

MIZORAM COLLEGE OF NURSING
Department of Health & Family Welfare
Government of Mizoram

Annual Report 2021 - 2022

1. Executive summary

i. Introduction/ brief history

The Mizoram College of Nursing was upgraded in 2005 from Nursing School, Civil Hospital Aizawl which was established in the year 1980. The institution being a continuation of the Nursing School, many nurses in Mizoram are products of this institution.

The institution is recognized by the Indian Nursing Council, Mizoram Nursing Council and is permanently affiliated under Mizoram University. It also has UGC 2(f) 12 (B) recognition and NAAC Grade B accreditation.

The institution follows the B.Sc. Nursing curriculum prescribed by the Indian Nursing Council which is adopted by Mizoram University. The theory and practical hours provided by this institution exceeds the prescribed curriculum in order to provide better skills and competency.

ii. Students' enrollment – total, gender, category (general, SC, ST, OBC)

The institution has a yearly intake capacity of 30 with equal opportunities for both male and female candidates. In this session, the institute has 122 students of which 119 students belong to ST category, 2 general category and 1 SC category with a total of 13 males and 109 females.

iii. Staff position

The institute has 1 principal, 22 regular teaching faculty and 2 regular wardens respectively with 25 non-teaching staffs.

iv. Achievements and Awards

The institute excelled in the University Examinations with 5 students in the top 10 with rank holder of 1st, 2nd, 3rd, 7th and 8th positions and 100% success rate in 2020-2021 academic session.

v. Faculty development

Constant effort is directed towards the faculty training and development to keep abreast with knowledge and skills. The teaching and non-teaching faculty actively

participated in trainings conducted by the government and non-government organizations and institutes with equal opportunities to all.

The institution is currently having 6 State trainers under various programmes and courses who apart from occasionally conducting trainings on various health related topics within the state, further aids in improving knowledge and development for both the students and the faculty.

vi. *Trainings conducted by the Institution*

1. The institution, in pursuance of the instruction issued by the Ministry of Home Affairs (Indian Cyber Crime Coordination Center) organized trainings of all students and teachers with the programme 'Curbing cybercrimes & develop an ecosystem for Cyber security in Indian educational institution cyber space'. The training lasted for 3 days from 18th September 2021 where experts in Banking, Law and IT took classes on pressing issues which was educational and benefitted by all attendees.

2. Drug Awareness Club, in observance of World Mental Health Day had organized an online webinar on Drug Awareness and its effects on Mental Health which was recently initiated in the college. The resource persons stressed on the importance of drug knowledge and the effect of misuse relating to mental illness. Other important sub topics included were substance abuse, relapse, counselling and other alternative approach.

3. Winter Break Workshop for faculty was carried out for two days on 13th & 14th January 2022 where experts on soft skills and time management took classes.

4. The Ministry of Commerce & Industry has launched a special drive "National Intellectual Property Awareness Mission" in observance of 'Azadi ka amritmahotsav'. Under this drive, Awareness of Intellectual Property rights was carried out with joined efforts of MCON with IPO, Kolkata on 4th March 2022 where all faculty and students of MCON attended the session.

5. Awareness of use of Mobile Applications for Digital Payment, e-governance Services, IT Applications, Cyber Security was also organised for two days on 11th-12th April 2022 with the joint effort of MCON with NIELIT, Aizawl which is solely for the students.

vii. *Extension activities*

The institution has been striving for all round development and this aim has also been carried out by many extension activities by spreading awareness and conduct developmental programmes. Such activities include-

1. Observation of important days like World AIDS Day, International Womens Day, World TB Day, World Health Day, Evangelical Nurse Fellowship Day, World Environment Day, Green Mizoram Day where students and staffs of MCON are involved in giving health teaching to admitted patients in the community, training programmes from experts, making and displaying slogans and posters appropriate to

the theme, discussion among the attendees, collaborate with the concerning Govt.officials, advocates and set an example for conservation of energy and resources.

2. Blood Donation Camp was also carried out twice and students and faculty donated 26 units to Civil Hospital, Aizawl Blood Bank for those in need.

3. On the occasion of World Mental Health Day, the 14th Batch (4th year) B.Sc Nursing students prepared a short video clip on the theme-“Mental Health in an unequal world” to create awareness among the society and circulated through whatsapp platform. The institute also organised Webinar for faculty and students on the topic- Drug Awareness Club and attended by 122 students and 21 faculty. Dr Robert L.Khawlhing, State Nodal Officer, National Mental Program and Ms Biakhluzuali Chenkual, Clinical Psychologist, Civil Hospital Aizawl as resource person.

4. Outreach programmes for rural communities-

The second year & fourth year B.Sc Nursing students has conducted health check up cum health awareness at the ICDS Centre I-Melriat, ICDS Centre-II-Falkawn, ICDS centre-II, Hualngohmun and during their rural community posting at Melriat Sub-centre & AWC II, Melriat. Health teaching was given on 4 topics- Balanced diet, First Aid, Dental Hygiene, Healthy lifestyle and Balanced diet. Health check up conducted.

5. The 4th year B.Sc Nursing students had conducted School Health Programme at 3 different school of Falkawn viz. Govt Falkawn High School, Govt Falkawn Middle School, Govt Falkawn Primary School & create awareness by performing role play and health talk on selected topic. Health assessment was also conducted for the students. The common health problems identified were dental caries and refractive errors. Upon the findings, students requiring referral were advised to attend OPD at Zoram Medical College, Falkawn at their convenience.

6. Thirty one (31) students of Fourth year B.Sc Nursing students visited Senior Citizen Home, Govt Complex, Luangmual on 14.6.2022 accompanied by 3 faculty. Health screening was conducted for the senior citizens and basic blood test like Hb and blood sugar was also conducted. The common health problems prevalent were hypertension and diabetes mellitus. The senior citizens were also complaining of indigestion, insomnia etc.

viii. *Library*

The institution has 1 partially automated library which is under the care of 1 regular Librarian. The library books are maintained and updated yearly according to the needs of the students which aids in their nursing knowledge and practice.

ix. *Research projects and Publications*

The final year students conduct research studies in fulfillment of the requirements of their curriculum under the guidance of teaching faculty. All final year students are expected to finalize and complete their research work by 31st July for each academic session.

x. *New appointments, promotion and release of any staff*

New appointment-

1. Ms. Vida Lalrinchhani was attached to MCON for the post of tutor on 2nd May 2022 from Zoram Medical College

xi. Release of staff-

NIL

2. Name of the Principal : Mrs. Lalchhanhimi

Contact details

- Office phone number: 8014550432
- Residence phone number:
- Mobile phone number: 9436152287
- E-mail ID: chhanifanai72@gmail.com

3. Staff position (Teaching)

Sl. No	Name	Designation	Gender	Educational Qualification	University	Specialization subject	Post		
							Sanctioned	Filled	Vacant
1	Lalchhanhimi	Principal	Female	M.Sc.(N)	Delhi University	Medical Surgical Nursing	1	1	-
2	Lalduhsaki	Asst. Professor	Female	M.Sc.(N)	NIMHANS	Mental Health Nursing	3	3	-
3	Helen Lalthianghlimi Sailo	Asst. Professor	Female	M.Sc.(N)	SNDT	Community Health Nursing			
4	Lalhriatpuii Varte	Asst. Professor	Female	M.Sc.(N)	WB UHS	Medical Surgical Nursing			
5	Zulvelin VL Rosangi Reia	Asst. Professor	Female	M.Sc.(N)	RGUHS	Child Health Nursing	5	5	-
6	R Lalruatkimi	Asst. Professor	Female	M.Sc.(N)	WB UHS	Mental Health Nursing			
7	Lalrintluangi Fanai	Asst. Professor	Female	M.Sc.(N)	WB UHS	Medical Surgical Nursing			
8	Laldingliani Sailo	Asst. Professor	Female	M.Sc.(N)	WB UHS	Obstetrics and Gynaecology			
9	Lalfakawmi Fanai	Asst. Professor	Female	M.Sc.(N)	RNC	Community Health Nursing			
10	Malsawmdaw ngkimi	Tutor	Female	B.Sc.(N)	MZU	-	12	12+1	-
11	Florence Lalthanzuali	Tutor	Female	B.Sc.(N)	GU	-			
12	Lalremruati Hnamte	Tutor	Female	B.Sc.(N)	MZU	-			
13	Lalremmawii Ralte	Tutor	Female	M.Sc.(N)	WB UHS	Obstetric and gynaecology			
14	C. Laldinthari	Tutor	Female	M.Sc.(N)	RGUHS	Obstetric and Gynaecology			

15	Zosangliani	Tutor	Female	M.Sc.(N)	WB UHS	Medical surgical Nursing			
16	Lalramengi Kaipeng	Tutor	Female	M.Sc.(N)	WB UHS	Community Health Nursing			
17	Vanlaldingchhuaki	Tutor	Female	B.Sc.(N)	WB UHS	-			
18	LalhruaitluangiPachuaui	Tutor	Female	B.Sc.(N)	MZU	-			
19	Lalrinchhiani Kawlani	Tutor	Female	B.Sc.(N)	MZU	-			
20	Lalthianghlumi	Tutor	Female	M.Sc.(N)	RGUHS	Medical Surgical Nursing			
21	EaudiPachuaui	Tutor	Female	B.SC.(N)	GU	-			
22	Vida Lalrinchhiani	Tutor	Female	M.Sc. (N)	SRMM CON	Child Health Nursing			

4. Staff position (Non-Teaching including hostel)

Sl. No	Name	Designation	Gender	Post		
				Sanctioned	Filled	Vacant
1	Engzikpuui	Warden	F	2	2	-
2	ShalomeMalsawmkimi	Warden	F			
3	-	HA	-	1	-	1
4	ZirsanglianaSailo	Librarian	M	1	1	-
5	R Lalthakima	LDC	M	2	2	-
6	Engthanzuali	LDC	F			
7	Cecelia Zoremawii	DEO	F	1	1	-
8	Lalchhandama	Driver	M	4	4 + 3 from DHS	-
9	Rallianzuala	Driver	M			
10	C Lalremsiama	Driver	M			
11	M.S Dawngliana	Driver	M			
12	Lalringzova	Driver	M			
13	Lalchungnunga	Driver	M			
14	Lallawmkima	Driver	M			
15	T. Sairengpuui	Group D	F	5	5 + 10 from DHS	-
15	Vanlalpari	Group D	F			
16	Lalngaihthangi	Group D	F			
17	C Lalramsangi	Group D	F			
18	Zoramnghina	Group D	M			
19	K Lalremruati	Group D	F			
20	Vanlalchhuana	Group D	M			
21	R. Lalngaihzuai	Group D	F			
22	F Lalmuankimi	Group D	F			
22	H. Lianthangi	Group D	F			
23	Lalremruata	Group D	M			
24	S. Lalthuama	Group D	M			
25	Malsawmtluangi	Group D	F			
26	Zodinpuui	Group D	F			
27	Pachhunga	Group D	M			

5. Staff position (External/ Guest Lecturer)

No	Year	Name	Gender	Educational Qualification	Subject	Total
1	1 st year	1.Jennifer LalthanzualiRalte	F	M.Sc Psychology	Applied Psychology	6
		2.Dr. Lalthansangi	F	Ph.D English	Communicative English	
		3.Saitluangpuii Sailo	F	M. Sc (Food Service Management &Dietetics), UGC-NET	Applied Nutrition& Dietetics	
		4. Dr. Elizabeth Zothanmawii	F	MBBS, MD (Biochemistry)	Applied Biochemistry	
		5. Immanuel Lalbiakluanga	M	M.A Sociology	Applied Sociology	
		6. Lalthazoa	M	BA Hons, DCA, Certificate in hardware and networking	Health/Nursing Informatics & Technology	
2	2 nd year	1.Caroline Malsawmtluangi	F	M. Pharmacology	Pharmacology	4
		2.Catherine Lalremruati	F	M.Sc. MLT with specialization in Haematology& Blood Banking)	Pathology	
		3.Lalbikzuala	M	M.Sc. Biotechnology	Genetics	
		4.Immanuel Lalbiakluanga	M	M.A Sociology	Sociology	
3	3 rd year	1. Victor Rosangzuala	M	M.Sc. Mental Health Nursing	Mental Health Nursing	3
		2. Vida Lalrinchhani	F	MSc. Child Health Nursing	Child Health Nursing	
		3. Lalzampuii	F	M.Sc. Child Health Nursing	Child Health Nursing	
4	4 th year	-	-	-	-	

6. Areas of Clinical Supervision by the Teaching faculty

Year	Subject	Areas	Name of Supervisors
1 st Semester & 2 nd Semester	1. Nursing Foundation I including First Aid module 2. Nursing Foundation II including Health Assessment module	Orthopaedic ward, Male & Female Surgical Wards, Male & Female Medicine Wards	1.C.Laldinthari 2.Zosangliani 3. Lalremruati Hnamte 4.Vanlaldingchhuaki 5. Lalhruaitluangi Pachuau
2 nd year	1. Medical Surgical Nursing-I	Male & Female Medical Wards, Orthopaedic Ward, Male & Female Surgical Wards, Surgical & Orthopedic OT, Dialysis	1.Lalrintluangi 2. Malsawmdawngkimi 3. Lalthianghlimi 4. Lalrinchhani Kawlni
	2. Community Health Nursing-I	Muallungthu HWC, Falkawn Clinic, Melriat SC	1.Helen LalthianghlimiSailo 2. Lalrinchhani Kawlni
	1. Child Health Nursing	Paediatric Ward, Neonatal	1.Zulvelin

3 rd year		Intensive Care Unit, Surgical Wards	VanlalrosangiReia 2. Lalzampuii 3. Vida Lalrinchhiani
	1. Medical Surgical Nursing-II	Male & Female Medical Wards, Male & Female Surgical Wards, ENT ward, Eye ward, ENT & Eye OT	1. LalhriatpuiiVarte 2. Florence Lalthanzuali
	2. Mental Health Nursing	Psychiatric Ward & OPD at Kulikawn Hospital	1.R Lalruatkimi 2. Laldusaki 3. Victor Rosangzuala
4 th year	1. Obstetric and Gynecological Nursing	Maternity & Postnatal Ward, Gynaecological Ward, Gynaecological Operation Theatre, Family Planning, Maternal & Child Health Clinic.	1.Laldingliani Sailo 2. LalramengiKaipeng 3.Eaudi Pachuau 4. LalremmawiiRalte
	2. Community health Nursing-II	Melriat SC, MuallungthuHWC, Falkawn clinic, Aibawk&Sateek SC	

7. Course Offered: B. Sc Nursing

Year	Code	Subject	Hours		Total hours	Subject in-charge
			Theory	Practical		
1 st Semester	ENGL 101	Communicative English	40		40	Dr. LalthansangiFanai
	ANAT 105	Applied Anatomy	60		60	Zosangliani
	PHYS 110	Applied Physiology	60		60	Vanlaldingchhuaki
	SOCI 115	Applied Sociology	60		60	Immanuel Lalbiaktluanga
	PSYC 120	Applied Psychology	60		60	Jennifer LalthanzualiRalte
	N-NF (I) 125	Nursing Foundation I including First Aid module	120	80 lab + 160 clinics	360	C.Laldinthari LalremruatiHnamte LalhruaitluangiPachuau
	SSCC (I) 130	Self Study/ Co-curriculum			40 + 40	

2 nd Semester	BIOC 135	Applied Biochemistry	40		40	Dr. Elizabeth Zothantluangi
	NUTR 140	Applied Nutrition & Dietetics	60		60	SaitluangpuiiSailo
	N-NF (II) 125	Nursing Foundation II including Health Assessment module	120	120 lab + 320 clinics	560	C.Laldinthari LalremruatiHnamte Zosangliani Vanlaldingchhuaki LalhruaitluangiPachauau
	HNIT 145	Health/Nursing Informatics & Technology	40	40	80	Lalthazova
	SSCC (II) 130	Self Study/ Co-curriculum			40 + 20	
2 nd year	BSN/II/08	1.Sociology	60		60	Immanuel Lalbiakltluanga
	BSN/II/09	2.Medical Surgical Nursing-I	210	720	930	Lalrintluangi
	BSN/II/10	3.Pharmacology. Pathology & Genetics- Section A- Pharmacology	45		45	Caroline Malsawmtluangi
	BSN/II/10	3.Pharmacology. Pathology & Genetics- Section B- Pathology	30		30	Catherine Lalremruati
	BSN/II/10	3.Pharmacology. Pathology & Genetics- Section C- Genetics	15		15	Lalbikzuala
	BSN/II/11	4.Community Health Nursing-I	90	135	225	Helen LalthianghlimiSailo Lalthianghlimi
	BSN/II/12	5.Communication & Educational Technology	90		90	
3 rd year	BSN/III/13	1. Medical Surgical Nursing-II	120	270 (Internship 84 hours)	390 (Internship 84 hours)	LalhriatpuiiVarte
	BSN/III/14	2.Child Health	90	270	360	Zulvelin VL

	BSN/III/15	Nursing 3. Mental Health Nursing	270	(Internship 97 hours) 95 (Internship 95 hours)	(Internship 97 hours) 365 (Internship 95 hours)	RosangiReia Lalduhsaki
4 th year	BSN/IV/16	1.Midwifery & Obstetrical Nursing	90	180 (Internship 624 hours)	270 (Internship 624 hours)	LalremmawiiRalte
	BSN/IV/17	2.Community Health Nursing-II	90	135 (Internship 195 hours)	225 (Internship 195 hours)	LalramengiKaipeng LaldinglianiSailo
	BSN/IV/18	3.Nursing Research & Statistics	45	45	90	EaudiPachauu
	BSN/IV/19	4.Management of Nursing Services & Education	90		90	

8. Students' Strength

Yearly intake capacity: 30

Year	Gender		Category				No. of vacant seats	Total no. of students
	Male	Female	Gen	ST	SC	OBC		
1 st year	3	28	1	29	1	Nil	Nil	31
2 nd year	2	28	1	29	Nil	Nil	Nil	30
3 rd year	3	27	Nil	30	Nil	Nil	Nil	30
4 th year	1	30	Nil	30	Nil	Nil	Nil	31

9. Training Programmes attended by Teaching Faculty during 2021-2022 session

No. of faculty who has attended training:

S/No	Name of faculty	Name of training attended	Venue&Date		Organised By
1	EaudiPachauu	State Programme officials on 'Priority Climate Sensitive Health Issues' under NPCCHH Programme	Webinar	10/8/2021-13/8/2021	NPCCHH with NHM
2	Lalchhanhimi	Orientation workshop on revised B.Sc. Nursing Program (State & Central Officials & SNRC officials in INDIA)	Webinar	23.8.2021-24.8.2021	Indian Nursing council

3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22	Lalchhanhimi Lalduhsaki Helen Lalthianghlimi LalhriatpuiiVarte Zulvelin VL Rosangi R.Lalruatkimi LaldinglianiSailo Lalrintluangi LalfakawmiFanai C. Laldinthari Florence Lalthanzuali LalremruatiHnamte Vanlaldingchhuaki Lalhruaitluangi Lalrinchhane Kawlnei EaudiPachau Zosangliani Lalzampuii Victor Rosangzuala Malsawmdawngkimi	Orientation workshop on revised B.Sc. Nursing Program (Nursing faculty including Principal CON in India)	Webinar	1/9/2021-4/9/2021	Indian Nursing council
23	Zulvelin VL Rosangi	Biotechnology in Drug discovery & clinical applications	Webinar	07-09-2021	Mizoram University
24 25	Zulvelin VL Rosangi Lalrintluangi	Current Knowledge on airborne transmission of covid-19	Webinar	18-09-2021	Dept.of Botany, Govt. Serchhip College
26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43	Zosangliani LalremruatiHnamte Lalhruaitluangi Lalrinchhane Kawlnei EaudiPachau Helen Lalthianghlimi Zulvelin VL Rosangi Lalthianghlimi Malsawmdawngkimi LalramengiKaipeng Florence Lalthanzuali C.Laldinthari LalremmawiiRalte Lalrintluangi LaldinglianiSailo LalhriatpuiiVarte Vanlaldingchhuaki Lalchhanhimi	Curbing cybercrimes & develop an ecosystem for cyber security in Indian educational institution cyber space'	Webinar	18/9/2021-21/9/2021	MCON in pursuance of institution issued by Ministry of Home Affairs (Indian Cyber Crime Coordination Center)
44 45	Zulvelin VL Rosangi LalhriatpuiiVarte	Short term course on Research & Publication Ethics	Webinar	1/10/2021-7/10/2021	Mizoram University UGC-Human Resource Dept.

46	Zulvelin VL Rosangi	Imperial Hegemony & Subaltern Resistance in Mizoram & Subaltern & India's Freedom Struggle (Azadi ka amritmahotsav)	Webinar	02/10/2021	Mizoram University
47	Lalrintluangi	33rd Orientation Programme/Faculty Induction Programme	Webinar	2/11/2021-22/11/2021	Mizoram University UGC-Human Resource Dept.
48 49 50 51 52	Zulvelin VL Rosangi Florence Lalthanzuali Lalhriatpuiivarte LalramengiKaipeng Lalduhsaki	Safe abortion: Evidence, Rights, Values/Attitudes transformation	Webinar	15/11/2021	TNAI with WHO
53	Lalrintluangi	Stakeholders Feedback Meeting Mizoram	Webinar	17/2/2022-18/2/2022	NAAC
54 55 56 57	Zulvelin VL Rosangi R.Lalruatkimi Lalrintluangi Lalthianghlimi	Research Methodology & Statistics in Behavioural Sciences	Webinar	21/2/2022-25/2/2022	IASE with IQAC
58	LalhriatpuiVarte	Foundation course in Palliative Nursing (27 hours of online didactic sessions)	Webinar	28/2/2022-2/5/2022	ECHO with TIPS (Trivandrum Institute of Palliative Sciences)
59	LalremmawiiRalte	Celebration of International Women's Day	Webinar	03-03-2022	MZU with Ministry of Women & Child Development
60 61 62 63 64 65 66 67 68 69 70 71 72 73	Lalrintluangi LalhriatpuiVarte Lalremmawii LalremruatiHnamte Florence Lalthanzuali R.Lalruatkimi Malsawmdawngkimi Lalrinchhani Kawlai EaudiPachau LalhruaitluangiPachau Vanlaldingchhuaki Zulvelin VL Rosangi Zirsanglianaisailo	Intellectual Property Rights Awareness/ Training Programme	Webinar	04-03-2022	IPO, Kolkata with MCON
74	Lalrintluangi	Identification & Formulation Of Research Problem, Question & Objectives	Webinar	11/3/2022-12/3/2022	My Inner Log
75	EaudiPachau	All India Survey on Higher Education (AISHE) 2021-2021	Aijal Club	17-03-2022	Dept. of Maths & Comp. Sc. MZU

76	Lalrintluangi	Direct Trainer Skills (DTS)	ATI, MINECO Complex	21/3/2022-25/3/2022	ATI, Govt. of Mizoram
77 78	C.Laldinthari LalfakawmiFanai	State TOT on Mental, Neurological & Substance abuse (MNS) disorders, Elderly & Palliative Care for First Line Workers	Hotel Palacio, Guwahati	21/3/2022-25/3/2022	Regional Resource Centre for NE states, Ghy, NHSRC, NHM
79	LalfakawmiFanai	TOT on Simulation Based Education	National Resource Simulation Centre (NRSC), SGT University, Gurugram	28/3/2022-2/4/2022	INC, JHPIEGO, Leardal Medical India, NRSC, SGT University
80	Lalrintluangi	TOT for ECHO- Vaccination Confidence & post covid sequelae Program for HCW's	Webinar	6/5/2022	ECHO, India
81 82	Zosangliani LalhriatpuiiVarte	State TOT on Oral, Eye, ENT & Emer care for FLWs for NE states	Hotel Palacio, Khanapara, Ghy	9/5/2022-13/5/2022	Regional Resource Centre for NE states
83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100	LaldinglianiSailo Lalrintluangi LalremmawiiRalte Lalrinchhani Kawlai EaudiPachauu Lalthianghlumi Lalhruaitluangi Vanlaldingchhuaki C.Laldinthari LalremruatiHnamte Lalduhsaki Malsawmdawngkimi LalramengiKaipeng Zosangliani Florence Lalthanzuali LalhriatpuiiVarte Zulvelin VL Rosangi LalfakawmiFanai	Covid-19 vaccination confidence & Advocacy Programme	Webinar	23/5/2022-3/6/2022	MNC & ECHO, India
101	Lalrintluangi	Forensic Nursing- A watchful Third Eye	Webinar	20/7/2022	Amrita CON,

102	Helen Lalthianghlimi Sailo	TOT for Cho & SN in MNS for enabling delivery of Comprehensive PHC at Ayushman Bharat- HWC	Hamdard Institute of Medical Science & Research, New Delhi	26/7/2022-29/7/2022	Kochi NHM, NHSRC
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10. Training Programmes attended by Non- Teaching Staff

No. of Non-teaching staff who has attended training:

	Name of Non-teaching staff	Topic	Date & Venue	Funding Agency
	NIL			

11. Details of Faculty participating as resource person in Trainings & Workshops

Sl. No.	Name of faculty	Topic presented	Name of Workshop	Date & Venue	Organizer
1 2	Helen Lalthianghlimi LalramengiKaipeng	Eat Right Toolkit	Training on Eat Right Toolkit for Medical Officer & HWO's	21/9/2021-22/9/2021 Webinar	National Health Mission
3	LalramengiKaipeng	Elderly Care	Training of HWO of Sub centre& Staff Nurse of PHC, UPHC & CHC	5/11/2021 Webinar	National Health Mission
4 5	LalramengiKaipeng Zosangliani	Palliative Care	Training of HWO of Sub centre& Staff Nurse of PHC, UPHC & CHC	23/11/2021-25/11/2021 Webinar	National Health Mission
6 7 8	Helen LalthianghlimiSailo LalramengiKaipeng Zosangliani	Oral, Eye & ENT Care	Training of HWO of Sub centre& Staff Nurse of PHC, UPHC & CHC	29/12/2021-1/12/2021 Webinar	National Health Mission
9 10	Lalrintluangi LalhriatpuiiVarte	Elderly Care	Modular Training for Staff Nurse	8/3/2022-9/3/2022 ATI	NPHCE with National Health Mission
11	EaudiPachauu	Climate change & Human Health	Training of HWO on Climate change & Human Health	25/3/2022-26/3/2022 Webinar	NPCCH with National Health Mission
12	LaladinglianiSailo	Communication Advocacy Strategy for Covid-19 Vaccination	Covid-19 vaccination confidence & advocacy/management	23/5/2022 Webinar	Mizoram Nursing Council with E CHO

13	Lalrintluangi	Vaccination as a strategy for Covid-19 control & prevention	Covid-19 vaccination confidence & advocacy/management	24/5/2022 Webinar	Mizoram Nursing Council with ECHO
14	Lalthianghlimi	Basic First aid, BLS, Bleeding, heatstroke	Training for implementation for upscaling of AapdaMkitraAcheme under DM&R	30/5/2022-31/5/2022 State Training Centre, Tanhril	Disaster Management & Rehab Dept.
15	LalhriatpuiiVarte	Fracture, bandaging, hypoglycemia, strains & sprains			
16	Lalremmawii	Adverse events following Immunization	Covid-19 vaccination confidence & advocacy/management	1/6/2022 Webinar	Mizoram Nursing Council with ECHO
17	Lalrintluangi	Entrepreneurship in Nursing Education	Entrepreneurship & Nurse Entrepreneurs : Leading the way to professional identity in NsgServices	17/6/2022 Webinar	Bombay Hospital CON, Indore
17	Lalchhanhimi	Training of nurses	Development of nursing services	22/7/2022 MNC training hall	Mizoram Nursing Council
18	Lalthianghlimi	(Participated as Course coordinator)	Development of Nursing services (for SN & HWO)	26/7/2022-29/7/2022 MNC Complex	Mizoram Nursing Council
19	Helen LalthianghlimiSailo	Empathy in Nursing			
20	Lalchhanhimi	Time management Decision Making			

12. Name of Training/ Workshop organized by the Institution

Sl No	Date& Venue	Topic	Co-ordinator
1.	18/9/2021 20/9/2021 21/9/2021 Zoom platform	No. of participants- 143 Mizoram College of Nursing in pursuance of the instruction issued by Ministry Of Home Affairs and under the coordination of the Curriculum committee organized awareness in 'Curbing cybercrimes & development of ecosystem for cyber security in Indian educational institution' - <u>Day 1: 18/9/2021-</u> Speaker: Mr. Samuel Rodailova Topic :Electronic Payments and Safeguards therein The Session commenced with an introductory speech by	

		Ms.Zosangliani, Tutor MCON. Mr.Samuel enlighten us on the topic and gave information about online payment, instructions for beginners as well as long time users. The session ended with discussion among the attendees which was very helpful & interesting. <u>Day 2: 20/9/2021-</u> Speaker: Mr. T Lalnunsiam, Advocate Topic : Introduction to Information and Technology Act, 2000 (IT Act) and its use in Cyber Space The speaker gave an interesting overview of 'Information & Technology Act 2000 (IT Act) to the audience which was informative and helpful. He stressed on the importance of the act and its usage in our cyber world today. An interactive session followed. <u>Day 3: 21/9/2021-</u> Speaker: Mr. Lalengzuala, Information Officer, Dept. Of Information & Communication Technology Topic : i.) Cyber Crimes and Safety ii.) Introduction to Social Networks The different types of cybercrimes in India and Mizoram was highlighted and its prevalence everywhere. He talked about how simple online applications can hamper our life &also stressed on ways to avoid such cyber crimes, why it is not safe to over share in social media & maintain anonymity where ever possible in online ventures.	
2.	11/10/2021 Zoom Platform	No. of Participants : 57 Resource Persons : 1. Dr. Robert L Khawlhing, Nodal Officer, NMHO, H&FW, GOM 2. Biakhluzali, Clinical Psychologist, Kulikawn Hospital Drug Awareness Club, in observance of World Mental Health Day had organized an online webinar on Drug Awareness and its effects on Mental Health which was recently initiated in the college. The resource persons stressed on the importance of drug knowledge and the effect of misuse relating to mental illness. Other important sub topics were substance abuse, relapse, counselling and other alternative approach.	
3	13/1/2022- 14/1/2022	<u>WINTER BREAK WORKSHOP</u> Mizoram College Of Nursing, under the coordination of the Internal Quality Assurance Cell had organized Winter Break Workshop for faculty on 13th-14th January 2022.	Lalramengi Kaipeng Tutor, MCON

	Nurses Seminar Room, CHA	<u>Day 1:</u> No. of Participants- 20 Resource Person- Dr. Lalremruati, Asst. Professor, Dept.of Psychology, Govt. Aizawl West College Topic - “SOFT SKILLS” The workshop commenced by a welcome speech from the Coordinator Mrs. LalramengiKaipeng, Tutor, MCON. The sub topics covered were Communication Skills, Problem solving skills, Decision making skills, Critical Thinking & Self-motivation. Group work involving role play from each group was done which was followed by lecture & another paper work where each participant were instructed to write our own strengths & weaknesses and also the person sitting next to us. The session ended with group discussion. <u>Day 2:</u> No. of Participants- 20 Resource Person- Ms. RamdinthariRalte, B.Com, MA(Sociology) Secy. For Business Administration, Bangladesh Topic - “TIME MANAGEMENT” The session commenced by a speech from the Coordinator Mrs. LalramengiKaipeng, Tutor, MCON. The resource person had varied experience abroad where time is managed effectively. She spoke on faithfulness & bible verses on how the bible teaches us to effectively utilize our time. She shared many of the techniques & experiences on how to manage our time without having burn out. Discussion was done and our personal time management was shared and the resource person shared valuable techniques to improve our time management.	
4	4/3/2022 Webex Platform	<u>Intellectual Property Rights Awareness</u> As a part of ‘National Intellectual Property Awareness Mission (NIPAM)’ launched by the Department for Promotion of Industry & Internal Trade (DPIT), a special drive was initiated to impart Intellectual Property Awareness to students/participants across the nation. As part of the said campaign, MCON in collaboration with IPO, Kolkata has organised online training on Intellectual Property Rights Awareness. Resource person : Suman Sil, Group A gazette officer from patent office, New Delhi No. of participants : 135 The online training covers a portion of IPR like patents, copyrights, marks and trade secrets. The resource person starts off with an explanation of the foresaid terms and contents. The importance of patents, tenure and uses was explained briefly followed by other terms related to IPR. The training illustrates & enlightened all attendees on how much IPR holds importance in trade as well as business proceedings that is very much needed for all in our present day scenario. The students as well as the faculty acquire useful knowledge and was intriguing to all.	MCON with Intellectual Property Office (IPO), Kolkata

5	11/4/2022- 12/4/200 M-Hall, MCON	Awareness on Use of Mobile Applications for Digital Payment, e-governance Services, IT Applications, Cyber Security” Resource Persons : NIELIT, Aizawl 1. Mr. Vanlalzarzoliana 2. Mr. ZohmingmawiaRenthlei No. of Participants: 57 The awareness programme was organized by Mizoram College Of Nursing in collaboration with NIELIT, Aizawl. <u>11th April 2022-</u> A brief introductory speech was given by Miss Lalrinchhani Kawlani, Tutor, MCON after which Mr. Vanlalzarzoliana, the expert from NIELIT took classes on Use of Mobile Applications, local applications in Mizoram and their uses, Technologies for various section of society in north east states which was interesting and eye opening to major technological development and their usage. <u>12th April 2022-</u> The training commenced by classes on the expert Mr. ZohmingmawiaRenthlei, NIELIT Digital Payment systems, e-governance, capacity building in IECT including training in digital skills, cyber crime and related security measures which was insightful and resourceful and much needed by all attendees.	Lalrinchhani Kawlani Tutor, MCON
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13. Events and Days observed by the Institution

Sl. No	Name of Event/ Day	Date	Venue	Attendees	Remarks
1.	75 th Independence Day	15.8.2021	MCON ground & Social Media platform	All students & teachers of MCON	MCON observes Independence Day by displaying and hoisting national flag on the college ground, organizing online quiz for staffs, faculty & students of MCON. The prize winners are as follows- 1 st prize- Lalhruaitluangi 2 nd prize- Lalrinmawii 3 rd prize- Vanlalduhawmi Consolation prize winners- 1. Ruth Lalremruati 2. Lalnghakmawii 3. K. Lalhriatpuii 4. Immanuel T Suipari
2.	Teacher's Day	3.9.2021	M-Hall, MCON	All students & teachers of MCON	Teacher's Day was celebrated on 3 rd sept as 5 th sept was a holiday. Special items were presented by each batch of students, teachers day speech was given by the Principal and gifts were given to all teachers of MCON.

3.	World Mental Health Day	10.10.2020	Zoom platform	All students & teachers of 3 rd year	Theme- “Mental health in an unequal world” 10th Oct is a holiday so 14th Batch prepared short video on the theme which was shared among all staffs and students. Following the commemoration of Mental Health Day, a webinar was organized on 11th October 2021 where two experts Dr. Robert L Khawlhing, State Nodal Officer, NMHN, Mizoram and Ms. BiakhluzualiChenkual, Clinical Psychologist, CHA gave classes on mental health and ‘Drug awareness club’
4.	World Students Day	15.10.2021	Social Media Platform	All students & teachers of MCON	The day was observed by creating slogans and posters which were posted on social media which is used as the main platform to spread the celebration of Students day. Since it is the birth anniversary of the former President Dr. APJ Abdul Kalam, his legacy was shown through slogans and posters.
5.	Global Handwashing Day	15.10.2021	Social Media Platform	MCON campus	Theme- “Achieving Hand Hygiene at the point of care” Global Handwashing Day is given utmost importance not only as it is our best practice but also because the world is fighting against the global pandemic. On this day, students perform social work wherein at the end, all students come together performing hand washing technique.
6.	National Education Day	11.11.2021	Quiz application	All students and teachers of MCON	Quiz competition on covid-19 was made for teachers and students separately which was interesting and a fun way to refresh our knowledge.
7.	International Day for Elimination Of Violence Against Women	25.11.2021	Zoom Platform	All students and teachers of MCON	Theme- “Orange the World: End Violence against Women Now” No. of attendees- 122 females & 9 males The day was observed under the guidance of Miss R.Lalruatkimi, Presiding officer of ICC, MCON who elaborated the theme through zoom platform.

8.	World AIDS Day	1.12.2021	Zoom platform	Students, faculty & alumni members	Theme- “End inequalities, End AIDS” MCON observed the day by organizing poster and essay writing competition where prizes for 1 st , 2 nd & 3 rd were distributed for each category
9	Christmas Celebration	17.12.2021	MCON ground	All staffs and students of MCON	Due to the Christmas Day being holiday, MCON celebrated Advance Christmas on 17/12/2021 with the joint efforts of Staff Welfare, SNA & ENF. The programme included special number from all staffs & students of MCON, cake cutting and gift exchange was done among all attendees and ended with a scrumptious dinner.
10.	Republic Day	26.1.2022	MCON	All students and teachers	Flag hoisting was done in the College & faculty presents the significance of the day to the students. Staffs & students used social media platforms to commemorate the day and its significance to their peers.
11.	International Women’s Day	8.3.2022	Zoom platform	All students and faculty	Theme- Gender Equality Today for a Sustainable Tomorrow MCON observes the day by organizing online programme as follows- Host- Mrs.LalremrautiHnamte, Tutor MCON Keynote Address- Mrs. Lalhchanhimi, Principal, MCON Speaker- Prof. Lalhnehzovi, Dept.of PA & Honourary Director of UGC Women’s Study Center, MZU Vote of thanks- Ms. Laldinthari, Tutor, MCON MCON faculty also attended a Programme organized by UGC- Women’s Study Centre, MZU on the topic “She’s a Change Maker” which is initiated by the Ministry of Women & Child Development, GOI.
12.	World TB Day	24.3.2022	Civil Hospital, Aizawl & M-Hall,	All students & faculty	MCON observed the day at Civil Hospital and M-Hall, MCON as follows- Civil Hospital- 2 nd , 3 rd & 4 th year students gave

			MCON		teaching about TB to patients & relatives in their respective clinical posting. M-Hall, MCON- In collaboration with National Tobacco Control Society (NTCP) under NHMM, awareness programme was organized with MCON as follows- Participants from MCON- 1st year students & 5 faculty Host- Mrs. LalremruatiHnamte, Tutor, MCON Speakers- 1. H.Remrautpuii, Councillor, NTCP 2. LalnunpuiiVarte, Social Worker, NTCP
13.	World Health Day	7.4.2022	MSCI, Cancer Hospital Zoom platform	All students & faculty	Theme- “Our Planet, Our Health” The students of MCON under the guidance of faculty observes the day as follows- 1. 4th year gave health teaching & discussion on the theme with the staffs and patients of Male Medical Ward, Civil Hospital. 2. 3rd year students gave health teaching & display posters on the theme in Paediatric Ward, Civil Hospital followed by games, distribution of gifts to the patients. 3. 2nd year students gave health teaching & demonstrate ROM exercise with the patients in Orthopaedic Ward, Civil Hospital.
14.	Evangelical Nurses Fellowship Day	12.4.2022	Lecture Hall-I, Civil Hospital	All students and staffs of MCON	With the efforts of ENF MCON unit, the day was observed at Lecture Hall-I, Civil Hospital where ENF Chairman Mrs. LalremruatiHnamte hosted the programme and Ms. Vanlaldingchhuaki gave a speech on the significance of ENF day. Blood donation was held in Civil hospital Blood Bank where 19 units was donated by students & teachers.
15.	International Nurses Day	12.5.2022	M-Hall, MCON	All students & faculty	Theme- “Nurses: A voice to lead- Invest in Nursing and respect rights to secure global health” The day was celebrated as follows-

					Chairman- Mrs. Lalremruati Hnamte, Tutor, MCON Short Speech- Mrs. Lalchhanhimi, Principal, MCON Theme Presentation- Mrs. Lalrintluangi, Asst. Professor, MCON Quiz- Ms. C. Laldinthari, Tutor, MCON Special Items- 2 nd Semester, CCH students, faculty
16.	World No Tobacco Day	31.5.2022	MCON & Community posting	Students & faculty	Theme- Commit to quit The day was observed as follows- 1. No Tobacco pledge was taken by students & teachers in their community posting as well as at the college. 2. Leaflets on Tobacco Awareness was circulated among staffs & students. 3. Tobacco Awareness Quiz was organized at the college where staffs and students attempt the quiz. 4. Free Online Consultation was provided for the students & staffs of MCON by Tobacco Cessation Clinic Counsellor, ZMC/SRHF
17.	World Environment Day	5.6.2022	MCON	All students & staffs of MCON	MCON observes the day as follows- 1. Switching off electronics like computers and TV for the day. 2. Visiting Botanical Nursery of MCON. 3. Distribution of Snake plant polypot which is a good source of filtering toxic, polluted air and helps in allergies. 4. Group Walking & jogging by the students. 5. Emphasis on the importance of recycling, decreasing waste & avoid use of plastic bags.
18.	Green Mizoram Day	13.6.2022	MCON	All staffs of MCON	The day was observed by MCON faculty as students prepare for university exams. The staffs observed the day as follows- 1. Social work by cleaning the campus. 2. Planting 'Archangkawm' saplings at the College Green House.

19.	International Plastic Free Day	3.7.2022	MCON	All staffs & students of MCON	MCON observes the day on 4 th July as 3 rd July was a holiday. 1. The use of plastic bags and its hazards were taught among students & staffs 2. Selling of Jute/plastic free bags was held to advocate the use of jute and other non-plastic bags. 3. Slogans & posters were made and displayed in the campus.
20.	World Paper Bag Day	12.7.2022	MCON	All staffs & students	Paper bags with slogans on use of paper bags was displayed which is available free of cost for anyone who desire.

14. Particulars of MZU Exam Result of the preceding Academic Session

Year	Total no. of students	No. of Passed Students	No. of Failed Students	No. of Students with Supplemental Paper(s)	Remarks
1 st year	31	28	Nil	3	
2 nd year	30	30	Nil	Nil	
3 rd year	30	30	Nil	Nil	
4 th year	31	31	Nil	Nil	

15. Research and Publications

Research-

In the 2021-2022 session, the Research and Ethical Committee held a meeting once wherein allocation of research guide was done along with fixation of calendar for submission and finalization of research studies by the final year students.

The final year students are grouped into 2 groups and 4 research guides were appointed from the faculty. The committee suggested that 1 week i.e 45 hours, be allotted for data collection and finalization of all research work shall be the 31st July, 2022.

Publication –

The research articles were submitted to Indian Journal of Continuing Nursing Education (IJCNE) for publication on 22nd June 2022 and is under peer review.

More research article are currently prepared for publication in the next academic session.

16. Library report

a. *Brief introduction and Activities*

The institution has 1 library managed by 1 librarian. Library books and other holdings are updated on the basis of the needs of the students.

b. *Library holdings:*

- Books- 3122
- Thesis- NIL
- Journals- 11 titles (National & International)
- E-resources- NLIST (UGC INFLIBNET)

c. *Library Membership*- All registered students, faculty and staffs of MCON has library membership which is renewed annually.

d. *Books Issued*-Library books are issued manually and with the use of library automation software. In this session, 392 books were used and recorded in automation software. This is due to the temporary closure of the college due to Covid-19 pandemic.

e. *Visitors*- During this session, a total of 1774 users has visited the library as per record. *New facilities and other activities*- Revised BSc. Nursing syllabus was implemented and 110 books for the new syllabus was purchased during the reported session.

17. Hostel Report

The institution has a conjoint two building Hostel (Block I and Block II) located near the entrance of the College campus which offers the following facilities-

- i. Warden Quarters-2 (in Block I & II)
- ii. Students' Common Room-2 (in Block I & II)
- iii. Night Chowkider's Room- 1 + 1 (in Block I & II)
- iv. Students Sick Room-1 (Block I)
- v. Warden Office-1 (Block I)
- vi. Kitchen-1 (Block I)
- vii. Dining Hall-1 (Block I)
- viii. Visiting Room- 1 (Block I)
- ix. Devotion Hall-1 (Block II)
- x. Guest Rooms- 5 (Block II)
- xi. Students' Rooms- 41+39 (Block I & II respectively wherein 30 rooms each from block I & II are occupied by students.)

The hostel building can accommodate 160 students, 82 students in Block I and 78 students in Block II. Since there are 6 male students in the current session, a two- storied house located near the college entrance gate is rented to accommodate 6 male students.

Presently, there are 10 staffs working in the hostel, with 2 wardens and 8 group D staffs. The hostel maintained registers like Mess Account Register, Visitor's Log Book, Outgoing Register, Event Records, Students' Attendance Register and Staffs' Attendance Register.

The hostel is equipped with recreational facilities like Carrom Board, Chinese Checkers, Television and Guitars which can be used by students while abiding to the rules laid down by the hostel authorities.

18. General Administration Report

a. Finance report

Mizoram College of Nursing received LOC (Letter of Credit) Quarterly from the Directorate of Hospital & Medical Education (DHME) after submission of requirements in various fields. The Institution's basic requirement includes Salary, Motor Vehicle, Medical Treatment, Transportation expense, Office Expense and other miscellaneous charges.

Under O.E.(B) and MV, Petroleum, Oil & Lubricant (POL) are acquired of which remaining funds are spared for Motor Vehicle repair fund. Other office requirements like Water Charge, Electric Charge, Internet Bill and Stationery bill are paid from O.E (A) and O.C. Since L.O.C received is more on the shorter side, funds for essential institution requirements are often unmet.

b. Activities of Establishment Section

i. Purchase and issue of stationary item

Stationery items are purchased by Indent from Printing & Stationery depot and occasionally from local approved firm when the same are not available at Printing & Stationery depot. These stationery items are then issued to the Office book for use in Faculty section, Library section and Hostel Section.

ii. Purchase and maintenance of furniture and equipment

Furniture and Equipment requirement is put up for indent and purchased from Authorized dealers.

iii. Furnishing/ computer repairing

Furnishing/computer repairing is carried out by consultation with Authorized personnel. During August 2021- July 2022 session, computer repair was done 4 times with Ralte Computers.

iv. Maintenance of stock register

Stock Register is maintained in three categories, namely- Stationery Articles, Hardware Materials and Vehicle Materials in which all purchased items are registered promptly.

v. Issue of Daks

The number of Daks issued during August 2021- July 2022 is 455 of which most of the letters are addressed to Directorate of Hospital & Medical Education (DHME) and Mizoram University.

vi. Collection of Daks and Newspaper

Daks are collected and distributed by Dak runner.

MCON is currently subscribing 3 copies of local daily newspaper (Vanglaini) with monthly bill amounting to Rs.450/-.

International Newspaper could not be subscribed due to unavailability of distributor agents in the area.

vii. *Maintenance of telephone and internet connectivity*

Internet connections having wifi facility is available in each floor of the institution with a speed of 20 Mbps and a coverage of 87.5%

19. Student Nurses' Association (SNA) Report

The Student Nurses Association, MCON unit had elected Office Bearers for the session 2020-2021 on 30th July 2021 through google forms as assembly for election could not be organized as students have different posting areas and schedules.

Activities during 2021-2022 session-

1. SNA has taken up initiatives in organizing freshers' induction for 1st year students, Teachers' Day, Annual sport and Farewell programmes for the outgoing students. Advance Christmas was also celebrated with the joint efforts of SNA, ENF & Staff Welfare at the college campus.
2. The association had been carrying out fund raising activities to aid its function like selling of stationery items, spare uniforms, hostel necessities and other items as requested.
3. The association had also given monetary condolence to its member losing their family member.

It has been noted that this student body contributed much to the smooth functioning and maintenance of conduct among the students.

20. Evangelical Nurses Fellowship (ENF) Report

The Evangelical Nurses Fellowship (ENF) MCON unit has 145 members for 2021-2022 session and had their annual election of Office Bearers on 2nd August 2021 after which 6 Executive committee members elected who held 4 meetings for the reported session.

Activities-

1. Voluntary blood donation was held twice during the reported session where 26 units was donated to Civil Hospital, Aizawl.
2. Retreat Programme was held for all ENF MCON unit members through zoom platform on 14th December 2021 where Frederick Lalrindika was invited who provided all members with spiritual enlightenment.
3. ENF service for hostel students was held in Hostel Hall weekly on Friday at 7PM. Apart from this, ENF held meetings weekly (every Monday).
4. Bible reading project was carried out during this session where 8 students who completed the project was rewarded at the end of the session.
5. Bible study was held 8 times where ENF members from all over the state attend the session through zoom platform.
6. On 3/11/2021, a sum of Rs. 1000/- was given to Miss Zosangliani, tutor to congratulate her on her marriage.

7. On 9/12/2022, ENF monetary aid to the needy Rs.3000 was given to two families from Falkawn and Muallungthu area.
8. Fund raising activities like selling of student's stationery items along with hair accessories for clinical duties has been carried out.
9. The ENF MCON unit had been doing its best in doing social work by giving monetary rewards or contributions as needed. In this session, it had also continued its monthly contribution of Rs. 1000/- (Rupees One Thousand only) towards Evangelical Nurses Fellowship of India for Missionary support.
10. Participation in VIRTUAL Evangelical Nurses Fellowship India National Biennial Conference 2021 (11,12 & 13 November 2021). Welcome Video and Worship Song was made and presented by MCON during this conference.

21. Red Ribbon Club Reports

During 2021-2022 session, Red Ribbon Club had held one meeting, appointment of members for various posts including 2 Nodal Officers from faculty and 4 peer educators from the students representing each year from 1st to 4th year was carried out on 12th November 2021.

Activities of RRC-

1. Blood donation was organised in collaboration with ENF on two separate occasions at Civil Hospital, Aizawl where a total of 26 units was donated.
2. Two students participated in Inter College Red Ribbon Club Quiz Competition 2021 organised by MSACS where they received Rs. 2000 and a certificate.
3. In observation of World AIDS DAY, 1st Dec 2021, Poster making competition and essay writing competition was organised. Achievement Certificate and cash prize given to top three winners and participation certificate was given to all participants. Peer educators elaborate World Aids Day Theme on this occasion.
4. Poster Awareness Campaign was held on 2nd Dec, 2022.
5. Awareness programme was organised within the college through zoom platform on 2.12.2021 at 3pm. There are 98 participants.
6. 4th year student gave Health Teaching regarding HIV/AIDS in UPHC, Hlimen on 10.12.21 at 11 a.m

22. Internal Quality Assurance Committee (IQAC)

Internal Quality Assurance Committee (IQAC) is the governing body which undertakes the responsible of setting up guidelines and committees in the institution for the proper functioning, standard maintenance and ease of activity scheduling.

During this session, 2 IQAC committees were held. The activities of IQAC during the reported session includes-

1. Infrastructure- Menu board for hostel, charts for laboratory, Visitor record book for laboratories, referral cards for counselling were updated and added to the existing infrastructure and respective i/c were given to faculty.
2. Allocation of responsibilities- The IQAC meeting had appointed faculty i/c for all committees for the academic session and all other allocation needed for certain roles & responsibilities.

3. Review of committees- Code of conduct review meeting is under process, research & ethical committee guidelines preparation i/c was appointed
4. IQAC- annual calendar preparation is under process,
5. Students/faculty exchange programme is currently under process.
6. Green audit- will be done once the completion of medicinal nursery construction
7. MoU- with Mizoram Youth Commission was planned and faculty i/c was appointed to do the needful.
8. Constitution of new cells- Drug awareness club, Extension cell and Admission cell was constituted
9. Winter break workshop was postponed in 13th-14th January due to semester exams and need for classes in December
10. Student's Relief Fund- the guidelines for usage was deliberated.
11. Purchase of covid-19 common drugs was done for students affected.

23. Curriculum committee Reports

During the academic session 2021-2022, the Curriculum committee held four meetings. The committee is responsible for review and necessary changes in syllabus coverage, internal assessment and criteria for assessment with their weightage, allocation of class co-ordinators and subject allocation to faculty for the next session. Such responsibilities and topics were deliberated yearly before the start of the session.

The activities of the Curriculum committee within the reported session are as follows-

1. Planning curriculum for 2021-2022 session.
2. Engaged 3rd yr. students in covid-19 mass testing & sample collection under IDSP from 19th August 2021
3. Setting up of Admission cell was passed.
4. In pursuance of the order issued by Ministry of Home Affairs, the committee organized awareness on 'Curbing cybercrimes & development of ecosystem for cyber security in Indian educational institution' on 31/8/2021
5. Revision of academic calendar, students' annual vacation and fee structure.
6. Allocation of faculty for the academic session and internal practical examiner for MZU exam 2022

24. Anti Ragging Committee Reports

The institution has Anti Ragging Committee headed by the head of the institution since 2013. The committee has different member representatives from various fields like representatives from Civil Administration, Police Administration, Local Media, NGO's in youth activities, Parents, Senior students, Fresher students and Faculty.

The Anti-ragging committee includes members for Anti Ragging Squad and Monitoring Cell from teaching staffs, librarian and hostel warden and also appointed five representatives for the mentoring Cell from each year of the 3rd Semester, 3rd Year and 4th year of the current session.

The Committee reported that there has not been any kind of incidence of ragging in the clinical and college premises till date and the 1st semester students reported that they had all signed anti ragging affidavit during their time of admission. The committee further reported that they plan to organize sensitization programme on 8th November, 2022 in the College Hall.

25. Code of Conduct Committee Reports

Mizoram College of Nursing has Code of Conduct Committee which overlook the practices and discipline carried out by the staffs and students and had published Code of Conduct Handbook in earlier years.

During 2021-2022 session, the Committee held a meeting in which the committee agreed to amend the Code of Conduct Handbook which will be relevant for present and future scenario. The following are the amended points-

- i. As the Institution is declared 'Tobacco Free Campus' on 23rd March 2022 by National Tobacco Control Programme under National Health Mission, the institution is now 'Tobacco Free Campus' under the aegis of Nodal Officer Ms. C.Laldinthari, Tutor, MCON. It is mandatory that every staff and students uphold the status of being a tobacco free institution.
- ii. As the Institution has committed to being a single use Plastic Free Institution, all staffs, students and visitors are expected to abide by the commitment and refrain from using and hoarding it. In connection to this, 'Plastic Free Squad' is formed which consists of-
 1. Ms. C.Laldinthari, Tutor, MCON
 2. Mrs. Florence Lalthanzuali, Tutor, MCON
 3. Ms. Lalremruati Hnamte, Tutor, MCON

26. Internal Complaints Committee Reports

In pursuance with the Gazette of India No.18 regarding the Sexual Harassment of Women at work place Act and University Grants Commission Gazette No.171 of 2016, the Internal Complaints Committee was constituted in Mizoram College of Nursing on 2nd December 2019 with an office order appointing 1 Presiding Officer, 6 members from MCON staff and faculty, 2 NGO representatives and 3 student representatives.

During 2021-2022 academic session, there had been one meeting on 18th February 2022 where reports & review of the previous session was made. The committee also reported that awareness programme for ICC to prevent sexual harassment at all levels will be organized on 8th November 2022 at the College M-Hall.

27. Grievance Redressal Committee Reports

The Grievance Redressal Committee had Annual Grievance Redressal Committee on 10th March 2020. The committee reported that there has been no record of complaints in the past academic year both in the college as well as the hostel. This could be credited to the detailed explanation & presentation of Grievance handling procedure adopted in Mizoram College of Nursing given by the Grievance Committee during Freshers Induction Programme at the commencement of the present academic session.

The committee also reported that awareness programme for Grievance Redressal Committee will be organized on 8th November 2022 at the College M-Hall for all the students.

28. Maintenance Committee Reports

Maintenance Committee had 1 meeting in August 2021- July 2022 academic session and new members were appointed at the start of the session.

In accordance with the maintenance committee resolution, certain maintenance activities like purchasing of necessary items for hostels, equipments for students clinical practice in Zoram Medical College Falkawn and Civil Hospital Aizawl, indenting available items from Zemabawk and purchasing of chairs and lecturns for classrooms has been done during 2021- 2022 session.

29. Campus Beautification Committee Reports

The Campus Beautification Committee was established on 12th March, 2020. The Committee had taken charge of all activities contributing to decorations of the campus like planting trees, cleaning and renovating college campus, purchasing of decorative items like flowers and banners.

In this session, the Committee has held 4 meetings and in accordance with the resolutions passed by the meeting, activities like mass cleaning of the campus on several occasions, cleaning of nursery area, polypot filling and planting trees inside the college campus were carried out within the college campus.

30. Alumni and Placement Cell Reports

The Alumni has currently 407 members as of 2022 census. Election is carried out every two years, with the present Office Bearers elected on 27th November 2020. Alumni Meet is held every 2 years and alumni committee as required. It had been responsible for awarding Proficiency award of Rs.5000/- with memento worth Rs. 500/- and Best Attendance award of Rs.1000/- with memento worth rs.500/- to the final year students yearly and had also played an active role as Resource Persons for the Vocational Preparatory Programme carried out at the end of each session for the final year students.

During this session, MCON Alumni held MCON Alumni Meet on 20th January 2022, at MCON Class Room, CHA which is done every 2 years and held 1 OB meeting through online facilities during this session. The activities include-

1. Awarded Academic Excellence Award of Rs.5000/- with memento worth Rs.500/- to Ramdinmawii, MZU Gold Medalist on 7th Dec.2021
2. On 23rd Jan 2022, MCON email mconalumni@gmail.com was created for easy accessibility of information to all the Alumni members.
3. On 30th April 2022, MCON Alumni has given monetary aid of Rs.3000 to MCON 4th Batch, Mrs. Lalhmingliani who has been diagnosed as Kidney Failure.
4. On 9th June 2022, MCON Alumni letter head was created.
5. Rules & Regulations bye-laws was formulated and Financial audit for the year 2019 -2021 was done through Akas Associates on 21st June 2022
6. On 28th June 2022, Rules & Regulations bye-laws was formulated and Steel Almirah, medium size was purchased by MCON Alumni and donated to Mizoram College of Nursing.
7. On 25th July 2022, 14th Batch donated SNA Steel Almirah to MCON
8. Participated as resource persons in the Vocational Preparatory Programmes held for the outgoing students on 26th-29th July 2022

9. On 30th July 2022, Lalrinengi 14th Batch who is currently working in UK gave career guidance to outgoing batch through zoom.

Placement Cell-

Since the outbreak of Covid-19 pandemic, recruitment agency from other institutions could not come for recruitment. The faculty gave necessary information to the students regarding vacant job (inner and outer state), foreign recruitment agency and guide the students for their placement.

Ms. Lalrinengi, 12th Batch who have graduated from Mizoram College of Nursing in 2020 and now working in UK was invited by the Alumni and Placement Cell to have an interaction class with the outgoing batch (14th Batch) on 30th July, 2022. Class was conducted using Zoom App. There was an interactive class where she shared how she prepared to go to UK, how she went for coaching and gave IELTS exam. The students gained a lot from the interactive class.

31. Mentor-Mentee Reports

The mentor mentee programme has been initiated since 2017-2018 academic session and is actively functioning till date. The programme has been the most crucial method in meeting the overall growth of the students. The mentors are allotted mentees at the beginning of the Academic Session as soon as the students joined the institution and will continue mentoring the same students till they pass out from the institution. 6-9 students (mentees) are assigned to a mentor (faculty) of the college for effective mentoring.

The Mentor Mentee Programme is individualized, differentiated and flexible to meet the students' growth in all areas of life. Mentees can express their views, share their thoughts and problems to their mentors. The mentors are responsible for monitoring all the academic and non-academic activities of their mentee. They maintain regular formal and informal meetings with their mentees and write their meeting report in a file maintain for each of the mentees respectively where the class test and examination marks are also entered. Mentors provide guidance in any area of life to the mentees by providing guidance, counseling and advice in any area of life, especially in academics as per the need expressed by the mentees. The mentor can make referral to the Counselling Cell of the institution as per need of the student.

32. Add on Course: Certificate in Community Health

Mizoram College Of Nursing served as a Programme Study Centre (PSC) for an ongoing Certificate in Community Health, which was initiated in July 2019 under National Health Mission in partnership with Indira Gandhi National Open University (IGNOU) with a course period of six months.

The mentioned course has been a growing initiative of the Central Govt. in training of Health and Wellness Officers which were to be posted in the newly upgraded Health and Wellness Centres (HWCs) all over the state. Mizoram College of Nursing had already trained seven batches of Health and Wellness Officers with a training duration of 6 months each. The institution is equipped with 20 academic counselors and maintained 100% passed percentage in this course wherein all passed out 151 trainees had already been posted in their specific postings and contribute immensely in uplifting health and its related services in their areas.

33. Details of Vocational Preparatory Programme (VPP)-

The institution in the past academic years, arranged several training opportunities like Spoken Hindi Class, Vocational Preparation Programme for outgoing students during their internship period to prepare them for their post-graduation employment and further studies.

The Vocational Preparatory Programme (VPP) for the outgoing students (14th Batch) was held from 26th July 2022 to 29th July 2022 where classes were taken on certain topics like Professionalism, Moral Guidance, Career Opportunities, learning resources Skill development through mobile applications & web services , group dynamics, stress management, Legal awareness in Health Practices , roles and responsibilities of ALUMNI by the faculties and experts from outside namely Mrs. Lalchhanhimi , Principal MCON, Rev. Lalfakzuala, Chaplain, CHA, M CON ALUMNI UK, Mr. Zirsangliana Sailo, College Librarian, Ms. Lucy Maruati, Gansabra, Mrs. Laldusaki, Asst professor, Ms. Valentina Laldinpuii, Advocate, and Dr. Robert L. Khawlhing, State Nodal Officer, Mental health

34. Extended Course (DCA)

For this reported session, Extended Course on Diploma in Computer Application (DCA) examination was completed on 20-21st of July 2022.

35. Drug Awareness Club

As per information and direction from the College Development Council, Mizoram, Drug Awareness Club was created and a committee was formed on 10th August, 2021.

The first committee was held on 12th August, 2021. Awareness Workshop on the topic “Drug Abuse and Addiction Awareness” was organized successfully on 20th August, 2021, among the B.sc Nursing students of MCON, using / inviting Dr. Robert L Khawlhing as a resource person. A separate workshop was also conducted for the fresher’s as well. The Club organized a webinar utilizing zoom platform for the observation of World Mental Health Day – 2021. As far as the awareness club is concerned, there is no incidence / abuse of drugs among the students within the reporting period.

36. Plan/ Project for next Academic session

Since the pandemic Covid-19 had brought on uncertainty and adjustment needs in teaching as well as all activities, the followings are the plan/project proposed for the upcoming session-

1. The institution, with the Mizoram Health System Strengthening Project (MHSSP)-World Bank had plan for the upgradation and extension of the college campus. Assessment is under process and expected to be finalized in the next academic session.
2. The institution is also planning to offer Post Basic Nursing & MSc. Nursing course for which application is currently under process and is expected for approval in the near future.

3. The institution is planning to collaborate with Disaster Management & Rehabilitation Services and conduct Mock Drill for all staffs and faculty as required by the new syllabus for BSc. Nursing prescribed by Indian Nursing Council.

37. Achievements and Awards

- i. In the University Results published for the academic year 2020-2021 in 24th September 2021, all the students of Mizoram College of Nursing has acquired 100% passed percentage with University topper & other five rank holders of 1st, 2nd, 3rd, 7th and 8th rank from the final year students.
- ii. Seven batches (151 trainees) from Mizoram College of Nursing had completed the six months course in Certificate in Community Health and had held their post as Health and wellness officers throughout the state.
- iii. As planned, the institution procured steel almirahs and articles required for clinical practice which will aid in the clinical practice of students having clinical duties in Civil Hospital, Aizawl.
- iv. The institution in collaboration with the State Medicinal Plant Board- AYUSH completed the construction of a nursery.

For this purpose, Nursery committee was formed in August 2021 and the following medicinal plants like Hruivankai- 12500 saplings, Archangkawm-11000 saplings and Rulturzung-10000 saplings were planted. During the reported session, 817 Hruivankai plants were disbursed to Lunglei AYUSH Department on 31st May 2022.

- v. The Students Relief Fund, which was started in the previous academic session had served a great purpose in providing free medical facilities to 65 students affected by covid-19 during the reported session and proved to be a success for the wellbeing and the financial crisis often faced by the students.
- vi. Subscription of online Zoom account had been renewed and online classes could be carried out effectively as required.
- vii. The institution had completed a Memorandum of understanding (MOU) with the following -
 - Extension for Community Healthcare Outcomes (ECHO), India on 5th May 2022

38. Conclusion

Mizoram College of Nursing, located in the outskirts of the state capital Aizawl has been working relentlessly for improvement and pursued for production of nurses with quality education and skill. With the efforts of the teaching staff and other supporting staffs and also the students, all the students from the past till date had many times secured 100%

passed percentage in the University examinations held at the end of each session securing many top 10 rank holders.

Though financial funding had been limited, the efficiency of the Principal and ministerial staffs had enabled the smooth functioning of the institution which is in par with the regulations of the Indian Nursing Council and the Mizoram Nursing Council. This can also be credited to the good cooperation and communication flow between the teaching and non-teaching faculty of Mizoram College of Nursing.



(LALCHHANHIMI)

Principal

Mizoram College of Nursing