. Various 3D models and its uses were highlighted & its importance for modern healthcare was elaborated among the attendees. The session ended with a Q&A session & discussion of 3D printing facilities & training for MCON.	
6.	6/6/2024 Exam Hall, MCON	No.of participants- 23 As per the IQAC meeting resolution on 21/5/2024, the training for staffs which was previously called Winter Break Workshop was changed to Staff Development Programme due to the fact that such trainings could not always be carried out during winter break of students. The training started with a welcome speech from Mrs.Lalduhsaki, Asst.Professor & elaborated on the Indian Nursing Council Notification R.No.22-203/CNE/2019-INC in regards to Continuing Nursing Education Regulations where CNE requirements, guidelines for awarding credits & hours was explained. This was followed by a training session as follows- <u>1.Topic- Simulation</u> -Ms.Laldingliani Sailo provided valuable insight on the topic 'Simulation'. She gave a training on the basics of simulation, the aims & benefits, the different approach to simulation, effectiveness than conventional teaching for skill development in nursing. She also reported about her visit to Apollo Simulation Centre, Chennai, their settings & functioning. - Ms.Lalfakawmi Fanai also reported on the Skills lab & its function, the different simulation models & the uses, cost of setting up simulation lab, phases of simulation, 9 different simulations in nursing. <u>2. Topic- Eat Right</u> -Mrs. Lalramengi Kaipeng explained '1000 nutrition days' and '6C & 5Safety' needs under the topic 'Eat Right'. She emphasized the need for 5 cleanliness techniques & 5 food safety techniques, importance of 1000 days nutrition from conception till 2 yrs, food pyramids & also explained the basics of Eat Right.	IQAC

		-Ms.Helen Lalthianghlimi Sailo elaborated on 'Food Fortification' & 'Food Adulteration' where she stressed on various fortified foods available in India & within the state, fortification symbols, the need for food fortification, common food adulterants, identification of adulterated foods, effects of food adulteration. 3. Group Work- Identification of adulterated foods was done. All attendees were grouped into groups of 2-3 persons where practical demonstration was done as follows- -Green Chilli with additive inedible color -Chilli powder with brock powder -Turmeric with artificial inedible color -Coriender powder with saw dust -Tea leaves with iron -Milk with water The training ended with discussion & feedback through google forms.	
7.	12/6/2024 Zoom Platform	Mizoram College Of Nursing in collaboration with Whitecode (Educational CMS) organized an online training on the topic 'NAAC compliant dynamic website development' for all faculty of MCON. No. of participants- 21 faculty Resource Person- Ms. Swarali Kulkarni The session commenced with a welcome speech & introduction by Mrs. Lalrintluangi, Asst.Professor, NAAC Coordinator, MCON. This was then followed by a training session by Whitecode representative- Ms. Swarali Kulkarni who introduced the functioning & workings of Whitecode, list of colleges working with Whitecode, NAAC compliant website usage & benefits. She also elaborated on the different services and packaged offered by Whitecode which include NAAC compliant DVV, website maintenance & fees. The session ended with a Q&A session & discussion.	IQAC

13. Events and Days observed by the Institution

Sl. No	Name of Event/ Day	Date	Venue	Attendees	Remarks
1.	77 th Independence Day	15.8.2023	MCON ground	All students & teachers of MCON	MCON observes Independence Day by displaying national flag, Independence Day 2023 theme 'Nation First, Always First' as part of the wider 'Azadi ka Amrit Mahotsav' on the college ground in order to raise awareness of the significance of the Indian independence & the significance of the day was taught to the students.

2.	Teacher's Day	5.9.2023	M-Hall, MCON	All students & teachers of MCON, CCH students	Teacher's Day was celebrated on 5 th sept in the college organized by Student Nurses Association, MCON. Special items were presented by each batch of students, cake cutting and teachers day speech was given by the Principal and gifts were given to all teachers of MCON.
3.	International Day of Clean Air for Blue Skies	7.9.2023	Health Sub-centre, Thingsulthliah	5 th Semester students & 2 faculty	Theme- "Together for clean air" MCON observes the day by attending the programme organized by Health Sub centre, Thingsulthliah. The students with faculty attend the programme & participates on delivery of Health Talk to the community/public.
4.	World AIDS Day	1.12.2023	Civil Hospital, Aizawl	Students, faculty & OPD attendees	Theme- "Let communities lead" MCON observed the day by organizing health talk related to the theme to raise awareness about the challenges that remain to achieve the goals of ending AIDS by 2030. Students of MCON gives health talk at OPD- Eye, Ortho, Surgery, Skin at Civil Hospital, Aizawl.
5.	Christmas Celebration	15.12.2023	MCON ground	All staffs and students of MCON	Due to the Christmas Day being holiday, MCON celebrated Advance Christmas at MCON ground. The programme was attended by all students & staff of MCON where a special number from the students of MCON & staffs was also performed. Gift exchange was done followed by dinner.
6.	Republic Day	26.1.2024	MCON Campus	All students of MCON	Flag hoisting is done at the college campus to commemorate this national day. To commemorate the day, the significance was taught among the students.
7.	National Deworming Day	9.2.2024	Sub-centres & Anganwadi centres of Thinsulthliah, Seling, Tlungvel & Khumtung	4 th yr students	The students of 4 th yr during their rural posting participated in national Deworming day by distributing Albendazole 3153 tablets to children in Anganwadi centres, Primary,

					Middle & High school students in Thingsulthiah, Seling, Tlungvel & Khumtung.
8.	International Womens' day	8.3.2024	Civil Hospital Classroom	1 st Semester students	MCON observed the day by organising a programme at MCON Lecture Hall, Civil Hospital Aizawl. The theme "Invest in Women Accelerate Progress" was presented by Mrs. Lalremruati Hnamte, Tutor MCON.
9.	World Malaria Day	25.4.2024	DHS Auditorium, MINECO	4 th yr students & 2 faculty	Theme- Accelerating the fight against malaria for a more equitable world World malaria day programme was organized by National Health Mission. Key note address was made on the importance of different levels of prevention against malaria, 4 th yr students choir presented a song.
10.	ENF DAY	12.4.2024	Schools & Hospitals	4 th Semester students & 4 faculty	MCON ENF Unit observed the day giving Health teaching at Govt. High School, Falkawn, Govt. Middle School, Falkawn, Govt. Primary School Falkawn and ZMC/SRHF ward. A sum of money was given for Poor Fund at Kulikawn Hospital and MSCI Zemabawk.

11.	World Malaria Day	25.4.2024	DHME Auditorium, MINECO Khatla	4 th Year students & 4 faculty	MCON observed the day by attending the programme organised by NHM at DHME Auditorium, MINECO Khatla. They also performed a beautiful Choir.
12.	International Nurses' day	12.5.2024	M-Hall, MCON	All students and faculty of MCON	MCON observed the day organising a programme at M.Hall on 11th May 2024 since 12th May is a holiday. Special items was performed from each classes and faculties. Cake cutting was done. The theme "Our Nurses. Our Future. The Economic Power of Care was presented by Mrs. Lalramengi Kaipeng Tutor, MCON.
13.	World NO Tobacco Day	17.6.2024	Aizawl	1 st Semester & 4 th Year students	MCON observed the day by attending Walkathon cum Tobacco Awareness Campaign organised by NHM from Millenium Centre to Vanapa Hall

14. Particulars of MZU Exam Result of the preceding Academic Session

Year	Total no. of students	No. of Passed Students	No. of Failed Students	No. of Students with Supplemental Paper(s)	Remarks
1 st Semester	36	33	Nil	3	Passed after re-exam
2 nd Semester	36	35	Nil	1	Passed after re-exam
3 rd Semester	30	30	Nil	Nil	
4 th Semester	30	30	Nil	Nil	
3 rd Year	30	30	Nil	Nil	
4 th Year	30	30	Nil	Nil	

15. Research and Publications

Research-

During the academic session 2023-2024, the Research and Ethical Committee held a meeting twice wherein allocation of research guide was done along with fixation of calendar for submission and finalization of research studies by the final year students.

The final year students are grouped into 2 groups and 2 research guides were appointed from the faculty. The committee suggested that 1 week i.e 45 hours, be allotted for data collection and finalization of all research work shall be the 24 June, 2024.

Under the Journal Club, Journal presentation was held twice a month by the faculty.

Publication –

Journal Publication was done by Ms Vida Lalrinchhane on the title Insomnia and Depression among Covid- 19 survivors and non-covid -19 patients in the journal Contemporary Social Scientists.

More research article are currently prepared for publication in the future.

16. Library report

a. *Brief introduction and Activities*

The institution has 1 library managed by 1 librarian. Library books and other holdings are updated on the basis of the requirement of the users.

b. *Library holdings:*

- Books- 3402
- Thesis- NIL
- Journals- 11 titles (6 National & 5 International)
- E-resources- NLIST (UGC INFLIBNET)
- Bound Volumes- 20

c. *Library Membership*- All registered students, faculty and staffs of MCON has library membership which is renewed annually. All students are allowed 3 books & 5 books for faculty at a time of checking out.

d. *Books Issued*-Library books are issued manually and with the use of library automation software. In this session, 327 books were issued and recorded in automation software. This is due to the temporary closure & relocation of the library due to damage of library windows by massive rain & wind.

e. *Visitors*- During this session, a total of 1645 users has visited the library as per record.

f. *New facilities and other activities-*

-283 new books was purchased with 143 titles amounting Rs.278423/-

17. Hostel Report

The institution has a conjoint two building Hostel (Block I and Block II) located near the entrance of the College campus which offers the following facilities-

- i. Warden Quarters-2 (in Block I & II wherein 1 warden quarter is currently undergoing reconstruction under MHSSP)
- ii. Students' Common Room-2 (in Block I & II)
- iii. Night Chowkider's Room- 1 + 1 (in Block I & II)
- iv. Students Sick Room-1 (Block I)
- v. Warden Office-1 (Block I)
- vi. Kitchen-1 (Block I)
- vii. Dining Hall-1 (Block I)
- viii. Visiting Room- 1 (Block I)
- ix. Devotion Hall-1 (Block II)
- x. Guest Rooms- 5 (Block II)
- xi. Students' Rooms- 41+39 (Block I & II respectively wherein 33 rooms each from block I & II are occupied by students.)

The hostel building can accommodate 160 students, 82 students in Block I and 78 students in Block II. Since there are 20 male students in the current session, a two- storied house located near the college entrance gate is rented to accommodate the male students.

To accommodate the male students as well as in preparation of the upcoming Post Basic & MSc. Nursing courses to be started in the near future, vertical extension of Hostel Block-I & Block-II is currently going on under MHSSP project.

Presently, there are 9 staffs working in the hostel, with 1 warden and 8 group D staffs. The hostel maintained registers like Mess Account Register, Visitor's Log Book, Outgoing Register, Event Records, Students' Attendance Register and Staffs' Attendance Register.

The hostel is equipped with recreational facilities like Carrom Board, Chinese Checkers, Television and Guitars which can be used by students while abiding to the rules laid down by the hostel authorities.

18. General Administration Report

a. Finance report

Mizoram College of Nursing received LOC (Letter of Credit) Quarterly from the Directorate of Hospital & Medical Education (DHME) after submission of requirements in various fields. The Institution's basic requirement includes Salary, Motor Vehicle, Medical Treatment, Transportation expense, Office Expense and other miscellaneous charges.

Under O.E.(B) and MV, Petroleum, Oil & Lubricant (POL) are acquired of which remaining funds are spared for Motor Vehicle repair fund. Other office requirements like Water Charge, Electric Charge, Internet Bill and Stationery bill are paid from O.E (A) and O.C. Since L.O.C received is more on the shorter side, funds for essential institution requirements are often unmet.

b. Activities of Establishment Section

- i. *Purchase and issue of stationary item*
Stationery items are purchased by Indent from Printing & Stationery depot and occasionally from local approved firm when the same are not available at Printing & Stationery depot. These stationery items are then issued to the Office book for use in Faculty section, Library section and Hostel Section.
- ii. *Purchase and maintenance of furniture and equipment*
Furniture and Equipment requirement is put up for indent and purchased from Authorized dealers.
- iii. *Furnishing/ computer repairing*
Furnishing/computer repairing is carried out by consultation with Authorized personnel. During August 2023- July 2024 session, repair of printer was done once with Ralte Computers.
- iv. *Maintenance of stock register*
Stock Register is maintained in three categories, namely- Stationery Articles, Hardware Materials and Vehicle Materials in which all purchased items are registered promptly.
- v. *Issue of Daks*
The number of Daks issued during August 2023- July 2024 is 422 of which most of the letters are addressed to Directorate of Hospital & Medical Education (DHME) and Mizoram University & 313 was received.
- vi. *Collection of Daks and Newspaper*
Daks are collected and distributed by Dak runner.
MCON is currently subscribing 3 copies of local daily newspaper (Vanglaini) with monthly bill amounting to Rs.450/-.
International Newspaper could not be subscribed due to unavailability of distributor agents in the area.
- vii. *Maintenance of telephone and internet connectivity*
Internet connections having wifi facility is available in each floor of the institution with a speed of 20 Mbps and a coverage of 87.5%
During the session, two new routers were purchased due to damaged by lightning which was replaced by Netsurf.

19. Student Nurses' Association (SNA) Report

The Student Nurses Association of MCON Unit held elections for office bearers for the session 2023-24 on June 6th, 2023, at the examination hall of MCON. In addition to the office bearers' election, the election of a new SNA Adviser also took place, as the term of the current Adviser has come to an end. The election was overseen by the appointed Returning Officer, Ms C.Laldinthari along with Polling Officer – Mr Lalchhandama, Mr. C.Lalremsiam and Mr. Pachhunga respectively.
Activities during 2023 - 2024 session-

1. SNA has taken up initiatives in organizing various events as follows –
 - I. Freshers' Induction for 1st year students : 5th September, 2023
 - II. Teachers' Day : 5th September, 2023
 - III. Annual Sport : 22nd, 24th & 25th January, 2024
 - IV. Farewell Programs for the outgoing students.
2. The association have been carrying out fund raising activities to aid its function like selling of stationery items, spare uniforms, pocket articles, hostel necessities and other items as per the student needs.
3. The unit have participated in the annual state SNA sports meet held in the month of February, 2024.
4. The association have also given monetary condolence with citation to its member losing their family members.

It has been noted that this student body contributed much for the college as well as the smooth functioning and maintenance of discipline and conduct among the students.

20. Evangelical Nurses Fellowship (ENF) Report

The Evangelical Nurses Fellowship (ENF) MCON unit has 138 members for 2023-2024 session and had their annual election of Office Bearers on 6th June 2023 in which 6 OB were elected who held 3 meetings with the representatives from each batch during the reported session.

Activities-

1. Voluntary blood donation was held twice during the reported session where a total of 27 units was donated to Civil Hospital, Aizawl and State Referral Hospital, Falkawn.
2. ENF Service is carried out twice a month (Alternate Mizo and English service) on Monday at 12:00 PM in M-Hall ; every Friday at 7:00 PM in Hostel Devotion Hall and every Thursday during clinical postings at Civil Hospital, Aizawl.
3. ENF Instagram account was made during the session to highlight the activities of ENF MCON.
4. Notebook and pen was given to two students for completing the verses given out by ENF MCON Unit during the previous session (2022-2023) on 31/8/2023.
5. ENF students camping, organised by ENF Hq. at Lawipu Reformation and Recreation Centre during 12-14/8/2023 and was attended by II Semester students (36 students) and were guided by Ms Zuvelin VL Rosangi Reia
6. 36th ENF Conference & Gospel camping was organized by ENF Mizoram between 22nd & 24th March, 2024 at R&CC Lawipu. The event was attended by Mrs. Lalthanhimi, Principal/ ENF Mizoram Secretary, Ms. Lalhriatpuii Varte Asst Professor/MCON Unit Secretary and Ms. Lalfakawmi Fanai Asst Prof. It was also attended by three Office bearers of MCON Unit (Michael Lalsawmliana Vice Chairman, LH Julie Lalremruati Asst. Secy and Amy Lalruatkimi Fin. Secy)

7. Fundraising Activities-

- a) Selling of stationary items like pens, chart papers, notebooks was carried out in the hostel throughout the session.
- b) Selling of pickles was carried out among students and faculty.
- c) College Calendar was prepared where 500 copies was sold.
- d) Selling of lemon juice 100 bottles was carried out among students and faculty.

8. Donations & Condolences-

- a) Financial aid of Rs5000 was given to 4 families , a residents of Falkawn who faced financial hardships
- b) ENFI Missionary support of Rs. 1000/- was submitted every month.
- c) ENF pledge is collected from all members and submitted every month to ENF Hq.
- d) Through the charity programs, financial aid of Rs.5000 was donated to four families in Falkawn who faced financial hardship.
- e) A sum of Donation for ENF students camping Rs. 1,6000/- was submitted to ENF Hqs.
- f) Donations of Rs.5000/- was submitted to poor fund at Kulikawn Hospital, Aizawl in observation of 49th ENF Day.

10. MCON Choir-

33 students were selected for MCON choir members including the conductors during the session 2023-2024. The following activities are carried out:

1. 36th Graduation day on 29th.August.2023
2. BSI Muallungthu Area Meet at Falkawn Church on 22nd October.2024

21. Red Ribbon Club Reports

During 2023-2024 session, Red Ribbon Club has held 4 meetings, appointment of members for various posts including 2 Nodal Officers from faculty and 4 peer educators from the students representing each year from 1st to 4th year was carried out on 1st September 2023.

Activities of RRC-

1. VOLUNTARY BLOOD DONATION:

- In collaboration with Evangelical Nurses Fellowship, RRC MCON organised Voluntary Blood Donation at Civil Hospital Aizawl on 12/4/2024 (In celebration of ENF Day) and State Referral Hospital, Falkawn on 12/5/2024 (In the celebration of Nurses day) where a total of 27 units was donated.
- 3 students from 5th Semester & 3 students from 4th yr donated blood to patients in ZMC, Falkawn & Civil hospital, Aizawl.
- 5 students donated blood at CHA on 18 & 19/1/24

2. TREE PLANTATION - Date: 19.07.23: Tree Plantation Programme was organised as per directives from MSACS. 15 saplings of Archangkawm and 15 saplings of Hruivankai was planted at MCON campus by MCON students and staff.
3. TRAINING OF NODAL OFFICERS -22nd Aug 2023: Training of Nodal Officers was attended by Florence Lalthanzuali and Lalhruitluangi Pachuau, Nodal Officers, RRC MCON unit at Ramhlun
4. RED RIBBON CLUB STATE LEVEL MARATHON- 30th Aug 2023: 6 students participated in Crimson Fest Marathon 2023 & Nodal Officers witnessed the Marathon. 2 students participated in the slogan writing competition.
5. PEER EDUCATORS TRAINING-12th September 2023: Two students Participated in Peer Educators Training - LH Julie Lalremruati- 4th Year and Angeline Vanlaltanpuui, 1st Sem

6. HEALTH TALK -5th October 2023 Civil Hospital Aizawl: Health Talk on Prevalance of HIV/AIDS and Importance of HIV/AIDS Testing during Pregnancy was held in Civil Hospital Aizawl , MCH Department by 4th year Students
7. OBSERVATION OF WORLD AIDS DAY Date : 1st Dec 2023:
Venue : MCON Ground. Poster making Competition and Slogan Writing Competition was organised in observation of World AIDS Day, 2023 on the topic Let Communities Lead. There are 30 Participants in Slogan Writing Competition and 6 participants in Poster Making Competition.Cash Award and Certificate was given to position holders. Poster and Slogan made were displayed for public to see to create awareness. Awareness Campaign/Health Talk was also organised 4th year students gave health talk on HIV/AIDS and the role of community at Civil Hospital Aizawl at different OPDS
8. SEMINAR - 17th Oct 2023 Topic: National AIDS Control Programme. Seminar on NACP was given by C Lalramsangi and Christina Lalhruaitluangi,4th Yr.
9. AWARENESS CAMPAIGN- 9th February 2024 TOPIC : Prevention of HIV/AIDS
Venue: Presbyterian English School, Seling By 4th year students

22. Internal Quality Assurance Committee (IQAC)

Two meetings were held during this session. Due to the implementation of the semester system, there are three ongoing sessions in the college which has led the students to be posted in different places at a time and thus also the faculty. This has led the need for change in some aspects of the governance of the college. The activities during 2023-2024 includes-

1. Winter break workshop has been renamed Staff development program and may be conducted for shorter durations but more frequently.
2. Staff Development Programme was conducted on 30.5.2024 on the topic Eat right & Simulation training
3. Another program on Filing system & conduct rules and Legal literacy were proposed to be conducted, which could not be carried out yet during this session.
4. To improve communication between faculties, the class coordinators were assigned to update the upcoming programs of each class on the faculty whatsapp group every friday. The coordinators are also responsible to report the faculty attendance to the Head daily on days when they are not in college campus.
5. Mentor mentee program was also planned to be changed yearly according to their semester and teacher in charge in hopes of better outcomes.
6. IQAC meeting resolution requires that makeup duty of the students should be done and completed by the students at the end of every even semester
7. INC Inspection incharges are as follows-
 - MSc.Nursing - Mrs. R Lalruatkimi & Ms. Zulvelin VL Rosangi
 - PBBSc.Nursing - Ms. Helen Lalthianghlimi Sailo & Ms. Vida Lalrinchhani

23. Curriculum committee Reports

Mizoram College of Nursing follows curriculum prescribed by Indian Nursing Council (INC). Prior to commencement of academic session, curriculum committee reviews the previous session and prepares Academic Calendar, Master Plan and Clinical Calendar for upcoming session.

- Each faculty & students have syllabus copy, lesson plan and unit plans are prepared for each subject.

- Each written assignments & seminars are assigned to each student and faculty in charge respectively at the start of session with due dates of completion. Theory evaluations are conducted through class tests, continuous assessments, assignments, and sessional/internal examinations. Academic Excellence award is awarded to 1st position holder of BSc Nursing Final result at Mizoram University examination. L Chhawnkima Proficiency Award is awarded to first position holder of each batch.
- Weekly plan is prepared before each clinical posting. Practical skills evaluations are ongoing throughout clinical postings, written assignments, through DOP and OSCE.
- Feedback regarding curriculum is taken at the end of each academic year, discussed and analysed by the curriculum committee.

Mentor-mentee sessions are carried out to discuss the student's performance, progress, and or obstacles and the means to overcome them.

24. Anti Ragging Committee Reports

The institution has Anti Ragging Committee headed by the head of the institution since 2013. The committee has different member representatives from various fields like representatives from Civil Administration, Police Administration, Local Media, NGO's in youth activities, Parents, Senior students, Fresher students and Faculty.

The Anti-ragging committee includes members for Anti Ragging Squad and Monitoring Cell from teaching staffs, librarian and hostel warden and also appointed five representatives for the mentoring Cell from each year of the 3rd Semester, 5th Semester and 7th Semester of the current session.

The Committee reported that there has not been any kind of incidence of ragging in the clinical and college premises till date and the 1st semester students reported that they had all signed anti ragging affidavit during their time of admission. The committee reported that they had organized sensitization programme on 14th December, 2023 in the College Hall during Advance Christmas programme. Antiragging posters, list of Antiragging committee members, mentoring cell, antiragging squad members are displayed in the college and hostel notice board.

25. Code of Conduct Committee Reports

All staff and students of the institution have been complying with the Code of Conduct laid down by the Code of Conduct Committee since the inception of Code of Conduct. The following are the main regular initiatives taken by the Code of Conduct Committee:

1. Orientation to Code of Conduct for fresh students at the beginning of the course.
2. Reminder to adhere to Code of Conduct for all students. The brief program is usually arranged during Co-curricular programs such as International Nurses day, ENF day, and before the start of a new session.
3. Distribution of Code of Conduct handbook to all students and staff
4. Display of Code of Conduct at all Notice boards.
5. The Handbook is reviewed at least twice a year for any necessary changes.

There is no report of any case against a student or a staff for a possible breach of Code of Conduct till date of report.

26. Internal Complaints Committee Reports

In pursuance with the Gazette of India No.18 regarding the Sexual Harassment of Women at work place Act and University Grants Commission Gazette No.171 of 2016, the Internal Complaints Committee was constituted in Mizoram College of Nursing on 2nd December 2019 with an office order appointing 1 Presiding Officer, 6 members from MCON staff and faculty, 2 NGO representatives and 3 student representatives.

During 2023-2024 academic session, there had been one meeting on 13th February 2024 where reports & review of the previous session was made. The committee also reported that awareness programme for ICC to prevent sexual harassment at all levels was organized on 14th December 2023 at the College Courtyard.

In compliance with the letters received from the Registrar, Mizoram University, a bill board showing the penal consequences of sexual harassment which include a toll free number and committed phone number is displayed in the College Campus.

27. Grievance Redressal Committee Reports

The Grievance Redressal Committee had Annual Grievance Redressal Committee on 10th March 2024. The committee reported that there has been no record of complaints in the past academic year both in the college as well as the hostel. This could be credited to the detailed explanation & presentation of Grievance handling procedure adopted in Mizoram College of Nursing given by the Grievance Committee during Freshers Induction Programme at the commencement of the present academic session.

The committee also reported that awareness programme for Grievance Redressal Committee was organized on 14th December 2023 at the College courtyard during the Advance Christmas programme.

28. Maintenance Committee Reports

The Maintenance Committee is responsible for ensuring the proper and regular upkeep of the college's buildings, equipment, and gadgets. The committee has ensured the functional efficiency and safety of college facilities, contributing to a secure and well-maintained learning environment.

During the 2023-24 session, the committee convened for one meeting to discuss and plan maintenance activities for the year.

1. Procurement of Lab Equipment- The committee facilitated the purchase of laboratory equipment based on the specific needs of various departments.

2. Fire Safety Measures- Fire extinguishers were refilled, and fire buckets were strategically placed across the college campus and hostel to enhance fire safety preparedness.

29. Campus Beautification Committee Reports

The committee has made significant strides in promoting environmental sustainability and aesthetic enhancement, creating a more welcoming and inspiring atmosphere for students and staff.

During the 2023-24 session, the committee convened for two meetings to discuss and plan various activities for the year.

1. Clean Campus Initiatives:

- Organized periodic social work activities involving faculty, office staff, and students to ensure the college campus remains clean and well-maintained.
- These activities were conducted as per the requirements of the campus.

2. Medicinal Plant Plantation Drive:

- In collaboration with the State Medicinal Plants Board and the AYUSH Department, the committee oversaw the plantation of a variety of medicinal plants in the college's nursery.
- The saplings were nurtured within the campus, and subsequently, they were distributed or sold based on necessity.

30. Alumni and Placement Cell Reports

MCON Alumni currently has 434 members and got registration to the Firms and Society, Aizawl, Mizoram on 23rd August, 2022 & has held 1 online committee within the reported session. The activities are as follows-

1. Monetary aid of Rs.3000/- was handed over to Ms.C.Lalduhzuali & Mrs.RK Lalrintluangi, 8th Batch to aid in expense for their medical treatment for IgA nephropathy & spinal injury.
2. Members Participated in the college 36th Graduation & Lamp Lighting Ceremony:
Members participated as invited by the college and thirty (30) students from 15th batch enrolled themselves as members of MCON Alumni
3. Donation from members- 7th batch Alumni members have donated two Tripod Easel chart holder with whiteboard & 15th batch Alumni members have donated Combo 1201 Speaker, Brunners textbook, old clinical uniforms and textbooks to the college.
4. Ms.Remruatpuii and Ms.Zothanpuii (10th batch) who are currently working as a Registered Nurse in United Kingdom and Civil Hospital Aizawl respectively gave a career guidance class to the 4th year students at lecture Hall, Civil Hospital Aizawl.
5. MCON Alumni Financial Audit for the year 01.01.2023-31.12.2023 was done by Akas & Associates.
6. Vocational Preparatory Programme-
 - a) Ms. Gloria Lalramsangi (12th batch), Registered Nurse, The Wellington Hospital, London and Ms. Ramengmawii (12th batch), Nursing Officer, AIIMS Nagpur took Vocational Preparatory class for outgoing students on the topic of career opportunities through ZoomApp.
 - b) Lalrinchhani Kawlani (8th batch) and Ms. Lalhruaitluangi Pachuau (10th batch), MCON Alumni participated as a resource persons in Vocational preparatory Programme for the outgoing 15th batch students on the topic Roles and responsibilities of MCON Alumni
7. The preloved uniforms donated by the 15th batch was given to 17th batch students

Placement Cell-

The activities of the Placement cell during 2022-2023 session are as follows-

1. As invited Mrs.Lalremmawii Ralte Placement i/c and Ms. Zulvelin VL Rosangi, Asst.Professor attended a program on Meeting with Data Flow group. Ms. Gargy Mohanty, Director Partnership and Mr. Sunil Mudgal, Head true profile, Data Flowgroup Dubai hosted the programme. Mr.Malsawmzuala Ralte, Chairman of Mizoram Youth Commission, Ms.Lalchhanhimi, Joint Director Nursing, the Principals, HODs and faculties from different nursing institutions attended the program. The meeting is about how the graduate nurses will easily be able to work in the Middle East, Europe and America. There was discussion round where lots of questions were asked from the invitees which were clarified by the hosts.
2. Tata Medical Centre, Kolkata had sent a request regarding campus recruitment of Staff Nurses for the outgoing 4th year (16th Batch) B.Sc Nursing students. After getting permission from the Principal, Ms. Piyali Bose, Nursing Superintendent TMC, Mr. Suvasish Mukherjee-Head HR and Ms. Jhumna Ghosh, AGM-Human Resource came for the recruitment at the college. Nine (9) students appeared for the theory test and practical examination and were all selected. Out of which eight students joined as a Staff Nurse in TMC, Kolkata on 04.10.2024.
3. Alumni members Ms. Gloria Lalramsangi, Registered Nurse, The Wellington Hospital, London and Ms. Ramengmawii (12th batch), Nursing Officer, AIIMS Nagpur took class for outgoing students on the topic of career opportunities through ZoomApp at night. There was an interactive session where students asked their doubts and clarify their queries. The class was very interesting and informative.
4. As requested Maj. Mary Sailo, Military Nursing Service, Bareilly, UP took class on career opportunities in military nursing service through ZoomApp at night. She shared her experience and how to prepare for the common entrance exam. There was an interactive session where students asked their doubts and clarify their queries. The class was very interesting and informative.
5. Thirty students from 4th Year (16th Batch) had a meeting with the Human Resource Department, Yashoda Hospitals, Hyderabad, Telangana, India through ZoomApp. The students were verbally oriented regarding the hospital.
6. As invited Mr.Vanlalchhuanawma Chawngthu, Dy.Secy Health & Family Welfare Dept., GOM took class on interview technique for outgoing 4th Year students at the college.
7. Jhansi G, Manager- Nursing Recruitments and her team visited our college and had an interaction with the 4th year students at lecture hall, Civil Hospital, Aizawl.

31. Mentor-Mentee Reports

The mentor mentee programme has been initiated since 2017-2018 academic session and is actively functioning till date. The programme has been the most crucial method in meeting the overall growth of the students. The mentors are allotted mentees at the beginning of the Academic Session as soon as the students joined the institution and will continue mentoring the same students till they pass out from the institution. 2-8 students (mentees) are assigned to a mentor (faculty) of the college for effective mentoring.

The Mentor Mentee Programme is individualized, differentiated and flexible to meet the students' growth in all areas of life. Mentees can express their views, share their thoughts and problems to their mentors. The mentors are responsible for monitoring all the academic and non-academic activities of their mentee. They maintain regular formal and informal meetings with their mentees and write their meeting report in a file maintain for each of the mentees respectively where the class test and examination marks are also entered. Mentors provide guidance in any area of life to the mentees by providing guidance, counselling and advice in any area of life, especially in academics as per the need expressed by the mentees. The mentor can make referral to the Counselling Cell of the institution as per need of the student.

32. Add on Course: Certificate in Community Health

Mizoram College Of Nursing served as a Programme Study Centre (PSC) for an ongoing Certificate in Community Health, which was initiated in July 2019 under National Health Mission in partnership with Indira Gandhi National Open University (IGNOU) with a course period of six months.

The mentioned course has been a growing initiative of the Central Govt. in training of Health and Wellness Officers which were to be posted in the newly upgraded Health and Wellness Centres (HWCs) all over the state. Mizoram College of Nursing had already trained 11 batches of Health and Wellness Officers with a training duration of 6 months each. The institution is equipped with 20 academic counselors and maintained 100% passed percentage in this course wherein all passed out 159 trainees (till June 2024) had already been posted in their specific postings and contribute immensely in uplifting health and its related services in their areas.

33. Details of Vocational Preparatory Programme (VPP)-

The institution in the past academic years, arranged several training opportunities like Spoken Hindi Class, Vocational Preparation Programme for outgoing students during their internship period to prepare them for their post-graduation employment and further studies.

The Vocational Preparation Programme for outgoing students (16th Batch) was held from 17th July 2024 to 20th July 2024, where classes were taken on certain topics as follows:

1. Moral Guidance
2. Professionalism
3. Interview technique
4. Certificate in Community Health Nursing
5. Leadership in Midwifery practices
6. Group dynamics
7. International Recruitment process.

Besides the above topics, career opportunities were discussed with the alumni through online mode by

1. Gloria Lalhmunsangi, 12th Batch, UK
2. Capt Mary Sailo, Military Nursing Services
3. Ramemgmawii, 12th Batch, NO, AIIMS
4. Lalmangaihzuai, 12th Batch, Singapore.

Experts from various fields had offered guidance. Classes were taken by several experts from outside the institution such as-

1. Rev. J. Lalbiaknia, Chaplain, SRHF

2. Mr. Vanlalchhuanawma Chawngthu, Deputy Secretary, H&FW Dept, Govt. of Mizoram
3. Ms Lucy Maruati, Gan Sabhra

34. Extended Course (DCA)

The institution offers Diploma in Computer Application (DCA) certification after completion of the required class & examination for Health/Nursing Informatics & Technology Subject in 2nd Semester which is part of the prescribed subject under Indian Nursing Council BSc.Nursing syllabus.

For this reported session, Extended Course on Diploma in Computer Application (DCA) examination was completed on 20th of June 2024 for 19th batch (36 students)

35. Drug Awareness Club

The Drug Awareness Club had 1 meeting during the reported session where various methods to impart drug awareness amongst the students was deliberated. The club in-charge Mrs. R Lalruatkimi had given a detailed awareness campaign during the Freshers' & Graduation Day on 5th September 2023.

36. Journal Club

As per the IQAC meeting held on 16.3.2023, Journal Club was established under Research and Ethical Committee. Ms Helen Lalthianghlimi Sailo, Assistant Professor is the Chairman and Ms Eaudi Pachuau Tutor is appointed as the Secretary. As per the committee it was decided to have journal presentation every second Friday of the month for the academic development of faculty. During the session, Journal presentation was held twice in both offline and online mode for faculty development & updating knowledge in research & other studies. The scheduled presentations completed are-

- **Mrs. Lalthianghlimi, Tutor- 15/2/2024**
- **Mrs.R Lalruatkimi, Asst Professor- 14/3/2024**

37. Plan/ Project for next Academic session

MCON in the past had secured MOUs' with various agencies & programmes which, in recent years had collaborated for development in various field. With these functional MOUs' & also with the sole initiative of the institution, the followings are the plan/project proposed for the upcoming session-

1. Under the undergoing partnership of MCON with State Medicinal Plant Board, the plantation of around 5000 Indian Ginseng medicinal plant is expected to be carried out in the next session around the month of October & November.
2. The institution's application to start Post Basic Nursing & MSc. Nursing course has been approved by the State Government & affiliating University & commencement of the course is expected to be started in the upcoming session in 2025 after Indian Nursing Council approval.

3. The construction works carried out in the college campus including the vertical extension of hostel building under the MHSSP initiatives is planned & expected to be completed by the next session.

38. Achievements and Awards

- i. Ten batches (159 trainees) from Mizoram College of Nursing had completed the six months course in Certificate in Community Health and had held their post as Health and wellness officers throughout the state.
- ii. The institution, with the Mizoram Health System Strengthening Project (MHSSP)-World Bank had started construction work for the upgradation and extension of the college campus on 5th August 2023. The infrastructure development is funded by World Bank under MHSSP wherein funds for infrastructure development and strengthening and development of equipments and facilities of MCON respectively had been mobilized. The construction work is expected to include vertical extension for two hostel buildings, college building renovation which will accommodate the Post Basic & MSc.nursing courses and boys hostel.
- iii. In the University Results published for the academic year 2022-2023 in 9th August, 2023, all the students of Mizoram College of Nursing has acquired 98.44% passed percentage with 7th position rank holder from the final year students.
- iv. With the initiatives of the Placement Cell, campus recruitment for the final years was conducted wherein two hospitals- Tata Medical Centre, Kolkata & Yashoda Hospital, Hyderabad recruitment team came & recruited 8 students.
- v. MCON Alumni members continue to be important & dedicated workers for their patients & community in their workplace around the world. Some of the exemplary achievements received by Alumni members include-
 - 1) Ms Pearl Lalthazuali has won 'Clinical Care Excellence' Award in December 2023 among 64 Regis Care facilities all over Australia.
 - 2) Ms JH Vanlalbeli has won Gold in 'Singapore Health Quality Service Awards' in 23/1/2024 which is an excellence award given among all health care workers in Singapore.
 - 3) Ms VT Nathani had received 'Health Minister Special Award' among all Health & Wellness Officers working in hard areas of Mizoram.
- vi. Mizoram College of Nursing has signed memorandum of understanding in the past & currently has 17 functional MOUs namely-
 - MOU with Village council/court, Falkawn valid till 13/10/2025
 - MOU with State Vector Borne Disease Control Programme, Mizoram valid till 17/1/2026
 - MOU with National TB Elimination Programme, Mizoram valid till 17/1/2026
 - MOU with Synod Hospital, Durtlang valid till 17/1/2026
 - MOU with Expanded Programme on Immunization valid till 17/1/2026
 - MOU with National Oral Health Programme, Mizoram valid till 18/1/2026
 - MOU with Comprehensive Primary Health Care, Mizoram valid till 18/1/2026

- MOU with National Programme for Climate Change and Human Health, Mizoram valid till 18/1/2026
- MOU with National Programme for Prevention & Control of Cancer, Diabetes, Cardiovascular Diseases & Stroke valid till 18/1/2026
- MOU with National Programme for Health Care of the Elderly valid till 18/1/2026
- MOU with National Programme for Palliative Care valid till 18/1/2026
- MOU with Mizoram Bharat Scouts & Guides valid till 20/1/2026
- MOU with State Medicinal Plant Board (SMPB), Mizoram valid till completion of activity.
- MOU with Department of Disaster Management & Rehabilitation, GOM valid till 21/3/2026
- MOU with ECHO India validity- ongoing
- MOU with Karo Sambhav Pvt Limited validity- ongoing
- MOU with Rastriya Bal Swasthya Karyakram (RBSK), National Health Mission, Mizoram valid till 18/5/2028

39. Conclusion

Mizoram College of Nursing, located in the outskirts of the state capital Aizawl has been working relentlessly for improvement and pursued for production of nurses with quality education and skill. With the efforts of the teaching staff and other supporting staffs and also the students, all the students from the past till date had many times secured 100% passed percentage in the University examinations held at the end of each session securing many top 10 rank holders.

Though financial funding had been limited, the efficiency of the Principal and ministerial staffs had enabled the smooth functioning of the institution which is in par with the regulations of the Indian Nursing Council and the Mizoram Nursing Council. This can also be credited to the good cooperation and communication between the teaching and non-teaching faculty of Mizoram College of Nursing.

(LALCHHANHIMI)

Principal

Mizoram College of Nursing