

MIZORAM COLLEGE OF NURSING
Department of Health & Family Welfare
Government of Mizoram

Annual Report 2024 - 2025

1. Executive summary

i. Introduction/ brief history

The Mizoram College of Nursing was upgraded in 2005 from Nursing School, Civil Hospital Aizawl which was established in the year 1980. The institution being a continuation of the Nursing School, many nurses in Mizoram are products of this institution.

The institution is recognized by the Indian Nursing Council, Mizoram Nursing Council and is permanently affiliated under Mizoram University. It also has UGC 2(f) 12 (B) recognition and NAAC Grade B accreditation.

The institution follows the B.Sc. Nursing curriculum prescribed by the Indian Nursing Council which is adopted by Mizoram University.

ii. Students' enrollment – total, gender, category (general, SC, ST, OBC)

BSc.(N) Course- The institution has a yearly intake capacity of 30 with equal opportunities for both male and female candidates. In this session, the institute has 131 students of which 119 students belong to ST category, 7 General category, 1 SEBC, 1 OBC and 1 SC category with a total of 16 males and 115 females.

The institution currently has 13 students from Jammu & Kashmir admitted under the Prime Minister Scholarship Scheme.

Certificate in Community Health (CCH)- MCON served as a center for training of Health & Wellness Officers with the collaboration with IGNOU and a total of 208 students had completed the course with the 10th Batch of 20 students passing out in July 2024.

iii. Staff position

The institute has 1 Principal, 20 regular teaching faculty and 2 regular wardens respectively with 25 non-teaching staffs including hostel staffs.

iv. Achievements and Awards

The institute excelled in the University Examinations with 4 students in the top 10 with rank holder of 6th, 8th, 9th and 10th positions with 100% success rate in 2023-2024 academic session.

v. Faculty development

Constant effort is directed towards the faculty training and development to keep abreast with knowledge and skills. The teaching and non-teaching faculty actively participated in trainings conducted by the government and non-government organizations and institutes with equal opportunities to all.

The institution is currently having 6 State trainers under various programmes and courses who apart from occasionally conducting trainings on various health related topics within the state, further aids in improving knowledge and development for both the students and the faculty.

vi. *Trainings conducted by the Institution*

1. Staff Development Programmes-

- a. A training for all staffs of MCON was carried out at M-Hall, MCON on 27/1/2025 on the topic Inventory management & Filing system. Two external resource persons were invited.
- b. A training on 'Documentation as per ISO 9001' was carried out for all staffs at MCON Lecture Hall-III on 27/2/2025 where one external resource person was invited.
- c. Training on Awareness of ISO 9001:2015 by Quality Council of India (QCI) for 5 days from 19/5/2025- 23/5/2025 for all staffs of MCON.
- d. Workshop on Internal Auditing & Mock Internal auditing of Laboratories & Library by internal auditors for 3 days from 26/6/2025- 28/6/2025.

2. The institution has organized a training series under the scheme 'Development of Nursing Services' funded by the Ministry of Health & Family Welfare Dept, GOI. The training includes the following-

- a. Course 1: Training of Nursing Educators for 7days on 3/2/2025-10/2/2025
- b. Course 2: Training of Nursing Administrators for 7 days on 24/2/2025-3/3/2025
- c. Course 3: Training of Nursing Officers 1st Batch for 7 days on 10/3/2025-16/3/2025
- d. Course 4: Training of Nursing Officers 2nd Batch for 7days on 17/3/2025-24/3/2025

3. MCON, in collaboration with ECHO India organized a training on 'Professionalism Skills Capacity Building for Nurses Program' on 21/2/2025 through iECHO platform.

4. In collaboration with State Medicinal Plants Board (SMPB) of Ayush Department, MCON organized a training on the theme 'Ending Plastic Pollution' in observation of World Environment Day on 5/6/2025.

5. MCON in the collaboration with Fire & Emergency Services Dept, GOM organized 'Fire safety education & Fire drill' on 12/6/2025 at MCON Campus.

vii. *Extension activities*

The institution has been striving for all round development and this aim has also been carried out by many extension activities by spreading awareness and conducted developmental programmes. Such activities include-

1. On the account of National Donor Day on 7th August, 2024, the college hosted a brief program at M-Hall to commemorate the occasion. The event was well-attended by a total of 66 students from the 1st and 3rd Semesters, along with faculty members. During the program, students created and displayed placards featuring slogans related to organ donation, which were showcased through a short play.

2. At the request of the Mizoram State AIDS Control Society (MSACS) and as a component of the Red Ribbon Club initiative, 30 students from the first semester, accompanied by faculty member Ms. Lalhruaitluangi Pachau, took part in an HIV/AIDS awareness rally organized by MSACS in Mizoram on 10th September, 2024. The rally was a part of the “Intensified IEC Campaign - India's Fight Against HIV/AIDS & STI”. Its purpose was to raise awareness about HIV/AIDS and sexually transmitted infections (STIs), to promote preventative measures against these diseases, and to educate individuals about the impact of HIV/AIDS on young people.
3. A total of 60 students from the 1st and 7th semesters of B.Sc Nursing, along with 7 faculty members, attended the World Suicide Prevention Day program organized by the National Mental Health Program, NHM, Health & Family Welfare Department, at the DHME Auditorium, MINECO, Khatla.
The program provided valuable insights into suicide prevention strategies and the importance of mental health awareness. The nursing students actively participated in the discussions and sessions, making the experience both engaging and enriching.
This exposure will greatly benefit the students in their professional journey, especially in creating awareness and promoting mental well-being within the community.
4. The Mizoram College of Nursing is dedicated to providing our services to the general population in every possible way. In response to a request from Sainik School Chhingchhip in Mizoram, two of our esteemed faculty members, Ms. Lalrinchhani Kawlni and Ms. Lalhruaitluangi Pachau, were assigned to conduct a one-day First Aid awareness and training program. This initiative was organized by the school, and we were honored to participate. Such programs are just one of the ways in which MCON strives to serve the community, and we are committed to continuing to do so to the best of our abilities.
5. In commemoration of the 9th Ayurveda Day, a *Special Plantation Drive* was organized by the State Medicinal Plant Board, Mizoram during 22th – 28th October 2024. A total of 30 students from the 2nd semester, along with faculty and staff from Mizoram College of Nursing (MCON), and officials from the Directorate of AYUSH, actively participated in the event.
The program focused on the plantation of medicinal plants and aimed to raise awareness about the significance of Ayurveda and its relevance in promoting health through natural and cost-effective remedies. The initiative helped students understand the importance of medicinal plants in treating various ailments and the broader role of Ayurveda in holistic well-being. Such experiential learning activities are valuable in integrating traditional knowledge with modern healthcare education.

Outreach programmes for rural communities-

1. The 5th Semester students of B.Sc Nursing students had conducted health check up at Muallungthu and Falkawn ICDS in two groups for children below 6 years, pregnant women and postnatal mothers who has attended the Anganwadi centre on 4th & 22nd Sept 2023. Health talk was given on the following topics- Use of Mobile phone among children and dental hygiene.
2. A health check up cum awareness was also carried out on 6th Oct 2023 at Anganwadi centre- A total of 27 children attended the program. Health talk was given on the topic- Dental hygiene and importance of hand washing.
3. During community health rural posting at Thingsulthliah village, six (6) students from the 7th semester visited Anganwadi Centre VII on 17th October 2024 as part of health awareness campaign for the beneficiaries attending the centre. Health assessment cum health teaching on different topics viz. Dental hygiene, personal hygiene, Nutrition and Worm Infestation was given along with demonstration on handwashing wherein the attendee actively participated in it.

4. The 5th semester B.Sc Nursing students had participated in the immunization program at health & Wellness Centre Muallungthu and Falkawn in 2 groups on 5th October 2024. Health awareness cum health check was also done for the children.
5. The 4th year B.Sc Nursing students also participated in the Routine Immunisation program at Thingsulthliah HWC, Tlungvel and Khumtung HWC on 6th & 7th February 2025 respectively. A total of 110 beneficiaries were given vaccination out of which 86 were children and 14 antenatal mothers.
6. The 7th Semester students, during their internship duty on 4th April & 4th June 2025 respectively participated in the Routine Immunization program at HWC, Tachhip & HWC, Falkawn contributing to vaccination activities and community health outreach.
7. A total of 35 students from 5th Semester B.Sc Nursing, MCON were divided into two groups for organizing school health program within Falkawn Village Govt. school, as part of their requirements and of community service to the village adopted by the college. A total of 4 faculty accompanied and supervised the student groups. The activities done during the program were –
 - a.) Health assessment to all the primary and middle school students.
 - b.) Health Talk cum awareness campaign on Personal Hygiene, Environmental Hygiene, Nutrition for growth & development, Reproductive Health, First Aid in school and Substance Abuse.
 - c.) Role Play on Prevention of Diarrhoea and Prevention of Dengue
8. A total of 15 students from the 7th semester, accompanied by one faculty member, participated in a school immunization cum health awareness program organized by the Health and Wellness Centre, Melthum. The program involved visits to three schools under the Melthum HWC jurisdiction: Government Middle School, Melthum; Government Primary School, Saikhamakawn; and Government Middle School, Saikhamakawn where vaccination, & health education on malaria prevention, diarrhoea prevention, environmental sanitation, and balanced diet was given.
The program proved to be effective, offering valuable hands-on experience and enhancing the students' practical skills in community health nursing and health education.
9. Evangelical Nurses Fellowship & Red Ribbon Club, MCON jointly organized Blood Donation Camp in collaboration with the Blood Bank, Civil Hospital, Aizawl & ZMC - SRHF. This camp was organized as part of our commitment to community service, aiming to support those in need of blood. The donation was done based on the convenient of the students in regards to their clinical duty.
A total of 20 units of blood was donated by the students and faculty.

viii. *Library*

The institution has 1 fully automated library which is under the care of 1 regular Librarian. The library books are maintained and updated yearly according to the needs of the students which aids in their nursing knowledge and practice.

ix. *Research projects and Publications*

During the academic session 2024-2025, the Research and Ethical Committee held a meeting twice where in allocation of research guide was done along with fixation of calendar for submission and finalization of research studies by the final year students.

The final year students conduct research studies in fulfillment of the requirements of their curriculum and are grouped into 2 groups and 2 research guides were appointed

from the faculty. The committee suggested that 1 week i.e 45 hours, be allotted for data collection and finalization of all research work shall be the 1st June, 2025.

x. *New appointments, promotion and release of any staff*

New appointment-

1. Mr. Laltlanenga, Driver has joined on 6th November 2024
2. Mrs. PB Lalruatpuii, Nursing Officer attached in MCON has joined on 13/5/2025 as warden in hostel.

xi. Release of staff-

1. Mr. Lalchhandama was released on superannuation on 31/1/2025

2. Name of the Principal : Mrs. Laldusaki

Contact details

- a. Office phone number: 8014550432
- b. Residence phone number:
- c. Mobile phone number: 9774993275
- d. E-mail ID: maduhi89@gmail.com

3. Staff position (Teaching)

Sl. No	Name	Designation	Gender	Educational Qualification	University	Specialization subject	Post		
							Sanctioned	Filled	Vacant
1	Laldusaki	Asst. Professor	Female	M.Sc.(N)	NIMHAN S	Mental Health Nursing	1	1	-
2	Helen LalthianghlimiSailo	Asst. Professor	Female	M.Sc.(N)	SNDDT Women's University	Community Health Nursing	3	2	1
3	Lalhriatpuii Varte	Asst. Professor	Female	M.Sc.(N)	WB UHS	Medical Surgical Nursing			
4	Zulvelin VL Rosangi Reia	Asst. Professor	Female	M.Sc.(N)	RGUHS	Child Health Nursing	5	5	-
5	R Lalruatkimi	Asst. Professor	Female	M.Sc.(N)	WB UHS	Mental Health Nursing			
6	Lalrintluangi	Asst. Professor	Female	M.Sc.(N)	WB UHS	Medical Surgical Nursing			
7	Laldingliani Sailo	Asst. Professor	Female	M.Sc.(N)	WB UHS	Obstetrical Nursing			
8	Lalfakawmi Fanai	Asst. Professor	Female	M.Sc.(N)	RNC	Community Health Nursing			
9	Malsawmda wngkimi	Tutor	Female	B.Sc.(N)	MZU	-	12	12+1	-
10	Florence Lalthanzuali	Tutor	Female	B.Sc.(N)	GU	-			
11	Lalremruati Hnamte	Tutor	Female	B.Sc.(N)	MZU	-			
12	Lalremmawii Ralte	Tutor	Female	M.Sc.(N)	WB UHS	Obstetric and gynaecology			
13	C Laldinthari	Tutor	Female	M.Sc.(N)	RGUHS	Obstetric and Gynaecology			

14	Zosangliani	Tutor	Female	M.Sc.(N)	WB UHS	Medical surgical Nursing		(Attached from ZMC)	
15	Lalramengi Kaipeng	Tutor	Female	M.Sc.(N)	WB UHS	Community Health Nursing			
16	Vanlaldingch huaki	Tutor	Female	B.Sc.(N)	WB UHS	-			
17	LalhruaitluangiPachuau	Tutor	Female	B.Sc.(N)	MZU	-			
18	Lalrinchhani Kawlni	Tutor	Female	B.Sc.(N)	MZU	-			
19	Lalthianghlimi	Tutor	Female	M.Sc.(N)	RGUHS	Medical Surgical Nursing			
20	Eaudi Pachuau	Tutor	Female	B.SC.(N)	GU	-			
21	Vida Lalrinchhani	Guest Faculty	Female	M.Sc. (N)	SRMM CON	Child Health Nursing			

4. Staff position (Non-Teaching including hostel)

Sl. No	Name	Designation	Gender	Post		
				Sanctioned	Filled	Vacant
1	Engzikpuii	Warden	F	2	1	1
2	PB Lalruatpuii	Warden	-	(Attached)		
	-	HA	-	1	-	1
3	Zirsangliana Sailo	Librarian	M	1	1	-
4	Lalnghakzuala	LDC	M	2	2	-
5	Engthanzuali	LDC	F			
6	Cecelia Zoremawii	CO	F	1	1	-
7	Rallianzuala	Driver	M	4	4 + 1	-
8	C Lalremsiama	Driver-PE	M		Provisional Employee (PE)	
9	Lalringzova	Driver	M			
10	Zadok Lalhlimpaia	Driver	M			
11	Laltlanenga	Driver	M			
12	Lallawmkima	Group D	M	16	15 + 1 PE	1
13	T. Sairengpuii	Group D	F			
14	Vanlalpari	Group D	F			
15	Lalngaihthangi	Group D	F			
16	C Lalramsangi	Group D	F			
17	Zoramnghina	Group D	M			
18	Pachhunga	Group D	M			
19	C Lalthakima	Group D	M			
20	R. Lalngaihzuai	Group D	F			
21	F Lalmuankimi	Group D	F			
22	R Zonunmawia	Group D	M			
23	Vanlalchhuana	Group D	M			
24	S. Lalthuama	Group D	M			
25	Malsawmtluangi	Group D	F			
26	Zodinpuui	Group D-PE	F			
27	K Lalremruati	Group D	F			

5. Staff position (External/ Guest Lecturer)

Sl/ No	Year	Name	Gender	Educational Qualification	Subject	Total
1	1 st Semester	1.Jennifer Lalthanzuali Ralte	F	M.Sc Psychology	Applied Psychology	3
		2.Dr. Lalthansangi Fanai	F	Ph.D English	Communicative English	
		3. Immanuel Lalbiaktluanga	M	M.A Sociology	Applied Sociology	
2	2 nd Semester	1.Saitluangpuii Sailo	F	M. Sc (Food Service Management &Dietetics), UGC-NET	Applied Nutrition& Dietetics	3
		2. Zorinpuia	M	MSc. Medical Biochemistry	Applied Biochemistry	
		3. R Lalthazoa	M	BA Hons, DCA, Certificate in hardware and networking	Health/Nursing Informatics & Technology	
3	3 rd Semester	1.Caroline Malsawmtluangi	F	M. Pharmacology	Pharmacology-I	4
		2. Dr. Gracy Laldinmawii	F	MD Microbiology	Microbiology	
		3. Dr. Lalchampuui	F	MD Microbiology	Microbiology	
		4. Dr.Lalnunsiami	F	MD Pathology	Pathology-I	
4	4 th Semester	1. Lalbikzuala	M	M.Sc. Biotechnology	Genetics	3
		2. Caroline Malsawmtluangi	F	M. Pharmacology	Pharmacology-II	
		3. Catherine Lalremruati	F	MSc.MLT	Pathology-II	
5	3 rd year	-	-	-	-	
6	4 th year	-	-	-	-	

6. Areas of Clinical Supervision by the Teaching faculty

Year	Subject	Areas	Name of Supervisors
1 st Semester & 2 nd Semester	1. Nursing Foundation I including First Aid module 2. Nursing Foundation II including Health Assessment module	Orthopaedic ward, Male & Female Surgical Wards, Male & Female Medicine Wards	1.Zulvelin VL Rosangi 2.C.Laldinthari 3. Lalremruati Hnamte 4.Vanlaldingchhuaki 5. Lalhruaitluangi Pachuau
3 rd Semester	1.Adult Health Nursing-I	Male & Female Medical Wards, Orthopaedic Ward, Male & Female Surgical Wards, Skin OPD, Cardiology, Surgical & Orthopedic OT	1.Lalramengi Kaipeng 2.Lalrintluangi 3. Lalthianghlimi 4. Lalrinchhani Kawlni 5.Zosangliani

4 th Semester	1. Adult Health Nursing-II	Male & Female Medical Wards, Male & Female Surgical Wards, Dialysis, MSCI, Emergency Dept, Burn Unit, EYE ward & OPD, OT, ENT Ward & OPD, ICU- Surgical & Medical	1.Lalrintluangi 2. Zosangliani 3.Malsawmdawngkimi 4. Lalthianghlimi 5. Lalrinchhani Kawlnei
5 th Semester	1. Child Health Nursing-II	Paediatric Ward, Neonatal Intensive Care Unit, Surgical Wards	1.Florence Lalthanzuali 2. Vida Lalrinchhani
	2. Community Health Nursing I	Urban- Falkawn SC, Muallungthu SC, Melrait SC Rural- Thingsulthliah PHC, Seling SC, Tlangnuam SC, Thingsulthliah SC, Tlungvel SC	1.Lalfakawmi Fanai 2. Florence Lalthanzuali
	3.Mental Health Nursing-I	Psychiatric Ward & OPD at Kulikawn Hospital, Child Guidance Canter	1.R Lalruatkimi 2.Vida Lalrinchhani
6 th Semester	1. Child Health Nursing-II	Paediatric Ward, Neonatal Intensive Care Unit, Surgical Wards	1.Florence Lalthanzuali 2. Vida Lalrinchhani
	2. Mental Health Nursing-II	Psychiatric Ward & OPD at Kulikawn Hospital, LGBRIMH Tezpur, Child Guidance Canter	1. R Lalruatkimi 2. Vida Lalrinchhani
	3. Obstetric and Gynecological Nursing-I	Maternity & Postnatal Ward, Gynaecological Ward, Labour Room, MCH	1.Laldingliani Sailo 2.Lalremmawii Ralte
7 th Semester	1.Obstetric and Gynecological Nursing-II	Maternity & Postnatal Ward, Gynaecological Ward, Gynaecological Operation Theatre, Family Planning, Maternal & Child Health Clinic, NCD, Labour Room, NICU.	1.Laldingliani Sailo 2. Lalremmawii Ralte
	2.Community health Nursing-II	Melriat SC, Muallungthu HWC, Falkawn clinic, Aibawk & Sateek SC, Thingsulthliah PHC, Selling SC,	1.Eaudi Pachuau 2. Helen Lalthianghlimi Sailo
8 th Semester	Internship Community Health Nursing-4 weeks	Muallungthu HWC, Falkawn Clinic	1.Laldingliani Sailo 2. Lalremmawii Ralte 3.Helen Lalthianghlimi Sailo 4.Eaudi Pachuau
	Adult Health Nursing-6 weeks	Civil Hospital, Aizawl 1. Maternity Ward 2.Gynecology Ward I	

	Child Health Nursing- 4 weeks	3.Gynaecology Ward II 4.Maternal & Child Health Clinic	
	Mental Health Nursing- 4 weeks	Zoram Medical College : 1.Medicine Wards 1-4 2. Paediatric Ward 3.Respiratory ward 4.Psychiatric ward 5.Psychiatric OPD 6. Gynaecology Ward 7. Maternity Ward	
	Midwifery- 4 weeks		

7. Course Offered: B. Sc Nursing

Year	Code	Subject	Hours		Total hours	Subject in-charge
			Theory	Practical		
1 st Semester	ENGL 101	Communicative English	40		40	Dr. LalthansangiFanai
	ANAT 105	Applied Anatomy	60		60	Zosangliani Vanlaldingchhuaki
	PHYS 110	Applied Physiology	60		60	
	SOCI 115	Applied Sociology	60		60	Immanuel Lalbiaktluanga
	PSYC 120	Applied Psychology	60		60	Jennifer Lalthanzuali Ralte
	N-NF (I) 125	Nursing Foundation I including First Aid module	120	80 lab + 160 clinics	360	Zulvelin VL Rosangi C.Laldinthari Lalremruati Hnamte Lalhruaitluangi Pachauau
	SSCC (I) 130	Self Study/ Co-curriculum Mandatory Module- First Aid as Part of Nursing Foundation I course Elective Module- -Human Values -Diabetes Care -Soft Skills			40	
2 nd Semester	BIOC 135	Applied Biochemistry	40		40	Zorinpuia
	NUTR 140	Applied Nutrition & Dietetics	60		60	Saitluangpuii Sailo
	N-NF (II) 125	Nursing Foundation II including Health Assessment module	120	120 lab + 320 clinics	560	Zulvelin VL Rosangi C.Laldinthari LalremruatiHnamte Vanlaldingchhuaki Lalhruaitluangi Pachauau
	HNIT 145	Health/Nursing Informatics & Technology	40	40	80	

	SSCC (II) 130	Self Study/ Co-curriculum Mandatory Module- Health Assessment as Part of Nursing Foundation II course			40 20 +	R Lalthazova
3 rd Semester	MICR 201	Applied Microbiology & Infection control including safety	40	40	80	Dr. Gracy Laldinmawii Dr.Lalchampuui Lalramengi Kaipeng Lalrinchhani Kawlni
	PHAR (I) 205	Pharmacology I	20		20	Caroline Malsawmtluangi
	PATH (I) 210	Pathology I	20		20	Dr. Lalnunsiami
	N-AHN (I) 215	Adult Health Nursing-I with integrated pathophysiology including BCLS module	140	480 + Skills lab -40	660	Lalramengi Kaipeng Lalrintluangi Zosangliani Lalthianghlimi Lalrinchhani Kawlni
	SSCC (I) 220	Self-study/ Co-curricular Mandatory Module- BCLS as part of AHN I			20	Lalrintluangi
4 th Semester	PHAR (II) 205	Pharmacology II including Fundamentals of prescribing module	60		60	Caroline Malsawmtluangi
	PATH (II) 210	Pathology II & Genetics	20		20	Catherine Lalremruati Lalbikzuala
	N-AHN (II) 225	Adult Health Nursing II with integrated pathophysiology including Geriatric Nursing + Palliative care module	140	480 + Skills lab- 40	660	Lalrintluangi Zosangliani Malsawmdawngkimi Lalthianghlimi Lalrinchhani Kawlni
	PROF 230	Professionalism, Professional values & Ethics including bioethics	20		20	Lalrintluangi
	SSCC (II) 220	Self-Study/ Co-curricular Mandatory Module- -Fundamentals of prescribing under Pharmacology II -Palliative care module under AHN II			40	Lalrinchhani Kawlni Malsawmdawngkimi

5 th Semester	N-CHN(I) 301	Child Health Nursing I including Essential Newborn Care (ENBC), FBNC, IMNCI & PLS, modules	60	160 + Skills lab- 40	260	Lalfakawmi Fanai Florence Lalthanzuali Vida Lalrinchhani
	N-MHN(I) 305	Mental Health Nursing I	60	80	140	R Lalruatkimi
	N-COMH (I) 310	Community Health Nursing I including Environmental Science & Epidemiology	100	160	260	Lalfakawmi Fanai Florence Lalthanzuali Vida Lalrinchhani
	EDUC 315	Educational Technology/Nursing Education	40	Skills lab- 40	80	Lalhriatpuii Varte
	N-FORN 320	Introduction to Forensic Nursing & Indian Laws	20	-	20	Lalhriatpuii Varte
	SSCC (I) 325	Self-study/ Co-curricular			20 + 20	
6 th Semester	N-CHN (II) 301	Child Health Nursing II	40	80	120	
	N-MHN (II) 305	Mental Health Nursing II	40	160	200	
	NMLE 330	Nursing Management & Leadership	60	80	140	Lalfakawmi Fanai Florence Lalthanzuali Vida Lalrinchhani R Lalruatkimi
	N-MIDW (I)/OBGN 335	Midwifery/Obstetrics & Gynaecology (OBG) Nursing I including SBA module	60 + Skills lab-40	240	340	Laldingliani Sailo Lalremmawii Ralte
	SSCC (II) 325	Self study/Co-curricular	-	-		
7 th Semester	N-COMH (II) 401	Community Health Nursing II	100	160	260	
	NRST 405	Nursing Research & Statistics	40+skil ls lab 80 (Project -40)	-	120	Laldingliani Sailo Helen Lalthianghlimi Sailo Lalremmawii Ralte Eaudi Pachuau
	N-MIDW (II)/ OBGN 410	Midwifery/Obstetrics & Gynaecology(OBG) Nursing II including Safe Delivery app module	60 + skills lab 40	320	420	

		Self study/Co-curricular	-	-	-	
8 th Semester (Internship)	INTE 415	Community Health Nursing- 4 weeks				
	INTE 420	Adult Health Nursing- 6 weeks				
	INTE 425	Child Health Nursing- 4 weeks				
	INTE 430	Mental Health Nursing- 4 weeks				
	INTE 435	Midwifery- 4 weeks				
		Total- 22 weeks				
					1056 (4 hrs x 22 weeks = 88hrs x 12 credits = 1056 hrs) 48hrs x 22 weeks)	Laldingliani Sailo Helen Lalthianghlimi Sailo Lalremmawii Ralte Eaudi Pachuau

8. Students' Strength

Yearly intake capacity: 30

Year	Gender		Category					No. of vacant seats	Total no. of students
	Male	Female	Gen	ST	SC	OBC	SEBC		
1 st & 2 nd Semester	1	29	-	30	-	-	-	-	30
3 rd & 4 th Semester	8	28	4	30	2	-	-	-	36
5 th & 6 th Semester	7	26	2	29	-	1	1	-	33
7 th & 8 th Semester	3	27	1	28	1	Nil	Nil	Nil	30

9. Training Programmes attended by Teaching Faculty during 2024-2025 session

No. of faculty who has attended training:

S/No	Name of faculty	Name of training attended	Venue & Date	Organised By
1	Eaudi Pachuau	Screening & prevention of	Online	ECHO India
2	Lalrinchhani Kawlani	Haematological Cancer	10/8/2024	

3 4 5 6 7	Laldingliani Sailo Lalduhsaki Lalrintluangi Zulvelin VL Rosangi Florence Lalthanzuali	Workshop for Principals & Teaching faculties of colleges of nursing	Training Hall, MNC, MINECO 26/8/2024-27/8/2024	Mizoram Nursing Council
8	Lalremmawii Ralte	Breast cancer prevention & early detection	Online 29/8/2024	ECHO India
9 10 11	Lalremmawii Ralte Eaudi Pachuau C Laldinthari	ECHO cancer Mukht Bharat-The evolving role of cancer surgery in the current era: Pushing the boundaries	Online 30/8/2024	ECHO India
12	Eaudi Pachuau	Training on online purchase of goods through GeM portal	DHME Hall, MINECO 13/9/2024	DHME, GOM
13 14	Florence Lalthanzuali Lalhrualtuangi Pachuau	One day training of nodal officers, Red Ribbon club	Whitestone Conference Hall, Aizawl 24/9/2024	Red Ribbon club, MSACS
15	Laldingliani Sailo	Cervical cancer prevention, detection & Awareness capacity building programme ECHO for nurses (Participated as co-ordinator)	Online 4/7/2024-25/9/2024	MCON with ECHO India
16 17	C Laldinthari Eaudi Pachuau	ECHO cancer Mukht Bharat-Prevention & screening of cervical cancer	Online 27/9/2024	ECHO India
18 19	Laldingliani Sailo C Laldinthari	National CME on Research Methodology	AIIMS, Rajkot, Gujarat 17/10/2024-18/10/2024	AIIMS Rajkot Research Cell with ECHO India
20	R Lalruatkimi	Statistics made easy: Basics to advanced biostatistical online SPSS series (Season-2)	Online 21/10/2024-28/10/2024	AIIMS-Rishikesh, NINE-PGIMER, Chandigarh, IAMBSS, IFU-Uttarakhand, NSDF-Shimla, Uibha
21 22 23 24	Lalremmawii Ralte Eaudi Pachuau C Laldinthari Lalhrualtuangi Pachuau	ECHO cancer Mukht Bharat-Breast cancer Prevention & early detection	Online 29/10/2024	ECHO India
25 26	Lalremmawii Ralte C Laldinthari	ECHO cancer Mukht Bharat-Cervical cancer & Vaccination	Online 28/11/2024	ECHO India

27	Lalrintluangi	Final hour AQAR filing	Online 2/12/2024- 4/12/2024	White Code with IQAC Cluster India
28	Lalremmawii Ralte	ECHO cancer Mukht Bharat- Preventive care for cancer in women	Online 24/12/2024	ECHO India
29	Lalrinchhani Kawlni	Best practices in maternal & newborn care program- Human rights in child birth, RMS	Online 23/1/2025	ECHO India with Fernandez Hospital Educational & Research Foundation with Aastrika Foundation
30	Florence Lalthanzuali	Global Educational workshop on 'Breaking exam barriers: Supporting neurodiverse students with cognitive strategies	Online 23/1/2025	Energia Wellbeing Pvt.Ltd
31	C Laldinthari	Implementing respectful maternity care in healthcare facilities	Online 24/1/2025	White Ribbon Alliance with Aastrika Foundation
32 33 34 35 36 37 38	Lalthianghlimi Vanlaldingchhuaki Lalrinchhani Kawlni Florence Lalthanzuali R Lalruatkimi- Coordinator Eaudi Pachuau- Clerical Assistant Zosangliani	Training of nurse educators (A training series under the scheme 'Development of Nursing Services' funded by MoH&FW, GOI)	MCON classroom, Civil Hospital, Aizawl 3/2/2025- 10/2/2025	Mizoram College Of Nursing
39	Florence Lalthanzuali	2 days national level Online FDP on Entrepreneurship, Innovation & IPR	Online 4/2/2025- 5/2/2025	Ministry of Education's Innovation Cell and AICTE
40	Florence Lalthanzuali	Global education workshop on 'From deficit to discovery: Transforming learning & behaviour in ADHD & dysthymia with cognitive training	Online 12/2/2025	Energia Wellbeing Pvt.Ltd
41 42 43 44 45 46 47 48 49 50 51 52 53	Malsawmdawngkimi Zosangliani Helen Lalthianghlimi Sailo Vanlaldingchhuaki C Laldinthari Lalfakawmi Fanai Eaudi Pachuau Lalremruati Hnamte Lalhriatpuii Varte Lalhruaitluangi Pachuau Florence Lalthanzuali R Lalruatkimi Lalramengi Kaipeng	Professionalism among nurses "Professional skills capacity building program"	Online 21/2/2025	Mizoram College Of Nursing

54	Lalremmawii Ralte			
55	Laldingliani Sailo			
56	Malsawmdawngkimi	Masterclass on oncology nutrition certificate	Online 23/2/2025	BeMedic Academy with Skill India
57	Vanlaldingchhuaki	Cancer survivorship- Life	Online	ECHO India
58	C Laldinthari	after treatment	27/2/2025	
59	Lalremmawii Ralte			
60	Lalremmawii Ralte	International Women's day celebration Theme- Accelerate Action	Online 8/3/2025	Nursing Teachers Assn.of India, Delhi with ECHO India
61	Lalremruati Hnamte			
62	Lalramengi Kaipeng			
63	C Laldinthari			
64	Lalthianghlimi			
65	Lalfakawmi Fanai			
66	Helen Lalthianghlimi Sailo			
67	Lalrintluangi			
68	Eaudi Pachuau			
69	Vanlaldingchhuaki			
70	Florence Lalthanzuali			
71	C Laldinthari	Gender equity issues in the National Health Mission	Online 11/3/2025	SAKSHAM with NIHFV
72	R Lalruatkimi	Dte.GHS Mental health champion ECHO TOT Program	Online 10/1/2025-11/3/2025	Dte. Of general health services, MOHFW, GOI with ECHO India
73	Lalduhsaki			
74	Lalthianghlimi	The impact of lifestyle & nutrition on cancer prevention	Online 20/3/2025	ECHO India
75	Lalrintluangi			
76	Malsawmdawngkimi	Sensitization of health care workers in basics of Airborne infection prevention & control in alignment with World TB Day	Online 21/3/2025	National Institute of TB & Respiratory Diseases with ECHO India
77	Lalrintluangi	Certificate course on 'Ethics in the teaching profession' Capacity building of faculty	Online 21/3/2025-25/3/2025	Malaviya Mission Teacher Training Programme (MMTP) with IIT, Madras
78	Eaudi Pachuau	OSCE & OSPE in Nursing Education	Online 26/3/2025	Bihar nurse registration council with Jhpeigo
79	Laldingliani Sailo			
80	Lalrintluangi			
81	Malsawmdawndkimi			
82	Lalremruati Hnamte			
83	R Lalruatkimi			
84	Zosangliani			
85	C Laldinthari			
86	Florence Lalthanzuali			
87	Lalhruaitluangi Pachuau			
88	Helen Lalthianghlimi Sailo			

89	Florence Lalthanzuali	Promoting health aging- Best practices in menopausal care	Online 26/3/2025	FIGO
90	C Laldinthari	TOT on Prevention of Sexual Harassment (PoSH) Act, 2013	Dawrpui Multipurpose Centre, Aizawl 26/3/2025	Mizoram State Legal Services Authority (SLSA) with Dte.of Women & Child Development (WCD)
91	Lalrinchhani Kawlni	Best practices in maternal & newborn care program- Role of nutrition in Anaemia	Online 3/4/2025	Fernandez Hospital Educational & Research Foundation & Aastrika Foundation with ECHO India
92	Lalramengi Kaipeng	World Health Day celebration- Theme- Respectful maternal care Topic- Healthy beginnings, hopeful future	Online 9/4/2025	Nursing Teachers Assn.of India, Delhi with ECHO India
93 94 95	Zulvelin VL Rosangi Malsawmdawngkimi C Laldinthari	KSOGA Women's Health Matters Topic- Gestational Diabetes care: Healthcare Provider Role in maternal health	Online 10/4/2025	Karnataka State Obstetric & Gynaecology Assn. with ECHO India
96 97 98 99	Lalramengi Kaipeng Lalrintluangi Malsawmdawngkimi C Laldinthari	Emotional & holistic wellbeing: For educator's personal & professional enrichment	Online 12/4/2025	Scrollwell with WeARise
100 101 102 103 104 105 106	Malsawmdawngkimi Lalremruati Hnamte Lalremmawii Ralte Eaudi Pachuau Zosangliani Vanlaldingchhuaki Lalthianghlimi	Fatty liver: Know it, Prevent it, Reverse it	Online 17/4/2025	Rufaida College of Nursing, Jamia Hamdard with ECHO India
107	C Laldinthari	Save a life certification -CPR, AED & First Aid Course -Basic cardiac life support course -Bloodborne pathogens course	Online 18/4/2025	National Health Care Provider Solution (NHCPs)
108	Lalrintluangi	Save a life certification -Basic cardiac life support course	Online 30/4/2025	National Health Care Provider Solution (NHCPs)
109 110	Lalthianghlimi Eaudi Pachuau	Role of Primary Care physicians in cancer care	Online 30/4/2025	ECHO India
111	Lalthianghlimi	Investing in nurses, investing in health: Empowering the future of health care	Academic Block III, RIPANS 14/5/2025-15/5/2025	2 nd Yr, MSc. Nursing, RIPANS

112	Lalthianghlimi	International Webinar on	Online	AIIMS, CON, New Delhi
113	Eaudi Pachuau	Dual Diagnosis	17/5/2025	with ECHO India
114	Lalremmawii ralte	KSOGA Women's Health	Online	Karnataka State Obstetric &
115	Malsawmdawngkimi	Matters-	19/5/2025	Gynaecology Assn. with
116	Lalremruati Hnamte	Hypertension in pregnancy		ECHO India
117	Vanlaldingchhuaki	Physical wellbeing &	Online	ECHO India
118	Lalremmawii ralte	survivorship : Evidence	27/5/2025	
119	Eaudi Pachuau	based strategies		
120	Lalhriatpuii Varte	Substance use disorder: Global perspectives, local challenges & integrated solutions (RCI-Accredited)	Online 29/5/2025- 30/5/2025	Dept.of Clinical Psychology, School of medical & paramedical sciences, MZU
121	Laldingliani Sailo			
122	Lalrintluangi			
123	Malsawmdawngkimi			
124	Zulvelin VL Rosangi			
125	R Lalruatkimi (Chairperson)			
126	Lalfakawmi Fanai			
127	Lalduhsaki			
128	R Lalruatkimi	Fire Safety Education & Fire Drill	MCON Campus 12/6/2025	Mizoram College Of Nursing with Fire & Emergency Services Dept, GOM
129	Lalduhsaki			
130	Helen Lalthianghlimi			
131	Lalhriatpuii Varte			
132	Zulvelin VL Rosangi			
133	Lalfakawmi fanai			
134	Lalrintluangi			
135	Laldingliani Sailo			
136	C Laldinthari			
137	Zosangliani			
138	Lalremruati Hnamte			
139	Lalremmawii Ralte			
140	Eaudi Pachuau			
141	Malsawmdawngkimi			
142	Vida Lalrinchhani			
143	Lalthianghlimi			
144	Lalhruaitluangi Pachuau			
145	Florence Lalthanzuali			
146	Lalrinchhani Kawlni- Coordinator			
147	Lalremmawii Ralte	Facing the frontlines:Managing Head & Neck cancer and crucial roles of primary care physicians in India	Online 25/6/2025	ECHO India
148	Helen Lalthianghlimi	Quality Management System Internal Auditor Training Course (Based on ISO 9001:2015 & ISO 19011:2018 standards)	Inservice Hall, MCON 26/6/2025- 28/6/2025	MCON with National Board of Quality Promotion
149	Lalhriatpuii Varte			
150	Zulvelin VL Rosangi			
151	Reia			
152	R Lalruatkimi			
153	Laldingliani Sailo			
154	Lalrintluangi			
155	Malsawmdawngkimi			
	C Laldinthari			

156	Lalremruati Hnamte	An extra M extended learning ECHO for nurses program	Online 11/4/2025- 24/6/2025	AN extra M with ECHO India
157 158	Lalrintluangi Laldingliani	Writing successful research funding proposals: Tips & Techniques	Online 23/6/2025- 28/6/2025	Dept. of Comp. Science & Engineering, Tirumala Engineering College
159	Lalramengi Kaipeng	Exploring advances in tools & techniques of evaluation in nursing services	Online 15/1/2025- 10/7/2025	Nursing Teachers Assn.of India with ECHO India
160	Lalrinchhani Kawlni	Oral cancer & premalignant disorders: Risk factors, screening & role of technology	Online 19/7/2025	ECHO India
161	Lalrintluangi	Online certificate course for diabetes educators	Online 30/7/2025	Chellaram Diabetes Institute

10. Training Programmes attended by Non- Teaching Staff

No. of Non-teaching staff who has attended training:

SI No	Name of Non-teaching staff	Topic	Date & Venue	Funding Agency
1.	Engthanzuali	14 th Mandatory foundation training for Group C officials	9/9/2024- 20/9/2024 Administrative Training Institute	
2	Lalngakzuala	Training on online purchase of goods through GeM portal	13/9/2024 DHME Hall, MINECO	
3	Zirsangliana Sailo	Access to ONOS (One nation, one subscription)	22/4/2025- 23/4/2025 MZU Central Library	
4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22	Zirsangliana Sailo Engthanzuali Lalngakzuala C Lalremsiama Rallianzuala Lalngaihthangi Vanlalpari Zadok Lalhlipua Zoramnghina C Lalramsangi Engzikpuii T Sairengpuii Lalringzova Malsawmtluangi Lallawmkima F Lalmuankimi Zodinpuii Laltlanenga C Lalthakima	Fire Safety Education & Fire Drill	MCON Campus 12/6/2025	
23	HB Pachhunga	17 th Mandatory training for Group D staffs	13/6/2025 Administrative Training Institute	

24	Engthanzuali	Quality Management	26/6/2025-	
25	PB Lalruatpuii	System Internal Auditor	28/6/2025	
26	Zirsangliana Sailo	Training Course (Based on ISO 9001:2015 & ISO 19011:2018 standards)	Inservice Hall, MCON	

11. Details of Faculty participating as resource person in Trainings & Workshops

Sl. No.	Name of Faculty	Topic Presented	Name of Workshop	Date & Venue	Organizer
1	Zulvelin VL Rosangi	-1 st & 2 nd Semester Syllabus	Workshop on Principals & teaching faculties of colleges of nursing	2/8/2024-27/8/2024 Training Hall, MNC, MINECO	Mizoram Nursing Council
2	Lalrintluangi	-3 rd & 4 th Semester Syllabus			
3	Florence Lalthanzuali	-5 th & 6 th Semester Syllabus			
4	Laldingliani Sailo	-7 th & 8 th Semester Syllabus			
5	Lalrinchhani Kawlai	-BLS, Menstrual Hygiene, FBAO, Burns	Training on First Aid	30/8/2024 SAINIK School Hall, Chhingchhip	SAINIK school, Chhingchhip
6	Lalhruaitluangi Pachau	-Fracture, Bleeding, Poisoning			
7	Laldingliani Sailo	(Panelist for group discussion)	ECHO India cancer prevention, detection & awareness capacity building initiatives for nurses dissemination & experience sharing meet	18/10/2024 New Delhi	ECHO India
8	Lalduhsaki	Scientific paper writing- Topic- Level of stress among nursing students in selected nursing institutions of Mizoram	TNAI Diamond Jubilee Souvenir (1964-2024)	18/10/2024 TNAI Souvenir	TNAI Mizoram Branch
9	Lalduhsaki	-Quality assurance & benchmarking in Nsg education - Leadership -ICT in Nsg education	Development of nursing services Course 1: Training of Nursing Educators	3/2/2025 4/2/2025 8/2/2025 MCON Classroom, Civil Hospital, Aizawl	Mizoram College Of Nursing

10	Helen Lalthianghlimi Sailo	-Supervision -Accreditation-Inspection	Course 1: Training of Nursing Educators	3/2/2025 5/2/2025	Mizoram College Of Nursing
11	Lalhriatpuii Varte	-Staff development & welfare -Clinical learning environment -Lesson Plan	Course 1: Training of Nursing Educators	3/2/2025 5/2/2025 10/2/2025	Mizoram College Of Nursing
12	R Lalruatkimi	-Responsibilities of a nurse teacher (Teaching faculty) -Adjustment problems in nursing students	Course 1: Training of Nursing Educators	4/2/2025 6/2/2025	Mizoram College Of Nursing
13	Lalremmawii Ralte	-Performance evaluation/assessment of learner -Role of placement cell & career guidance for nursing students	Course 1: Training of Nursing Educators	4/2/2025 10/2/2025	Mizoram College Of Nursing
14	Zulvelin VL Rosangi	-Guidance & grievance redressal in nursing education institution -Critical reviews of published research -Types of learner: Today's generation -Rotation plan	Course 1: Training of Nursing Educators	4/2/2025 7/2/2025 8/2/2025 10/2/2025	Mizoram College Of Nursing
15	Lalrintluangi	-Clinical teaching strategies -Evidence based teaching -IQAC at a nursing education institution	Course 1: Training of Nursing Educators	5/2/2025 7/2/2025 8/2/2025	Mizoram College Of Nursing
16	Laldingliani Sailo	-OSCE/OSPE -Mentoring at nursing education institution -Self directed learning & nursing students	Course 1: Training of Nursing Educators	5/2/2025 6/2/2025 8/2/2025	Mizoram College Of Nursing
17	Lalfakawmi Fanai	-Curriculum Planning	Course 1: Training of Nursing Educators	10/2/2025	Mizoram College Of Nursing
18	Lalduhsaki	Professionalism among nurses	MCON Professionalism skills capacity building program ECHO for nurses in Mizoram	21/2/2025	Mizoram College Of Nursing with ECHO India
19	Helen Lalthianghlimi Sailo	-Supervisory role of nurse administrators -Continuing nursing education	Development of nursing services Course 2: Training for	24/2/2025 26/2/2025 1/3/2025 MCON classroom,	Mizoram College Of Nursing

		-Evidence based practice in nursing	Nurse Administrators	Civil Hospital, Aizawl	
20	Lalrintluangi	-Financial Management -Antibiotic policy-Adult Health -Health System strengthening projects	Course 2: Training for Nurse Administrators	24/2/2025 28/2/2025 3/3/2025	Mizoram College Of Nursing
21	C Laldinthari	-Patient safety & quality patient care -Conflict resolution -IPHS guidelines for HWC-SHC	Course 2: Training for Nurse Administrators	24/2/2025 26/2/2025 28/2/2025	Mizoram College Of Nursing
22	Zulvelin VL Rosangi	-Advanced patient care techniques -Legal issues in clinical settings -Staff development & welfare	Course 2: Training for Nurse Administrators	24/2/2025 26/2/2025 1/3/2025	Mizoram College Of Nursing
23	Lalremmawii Ralte	-Importance of research in clinical settings - Antibiotic policy-Paediatrics -Verbal & non-Verbal soft skills at clinical settings	Course 2: Training for Nurse Administrators	24/2/2025 28/2/2025 3/3/2025	Mizoram College Of Nursing
24	Lalhriatpuii Varte	-Time management -Nursing informatics & data management -National Health Policy	Course 2: Training for Nurse Administrators	25/2/2025 27/2/2025 3/3/2025	Mizoram College Of Nursing
25	R Lalruatkimi	-Manpower management -Importance of technology in clinical settings -RMNCH + N	Course 2: Training for Nurse Administrators	25/2/2025 27/2/2025 3/3/2025	Mizoram College Of Nursing
26	Malsawmdawngkimi	-Advocacy in clinical settings -IPHS guidelines for District Hospitals -National quality assurance standards	Course 2: Training for Nurse Administrators	25/2/2025 27/2/2025 1/3/2025	Mizoram College Of Nursing
27	Lalfakawmi Fanai	-Advocacy in community health care settings -IPHS guidelines for PHC -Decision making -Nurse led health promotion program	Course 2: Training for Nurse Administrators	25/2/2025 27/2/2025 28/2/2025 3/3/2025	Mizoram College Of Nursing
28	Florence Lalthanzuali	-Advocacy for student nurses at clinical settings -IPHS Guidelines for CHC -LaQshya guidelines	Course 2: Training for Nurse Administrators	25/2/2025 27/2/2025 1/3/2025	Mizoram College Of Nursing

29	Zosangliani	-Ethical issues in clinical settings -Antibiotic policy-community settings	Course 2: Training for Nurse Administrators	26/2/2025 28/2/2025	Mizoram College Of Nursing
30	Lalthianghlimi	-Communication barriers & resolutions -Initiatives on PMSMA to improve maternal and newborn care	Course 2: Training for Nurse Administrators	26/2/2025 1/3/2025	Mizoram College Of Nursing
31	Lalduhsaki	-Stress management in work place	Course 2: Training for Nurse Administrators	1/3/2025	Mizoram College Of Nursing
32	Lalduhsaki	-Stress management	Development of nursing services Course 3: Training for Nursing officers- 1 st Batch	10/3/2025 MCON Classroom, Civil Hospital, Aizawl	Mizoram College Of Nursing
33	Helen Lalthianghlimi Sailo	-Importance of research in clinical settings -Time management -Continuing nursing education	Course 3: Training for Nursing officers- 1 st Batch	10/3/2025 13/3/2025 17/3/2025	Mizoram College Of Nursing
34	Lalhriatpuii Varte	-Advance patient care techniques -Financial management -Management of shock	Course 3: Training for Nursing officers- 1 st Batch	10/3/2025 11/3/2025 17/3/2025	Mizoram College Of Nursing
35	Laldingliani Sailo	-LaQshya & SBA -High risk pregnancy management -Evidence based practice in nursing	Course 3: Training for Nursing officers- 1 st Batch	10/3/2025 13/3/2025 17/3/2025	Mizoram College Of Nursing
36	Lalthianghlimi	-Rational use of O2 administration -Emergency management of common medical problems -Advanced life support	Course 3: Training for Nursing officers- 1 st Batch	10/3/2025 12/3/2025 17/3/2025	Mizoram College Of Nursing
37	Zulvelin VL Rosangi	-Nursing informatics & data management -Decision making -Neonatal resuscitation	Course 3: Training for Nursing officers- 1 st Batch	10/3/2025 12/3/2025 14/3/2025	Mizoram College Of Nursing

38	Lalfakawmi fanai	-Advocacy in Community health care settings -Importance of technology in nursing -Scope of clinical research	Course 3: Training for Nursing officers- 1 st Batch	11/3/2025 14/3/2025 17/3/2025	Mizoram College Of Nursing
39	Malsawmdawngkimi	-Nurse quality indicators -Pressure injury-prevention, assessment & Management -Palliative care	Course 3: Training for Nursing officers- 1 st Batch	11/3/2025 12/3/2025 15/3/2025	Mizoram College Of Nursing
40	Vanlaldingchhuaki	-Conflict resolution -Ostomy & peritoneal dialysis care -Mentoring student nurses at clinical setting	Course 3: Training for Nursing officers- 1 st Batch	11/3/2025 12/3/2025 13/3/2025	Mizoram College Of Nursing
41	Lalrinchhani Kawlnei	-Fluid & electrolyte imbalance -Patient safety & patient rights -Sterile technique & Biomedical Waste Management	Course 3: Training for Nursing officers- 1 st Batch	10/3/2025 14/3/2025 15/3/2025	Mizoram College Of Nursing
42	Florence Lalthanzuali	-Communication barriers & resolutions -Forensic nursing in India -Patient education role of nurse	Course 3: Training for Nursing officers- 1 st Batch	12/3/2025 14/3/2025 15/3/2025	Mizoram College Of Nursing
43	Lalremmawii Ralte	-Postpartum care -Safe infusion practices -Medical management	Course 3: Training for Nursing officers- 1 st Batch	13/3/2025 14/3/2025 15/3/2025	Mizoram College Of Nursing
44	R Lalruatkimi	-Soft skills	Course 3: Training for Nursing officers- 1 st Batch	15/3/2025	Mizoram College Of Nursing
45	Helen Lalthianghlimi Sailo	-CNE -Time management -Importance of research in nursing	Development of nursing services- Course 4: Training for Nursing officers- 2 nd Batch	17/3/2025 19/3/2025 21/3/2025	Mizoram College Of Nursing
46	Lalfakawmi Fanai	-Advocacy in community health care settings -Scope of clinical research -Importance of technology in nursing	Course 4: Training for Nursing officers- 2 nd Batch	17/3/2025 21/3/2025 24/3/2025	Mizoram College Of Nursing

47	Lalhriatpuii Varte	-Financial management -Advanced patient care techniques -Management of shock	Course 4: Training for Nursing officers- 2 nd Batch	17/3/2025 20/3/2025 24/3/2025	Mizoram College Of Nursing
48	Malsawmdawngkimi	-Nurse quality indicators -Pressure injury-prevention, assessment & management -Palliative care	Course 4: Training for Nursing officers- 2 nd Batch	17/3/2025 20/3/2025 22/3/2025	Mizoram College Of Nursing
49	Florence Lalthanzuali	-Patient education role of nurse -Communication-barriers & resolutions -Forensic nursing in India	Course 4: Training for Nursing officers- 2 nd Batch	17/3/2025 19/3/2025 24/3/2025	Mizoram College Of Nursing
50	Zulvelin VL Rosangi	-Nursing informatics & data management -Decision making -Neonatal resuscitation	Course 4: Training for Nursing officers- 2 nd Batch	18/3/2025 19/3/2025 22/3/2025	Mizoram College Of Nursing
51	Lalrinchhani Kawlai	- Fluid & electrolyte imbalance -Patient safety & patient rights -Sterile technique & BWM	Course 4: Training for Nursing officers- 2 nd Batch	18/3/2025 21/3/2025 22/3/2025	Mizoram College Of Nursing
52	Lalthianghlimi	-Emergency management of common health problems -Rational use of O2 administration -Advanced Life support	Course 4: Training for Nursing officers- 2 nd Batch	18/3/2025 20/3/2025 24/3/2025	Mizoram College Of Nursing
53	Vanlaldingchhuaki	Ostomy & peritoneal dialysis care -Conflict resolution -Mentoring student nurse at clinical settings	Course 4: Training for Nursing officers- 2 nd Batch	18/3/2025 19/3/2025 20/3/2025	Mizoram College Of Nursing
54	Lalrintluangi	-Processing of instruments -Medication management -Safe infusion practices	Course 4: Training for Nursing officers- 2 nd Batch	18/3/2025 21/3/2025 22/3/2025	Mizoram College Of Nursing
55	R Lalruatkimi	-Therapeutic communication -Soft skills	Course 4: Training for Nursing officers- 2 nd Batch	19/3/2025 24/3/2025	Mizoram College Of Nursing

56	Laldingliani Sailo	-Evidence based practice in nursing -LaQshya & SBA	Course 4: Training for Nursing officers- 2 nd Batch	20/3/2025 23/3/2025	Mizoram College Of Nursing
57	Malsawmdawngkimi	Professional development & continuing education	Investing in nurses, Investing in health: Empowering the future of health care	15/5/2025 Academic Block III, RIPANS	2 nd Yr.MSc (N) Students, RIPANS
58	Lalrintluangi (Paper presentation)	Effectiveness of information booklet on home management of common side effects of chemotherapy for the caregivers of cancer patients in Mizoram	Substance use disorder: Global perspectives, local challenges & integrated solutions	29/5/2025- 30/5/2025	Dept.Of clinical Psychology, School of medical & paramedical sciences, MZU
59	Malsawmdawngkimi (Paper presentation)	Effectiveness of video based educational intervention regarding self-management of common side effects of external radiation therapy among the patients of head & neck cancer undergoing external radiation therapy in MSCI	Substance use disorder: Global perspectives, local challenges & integrated solutions	29/5/2025- 30/5/2025	Dept.Of clinical Psychology, School of medical & paramedical sciences, MZU
60	Zosangliani (Paper presentation)	A study to assess the knowledge of nursing personnel regarding use of physical restraints & related practices with a view to develop an information booklet at selected hospital in Kolkata	Substance use disorder: Global perspectives, local challenges & integrated solutions	29/5/2025- 30/5/2025	Dept.Of clinical Psychology, School of medical & paramedical sciences, MZU
61	Laldingliani Sailo (Paper presentation)	Knowledge & attitude regarding sexual health among adolescents in a selected school of Mizoram	Substance use disorder: Global perspectives, local challenges & integrated solutions	29/5/2025- 30/5/2025	Dept.Of clinical Psychology, School of medical & paramedical sciences, MZU
62	Zulvelin VL Rosangi (Paper presentation)	A study to assess the knowledge regarding dehydration in children amongst the mothers in selected wards of Civil Hospital, Aizawl with a view to develop information pamphlet	Substance use disorder: Global perspectives, local challenges & integrated solutions	29/5/2025- 30/5/2025	Dept.Of clinical Psychology, School of medical & paramedical sciences, MZU

63	Lalfakawmi Fanai (Paper presentation)	A comparative study to assess the level of knowledge regarding pneumonia among moyhers of under five children in selected rural & urban area, Mizoram	Substance use disorder: Global perspectives, local challenges & integrated solutions	29/5/2025-30/5/2025	Dept.Of clinical Psychology, School of medical & paramedical sciences, MZU
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12. Name of Training/ Workshop organized by the Institution

Sl No	Date& Venue	Topic	Co-ordinator
1.	27/1/2025 M-Hall, MCON	As part of the Staff Development Programme, Mizoram College of Nursing has organized a training programme for all staffs as follows- No. of Participants: 25 The programme is divided into two sessions- <u>Morning Session- Time: 10:30-12:00pm</u> Topic: Inventory Management Resource person: Mr MD Akil Athar, Procurement & Contract Management Specialist, MHSSSP The Resource person elaborated the topics on procurement management, maintenance of stock register, structure of stock register and coding system. Practical session and discussions followed where hands on guidance were given on our inventory management system. It was a fruitful session. <u>Afternoon Session- Time: 1-2pm</u> Topic: Filing System Resource Person: Mr. F. Lalthanmawia, Deputy Director (A), Dept. of Art & Culture, GOM The resource person discussed about office procedure and filing system. About the use of part file and noting system, file movement system, importance of documentation and maintenance of records. He also stated about the characteristics of archives room. Discussions followed the session and after which the record rooms of the college were identified. Feedback was taken where some stated about time management. This was mainly due to power shortage and the session could not start as scheduled.	Ms. Lalrinchhani Kawlni, Tutor, MCON
2.	Course 1: 3/2/2025-10/2/2025 Conference Hall, Planning Department, Aizawl & MCON Classroom,	Mizoram College Of Nursing has organized a series of training programme on ‘DEVELOPMENT OF NURSING SERVICES’ which is carried out under the scheme of MINISTRY OF H&FW, INDIA <u>Course 1: Training of Nursing Educators</u> No.of participants- 30 <u>Day 1- 3/2/2025</u> Chief Guest- Dr. Vanlalsawma, Principal Director, H&FW Guest of Honour- Mrs.Lalchhanhimi, Jt.Director (N)	Training Co-ordinator- Mrs. R Lalruatkimi, Asst.Professor, MCON Assistant- Ms. Eaudi Pachuau, Tutor, MCON

Civil Hospital, Aizawl	The training started with pre-test and a brief introduction by the training co-ordinator, followed by a speech from the chief guest who inaugurated the training. A training session on topics like 'Management of nursing Education Institution', 'Quality Assurance in nursing education', 'Supervision', 'Effective teaching methods in nursing education' and 'Staff development and welfare' was elaborated by the resource persons where they share knowledge on each topic which is relevant and much needed in the nursing field. A brief discussion followed each session and the day ended with group work. <u>Day 2- 4/2/2025</u> The training coordinator started the training which was followed by a learning session on topics like 'Effective communication: facilitators and barriers to classroom communication', 'Leadership', 'Responsibilities of a nurse teacher/ teaching faculty', 'Performance evaluation/Assessment of learner' and 'Grievance & Grievance redressal in nursing institution' which was both eye opening and interesting. Group work and discussion follows. <u>Day 3- 5/2/2025</u> A brief introduction was followed by a training on topics- 'Construction of Questions', 'Clinical Teaching strategies', 'Clinical learning environment', 'OSCE/OSPE' & 'Accreditation-inspections'. The session was interesting and gave various implications in nursing as well as its application for improving our nursing service in education. A group work on OSCE was done followed by group discussion. <u>Day 4- 6/2/2025</u> After a brief introduction, the training on 'Stress management at workplace', 'Guidance & counseling in nursing educational institution', 'Mentoring in nursing education institution', 'Life skills', 'Adjustment problems in nursing students' was carried out which was insightful and interesting. The session ends with group discussion with the resource persons. <u>Day 5- 7/2/2025</u> The coordinator introduced the resource persons after which a training on 'Writing for Publication', 'Evidence based teaching', 'Software used for nursing research', 'Recent trends in nursing research' & 'Clinical review of published research' was carried out. This was followed by group discussion. <u>Day 6- 8/2/2025</u> The training started with introduction from the coordinator and various topics like "Artificial intelligence and education", "IQAC at a nursing education institution", "Self directed learning	
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		& nursing students”, “ICT in nursing education” & “Types of learner: Today’s generation’ was elaborated by each designated speaker which was very interesting and eye opening. This was followed by discussion & group work. <u>Day 7- 10/2/2025</u> The training started with introduction after which various topics was emphasized by each speaker which was both detailed and interesting. “Critical thinking & problem solving process”, “Lesson Plan”, “Curriculum planning”, “Rotation plan” & “Role of placement cell & career guidance for nursing students’ was elaborated by each designated speaker. This was followed by post test and valedictory session by Mrs.Lalduhsaki, Principal, MCON	
3.	21/2/2025 iECHO platform	<u>MCON Professionalism Skills Capacity Building For Nurses Program ECHO for Nurses In Mizoram</u> No.of participants- 30 Venue- iECHO Platform Resource Person- Mrs. Lalduhsaki, Principal, MCON The programme started with an introduction and welcome speech by Ms.Laldingliani Sailo, Asst.Professor, MCON followed by didactic session by the resource person Mrs.Lalduhsaki, Principal, MCON. The professional etiquettes and other professional duties and responsibilities of nurses in various settings was elaborated and explained. This was followed by discussion and Q&A session and the program ended with vote of thanks by the coordinator.	Ms.Laldingliani Sailo, Asst.Professor, MCON
4.	Course 2: 24/2/2025- 3/3/2025 Conference Hall, Planning Department, Aizawl & MCON Classroom, Civil Hospital, Aizawl	<u>Course 2: Training of Nurse Administrators-</u> No.of participants- 30 <u>Day 1- 24/2/2025</u> Chief Guest- Dr. Lalthlengliani, Director, DHME, H&FW Guest of Honour- Mrs.Lalchhanhimi, Jt.Director, Directorate of Nursing The training started with pre-test and a brief introduction by the training co-ordinator, followed by a speech from the chief guest who inaugurated the training. A training session on topics like ‘Management role of nurse manager’, ‘Supervisory role of nurse administrator’, ‘Financial management’, ‘Patient safety & quality patient care’, ‘Advanced patient care techniques’ and ‘Importance of research in clinical settings’ was elaborated by the resource persons where they share knowledge which will compliment the nurse manager role in the clinical settings. A brief discussion followed each session. <u>Day 2- 25/2/2025</u> The training coordinator started the training which was followed by a learning session on topics like ‘Professionalism’, ‘Time Management’, ‘Manpower management’, ‘Advocacy in clinical setting’, ‘Advocacy in community health care setting’, ‘Advocacy for student nurses at	Training coordinator- Ms. Laldingliani Sailo, Asst.Professor, MCON Clerical Assistant- 1. Ms.Eaudi Pachuau, Tutor, MCON 2. Ms.Lalhruaitluangi Pachuau, Tutor, MCON

		clinical setting' which was interesting and helpful for nursing services. Group work and discussion follows. <u>Day 3- 26/2/2025</u> A brief introduction was followed by a training on topics- 'Conduct Rules' , 'Legal issues in clinical settings', 'Ethical issues in clinical settings', 'Continuing nursing education', 'Conflict resolution', 'Communication-barriers & resolution'. The session was interesting and impart knowledge regarding nursing services. The training ended with discussion session. <u>Day 4- 27/2/2025</u> The coordinator introduced the resource persons after which a training on 'Leave Rules' , 'Nursing informatics & data management', 'Importance of technology in clinical settings', 'IPHS guidelines for district hospital', 'IPHS guidelines for CHC' & 'IPHS guidelines for PHC' was carried out. This was followed by group discussion. <u>Day 5- 28/2/2025</u> A brief introduction was followed by a training on topics- 'Medical Attendance Rule & TA Rules', 'Decision Making', 'IPHS guidelines for HWC-SHC', 'Antibiotic policy- paediatrics' & 'Antibiotic policy- Adult Health' which was both interesting and insightful. This was followed by group discussion. <u>Day 6- 1/3/2025</u> The coordinator introduced the resource persons after which a training on 'Stress Management in workplace', 'Evidenced based practice in nursing', 'Staff development and welfare', 'Initiatives on PMSMA to improve maternal and newborn care', 'National quality assurance standards' & 'LaQshya guidelines' was carried out. This was followed by Q&A session. <u>Day 7- 3/3/2025</u> A brief introduction was followed by a training on topics- 'Pension & Retirement benefits', 'National health policy', 'RMNCAH+N', 'Health system strengthening projects', 'Nurse led health promotion program' and 'Verbal & non-verbal soft skills at clinical settings' was carried out. This was followed by valedictory session by the course coordinator and certificate distribution by Mrs.Lalduhsaki, Principal,MCON	
5.	27/2/2025 Lecture Hall-III, MCON	<u>STAFF DEVELOPMENT PROGRAMME</u> <u>TRAINING on DOCUMENTATION as per ISO 9001:</u> No. of Participants: 16 Topic : Documentation Resource Person: Mrs. C. Lalramdini, Assistant Professor, College of Nursing, RIPANS	Ms Helen Lalthianghlimi Sailo, Assistant Professor, MCON

		The resource person gave an insight on ISO and the documentation system maintained by their institution, sharing her knowledge on the different steps and records to be prepared. She also discussed about the roles and responsibilities of the MR and all staffs and how to go about with the preparation for ISO certification. The training ended with discussion. Feedback was taken.	
6.	Course 3: 10/3/2025-17/3/2025 MCON Classroom, Civil Hospital, Aizawl	<u>Course 3: Training For Nursing Officers – 1ST BATCH</u> No. of Participants : 30 <u>DAY 1 – 10.03.25 (Monday)</u> The training started with registration of Nursing officers from various District Hospitals, CHC and PHC within Mizoram. The training coordinator conducted an inaugural session with a brief introduction. A training session on the topic – “Stress Management”, “Importance of Research in Clinical settings”, “Advanced Patient Care Techniques”, “LAQSHYA & SBA”, “Rational Use of Oxygen Administration” and “Nursing Informatics and Data Management” was effectively elaborated by each assigned resource person which was followed by discussion. <u>Day 2 – 11.03.25 (Tuesday)</u> The training session was started with the topic “ Medical Attendance & TA Rule” which was then followed by the scheduled topic viz. “Financial Management”, “Advocacy in Community Health Care Setting”, “Nurse Quality Indicators”, “Conflict Resolution” and “Fluid & Electrolyte Imbalance”. Each topic was delivered effectively by the assigned resource person which was then followed by discussion. <u>Day 3 – 12.03.25 (Wednesday)</u> The training session was started with the topic “ Medico Legal Aspects in Nursing” which was then followed by the scheduled topic viz. “Decision Making”, “Communication – Barriers and Resolution”, “Ostomy & Peritoneal Dialysis Care”, “Emergency Management of Common Medical Problems” and “Pressure Injury – Prevention, Assessment and Management”. Each topic was delivered effectively by the assigned resource person which was then followed by discussion. <u>Day 4 – 13.03.25 (Thursday)</u> The training session was started with the topic “ Conduct Rules” which was then followed by the scheduled topic viz. “High Risk Pregnancy Management”, “Therapeutic Communication”, “Time Management”, “Post Partum Care” and “Mentoring Student Nurses at Clinical Settings”. Each topic was delivered effectively by the assigned resource person which was then followed by discussion. <u>Day 5 – 14.03.25 (Friday)</u> The training session commenced with the introduction of our esteemed Guest speaker Mrs. Lalchhanhimi, Joint Director. She delivered a captivating presentation on “Professionalism”,	Training coordinator- Ms. Lalrintluangi, Asst. Professor, MCON Clerical Assistant- 1. Ms. Eaudi Pachau, Tutor, MCON 2. Ms. Engthanzuali, LDC, MCON

		showcasing her expertise and knowledge on the subject. Following her presentation , each assigned resource person effectively covered their scheduled topic viz.“ Importance of Technology in Nursing”, “Patient Safety and Patient Rights”, “Forensic Nursing in India”, “Neonatal Resuscitation” and “Safe Infusion Practice”. <u>Day 6 – 15.03.25 (Saturday)</u> The training session commenced with the topic “Infection Control Practices” covered effectively by our guest speaker, which was followed by presentation of the scheduled topic viz. “Soft Skills”, “Sterile Techniques and Biomedical Waste Management”, “Medication Management”, “Palliative Care” and “Patient Education – Role of Nurse”. Each topic was delivered effectively by the assigned resource person which was then followed by discussion. <u>Day 7 – 17.03.25 (Monday)</u> The training session commenced with the topic “Basic Life Support” effectively delivered and demonstrated by our guest speaker, which was followed by group work wherein the participants gave a return demonstration and clarified their doubts. It was then followed by presentation of the scheduled topic viz. “Advance Life Support”, “Management of Shock”, “Scope of Clinical Research”, “Evidenced Based Practice in Nursing” and “Continuing Nursing Education”. Each topic was delivered effectively by the assigned resource person which was then followed by valedictory session.	
7.	Course 4: 17/3/2025- 24/3/2025 MCON Classroom, Civil Hospital, Aizawl	<u>Course 4: Training Of Nursing Officers- 2nd Batch</u> <u>DAY 1 – 17.03.25 (Monday)</u> The training session served as a continuation for the second batch of Nursing officers from various District Hospitals, CHCs and PHCs within Mizoram. started with registration of participants and a brief introduction by the training coordinator. The program commenced with registration, followed by an inaugural session led by the training coordinator, Mrs. Lalremmawii. This was then followed by the delivery of the first topic of the training session, which focused on “Professionalism”. The session was conducted by our esteemed Guest Speaker, Mrs. Lalchhanhimi, Joint Director, Directorate of Nursing. The training session continues with the topic on – “Continuing Nursing Education”, “Advocacy in Community Health Care Setting”, “Financial Management”, “Nurse Quality Indicators” and “Patient Education – Role of Nurse” which was effectively elaborated by each assigned resource person followed by discussion. <u>Day 2 – 18.03.25 (Tuesday)</u> The training session started with the topic “Quality Management at DHs & CHCs through NQAS” which was then followed by the scheduled topic viz. “Nursing Informatics & Data Management”, “Fluid & Electrolyte Imbalance”, “Emergency Management of Common Medical Problems”, “Ostomy & Peritoneal Dialysis Care” and “Processing of Instruments”. Each	Training coordinator- Ms. Lalremmawii Ralte, Tutor, MCON Clerical Assistant- Ms.Eaudi Pachauu, Tutor, MCON

	topic was delivered effectively by the assigned resource person which was then followed by discussion. <u>Day 3 – 19.03.25 (Wednesday)</u> The training session started with the topic “Verbal & Non verbal soft skills at clinical set up to enhance public relations with co-workers, stakeholders and patients” which was then followed by the scheduled topic viz. “Decision Making”, “Communication – Barriers and Resolution”, “Conflict Resolution”, “Therapeutic Communication” and “Time Management”. Each topic was delivered effectively by the assigned resource person which was then followed by discussion. <u>Day 4 – 20.03.25 (Thursday)</u> The training session was opened by our esteemed guest speaker with the topic “ Services rendered by Public health facilities and initiatives taken by GOM to strengthen service delivery at DHs and CHCs” which was then followed by the scheduled topic viz. “Advanced Patient Care Techniques”, “Rational Use of Oxygen Administration”, “Pressure Injury-Prevention, Assessment and Management”, “High Risk Pregnancy Management” and “Mentoring Student Nurses at Clinical Settings”. Each topic was delivered effectively by the assigned resource person which was then followed by discussion. <u>Day 5 – 21.03.25 (Friday)</u> The training session commenced with the introduction of our esteemed Principal Mrs. Laldusaki. She delivered a captivating presentation on “Stress Management”, showcasing her expertise and knowledge on the subject. Following her presentation , each assigned resource person effectively covered their scheduled topic viz.“ Scope of clinical research”, “Patient Safety and Patient Rights”, “Evidenced Based Practice in Nursing”, “Importance of research in Nursing” and “Medication Management”, each topic was followed with discussion <u>Day 6 – 22.03.25 (Saturday)</u> The training session commenced with the topic “Infection Control Practices” covered effectively by our guest speaker, which was followed by presentation of the scheduled topic viz. “Safe Infusion Practice”, “Sterile Techniques and Biomedical Waste Management”, “Neonatal Resuscitation”, “Palliative Care” and “LAQSHYA & SBA”. Each topic was delivered effectively by the assigned resource person which was then followed by discussion. <u>Day 7 – 24.03.25 (Monday)</u> The training session commenced with the topic “Basic Life Support” effectively delivered and demonstrated by our guest speaker, which was followed by group work wherein the participants gave a return demonstration and clarified their doubts. It was then followed by presentation of the scheduled topic viz. “Advance Life Support”, “Management of Shock”, “Importance of Technology in Nursing”, “Forensic Nursing in India” and “Soft	
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		Skills". Each topic was delivered effectively by the assigned resource person which was then followed by valedictory session.	
8.	19/5/2025- 23/5/2025 Inservice Hall, MCON	<u>STAFF DEVELOPMENT PROGRAMME</u> <u>Training on Awareness on ISO 9001:2015 by Quality Council of India</u> No. of Participants: 26+14 Resource Persons: 1. Mr Gautam Chakraborty, Technical Expert, Quality Council of India, Kolkata 2. Mr Amit Singh, Joint Director, Quality Council of India The training was for 5 days in which the Technical expert gave insight on ISO 9001:2015. Day 1: Faculty and administrative staffs interaction was organised where an overview of the ISO 9001:2015 was given. Discussion and brainstorming sessions were held. Its applicability to the institution was aligned. Mr Lalmuanpuia Chhangte, MHSSP also attended the program on behalf of the stakeholder for the funding for ISO certification of the college. Day 2: The session was focused on interaction with housekeeping and group D staffs. Introduction and awareness of their responsibilities under ISO 9001:2015 was discussed. The different formats for work records were also developed. Visit to the institution was held in the afternoon. Day 3: Visits to the institution- the laboratories, etc. was done and the different files and records maintained were also discussed. Day 4: This day was utilized for checking the different documents maintained in the institute from which plan for the Institute was organized. Day 5: Meeting was held which was attended by Mr Amit Singh, Joint Director, QCI. He elaborated on the importance of quality and standards and explained the different programs and functions of Quality Council of India. Mr Gautam Chakraborty, Technical Expert also gave a review of the program and briefed about the future plans. Feedback was taken.	Ms Lalhriatpuii Varte, Assistant Professor
9.	5/6/2025 M-Hall, MCON	<i>Mizoram College Of Nursing in collaboration with State Medicinal Plants Board Mizoram (Directorate of Ayush) organized a training in celebration of World Environment Day 2025</i> No. of participants- 78 Theme- Ending Plastic Pollution Resource Persons- 1. Dr. Lalrammuana Sailo, Consultant, SMPB	Ms Helen Lalthianglimi Sailo, Asst. Professor, MCON

		2. Mr. Lalruatsaka, LDC, SMPB The program started with a welcome speech from Mrs. Laldusaki, Principal, MCON. This was followed by elaboration of the theme by the resource persons where the scenario of plastic waste in Mizoram is highlighted and the measures & duties we have in controlling and preventing plastic waste was emphasized. The session ended with a Q&A session.	
10.	26/6/2025-28/6/2025 Inservice Hall, MCON	<u>STAFF DEVELOPMENT PROGRAMME</u> <u>Workshop on Internal Auditing</u> No. of Participants: 12 Resource: Mr Gautam Chakraborty, Technical Expert, Quality Council of India, Kolkata The workshop was organized for selected 12 staffs within the college to be trained as Internal Auditors. Day 1- The trainer elaborated on understanding the requirements internal audit, the requirements of ISO9001:2015. Exercises were also done by the participants. Day 2- Continuation of learning of the previous day was continued including practical exercises. Preparation of checklists were also done by the participants. Audit plan, audit team were also made Day 3- Internal audit was carried out for selected areas under the guidance of the technical expert by the participants. Summarization of the findings were also done and prepared. Internal audit review meeting was also held under his guidance. Open book examination was done by the trainees. Certificates were also given to them. Feedback was taken.	Ms Lalhriatpuii Varte, Assistant Professor
11.	12/6/2025 MCON Campus	<i>Mizoram College Of Nursing-IQAC in collaboration with Fire & Emergency Services Department, Mizoram organized a training on 'Fire Safety & Fire Drill' for all staffs and students of Mizoram College OF Nursing.</i> No. of participants- 134 Resource Persons- 1. STO Lalremmawia, Khatla Fire Station 2. FF Vanlalawmpuia, Khatla Fire Station The program started with a welcome speech from the programme coordinator with brief introduction. This was followed by Fire Safety education & Fire Drill carried out in M-Hall, MCON as well as MCON ground, Hotel Kitchen and Nutrition Laboratory.	Ms.Lalrinchhani Kawlai, Tutor, MCON

13. Events and Days observed by the Institution

Sl. No	Name of Event/Day	Date	Venue	Attendees	Remarks
1.	National Organ Donation Day	7.08.2024	M-Hall MCON	1 st & 2 nd Sem students & Faculties	MCON observed National Organ Donation Day at M-Hall. Students prepared charts that depicts organ which can be donated.
2.	Independence Day	15.08.2024	MCON ground	All Students	Students are taught about the significance of the day.
3.	Teacher's Day	5.09.2024	M-Hall MCON	All students & Faculties	Gifts are distributed to all faculties. Cake cutting by faculties. Special items from students Briefing on Code of conduct, Drug Awareness, Antiragging & Grievance redressal was carried out by respective faculty i/c
4.	World Suicide Day	10.09.2024	DHME Auditorium	1 st & 7 th Sem and faculties	Students performed Skit on the programmed which depicts the theme "Changing The Narrative on Suicide"
5.	World Hospice and Palliative Care	11.10.2024	DHME Auditorium	3 rd Sem with faculty	Students performed Skit on the programme
6.	World Mental Health day	12.10.2024	Govt. Hlmen H/S	7 th Sem with Faculty	7 th Sem students with faculty gave Health Talk at Govt. Hlmen High School
7.	World AIDS Day	1.12.2024	MCON	All students & Faculties	Theme: "Take the rights path:My health,my right" was posted on social media platform
8.	Christmas Celebration	11.12.2024	Hill View Resort	All students and Staffs	Advent Christmas Celebrations at Hill View Resort with singing and dancing. Dinner at the end of the programmed.
9.	Republic Day	26.01.2025	MCON	All Staffs	Indian flag was hoisted & significance of the day was share among the staffs.
10.	World Cancer day	4.02.2025	Taxation Dept Auditorium	4 th Sem and faculty	Theme: "United by Unique" . Observation of the day was successful
11	International Womens Day	8.03.2025	MCON	All students	All students attend the programmme organised by SNA MCON Unit. Theme: "Accelerate Action for Gender Equality"

12	World Health day	7.04.2025	MCON	All students & Faculties	Participated on Quiz organised by Christ College of Science and Management, Karnataka. Certificate was distributed to all
13	International Nurses Day	12.05.2025	Hall MCON, ZMC&H	All students & Faculties	Theme : "Our Nurses. Our Future" presented by the Principal MCON Skit and Demonstration of Hand Hygiene to ZMC&H patients and relatives by 2 nd Sem. students
14	World Environment Day	5.06.2025	M-Hall MCON	Students and Faculties	Theme: "Ending Plastic Pollution" was presented by Dr. Lalrammuana Sailo, Consultant from State Medicinal Plants Board.

14. Particulars of MZU Exam Result of the preceding Academic Session-2023-2024

Year	Total no. of students	No. of Passed Students	No. of Failed Students	No. of Students with Supplemental Paper(s)	Remarks
1 st Semester	36	36	Nil	Nil	
2 nd Semester	36	36	Nil	Nil	
3 rd Semester	35	34	Nil	1	Cleared
4 th Semester	35	35	Nil	Nil	
5 th Semester	30	30	Nil	Nil	
6 th Semester	30	29	Nil	1	Cleared
4 th Year	30	30	Nil	Nil	

15. Research and Publications

Research-

During the academic session 2024-2025, the Research and Ethical Committee held a meeting twice where in allocation of research guide was done along with fixation of calendar for submission and finalization of research studies by the final year students.

The final year students are grouped into 2 groups and 2 research guides were appointed from the faculty. The committee suggested that 1 week i.e 45 hours, be allotted for data collection and finalization of all research work shall be the 1st June, 2025.

A total of 6 faculty had presented Scientific paper at International Conference organised by Dept of Psychology, School of Medical & Paramedical Sciences, Mizoram University during the reported period.

Publication –

Journal Publication was done by Ms Vida Lalrinchhani on the title Prevalence and Correlates of Post-Traumatic Stress Disorder on Post-COVID-19 Patients: A Comparative study. Mizoram Education Journal, MZU (A National Refereed Journal) Vol X, Issue 2, June, 2024

More research article are currently prepared for publication in the future.

16. Library report

- a. *Brief introduction and Activities* -The institution's library is managed by a single library staff member who serves as the college librarian. Each year, the library committee reviews and updates the collection to meet the needs of its users.
- b. *Library holdings:*
 - Books- 5720
 - Thesis- NIL
 - Journals- 11 titles (6 National & 5 International)
 - E-resources- ONOS (formerly NLIST - UGC INFLIBNET)
 - Bound Volumes-20
- c. *Library Membership*- All registered students, faculty, and staff of MCON have access to the library. Students are allowed to check out up to 3 books at a time, while faculty can check out 5 books.
- d. *Books Issued & e. Visitors*- The numbers of visitors and books issued could not be presented during the reporting period as the college buildings undergo renovation. The library is shifted 3 times during this period and the software could not be used as all the electric wirings are dismantled.
- e. - During the renovation period, circulation works were done using books, papers and register books which in time was very difficult to trace back.
- f. *New facilities and other activities*- During the reporting period, the library experienced significant changes and developments, supported by the Mizoram Health System Strengthening Project (MHSSP). The library is now fully automated using KOHA, a Library Management Software (LMS). This includes the addition of 854 new titles totalling 2,200 books, featuring selections of Great Indian Books, Young Indian Books, and Nursing Books aligned with the new syllabus from the Indian Nursing Council (INC). New facilities include an ID printing machine, a self-circulating kiosk for issuing and returning books, and a book dropping machine. One new computer has been designated for the Online Public Access Catalogue (OPAC), and an additional four (4) internet-enabled computers have been installed for user access. The library is equipped with surveillance cameras for safety and features a Radio Frequency Identification (RFID) Gate at the main entrance to prevent theft and misuse. The library can accommodate up to 86 users at a time.

17. Hostel Report

The institution has a conjoint two building Hostel (Block I and Block II) located near the entrance of the College campus which offers the following facilities-

- i. Warden Quarters-2 (in Block I & II)
- ii. Students' Common Room-2 (in Block I & II)
- iii. Night Chowkider's Room- 1 + 1 (in Block I & II)
- iv. Students Sick Room-1 (Block I)
- v. Warden Office-1 (Block I)
- vi. Kitchen-1 (Block I)
- vii. Dining Hall-1 (Block I)
- viii. Visiting Room- 1 (Block II)
- ix. Devotion Hall-1 (Block II)
- x. Guest Rooms- 4 (Block II)
- xi. SNA Room- 1 (Block II)
- xii. Students' Rooms- 41+39 (Block I & II respectively wherein 30 rooms each from block I & II are occupied by students.)

The hostel building can accommodate 160 students, 82 students in Block I and 78 students in Block II. Since there are 15 male students in the current session, a two- storied house located near the college entrance gate is rented to accommodate the male students.

Presently, there are 10 staffs working in the hostel, with 2 wardens and 7 group D staffs. The hostel maintained registers like Attendance register for Staff, Attendance register for Students (morning& evening), Attendance register for Security Duty, Stock Register, Mess Fee Record Register, Staff Health Record Register, J & K Billing Register, In & Out Register, Sick Record Register for Students' Visitor Record Register, Admission record Register, Room Allotment register, Hostel Maintenance Register, Weekly Report Register, Mess Account Register, Visitor's Log Book, Outgoing Register, Event Records,

The hostel is equipped with recreational facilities like Carrom Board, Chinese Checkers, Television and Guitars which can be used by students while abiding to the rules laid down by the hostel authorities.

With the upgradation of infrastructure carried out under the initiatives of World Bank & MHSSP, a separate Boys Hostel construction in the college basement has been completed which can accommodate 12 students.

The vertical extension of main hostel building Block I & II (1 floor each) has also been completed along with the construction of elevators for each block.

18. General Administration Report

a. Finance report

Mizoram College of Nursing received LOC (Letter of Credit) Quarterly from the Directorate of Hospital & Medical Education (DHME) after submission of requirements in various fields. The Institution's basic requirement includes Salary, Motor Vehicle, Medical Treatment, Travelling expense, Fuel & Lubricants, Other revenue Expenditure, Repair & Maintenance.

Under OE- Stationery and R & M - repair & maintenance of vehicle, ORE, F& L- Proforma of HSD & M.S. (Oil & Lubricant) are acquired of which remaining funds are spared for Motor Vehicle repair fund. Other office requirements like Water Charge, Electric Charge, Internet Bill and Stationery bill are paid from ORE. Since L.O.C received is more on the shorter side, funds for essential institution requirements are often unmet.

b. Activities of Establishment Section

i. Purchase and issue of stationary item

Stationery items are purchased by Indent from Printing & Stationery depot and occasionally from local approved firm when the same are not available at Printing & Stationery depot. These stationery items are then issued to the Office book for use in Faculty section, Library section and Hostel Section.

ii. Purchase and maintenance of furniture and equipment

Furniture and Equipment requirement is put up for indent and purchased from Authorized dealers.

During the reported session, necessary facilities has been supplied/funded by DH&ME and MHSSP. The facilities included-

-A new sofa/couch	-40 classroom chairs
-30 computers	-Motorized screen
-Stage podium	-10 steel almirahs
-2 water coolers	-10 Vertical filing cabinets
-3 washing machines	-75" smartboard
-39 hostel cots	-150 wooden chairs & tables
-13 LCD Projectors	-40nos. 2 door locker
-2 printers	-Tripod projector screen
-Laboratory facilities	-150 wooden bed
-2nos. 15" 700watt Speaker	-18" 1200watt sub woofer
-2 Wired microphone	-3 Microphone stand-tripod
-100AH with Hay rack	-12 revolving chairs
-Venetian blinds 3 sizes	-Library facilities

iii. Furnishing/ computer repairing

Furnishing/computer repairing is carried out by consultation with Authorized personnel. During August 2024- July 2025, repair of office computers was done 7 times and repair of office printers- HP Smart tank 515 & HP Laserjet was done by Ralte Computer Sales & Services (RCS & S) Kulikawn, Aizawl.

iv. Maintenance of stock register

Stock Register is maintained in three categories, namely- Stationery Articles, Hardware Materials and Vehicle Materials in which all purchased items are registered promptly.

v. Issue of Daks

The number of Daks issued during August 2024- July 2025 is 497 of which most of the letters are addressed to Directorate of Hospital & Medical Education (DHME) and Mizoram University & 395 letters was received.

vi. *Collection of Daks and Newspaper*

Daks are collected and distributed by Dak runner.

MCON has stopped taking daily newspapers in the reported session.

vii. *Maintenance of telephone and internet connectivity*

Internet connections having wifi facility is available in each floor of the institution with a speed of 20 Mbps and a coverage of 87.5%

During the session, due to the renovations carried out in the college, relocation for better coverage of the wifi services has been done by Netsurf.

19. Student Nurses' Association (SNA) Report

The Student Nurses Association of MCON Unit held elections for Office Bearers for the session of 2024-2025 on 2nd July 2024 at the College Multipurpose Hall, MCON. The election was overseen by the appointed Returning officer, Mr. Zirsangliana and Polling Officer, Mr. Lalchhandama. 6 Office Bearers were elected for a term of two years (2025-2027).

Activities during 2024-2025:

- 1) SNA had taken up initiatives in organizing various events as follows:
 - a) Freshers' Induction for 1st year students: 5th September, 2024
 - b) Teacher's Day: 5th September 2024
 - c) Annual Sport: 9th to 11th December 2024
 - d) Chapchar Kut & Women's Day Celebration: 8th March 2025
 - e) Farewell Programme for Outgoing Students: 16th May 2025
- 2) Fund raising activities-
 - The association had been carrying out fund raising activities to aid its function like selling of stationery items, spare uniforms, pocket articles, hostel necessities, and other items as per the student needs.
 - The unit had also been carrying out activities such as selling of lassi drinks, pickles, spicy Wai Wai, calendar, and secondhand bale for their fund-raising activities.
- 3) The unit had participated in the Annual State SNA Sports Meet held on 10th, 11th, and 13th of February 2025 and secured 3rd place among 12 Nursing institutions.
- 4) The association had also given monetary condolence to 3 student members who have lost their family members.
- 5) The unit had bought Xerox cum Printer Machine which is a project of the session 2024-2025.

It has been noted that the student body contributed much for the college as well as the smooth functioning and maintenance of discipline and conduct among the students.

20. Evangelical Nurses Fellowship (ENF) Report

The Evangelical Nurses Fellowship (ENF) MCON unit has 128 members during 2024-2025 session and had their annual election of Office Bearers on 6th June 2024 in which 6 OB were elected. 2 OB meeting and 2 EC meeting was held

Activities-

1. **ENF Service-** ENF service is carried out twice a month (Alternate Mizo and English service) on Monday at 12:00pm in M- Hall ; every Friday in hostel Devotion Hall and every Thursday in civil lecture hall during postings at Civil Hospital, Aizawl.
2. **ENF pledge** is collected from all members and submitted to the Gen. Hqs. every month.
3. **ENF students camping** organised by ENF General hq. from 15.10.2024-18.10.2024 at R&CC, Lawipu was attended by I Semester (30 students) and were guided by Miss Lalhruaitluangi Pachuau, Tutor.
4. **ENF Bible Reading Project-** Bible verse was set by the committee which will to be completed by the students during the session. Students who had completed Project (2023-2024) were given notebook and pen
5. **ENF Retreat-** On 12.12.2024, ENF Retreat programme was held in three sessions at M-Hall, MCON. Pastor Lalhunthara gave sermon in the first and second sessions while the third session was utilized for praise and worship.
6. **Charity Programme**
 - Financial aid of Rs.5000 each was given to three families, a resident of our adopted village Falkawn.
 - Contribution of Rs. 5000 each was given to Mr G. Lalrindika (f/o Lallawmzulai 6th Semester) and Mrs. Lalbiaknungi (m/o Lalrinhlui 4th Semester), whom have been hospitalized to ZMCH.
7. **Blood Donation-** Blood donation at Blood bank, Civil hospital, Aizawl and ZMCH on 21st February 2025, a total of 20 units was donated.
8. **Fund Raising Activities**
 - Selling of stationery items like chart paper, pen, notebooks, etc were carried out throughout the session. Selling of eatables was carried on occasional basis at hostel
 - Bookmark Calendar was prepared where 1800 copies were sold
 - Shop keeping at State SNA Sports
 - Health check-up which includes HB testing, BP, and Weight was carried out on all students at 22nd February 2025
 - Cleaning service was done on 20th February 2025
 - CC Pickle was sold out among the students
 - Wastepaper collected from the college and hostel was sold on 13th December 2024
9. **Donations**
 - ENFI Missionary support fund of Rs.1000/- was submitted every month from August 2024-June 2025
 - A donation of Rs 8000/- was given to ENF Hqrs. for students camping
 - An amount of Rs 6000/- was donated to ENF Hqrs. for ENF Golden Jubilee
10. **ENF Membership drive** was held on 12.12.2024
11. **Mcon Choir-**Conductor- Lalrinawma, Asst. Conductor- Lalsangzuala.33 students were selected for MCON Choir member including the conductors. The activities carried out were:

- Farewell programme for our respected Principal Madam Lalchhanhimi on 20.10.2024
- 37th Graduation Day on 21.11.2024
- ENF Golden jubilee at Synod Conference Centre on 12.4.2025

21. Red Ribbon Club Reports

During 2024-2025 session, Red Ribbon Club held 2 meetings, appointment of members for various posts including 2 Nodal Officers from faculty and 4 peer educators from the students representing each year from 1st to 4th year was carried out on 1st September 2024.

Activities-

1. Voluntary Blood Donation

- 12.04.2024- In collaboration with ENF, 4th and 6th Semester students donated Blood at Civil Hospital Blood Bank & 15 units was donated
- 20.05.2024 & 21.05.2024- In observation of International Nurses Day, Red Ribbon Club organizes Blood Donation at SRHF ZMC. 16 units of Blood was donated by 4th year on 20/05/2024. 12 units of blood was donated by 2nd Sem Students on 21.05.2024
- 21.02.2025 Venue- Civil Hospital Aizawl, Blood Bank & Zoram Medical College & Hospital Blood Bank Blood Donation Camp was jointly organised by ENF and RRC MCON Unit, 6th and 8th Semester students donated 6 units in CHA and 14 units were donated in ZMCH.

2. HIV/AIDS & STI Awareness Rally-

10.09.2024 30- students from 1st Sem along with Ms Lalhrualtuangi Pachau, NO attended HIV/AIDS & STI Awareness Rally (Sikulpuikawn to Vanapa Hall) organised by MSACS

3. Observation Of World Suicide Prevention Day-

10.09.2024- 60 students and 8 Faculty attended the Observation of World Suicide Prevention Day 2024 organised by National Mental Health Programme at Auditorium, DHME. Musical skit was performed by the students

4. Campus Cleanliness Drive-

17-19.09.2024-Following RRC Calendar proposed by MSACS, Campus Cleanliness Drive was carried out from the 17th- 19th September 2024

5. Training of Nodal Officers-

24.11.2- Nodal Officers of MCON attended One Day Training of NO, Red Ribbon Club at Whitehall, Ramhlun on 24th Nov 2024

6. Training of Peer Educators-

4.10.2024- Two Peer educators, Laldingpuii Chhangte and Angeline Vanlaltanpuii, attended Peer Educators training at Chanmari YMA Hall on 4th October 2024. They gave a presentation.

7. HIV/AIDS Awareness Programme-

6.11.24 Under the aegis of District Aids Prevention and Control Committee, HIV/AIDS Awareness programme was held at our college on 6.11.24 (Wednesday) at 12:30 pm.

8. Observation of World AIDS Day-

01.12.2024- In observation of World AIDS Day 2024, students and faculty posted posters related to World AIDS day 2024 emphasizing on the theme "Take the rights path: My health, my right!"

9. HIV/AIDS & Drug Abuse Awareness Programme-

05.02.2025- Health talk on Antenatal and Postnatal care, HIV/AIDS and Drug Abuse Awareness was held on the 5th of February 2025 at Health & Wellness Centres, Falkawn and Muallungthu by 8th Sem students under the guidance of Miss Eaudi Pachuau. 73 community members attended the programme. EC materials were taken from MSACS for this purpose and distributed. Condoms were also distributed

10. Poster Making Competition & Slogan Writing Competition-

27.02.2025- Themes for Poster Making Competition

1. Nutrition for HIV/AIDS patients

2. Nutrition for Mental Health

3. Nutrition and Drug Addiction- Diet for recovery. Total participants- 8 students

Prize: 1st Position- Lalremruati, 4th sem, Rs 700 + Certificate 2nd Position- Vahnmingliana, 4th Sem, Rs 600 + Certificate 3rd Position- Carolyn Lalnunsiami, 2nd Sem, Rs 500 + Certificate

Theme for Slogan writing Competition: Ending discrimination against People Living with HIV. Wordlimit:10words Cash Prize of 300 + Cert for Winner: K.Laldintluangi, 6thSem. Total participants- 80 students

22. Internal Quality Assurance Committee (IQAC)

Internal Quality Assurance Committee (IQAC) is the governing body which undertakes the responsible of setting up guidelines and committees in the institution for the proper functioning, standard maintenance and ease of activity scheduling. The following are the activities for the reported session-

- a) AQAR 2022-2023 was submitted on 16th December,2024. AQAR 2023-2024 was also prepared and submitted on 31st December, 2024.
- b) INC inspection was conducted on the institute on 22-23rd November,2024. Post Basic B.Sc. Nursing course have been permitted to be started from the next session, whereas M.Sc. Nursing Course could not be started yet as there is need for engaging adjunct faculty with at least 3 years of experience in MSc Nursing course.
- c) Staff development Program was conducted on 27.1.2025 on
 - i. "Inventory Management" (Resource Person- Mr. MD Akil Athar, Procurement & Contract Management Specialist, MHSSSP) and
 - ii. Filing System (Resource Person- Mr. F. Lalthanmawia, Deputy Director (A), Department of Art & Culture, Government of Mizoram)
- d) The institute conducted Training of Nurses under the scheme of Development of Nursing Services sponsored by the Ministry of Health & Family Welfare, Government of India. The target population are nurses from clinical, education and public health sectors. Four (4) trainings of 10days duration each were conducted . The first training was started on 3.2.2025 and completed by 24.3.2025 in which Coordinators were Mrs. R Lalruatkimi, Asst. Professor, Ms Laldingliani Sailo, Asst. Professor, Mrs Lalrintluangi Asst. Professor and Mrs Lalremmawii Ralte Tutor
- e) New IQAC Members for 2024-26 was formed and consent were taken from external committee members.
- f) Prospectus for the upcoming PBBSCN course was prepared and forwarded to the Directorate of Nursing for approval
- g) Internal financial audits have been conducted
- h) MNC inspection 2025 was completed as per scheduled on 5th March 2025.

- i) Staff Development Program was conducted as scheduled on 27.2.2025 on the topic "Documentation" Resource person – Mrs C. Lalramdini, Assistant Professor, College of Nursing, RIPANS. As a follow up to this training program, the institution decided to reach out to Quality India once again for the ISO program. Online meeting was conducted with the Mr Amit Singh from Quality India and after budget proposal was made, Miss Helen Lalthianghlimi Sailo presented this to the MHSSP meeting through which budget allocation was approved for the ISO certification program for the institution.
- j) Curriculum committee has collected the data for the cumulative record book which is yet to be finalized for printing.
- k) Since the Nurses Day 2025 (12th May) is a holiday, the Nurses Day was celebrated on 9th May, 2025
- l) International Conference on Substance use disorders was attended by The 2nd Semester students on 29th May, 2025 at Mizoram University.
- m) Mock Drill- Training was conducted for all from Fire Department or Quick Response Team (DC) on 12th June 2025
- n) Training on Awareness of ISO 9001:2015 by Quality Council of India was conducted on 19.5.2025-23.5.2025). Mr Gautam Chakraborty, Technical Expert, QCI, Kolkata conducted this training. Mr Amit Singh, Joint Director, QCI also gave a presentation in this training. The college started its journey for quality improvement and certification under their guidance and Ms Lalhriatpuii Varte, Asst. Professor was appointed as Management Representative.
- o) Workshop on Internal Auditing was conducted by QCI on 26-28.7.2025. 11 staffs were trained and certified as Internal auditors.

23. Curriculum committee Reports

Curriculum committee held a periodical meeting twice in a year and as needed. During these meetings, all matters pertaining to Academics are discussed and planned before commencement of new academic year along with reviews of the previous session and prepares Academic Calendar, Master Plan and Clinical Calendar for upcoming session.

Mizoram College of Nursing follows curriculum prescribed by Indian Nursing Council(INC)

- Each faculty & students have syllabus copy. Lesson plan and unit plans are prepared for each subject.
- Each written assignments & seminars are assigned to each student by faculty in charge respectively at the start of session with due dates of completion. Theory evaluations are conducted through class tests, continuous assessments, assignments, and sessional/internal examinations. Academic Excellence award is awarded to 1st position holder of BSc Nursing Final result at Mizoram University examination. L Chhawnkima Proficiency Award is awarded to first position holder of each batch in a year (Odd & Even semester)
- Weekly plan is prepared before each clinical posting. Practical skills evaluations are ongoing throughout clinical postings, written assignments, through DOP and OSCE.
- Feedback regarding curriculum is taken at the end of each academic year, discussed and analyzed by the curriculum committee.

Mentor-mentee sessions are carried out to discuss the student's performance, progress, and or obstacles and the means to overcome them.

24. Anti Ragging Committee Reports

The institution has Anti Ragging Committee headed by the head of the institution since 2013. The committee has different member representatives from various fields like representatives from Civil Administration, Police Administration, Local Media, NGO's in youth activities, Parents, Senior students, Fresher students and Faculty.

The institution constituted Anti Ragging Squad and Monitoring Cell from teaching staffs, librarian, hostel warden and also appointed five representatives for the mentoring Cell from the 3rd Semester, 5th Semester and 7th Semester of the current session.

The Committee reported that there has not been any kind of incidence of ragging in the clinical and college premises till date and the 1st semester students reported that they had all signed anti ragging affidavit during their time of admission. The committee reported that they had organized sensitization programme on 5th September 2024 and 14th December, 2024 in the College Hall during Teacher's Day celebration and Advance Christmas programme . Antiragging posters , list of Antiragging committee members, mentoring cell, antiragging squad members are displayed in the college and hostel notice board.

25. Code of Conduct Committee Reports

Since the inception of Code of Conduct by the institution and, construction of Code of Conduct Committee members, all staff & students have fairly complied with the Code of Conduct laid down by the committee. The committee's responsibilities include:

- Addressing ethical concerns
- Investigating alleged violations
- Ensuring that all members of the institution adhere to the established standards of behaviour.

Regular initiatives of the committee includes:

- Periodical review of the Code of Conduct handbook.
- Ensuring that the code aligns with the institution's mission, vision, and values.
- Arranging and Organizing a brief programme to educate members of the institution about the code of conduct.
- Monitoring compliance with the Code of Conduct across the institution.
- Investigating reported violations and take appropriate action.
- Maintaining confidentiality and impartiality during investigations.
- Addressing conflicts and complaints related to the Code of Conduct.
- Documenting all cases of violations and actions taken by the committee.
- Stay updated with best practices in ethical standards and incorporate them into the code.
- Upholding the highest standards of ethical behaviour within the institution.

26. Internal Complaints Committee Reports

In pursuance with the Gazette of India No.18 regarding the Sexual Harassment of Women at work place Act and University Grants Commission Gazette No.171 of 2016, the Internal Complaints Committee was constituted in Mizoram College of Nursing on 2nd December 2019 with an office order appointing 1 Presiding Officer, 6 members from MCON staff and faculty, 2 NGO representatives and 3 student representatives.

During 2023-2024 academic session, there had been one meeting on February 2025 where reports & review of the previous session was made. The committee also reported that awareness

programme for ICC to prevent sexual harassment at all levels was organized on 5th September 2024 and 14th December, 2024 the College Hall and Courtyard.

In compliance with the letters received from the Registrar, Mizoram University, a bill board showing the penal consequences of sexual harassment which include a toll free number and committed phone number is displayed in the College Campus.

27. Grievance Redressal Committee Reports

As per the resolution of the meeting held on February 2024, an awareness campaign was held regarding the presence of Grievance Redressal Cell MCON and the mechanism of redressal for any grievance among the students and staff of MCON on 5th September 2024. The awareness campaign was held during the Freshers social programme where every student was in attendance.

28. Maintenance Committee Reports

The Maintenance Committee is responsible for ensuring proper and regular upkeep of the college's buildings, equipment, and gadgets. The committee has ensured the functional efficiency and safety of college facilities, contributing to a secure and well-maintained learning environment.

During the 2024-25 session, the committee held two meetings to discuss and plan maintenance activities for the year.

1. Procurement of Lab Equipment:

- The committee facilitated the purchase of laboratory equipment based on the specific needs of various nursing laboratories/departments amounting to Rs.2,56,394/-

2. Fire Safety Measures:

- Fire extinguishers were refilled to enhance fire safety preparedness.
- Training on Fire Safety Education and Fire Drill was conducted for all the staff and students in collaboration with Fire & Emergency Services Department, Mizoram on 12th June 2025.

29. Campus Beautification Committee Reports

The committee has made significant steps in promoting environmental sustainability and aesthetic enhancement, creating a more welcoming and inspiring atmosphere for students and staff.

During the 2024-25 session, the committee members gathered for one meeting to discuss and plan various activities for the year.

1.Clean Campus Initiatives:

- Organized periodic social work activities involving faculty, office staff, and students to ensure the college campus remains clean and well-maintained.
- These activities were conducted as per the requirements of the campus.

2.Medicinal Plant Plantation Drive:

- In collaboration with the **State Medicinal Plants Board** and the **AYUSH Department**, the committee oversaw the plantation of a variety of medicinal plants in the college's nursery.
- The saplings were nurtured within the campus, and subsequently, they were distributed or sold based on necessity.
- Total saplings that were distributed from August 2021 to July 2024 were:
 - Amla- 1021
 - Hruivankai (Tinispora cordifolia)- 1000
 - Archangkawm (Oroxylum indicum)- 1700
 - Rulturzung (Rauwolfia serpentina)- 250.

World Environment Day was observed on 5th June 2025 for all the staff and students in collaboration with State Medicinal Plants Board, AYUSH Department, Mizoram, focusing on the theme “Ending Plastic Pollution”, where the scenario of plastic waste in Mizoram and the measures and duties we have in controlling and preventing plastic wastes were emphasized.

30. Alumni and Placement Cell Reports

The Alumni members currently have 464 members with 6 Office Bearers elected during the 1st MCON Alumni General body meeting on 25/9/2024 with the help of Polling Officer Mrs. Lalrintluangi, Asst.Professor and two returning officers Ms. Eaudi Pachau, Tutor, MCON & Mrs.Zosangliani, Tutor, MCON. The elected OB's for 2025-2027 took charge and on 15/1/2025. The activities of MCON Alumni during 2024-2025 are as follows-

- 1) 2 Alumni OB meeting & 2 Executive Meetings during the session.
- 2) Alumni members working in foreign countries participated in Teacher's Day celebration at the college on 5/9/2024 by participating in the videos made for the Teacher's Day celebration.
- 3) As invited by the college MCON Alumni members participated in the 36th Graduation and Lamp Lighting Ceremony On 20/9/2024. The 17th batch members have donated flower stand, memento, wall clock to the college and piano for the hostel.
- 4) 1st MCON Alumni General Body meeting was held at Synod Conference Centre on 25/9/2024 where the meeting was divided into two sessions. First session included inaugural session, felicitation of the teachers. In the second session there was election of new OBs and general body meeting.
- 5) Financial Audit for the year 2024 was done by Akas & Associates on 21/12/2024.
- 6) No Objection Certificate of Government servants who have to take part in any NGOs has to be taken from the HODs or Director of the departments on 13/1/2025. OBs and executive members of Alumni applied for NOC and were given permission.
- 7) As MCON Alumni got registered under the Firms & Society, Mizoram annual report has to be submitted each year. The outgoing President Ms.Annie Lalnunpuii and Gen.Secy Mr.Lalmuansanga submitted the report on 21/1/2025.
- 8) Handing Monetary Aid to Ms. Amanda Lalremmawii Varte 1st batch, former MCON Alumni President was diagnosed with breast cancer and a monetary aid of Rs.3000/- was handed to her on 5/2/2025.
- 9) Unfortunately our beloved member Mr.Michael Lalsawmliana 16th Batch who is currently working as a Staff Nurse in Tata Medical Centre, Kolkata passed away at TMC, Kolkata on 29/3/2025. As the family have financial constrain, the Alumni members were informed and collectively contributed & donated a sum of Rs. 115100/- which was handed to his parents.

- 10) Attended the funeral service of Mr.Laldinpuia, h/o Mrs.Engzikpuii Hostel Warden MCON who passed away on 13th April 2025.
- 11) **Attended member's funeral services with bouquet & condolence money of Rs. 5000/- to the families of-**
 - PB Lalmangaihzuai 10th Batch who passed away on 20.03.2025.
 - Michael Lalsawmliana 16th Batch who passed away on 29/3/2025
 - Lalengmawii, 6th Batch who passed away on 20.05.2025
- 12) **Participated in MCON Vocational preparatory programme for final year students 17th batch held during 22/6/2025-31.06.2025:**
 - Alumni members Mrs.Lalremruati Hnamte and Mrs. Lalremmawii Ralte (1st batch) participated in the Vocational preparatory programme on 23.05.2015. They took class on the topic Alumni roles and responsibilities.
 - Mrs. Esther Lalruatmawii (3rd batch) former Military Nursing, Ms.JH Vanlalbeli (8th batch) RN at Singapore, Ms.Remruatpuii, (10th batch, MCON) RN at UK, Ms.Malsawmkimi (10th Batch) Nurse Pracitioner at Bangalore gave class on career opportunities in Military Nursing, Singapore & CGFNS respectively.
- 13) **The following alumni members participated in MCON- Capacity building Mental health & Self care ECHO program organized by MCON in collaboration with ECHO India:**
 - Ms.Lalrinhhani Kawlni (8th batch) on 19th June, 2025
 - Ms.Laldinpuui (11th Batch) on 3rd July, 2025
 - Mr.Lalrinfela (9th Batch) on 10th July, 2025

Placement Cell-

The activities of the Placement cell during 2024-2025 session are as follows-

- 1) **23rdJanuary, 2025:** Asporea, a recruitment agency gave career awareness to the 6th semester students. Thirty three (33) students alongwith the faculty attended the programme. There was an interactive session where students asked their doubts and were clarified by the team.
- 2) **27th March, 2025:** Tata Medical Centre, Kolkata had sent a request regarding campus recruitment of Staff Nurses for the outgoing 8th year (17th Batch) B.Sc Nursing students. After getting permission from the Principal, Ms. Piyali Bose, Nursing Superintendent TMC, Mr. Suvasish Mukherjee-Head HR and Ms. Jhumna Ghosh, AGM-Human Resource came for the recruitment at the college. Sixteen (16) students were selected.The selected students will join after their graduation.
- 3) **22.05.2025:** Mrs.Lalchhanhimi, Joint Direcotr (Nursing), H&FW Dept, Govt.of Mizoram gave class on Vocational preparatory class for the outgoing students, 17th batch, on the topic 'Professionalism.' Mrs.Lalruatkimi, Asst.Professor MCON also gave class in the afternoon on the topic 'Life Skills.'
- 4) **23.05.2025:** Mrs. Malsawmdawngkimi, Tutor gave gave class on Vocational preparatory class for the outgoing students on the topic 'Continuing Nursing Education.'
- 5) Mr.R.Zothanmawia Asst.Professor, Dept.of Economics, Pachhunga University College gave lecture on Interview Technique.
- 6) As invited, 3 Alumni members took classes on career opportunities during VPP for final year students.
- 7) **26.05.2025:**Dr.Zoramdinthara, Associate Professor, Dept.of Mizo, Mizoram University gave lecture on Job search strategies.

31. Mentor-Mentee Reports

The mentor mentee programme has been initiated since 2017-2018 academic session and is actively functioning till date. The programme has been the most crucial method in meeting the overall growth of the students. New mentors are allotted at every odd semester for the students. The mentees are divided equally among the particular semester teachers e.g. 17th Batch students are divided among 4 teachers who are taking the subjects of 7th semester and likewise for the other batches.

The Mentor Mentee Programme is individualized, differentiated and flexible to meet the students' growth in all areas of life. Mentees can express their views, share their thoughts and problems to their mentors. The mentors are responsible for monitoring all the academic and non-academic activities of their mentee. They maintain regular formal and informal meetings with their mentees and write their meeting report in a file maintain for each of the mentees respectively where the class test and examination marks are also entered. Mentors provide guidance in any area of life to the mentees by providing guidance, counselling and advice in any area of life, especially in academics as per the need expressed by the mentees. The mentor can make referral to the Counselling Cell of the institution as per need of the student.

32. Add on Course: Certificate in Community Health

Mizoram College Of Nursing served as a Programme Study Centre (PSC) for an ongoing Certificate in Community Health, which was initiated in July 2019 under National Health Mission in partnership with Indira Gandhi National Open University (IGNOU) with a course period of six months.

The mentioned course has been a growing initiative of the Central Govt. in training of Health and Wellness Officers which are posted in the newly upgraded Health and Wellness Centres (HWCs) all over the state. Mizoram College of Nursing had already trained 10 batches of Health and Wellness Officers with a training duration of 6 months each. The institution is equipped with 20 academic counselors and maintained 100% passed percentage in this course wherein all passed out 208 trainees (till July 2024) had already been posted in their specific postings and contribute immensely in uplifting health and its related services in their areas.

33. Details of Vocational Preparatory Programme (VPP)-

The Vocational Preparatory program for the 17th Batch was conducted for four days during May 2025. The programme includes classes for certain topics like-

- 1) Professionalism
- 2) Life skills
- 3) Roles & responsibilities of Alumni
- 4) Continuing Nursing Education
- 5) Carrer guidance-
 - Career opportunities in Military Nursing
 - Career opportunities in Singapore
 - Career opportunities in UK
- 6) Interview techniques
- 7) Workplace Ethics
- 8) Job Search Strategies
- 9) Commission on Graduates of Foreign Nursing Schools (CGFNS)

The resource persons for the above topics are-

- 1) Mrs. Lalchhanhimi, Jt. Director (Nursing)
- 2) Mrs. R Lalruatkimi, Asst.Professor, MCON
- 3) Mrs. Lalremmawii Ralte, Tutor, MCON
- 4) Mrs. Lalremruati Hnamte, Tutor, MCON
- 5) Mrs. Malsawmdawngkimi, Tutor, MCON
- 6) Ms. JH Vanlalbeli, RN- Singapore
- 7) Mrs. Esther Lalruatmawii, Ex Military Nurse, SNO, ZMCH
- 8) Mr. R ZOthanmawia, Asst. Professor, Dept. of Economics, Pachhunga University College
- 9) Ms. Remruatpuii, RN- UK
- 10) Mrs. Laldusaki, Principal, MCON
- 11) Dr. Zoramdinthara, Asst. Professor, Dept.of Mizo, MZU

Feedback from the outgoing students was collected on the last day wherein students had expressed their appreciation on the experts and the topics covered. Suggestions was made to conduct more interactive sessions with Alumni who had joined or experienced other professions such as banking, competitive examinations etc.

34. Extended Course (DCA)

For this reported session, Extended Course on Diploma in Computer Application (DCA) examination was completed on 11th of June 2025 for 20th batch (30 students) for which certification is provided.

35. Drug Awareness Club

Awareness campaign on drug misuse and the presence of Drug Awareness Club at MCON was held during the Fresher social Programme On 5th September 2024

All the students of MCON took an anti Drug pledge on 27th November 2024 during an Anti Drug pledge drive organized by Drug Awareness Club MCON.

36. Plan/ Project for next Academic session

The following are the plan/project proposed for the upcoming session-

1. The institution is striving towards excellence by attaining ISO 9001 certification. For such, training for ISO 9001 certification & internal audits for various laboratories & library has been carried out & external audit phase 1 is planned to be completed in August 2025 of the next session.
2. The institution's application to start Post Basic Nursing course has been approved by the State Government, affiliating University & Indian Nursing Council. The advertisement for the said course has been released & is expected to commence the course within August 2025.

37. Achievements and Awards

- i. MCON has secured 1st position in Nurses Uniform designing competition organized as part of TNAI Golden Jubilee celebration by TNAI Mizoram Branch on 18th Oct.2024. This competition is open to all nurses in Mizoram & will, in the future hold a key feature in redesigning the uniform for nursing cadre in Mizoram.
- ii. MCON has procured two new buses (both 23+1 seaters) funded by MHSSP within the reported session.
- iii. In the International Conference organized by MZU on 29th & 30th May 2025, 7 faculty had successfully completed paper presentation and immensely contributed to the success of the conference.
- iv. MCON students not only excel in their studies but also excel in many other fields. In the Walkathon organized by MHSSP in celebration of World Health Day on 21st march 2025, Laltlanhlui, 8th Semester had won 1st Prize in slogan writing competition & Zodingliani, 2nd Semester had won 3rd prize in Reels making competition.
- v. Mrs.Florence Lalthanzuali, Tutor had also won 1st Prize in slogan writing competition in observance of 28th International day of action for rivers on 14th March 2025, organized by Irrigation & Water Resources Department, GOI.
- vi. Under the scheme of 'Development of Nursing Services' funded by Ministry of H&FW, GOI, MCON has successfully organized 4 training courses specifically for Nursing Educators, Senior Nursing Officers & 2 batches of Nursing Officers spanning for 28days in the month of February & March, 2025.
- vii. Ten batches (208 trainees) from Mizoram College of Nursing had completed the six months course in Certificate in Community Health and had held their post as Health and wellness officers throughout the state.
- viii. The permission to commence Post Basic BSc.(N) has been approved & Prospectus for the upcoming PBBScN course was prepared and forwarded to the Directorate of Nursing for approval.
- ix. Following the INC inspection for permission to start MSC.(N) course, permission has been granted by MNC & Affiliating university-MZU. INC has permitted to start MSc.(N) course with seat capacity of 10.
- x. The institution, with the Mizoram Health System Strengthening Project (MHSSP)-World Bank had started strengthening & upgradation of infrastructure & the followings have been achieved in the reported session-
 - a) Completion of the construction of Boys Hostel in the college basement which can accommodate 12 students.
 - b) Completion of construction of elevators for the main hostel building.
 - c) A bore well mining has been completed with the pumping mechanism yet to be constructed.
 - d) Completion of the structural changes in the college building to accommodate the new courses in the next academic session. This includes renovating the library, faculty rooms, construction of 2 new Asst.Professor's room, skills lab and rooms for MSc. Nursing & Post Basic BSc.nursing students room.

- e) Vertical extension of Girls Hostel, 1 floor each in Block-I & II with an addition of 22 student rooms (11 rooms each for each block) which can accommodate 3 students each with a total of 66 students has been completed within the reported session.
 - f) Renovation of two warden quarters in the hostel.
- xi. Under the MHSSP, CCTV coverage of the institution, hostel & campus was completed.
 - xii. The institution in collaboration with Fire & Emergency Services Department, Mizoram had successfully organized Fire Safety Education & Fire Mock Drill for all staffs & students on 12th June 2025
 - xiii. In the University Results published for the academic year 2022-2023 in 29th August, 2024 all the students of Mizoram College of Nursing has acquired 100% passed percentage with four rank holders of 6th, 8th, 9th and 10th from the final year students.
 - xiv. The institution had undergone Training on Awareness on ISO 9001:2015 & Quality Council representative had conduct training for all staffs of MCON from 19th May 2025 till 23rd May 2025 where separate training is given to all faculty, drivers, group-D staffs, housekeeping staffs, ministerial staffs & administrators.
 - xv. The institution also held ISO Internal Auditors training & Sample Auditing of Laboratory & Library from 26th June till 28th June 2025 for 10 Internal Auditors. Certification is provided to all internal auditors by ISO 9001.
 - xvi. The institution has also upgraded Laboratory & Library equipments with the latest equipments & resources keeping in par with INC as well as ISO guidelines.

38. Conclusion

Mizoram College of Nursing, located in the outskirts of the state capital Aizawl has been working relentlessly for improvement and pursued for production of nurses with quality education and skill. With the efforts of the teaching staff and other supporting staffs and also the students, all the students from the past till date had many times secured 100% passed percentage in the University examinations held at the end of each session securing many top 10 rank holders.

Though financial funding had been limited, the efficiency of the Principal and ministerial staffs had enabled the smooth functioning of the institution which is in par with the regulations of the Indian Nursing Council and the Mizoram Nursing Council. This can also be credited to the good cooperation and communication flow between the teaching and non-teaching faculty of Mizoram College of Nursing.



(LALDUHSAKI)

Principal

Mizoram College of Nursing