

MIZORAM COLLEGE OF NURSING
Department of Health & Family Welfare
Government of Mizoram

Annual Report 2020 - 2021

1. Executive summary

i. Introduction/ brief history

The Mizoram College of Nursing was upgraded in 2005 from Nursing School, Civil Hospital Aizawl which was established in the year 1980. The institution being a continuation of the Nursing School, many nurses in Mizoram are products of this institution.

The institution is recognized by the Indian Nursing Council, Mizoram Nursing Council and is permanently affiliated under Mizoram University. It also has UGC 2(f) 12 (B) recognition.

The institution follows the B.Sc. Nursing curriculum prescribed by the Indian Nursing Council which is adopted by Mizoram University. The theory and practical hours provided by this institution exceeds the prescribed curriculum in order to provide better skills and competency.

ii. Students' enrollment – total, gender, category (general, SC, ST, OBC)

The institution has a yearly intake capacity of 30 with equal opportunities for both male and female candidates. In this session, the institute has 117 students of which 115 students belong to ST category, 1 student belong to General category 1 student belong to OBC category.

iii. Staff position

The institute has 21 regular teaching faculty and 2 regular wardens respectively with 25 non-teaching staffs.

iv. Achievements and Awards

The institute excelled in the University Examinations with 5 students in the top 10 with rank holder of 1st, 2nd, 3rd, 6th and 7th positions and 100% success rate in 2019-2020 academic session.

However, 4th Year student L.Lalmuanawmi could not appear for exam due to brain tumor excision held out of state and is expected to join in the next session.

v. Faculty development

Constant effort is directed towards the faculty training and development to keep abreast with knowledge and skills. The teaching and non-teaching faculty actively participated in trainings conducted by the government and non-government organizations and institutes with equal opportunities to all.

The institution is currently having 6 State trainers under various programmes and mission who apart from occasionally conducting trainings on various health related topics within the state and further aids in knowledge and development for both the students and the faculty.

Mizoram college Of Nursing had also organized four national level webinars on pressing issues, webinars on covid-19 related topics, collaborative trainings for financial awareness and gender sensitization which was attended by students and teachers.

vi. *Trainings conducted by the Institution*

Winter Break Workshop for faculty could not be carried out due to covid-19 pandemic.

However, the college had organized national level four national level webinars on pressing issues, webinars on covid-19 related topics, collaborative trainings for financial awareness and gender sensitization which was attended by students and teachers during 2020-2021 session.

vii. *Extension activities*

The institution has been striving for all round development and this aim has also been carried out by many extension activities by spreading awareness and conduct developmental programmes. Such activities include-

1. Observation of important days like World Suicide Prevention Day, World AIDS Day, International Womens Day, World TB Day, World Health Day, Evangelical Nurse Fellowship Day, World Environment Day, Green Mizoram Day where students and staffs of MCON are involved in giving health teaching to admitted patients, the rural community, training programmes from experts, making and displaying slogans and posters appropriate to the theme, discussion among the programme attendees, collaborate with the concerning Govt.officials and plant trees and advocate and set an example for conservation of energy and resources.

2. Blood Donation Camp was also carried out and students and faculty donated blood for those in need.

viii. *Library*

The institution has 1 partially automated library which is under the care of 1 regular Librarian. The library books are maintained and updated yearly according to the needs of the students which aids in their nursing knowledge and practice.

ix. *Research projects and Publications*

The final year students conduct research studies in fulfillment of the requirements of their curriculum under the guidance of teaching faculty. All final year students are expected to finalize and complete their research work by 31st July for each academic session.

x. *New appointments, promotion and release of any staff*

New appointment-

1. During 2020-2021 session, 1 new lecturer Ms. Lalfakawmi Fanai was recruited under Health & Family Welfare Department by Mizoram Public Service Commission had joined the institution on January 2021.

xi. Release of staff-

1. The Head Assistant Mrs. Lalhunnungi was released on 12th January 2021 leaving the post vacant.

2. Mrs. Daphne Lalremmawii, tutor attached in MCON was released on February 2021.

2. Name of the Principal : Mrs. Lalchhanhimi

Contact details

- a. Office phone number: 8014550432
- b. Residence phone number:
- c. Mobile phone number: 9436152287
- d. E-mail ID: chhanifanai72@gmail.com

3. Staff position (Teaching)

Sl. No	Name	Designation	Gender	Educational Qualification	University	Specialization subject	Post		
							Sanctioned	Filled	Vacant
1	Lalchhanhimi	Principal	Female	M.Sc.(N)	Delhi University	Medical Surgical Nursing	1	1	-
2	Lalduhsaki	Senior Lecturer	Female	M.Sc.(N)	NIMHANS	Mental Health Nursing	3	3	-
3	Helen Lalthianghlimi Sailo	Senior Lecturer	Female	M.Sc.(N)	SNDT	Community Health Nursing			
4	Lalhriatpuii Varte	Senior Lecturer	Female	M.Sc.(N)	WB UHS	Medical Surgical Nursing			
5	Zulvelin VL Rosangi Reia	Lecturer	Female	M.Sc.(N)	RGUHS	Child Health Nursing	5	5	-
6	R Lalruatkimi	Lecturer	Female	M.Sc.(N)	WB UHS	Mental Health Nursing			
7	Lalrintluangi Fanai	Lecturer	Female	M.Sc.(N)	WB UHS	Medical Surgical Nursing			
8	Laldingliani Sailo	Lecturer	Female	M.Sc.(N)	WB UHS	Obstetrics and Gynaecology			
9	Lalfakawmi Fanai	Lecturer	Female	M.Sc.(N)	RNC	Community Health Nursing			
10	Malsawmdaw ngkimi	Tutor	Female	B.Sc.(N)	MZU	-	12	12	-

11	Florence Lalthanzuali	Tutor	Female	B.Sc.(N)	GU	-			
12	Lalremruati Hnamte	Tutor	Female	B.Sc.(N)	MZU	-			
13	Lalremmawii Ralte	Tutor	Female	M.Sc.(N)	WB UHS	Obstetric and gynaecology			
14	C. Laldinthari	Tutor	Female	M.Sc.(N)	RGUHS	Obstetric and Gynaecology			
15	Zosangliani	Tutor	Female	M.Sc.(N)	WB UHS	Medical surgical Nursing			
16	Lalramengi Kaipeng	Tutor	Female	M.Sc.(N)	WB UHS	Community Health Nursing			
17	Vanlaldingchhuaki	Tutor	Female	B.Sc.(N)	WB UHS	-			
18	Lalhruaitluangi Pachuau	Tutor	Female	B.Sc.(N)	MZU	-			
19	Lalrinchhani Kawlni	Tutor	Female	B.Sc.(N)	MZU	-			
20	Lalthianghlimi	Tutor	Female	M.Sc.(N)	WB UHS	Medical Surgical Nursing			
21	Eaudi Pachuau	Tutor	Female	B.SC.(N)	GU	-			

4. Staff position (Non-Teaching including hostel)

Sl. No	Name	Designation	Gender	Post		
				Sanctioned	Filled	Vacant
1	Engzikpuii	Warden	F	2	2	-
2	ShalomeMalsawmkimi	Warden	F			
3	-	HA	-	1	-	1
4	ZirsanglianaSailo	Librarian	M	1	1	-
5	R Lalthakima	LDC	M	2	2	-
6	Engthanzuali	LDC	F			
7	Cecelia Zoremawii	DEO	F	1	1	-
8	Lalchhandama	Driver	M	4	4 + 3 from DHS	-
9	Rallianzuala	Driver	M			
10	C Lalremsiama	Driver	M			
11	M.S Dawngliana	Driver	M			
12	Lalringzova	Driver	M			
13	Lalchungnunga	Driver	M			
14	Lallawmkima	Driver	M			
15	T. Sairengpuii	Group D	F	5	5 + 10 from DHS	-
15	Vanlalpari	Group D	F			
16	Lalngaihthangi	Group D	F			
17	C Lalramsangi	Group D	F			
18	Zoramnghina	Group D	M			
19	K Lalremruati	Group D	F			
20	Vanlalchhuana	Group D	M			
21	R. Lalngaihzuai	Group D	F			
22	F Lalmuankimi	Group D	F			
22	H. Lianthangi	Group D	F			

23	Lalremruata	Group D	M			
24	S. Lalthuama	Group D	M			
25	Malsawmtluangi	Group D	F			
26	Zodinpuii	Group D	F			
27	Pachhunga	Group D	M			

5. Staff position (External/ Guest Lecturer)

No	Year	Name	Gender	Educational Qualification	Subject	Total
1	1 st year	1.Jennifer Lalthanzuali Ralte	F	M.Sc Psychology	Psychology	7
		2.Dr. Lalthansangi	F	Ph.D English	English	
		3.HT Lalruatdiki	F	M. Sc (Food & Nutrition)	Nutrition	
		4.Rachel Lalmalsawmkimi	F	M. Sc MLT (Clinical biochemistry)	Biochemistry	
		5.Dr. Grace Laldinmawii	F	MBBS, MD	Microbiology	
		6.JacintaLalremruati	F	M.Sc (Micro)	Microbiology	
		7.Lalthazoa	M	BA Hons, DCA, Certificate in hardware and networking	Introduction to computers	
2	2 nd year	1.Caroline Malsawmtluangi	F	M. Pharmacology	Pharmacology	4
		2.Catherine Lalremruati	F	M.Sc. MLT with specialization in Haematology & Blood Banking)	Pathology	
		3.Lalbikzuala	M	M.Sc. Biotechnology	Genetics	
		4.Immanuel Lalbiakluanga	M	M.A Sociology	Sociology	
3	3 rd year	1. Victor Rosangzuala	M	M.Sc. Mental Health Nursing	Mental Health Nursing	2
		2. Lalzampuii	F	M.Sc. Child Health Nursing	Child Health Nursing	
4	4 th year	-	-	-	-	

6. Areas of Clinical Supervision by the Teaching faculty

Year	Subject	Areas	Name of Supervisors
1 st year	1. Foundation Of Nursing	Dressing Room, Casualty Department, Male & Female Surgical Wards, Male & Female Medicine Wards	1.C.Laldinthari 2.Zosangliani 3.Vanlaldingchhuaki 4. Lalhruaitluangi Pachuau

2 nd year	1. Medical Surgical Nursing-I	Male & Female Medical Wards, Orthopaedic Ward, Male & Female Surgical Wards	1.Lalrintluangi 2. Malsawmdawngkimi 3. Lalthianghlimi 4. Lalrinchhani Kawlni
	2. Community Health Nursing-I	Thingsulthliah PHC, Falkawn Clinic, Muallungthu SC & Melriat SC	1.Helen Lalthianghlimi Sailo 2. Lalfakawmi Fanai
3 rd year	1. Child Health Nursing	Paediatric Ward, Neonatal Intensive Care Unit, Male Surgical Ward	1.Zulvelin Vanlalrosangi Reia 3.Lalhriatpuii Varte 4. Florence Lalthanzuali
	2. Medical Surgical Nursing-II	Male & Female Medical Wards, Male & Female Surgical Wards.	
	3. Mental Health Nursing	Psychiatric Hospital-Kulikawn, LGBRIMH-Tezpur.	
4 th year	1. Obstetric and Gynecological Nursing	Maternity & Postnatal Ward, Gynaecological Ward, Gynaecological Operation Theatre, Family Planning, Maternal & Child Health Clinic.	1.Laldingliani Sailo 2. Lalramengi Kaipeng 3.Eaudi Pachuau 4. Lalremmawii Ralte
	2. Community health Nursing-II	Thingsulthliah PHC, Hlimen UPHC, Melthum Sub Centre, MelriatSc, Muallungthu SC & Falkawn clinic	

7. Course Offered: B. Sc Nursing

Year	Code	Subject	Hours		Total hours	Subject in-charge
			Theory	Practical		
1 st year	BSN/I/01	1.Anatomy & Physiology	60+60		120	Zosangliani
	BSN/I/02	2.Nutrition & Biochemistry – Section A- Nutrition	60		60	HT Lalruatdiki
	BSN/I/02	2.Nutrition & Biochemistry- Section B- Biochemistry	30		30	Rachel Lalmalsawmkimi

	BSN/I/03	3. Nursing Foundations	265	650 (250 lab +450 clinical)	915	C Laldinthari
	BSN/I/04	4. Psychology	60		60	Jennifer Lalthanzuali Ralte
	BSN/I/05	5. Microbiology	45	15	60	Dr. Grace Laldinmawii
	BSN/I/06	6. English	60		60	Dr. Lalthansangi Fanai
2 nd year	BSN/II/08	1. Sociology	60		60	Immanuel Lalbiaktluanga
	BSN/II/09	2. Medical Surgical Nursing-I	210	720	930	Lalrintluangi
	BSN/II/10	3. Pharmacology. Pathology & Genetics- Section A- Pharmacology	45		45	Caroline Malsawmtluangi
	BSN/II/10	3. Pharmacology. Pathology & Genetics- Section B- Pathology	30		30	Catherine Lalremruati
	BSN/II/10	3. Pharmacology. Pathology & Genetics- Section C- Genetics	15		15	Lalbikzuala
	BSN/II/11	4. Community Health Nursing-I	90	135	225	Helen Lalthianghlimi Sailo
	BSN/II/12	5. Communication & Educational Technology	90		90	Lalthianghlimi
3 rd year	BSN/III/13	1. Medical Surgical Nursing-II	120	270 (Internship 84 hours)	390 (Internship 84 hours)	Lalhriatpuii Varte
	BSN/III/14	2. Child Health Nursing	90	270 (Internship 97 hours)	360 (Internship 97 hours)	Zulvelin VL Rosangi Reia
	BSN/III/15	3. Mental Health Nursing	270	95 (Internship 95 hours)	365 (Internship 95 hours)	Lalduhsaki

4 th year	BSN/IV/16	1.Midwifery & Obstetrical Nursing	90	180 (Internship 624 hours)	270 (Internship 624 hours)	Lalremmawii Ralte
	BSN/IV/17	2.Community Health Nursing-II	90	135 (Internship 195 hours)	225 (Internship 195 hours)	LalramengiKaipeng
	BSN/IV/18	3.Nursing Research & Statistics	45	45	90	Laldingliani Sailo
	BSN/IV/19	4.Management of Nursing Services & Education	90		90	Eaudi Pachuau

8. Students' Strength

Yearly intake capacity: 30

Year	Gender		Category				No. of vacant seats	Total no. of students
	Male	Female	Gen	ST	SC	OBC		
1 st year	2	28	1	29	Nil		Nil	30
2 nd year	3	27	Nil	30	Nil		Nil	30
3 rd year	1	29	Nil	30	Nil		Nil	30
4 th year	-	27	Nil	26	Nil	1	3	27

9. Training Programmes attended by Teaching Faculty during 2020-2021 session

No. of faculty who has attended training:

Sl. No	Name Of Faculty	Name of conference/workshop attended	Date & Venue	Organized By
1	Zosangliani	Clinical research in nursing	3.8.2020 Webinar	GRT College & SON
2	Laldingliani Sailo	Support breastfeeding for a healthier planet	5.8.2020 Webinar	RGU, Guwahati
3	Zulvelin VL Rosangi Reia	Enhancing Access to Skilled Lactation Counselling Support Protecting Mothers from Commercial Baby Food Marketing the digital way; Launch of Stanpan Suraksha Mobile Application	7.8.2020 Webinar	BPNI
4	Lalrintluangi	Strategies to raise the nursing standards beyond books	7.8.2020 Webinar	RGU, Guwahati
5	Laldingliani Sailo	Breast Care Management	9.8.2020-11.8.2020 Webinar	The Nursing Teachers' Assn. India
6	Lalthianghlimi	ECG- Tachyarrythmia & Management	10.8.2020 Webinar	MERG, Kolkata

7	Lalthianghlimi	Opportunities in Cognitive Neuro-Medicine: A cell to society continuum	11.8.2020 Webinar	MZU
8	Laldingliani Sailo	Childhood developmental theories	12.8.2020-16.8.2020 Webinar	The Nursing Teachers' Assn. India
9	Laldingliani Sailo	Midwives- A change agent	13.8.2020-14.8.2020 Webinar	People's University, Bhopal
10 11	Helen Lalthianghlimi Sailo Lalchhanhimi	(Refresher course) Research Methodology	19.8.2020-1.9.2020 Webinar	UGC
12 13 14 15	Lalrintluangi Lalduhsaki R Lalruatkimi Zosangliani	Access to E-resources under N-List for NE region	1.9.2020 Webinar	INFLIBINET Centre (N-List team)
16	Lalrintluangi	Approaches for Quality Research Paper Writing in High Impact Journals.	2.9.2020-6.9.2020 Webinar	IQAC, RGU
17	Zulvelin VL RosangiReia	Science & technology: Mitigating current challenges.	7.9.2020-11.9.2020 Webinar	BPNI
18 19 20	Lalramengi Kaipeng Lalremmawii Ralte Zulvelin VL Rosangi Reia	Capacity building of midwifery faculty	15.9.2020-22.9.2020 Webinar	INC in collab with UNPF-India
21	Helen Lalthianghlimi Sailo	Online training of state trainers in the 'Eat Right' toolkit	22.9.2020-24.9.2020 Webinar	National Health System Resource Centre (NHRC) with Food Safety & Standards Authority of India
22	C Laldinthari	Basic Microbiology	24.9.2020 Webinar	WHO
23	Florence Lalthanzuali	Impact of Covid-19 on cost behavior in hospitals	25.9.2020 Webinar	Amity University
24	Florence Lalthanzuali	Career opportunities for graduate nurses	26.9.2020 Webinar	B.Sc.Nursing College, Dibrugarh
25 26	Zulvelin VL Rosangi Reia LalhriatpuiiVarte	Effective implementation of the IMS Act	30.9.2020 Webinar	BPNI
27 28	Zulvelin VL Rosangi Reia Lalrintluangi	Capacity building for SWAYAM course & MOOCs- A different educational space	1.10.2020 Webinar	MZU
29	Florence Lalthanzuali	Public Health: Protecting & improving the health & wellbeing of populations	3.10.2020 Webinar	UNICAF
30	Florence Lalthanzuali	Constructing MCQ	4.10.2020 Webinar	ELTAI, Chennai
31	Florence Lalthanzuali	Emotional hygiene	4.10.2020 Webinar	EDUROUTES

32	Lalrintluangi	Cancer & covid-19	5.10.2020 Webinar	Narayana CON
33 34 35	Zulvelin VL Rosangi Reia Lalchhanhimi Lalrintluangi	Enhancement of quality education: Latest trends in NAAC	5.10.2020 Webinar	Laxmi Venkatesh Desai College, Ranchi
36	Laldingliani Sailo	Building nursing & midwifery leadership for achieving UHC/SDG	5.10.2020-9.10.2020 Webinar	NIHFW, New Delhi
37	Lalrintluangi	Managing mental health & wellbeing amongst students during covid-19 pandemic	8.10.2020 Webinar	Asian Institute of Nursing Education, Guwahati
38	Lalrintluangi	Nurse- led care in neurosciences nursing	9.10.2020 Webinar	Chitkara university, Punjab in collaboration with Society of Indian Neuroscience Nurses (SINN)
39 40 41 42	C Laldinthari Lalduhsaki Lalremmawii Ralte Lalrintluangi	Mental health for all: Greater investment- greater access	10.10.2020 Webinar	MZU
43 44 45 46	Lalthianghlimi Lalduhsaki Lalrinchhani Kawlni Zulvelin VL Rosangi Reia	Obstetrics emergencies and life support skills	10.10.2020 Webinar	Fernandez hospital
47	Laldingliani Sailo	Preventive strategies to Covid-19 in pregnancy	10.10.2020 Webinar	IQAC- Manikaka Topawala Institute of Nursing
48	C Laldinthari	Standard precaution: Injection safety and needle stick injury management	11.10.2020 Webinar	WHO
49 50 51	Lalduhsaki Lalrinchhani Kawlni Lalremmawii Ralte	Obstetric emergencies & life support skills	11.10.2020 Webinar	Fernandez hospital
52	Florence Lalthanzuali	Access to justice	12.10.2020 Webinar	The Law Learners
53 54 55 56	Lalthianghlimi Vanlaldingchhuaki Eaudi Pachuau Lalhruaitluangi Pachuau	Impact of covid-19 on higher education in emerging countries	14.10.2020 Webinar	Amity University, ADMAA
57	Florence Lalthanzuali	Managing personal finance in the new normal	15.10.2020 Webinar	HYVE LABS
58	Florence Lalthanzuali	Neonatal & paediatric intensive care	16.10.2020 Webinar	B.Sc.Nursing college, Dibrugarh
59 60	Florence Lalthanzuali Lalhruaitluangi Pachuau	Unemployment due to covid-19: Domestic and social impact	19.10.2020 Webinar	Vigyaan college of applied sciences, Kerala
61 62 63	Laldingliani Sailo C Laldinthari Lalduhsaki	Research methodology for nursing professionals	19.10.2020-23.10.2020 Webinar	NIHFW

64	Eaudi Pachuau	National programme on climate change and human health	20.10.2020-28.10.2020 Webinar	NCDC, DGHS, MoHFW
65	Lalhruaitluangi Pachuau	Raising awareness on breast cancer: save the life of your loved one	28.10.2020 Webinar	RGU, Guwahati
66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81	Lalthianglimi Malsawmdawngkimi Laldingliani Sailo Vanlaldingchhuaki Sailo Eaudi Pachuau Florence Lalthanzuali Lalhriatpuii Varte Lalramengi Kaipeng Lalrinchhane Kawni Lalremruati Hnamte Lalremmawii Ralte Lalrintluangi Lalhruaitluangi Pachuau C Laldinthari R Lalruatkimi Zulvelin VL Rosangi Reia	Decoding national education policy-2020	29.10.2020 Webinar	MCON
82	Florence Lalthanzuali	Happiness therapy	1.11.2020 Webinar	Eduroutes
83	Florence Lalthanzuali	Rudiments of finance: Teaching and research perspective	2.11.2020-6.11.2020 Webinar	Centre for management studies
84	Florence Lalthanzuali	Action research in education	3.11.2020 Webinar	Metas Adventist College
85	C Laldinthari	Intellectual Property Rights	5.11.2020 Webinar	Govt.Zirtiri Residential Science College
89 90 91 92 93 94 95 96 97 98 99 100 101 102 103	Lalthianglimi Daphne Lalremmawii Laldingliani Sailo Eaudi Pachuau Florence Lalthanzuali Lalhriatpuii Varte C Laldinthari Lalramengi Kaipeng Lalrinchhane Kawni Lalremruati Hnamte Lalremmawii Ralte Lalrintluangi Lalhruaitluangi Pachuau Lalduhsaki R Lalruatkimi	Promoting mental health in times of pandemic	6.11.2020 Webinar	MCON
104	Florence Lalthanzuali	Counselling psychology in higher education	6.11.2020 Webinar	Sao Chang College, Nagaland
105	Florence Lalthanzuali	Gender Sensitization	7.11.2020 Webinar	Somaya Vidyavihar University

106	Florence Lalthanzuali	Stem cells	8.11.2020 Webinar	The Biomics
107	Florence Lalthanzuali	Big data handling in health care application	8.11.2020 Webinar	Eduroutes
108 109 110 111 112 113 114 115 116 117 118 119 120 121	R Lalruatkimi Lalthianghlimi Laldingliani Sailo Eaudi Pachuau Florence Lalthanzuali C Laldinthari Lalduhsaki Lalramengi Kaipeng Lalrinchhani Kawlni Lalremmawii Ralte Lalrintluangi Lalhruaitluangi Pachuau Lalhriatpuii Varte Zulvelin VL Rosangi Reia	Promoting excellence in nursing profession through nursing research	11.11.2020 Webinar	MCON
122	Florence Lalthanzuali	Stress Management	13.11.2020 Webinar	Abstract Emotions
123 124 125 126 127 128 129 130 131 132 133 134 135	Lalthianghlimi Daphne Lalremmawii Ralte Vanlaldingchhuaki Florence Lalthanzuali Lalhriatpuii Varte Lalramengi Kaipeng Lalrinchhani Kawlni Lalremruati Hnamte Lalrintluangi Lalhruaitluangi Pachuau R Lalruatkimi Zulvelin VL Rosangi Reia Eaudi Pachuau	Infection control- Saving lives through prevention	19.11.2020 Webinar	MCON
136	Lalhriatpuii Varte	Tool development & Survey Data Analysis using Jamovi	28.12.2020-30.12.2020 Webinar	Dept.Of Data Science, Manipal Academy of Higher Edn.
137	Lalduhsaki	Sequence to database and database to sequence	6.1.2021-12.1.2021 Webinar	MZU
138	Zulvelin VL Rosangi Reia	Breastfeeding & complementary feeding in India based on NFHS-5	26.2.2021 Webinar	BPNI
139	Lalrintluangi	Writing, presenting & submitting research paper & thesis	21.2.2021-20.4.2021 Webinar	My Inner Log, Psychological Services
140	Zulvelin VL Rosangi Reia	Perspective of Paediatric health nursing	22.4.2021 Webinar	Pravara Institute of Medical Sciences
141 142	Lalhriatpuii Varte Laldingliani Sailo	Quantitative Nursing Research	22.4.2021-24.4.2021 Webinar	Manipal CON

143	Lalremmawii Ralte	Nurses: A voice to lead- A Vision for Future Healthcare	12.5.2021	INC
144	Malsawmdawngkimi	Covid-19: Disruption of life process impacting mental health	3.6.2021 Webinar	Dept.Of Clinical Psychology, MZU
145	Lalremmawii Ralte			
146	Lalthianghlimi			
147	Lalrintluangi			
148	Laldingliani Sailo	Future of strong nutrition profile modeling (NPM) for health food system in India to prevent NCD burden	4.6.2021 Webinar	BPNI
149	Lalthianghlimi	Ushering Rural Prosperity Amidst Uncertainty	9.6.2021 Webinar	NABARD, Mumbai
150	Lalthianghlimi	Living & coping with covid-19: Psychosocial care & Work-Life Balance	11.6.2021 Webinar	Mizoram College Teachers Assn.(MCTA) & PUC
151	Lalthianghlimi	The Evolution of the International Peace Architecture	11.6.2021 Webinar	Dept. Of Political Science, MZU
152	Lalthianghlimi	Climate change & global capital: Collapse or transformation	16.6.2021 Webinar	Dept. of Politics, University of Manchester, UK
153	Malsawmdawngkimi	Leveraging global partnership in addressing covid related mental health: A webinar series	25.6.2021 Webinar	John Hopkins University, SON & CON, CMC, Vellore
154	Lalhruaitluangi Pachuau	Making online classes interactive & ICT add-ons for teaching	1.7.2021-6.7.2021 Webinar	NEMCARE group of Institutions with Scrollwell
155	Lalrintluangi			
156	Malsawmdawngkimi			
157	Lalhriatpuii Varte			
158	Laldingliani Sailo			
159	Helen Lalthianghlimi Sailo			
160	Zulvelin VL Rosangi Reia	Nationwide capacity building of Nsg. Professionals for Comprehensive Management of Covid-19 in children	5.7.2021-6.7.2021 Webinar	Dte.GHS with ECHO, India
161	Lalremmawii Ralte			
162	Lalramengi Kaipeng			
163	Lalhruaitluangi Pachuau	Nationwide capacity building of Nsg. Professionals for Comprehensive Management of Covid-19 in children	19.7.2021-20.7.2021 Webinar	Dte.GHS with ECHO, India
164	Vanlaldingchhuaki			
165	Lalramengi Kaipeng	Covid-19 pandemic: Role of nurse during health crisis	26.7.2021-30.7.2021 Webinar	Assam oil CON & SON
166	Florence Lalthanzuali	Nationwide capacity building of Nsg. Professionals for Comprehensive Management of Covid-19 in children	30.7.2021-31.7.2021 Webinar	Dte. GHS with ECHO, India
167	Lalduhsaki			
168	Malsawmdawngkimi	Nationwide training of nurses for capacity building for management of children in covid-19 pandemic & preparedness of nursing professionals against 3 rd wave	31.7.2021 Webinar	ECHO, India

169 170	Lalramengi Kaipeng Zosangliani	Training of CHO & SN in Mental, Neurological & Substance abuse (MNS) disorder care	24.2.2021-27.2.2021 Webinar	NHRC, NHM
171 172	Lalramengi Kaipeng Zosangliani	Training of CHO & SN in Mental, Neurological & Substance abuse (MNS) disorder care	19.3.2021-25.3.2021 Webinar	NHRC, NHM

10. Training Programmes attended by Non- Teaching Staff

No. of Non-teaching staff who has attended training:

No.	Name of Non-teaching staff	Topic	Date & Venue	Funding Agency
	NIL			

11. Details of Faculty participating as resource person in Trainings & Workshops

Sl. No.	Name of faculty	Topic presented	Name of Workshop	Date & Venue	Organizer
1	Zulvelin VL Rosangi Reia	Social awareness & action to neutralize Pneumonia successfully	State level orientation cum training of district trainers on 'SAANS'	5.1.2021-8.1.2021 DHS Conference hall, Aizawl	National Health Mission
2	Helen Lalthianglimi Sailo	Background & how to use toolkit	Eat right toolkit training for HWO	12.1.2021-14.1.2021 Civil Hospital, Aizawl	National Health Mission
3	Lalramengi Kaipeng	Nutrition during first 1000 days			
4	Helen Lalthianglimi Sailo	Food adulteration	Eat right toolkit training for HWO	19.1.2021-21.1.2021 Civil Hospital, Aizawl	National Health Mission
5	Lalramengi Kaipeng	Hygiene & sanitation			
6	Helen Lalthianglimi Sailo	Background & how to use toolkit	Eat right toolkit training for HWO	27.1.2021-29.1.2021 Civil Hospital, Aizawl	National Health Mission
7	Lalramengi Kaipeng	Food safety & safe food practices			

8	Zosangliani	Elderly care, Palliative care	State level TOT for CHO & SN trainers	15.2.2021- 19.2.2021 Online	Regional resource centre for NE states, MoFHW
9	Lalramengi Kaipeng				
10	Zosangliani	Mental, neurological & substance use disorder (MNS) module for CHO & SN	State level TOT for CHO & SN trainers	23.2.2021- 26.2.2021 Online	Regional resource centre for NE states, MoFHW
11	Lalramengi Kaipeng				
12	Zosangliani	Oral, Eye, ENT, Emergency care	State level TOT for CHO & SN trainers	19.3.2021- 25.3.2021	Regional resource centre for NE states, MoFHW
13	Lalramengi Kaipeng				
14	Helen Lalthianglimi Sailo				
15	Lalrintluangi	A study on the knowledge of home management of common side effects of cancer chemotherapy	Techniques for effective dissemination of scientific findings & quality practice	25.3.2021- 27.3.2021 e- conference	Assam Downtown University
16	Lalremmawii Ralte	Skills lab	State level skills lab training	26.4.2021- 1.5.2021 & 17.5.2021- 22.5.2021 Skills lab, CHA	National Health Mission
17	Lalrintluangi	CPR demonstration	Education on first aid procedures for all officers/staffs of SIB, Aizawl	2.7.2021 SIB office, Aizawl	Subsidiary Intelligence Bureau
18	Zosangliani				

12. Name of Training/ Workshop organized by the Institution

Sl No	Date	Topic	Co-ordinator
I		Mizoram College Of Nursing, under the coordination of the Internal Quality Assurance Cell had organized four National Webinars within the month of October – November 2020. The webinars focused on important and pressing issues which are of importance in our present day. <u>Webinar Organizers-</u> 1. R Lalruatkimi, Lecturer, MCON 2. Zosangliani, Tutor, MCON 3. Vanlaldingchhuaki, Tutor, MCON 4. Lalhruaitluangi Pachuau, Tutor, MCON	

1	29.10.2020	<u>Decoding National Education Policy 2020- No. of Participants- 165</u> The webinar commenced by a welcome speech from the Webinar Advisor Madam Lalchhanhimi, Principal, MCON and led by the Moderator. The following topics were insightfully and fluently presented by the respective resource persons- 1. <u>Overview of NEP 2020</u> presented by Prof. Dr. Lalbiakdiki Hnamte, Director of College Development Council, MZU gave an idea about the basic changes in NEP 2020 compared to the preceding Policy used in India. 2. <u>NEP with reference to Medial Allied and Education-</u> Prof. Dr. M Swati Patki, HOD of Department of Community Medicine, ZMC gave a clear cut idea on how the policy in discussion could be of use in medical field. 3. <u>NEP and nursing education-Issues and challenges-</u> Prof. Dr. Smriti Mani, Principal, Govt. College of Nursing, H&FW, Kolkata stressed on the issues and challenges that could be brought on to Nursing education by the changes in NEP 2020 which was much needed thought provoking information for all nursing personnel. The webinar progressed further with interactive discussion where the group raised questions and was answered by the resource persons.	<u>Moderator-</u> R Lalruatkimi, Lecturer, MCON
2	6.11.2020	<u>Promoting mental health in times of pandemic- No. of Participants- 128</u> The Webinar Advisor Madam Lalchhanhimi, Principal, MCON started the webinar with a welcome speech and the webinar was led further by the moderator. The following topics were insightfully and fluently presented by the respective resource persons- 1. <u>Emotional wellbeing for health care providers during covid-19-</u> Prof. Dr. Arunjyoti Baruah, HOD of Dept. of Psychiatric Nursing, LGBRIM, Tezpur explained about how health care workers can maintain mental health and the importance was stressed with easily relatable examples. 2. <u>Addressing stigma and emotional trauma associated with Covid-19 diagnosis-</u> Prof. Dr. Zokaitluangi, HOD of Dept. of Psychology, MZU stressed on how various gestures and speech which are considered harmless could have negative impact and create stigma for others. 3. <u>Coping with Covid-19 A new normalcy-</u> Prof. Dr. Bimla Kapoor, Chairperson of Committee of Experts NNMC Bill 2020, advisory Consultant, Nursing and Allied Sciences gave the attendees insightful examples on how to live vigilantly and accept the livelihood with pandemic restrictions and what to be done as a medical personnel. The webinar progressed further with interactive discussion where the group raised questions and was answered by the resource persons.	<u>Moderator-</u> Lalduhsaki, Sr. Lecturer, MCON.

3	11.11.2020	<u>Promoting excellence in nursing profession through nursing research-</u> <u>No.of Participants-</u> 113 The webinar commenced by a welcome speech from the Webinar Advisor Madam Lalchhanhimi, Principal , MCON and led by the Moderator. The following topics were insightfully and fluently presented by the respective resource persons- <u>1. Trends and challenges in nursing research and evidence based nursing practice-</u> Prof. Dr. Rani Shetty, Principal of Maniba Bhula Nursing College, UKA Tarsadia University illustrated the many trends and challenges in nursing related research. <u>2. Nanotechnology and its impact on nursing-</u> Prof. Dr. SK Mehta, Dean of School of life science, MZU elaborated the topic by giving a very intriguing insight regarding nanotechnology relating to nursing. <u>3. Statistical analysis: SPAA-</u> Dr. James LT Thanga, Asst. Prof. ,Dept. of Economics, MZU gave the audience about the much needed expertise knowledge regarding specific statistical tools. The webinar progressed further with interactive discussion where the group raised questions and was answered by the resource persons.	<u>Moderator-</u> Lalramengi Kaipeng, Tutor, MCON
4	19.11.2020	<u>Infection control- Saving lives through prevention-</u> <u>No. of Participants-</u> 95 The webinar commenced by a welcome speech from the Webinar Advisor Madam Lalchhanhimi, Principal , MCON and led by the Moderator. The following topics were insightfully and fluently presented by the respective resource persons- <u>1. Breaking the pandemic chain-</u> Dr. Sanjay Bhattacharya, Sr. Consultant of Dept.Of Microbiology, TMC gave the audience an insight on how Covid-19 virus and its infectivity could be impeded. <u>2. Challenges for healthcare workers during the pandemic-</u> Dr. Carrie Tudor, TB project Director, International Council Of Nurses gave the speech on the topic which was informative and provide information on how the pandemic could effect every aspect of nursing. <u>3. Role of a nurse in infection control during Covid-19 pandemic-</u> Dr. Belinda A Sawant, Head of nursing services, Saifee Hospital, Mumbai efficiently talks about everyday pandemic safety needs and duties for each nursing personnel. The webinar progressed further with interactive discussion where the group raised questions and was answered by the resource persons. <i>E-certificate was provided to all attendees.</i>	<u>Moderator-</u> Helen Lalthianghlimi Sailo, Sr. Lecturer, MCON
II		Mizoram College Of Nursing in collaboration with ZMC-SRHF organized the training of faculty and B.Sc.Nursing students of Mizoram College Of Nursing on Covid-19 pandemic from 17th to 22nd May 2021 to update knowledge on Covid-19 pandemic and partly in preparation of 4th year students for the upcoming clinical posting in mild and moderate wards of ZMC-SRHF which is the	

		biggest state's dedicated covid-19 treatment hospital.	
1	17.5.2021	Training Organisers- 1. Madam Lalchhanhimi, Principal, MCON 2. Miss Laldingliani Sailo, Lecturer, MCON Session 1: Training Inauguration No. of participants: 98 Madam Lalchhanhimi, Principal, MCON gave a welcome speech by giving a warm welcome to all participants and gave a brief description about the online classes and why it is needed. This was followed by a short speech from Dr. John Zohmingthanga, Director, ZMC-SRHF and Mrs. Lalremmawii Ralte, Jt. Director, Nursing where they stressed about the importance of nursing staffs in the pandemic and give thanks to all 4th year students for volunteering for Covid-19 patients in ZMC-SRHF as per the request of Health & Family Welfare Department. Session 2: Resource Person: Miss Lalhriatpuii Varte, Sr. Lecturer, MCON. Topic: • Introduction to Covid-19: • WHO Review • Clinical Classification of Covid-19 The 2nd Session started with a presentation by Miss Lalhriatpuii Varte and the topic "Introduction to covid-19" was elaborated and 'WHO overview and the Clinical Classification of Covid-19' was fluently presented with an updated knowledge about Covid-19 in a simple yet informative manner. The training continued further with interactive discussion and questioning and the host concluded and ended the training.	Ms. Laldingliani Sailo, Lecturer, MCON
2	18.5.2021	Topic: Screening of Covid -19: RTPCR, RAgT & Diagnosis No. of participants: 78 Resource Person: Dr. Vanlaldusaki, Asst. Professor, Dept. of Community Medicine, ZMC The topic was fluently explained where the uses of different diagnostic tests for Covid-19, the sensitivity and its reliability was stressed on. The training was very helpful in debunking uncertainties regarding Covid-19 tests and its diagnosis comparing with other respiratory diseases. The training progressed further with questioning from the students and staffs of MCON which was answered by the resource person after which the host ended the training.	Ms. Laldingliani Sailo, Lecturer, MCON
3	19.5.2021	Topic: Biomedical Waste Management (Covid-19) No. of participants: 72 Resource Person: Mrs. Laltlansangi Sailo, Ward Superintendant, ZMC-SRHF The topic was fluently explained along with how much vital it is for	Ms. Laldingliani Sailo, Lecturer, MCON

4	20.5.2021	preventing further spread of Covid-19 among the staffs. The different colored bins used, the disinfectants used and the steps taken from the wards till the final disposal point was carefully illustrated with relevant pictures from wards and disposal points. Then interaction and questioning was done and the training was concluded by the host. Session 1: No. of Participants: 74 Resource Persons: 1. Miss Laldingliani Sailo, Lecturer, MCON 2. Miss Zulvelin VL Rosangi Reia, Lecturer, MCON 3. Miss Helen Lalthianghlimi Sailo, Sr.Lecturer, MCON Topics: 1. Management of covid cases in vulnerable groups- Pregnant. 2. Management of Covid cases in vulnerable groups- Children. 3. Managemnet of Covid cases in vulnerable groups-Elderly The host gave a detailed presentation on the topic 'Management of covid cases in vulnerable groups- Pregnant' where she elaborated how Covid-19 positive pregnant mothers could be cared for during prenatal visits, labour and postnatal period, what signs to watch out, what precautions should be taken and what treatment must be avoided. The presentation was followed by a brief discussion. The discussion was followed by a presentation on the topic 'Management of Covid cases in vulnerable groups- Children' by Miss Zulvelin VL Rosangi Reia, who efficiently explained the grouping of Covid-19 affected children into mild, moderate and severe groups with pictorial and graphical depiction along with the treatment for each groups and what to expect. This was followed by discussion and questions were answered. The last resource person of the 1st session Miss Helen Lalthianghlimi Sailo, presented the topic 'Management of Covid cases in vulnerable groups-Elderly' where she successfully elaborated how Covid-19 is affecting the elderly, what common signs should be given importance and what steps should be taken into preventing and treatment of Covid affected elderly. The session concluded with interactive questioning from the participants and the trainers. Session 2: Resource Person: Dr.Zorinsangi Varte, Asso. Professor, Dept.of General Medicine, ZMC Topic: Covid-19 Management Protocol- Mild to moderate cases and severe cases The 2nd session commenced with a brief introduction of the trainer by the host. The topic was elaborated by Dr. Zorinsangi Varte where she gave an insightful ideas and protocols followed in ZMC-SRHF for the treatment of Covid-19 mild, moderate and severe cases and explained about the treatment options available worldwide and that approved by WHO as well as Indian Medical	Miss Laldingliani Sailo, Lecturer, MCON
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5	21.5.2021	Council. This was followed by interactive discussion where the group raised questions which were answered by the trainer. The host thanked the resource person and the session was concluded. Demonstration & Return Demonstration of Donning & Doffing of PPE for 4th year students in Nursing Laboratory Demonstrators: 1. Mrs. Lalrintluangi, Lecturer, MCON 2. Ms. Laldingliani Sailo, Lecturer, MCON 3. Zosangliani, Tutor, MCON 4. Lalramengi Kaipeng, Tutor, MCON 5. Vanlaldingchhuaki, Tutor, MCON 6. Lalhruaitluangi Pachuau, Tutor, MCON 7. Lalrinhhani Kawlani, Tutor, MCON 8. Shalome Malsawmkimi. Warden, MCON Madam Lalchhanhimi, Principal, MCON gave a speech on the importance of the correct donning and doffing technique and the proper disposal of waste for prevention of further spread of Covid-19 among the staffs. This was followed by the practical demonstration on 'Donning and doffing of PPE & Biomedical Waste Management' which was done by the demonstrators where correct techniques and steps were demonstrated and questions from the students were answered accordingly. All 26 students of 4th year BSc. Nursing were divided into 4 groups where return demonstration on Donning and doffing of PPE and Biomedical Waste Management was done by each individual student. Each student was evaluated by two demonstrators with the use of clinical assessment tool- OSCE and feedback was given along with the scoring.	
6	22.5.2021	Session 1: No. of Participants: 75 Prof. Swati M Patki, Professor & HOD, Dept. of Community Medicine, ZMC Topic: Preventive aspects of Covid-19: Vaccination The host started welcomed the resource person Prof. Swati M Patki who gave a clear idea on how the advancement and development of Covid-19 vaccine had impacted the case of Covid-19 on a global scale, vaccination time, intervals between each doses and what side effects should be expected and what symptoms should we be on the lookout. The presentation was informative and gave the audience a much needed insight on the topic. This was followed by interaction between the resource person and the audience and the host ended the session. Session 2: Resource Person: Miss Lalrinhhani, Ward Superintendent, ZMC- SRHF Topic: Nursing management of Covid-19 in Mild to moderate cases and severe cases.	Miss Laldingliani Sailo, Lecturer, MCON

		The host started the session by introducing the resource person Miss Lalrinchhane efficiently presented the topic 'Nursing management of Covid-19 in Mild to moderate cases and severe cases'. The presentation was helpful as it focused on the nursing aspect of Covid-19 management, what precaution should be taken as a nurse, what indicates effective and ineffective nursing management and common nursing errors in Covid-19. This was followed by an interactive questioning where the audience raised questions which were answered by the resource person. The host thanked the resource person and the session was ended.	
III	23.5.2021	<u>Financial Awareness and Consumer Training Programme-</u> <u>Speaker : Dr. Sudipto Ghosh, NCFE Resource Person</u> No. of Participants: 52 Mizoram College Of Nursing, in collaboration with National Centre for Financial Education (NCFE) conducted financial training which was attended by students and faculty. The online training was commenced by the host. The speaker started with elaboration of the topic regarding educational loan. He then further elaborate necessary and important financial functions of Cashless Banking like internet banking, mobile banking, debit & credit cards, mobile wallet and adhaar enabled payment system which was both insightful and much needed function in our advanced world of banking and payment. Important savings information regarding emergency savings account, recurring deposits and fixed deposits and National Pension Scheme were also discussed. The training was concluded with the topic regarding management of personal finance which was informative and insightful for all trainees. This was followed by interaction and questions from the audience were answered by the speaker. Then the host thanked the speaker and ended the training.	Mrs Lalrintluangi, Lecturer, MCON

13. Events and Days observed by the Institution

Sl. No	Name of Event/ Day	Date	Venue	Attendees	Remarks
1.	National Deworming Day	10.8.2020	Social Media platform	2 nd & 4 th yr Students & teachers	Due to covid-19 pandemic, it was observed via social media platforms like Facebook, Instagram and twitter where participating students posted & spread awareness campaign about deworming drugs & need for deworming for children between 1 to 19yrs.

2.	Teacher's Day	5.9.2020	Social Media platform	All students & teachers of MCON	Teacher's Day could only be celebrated via whatsapp application where students exchanged messages with teachers.
3.	World Suicide Prevention Day	10.9.2020	Zoom platform	All students & teachers of 3 rd year	Theme- "Working together to prevent suicide" All students & teachers of 3rd yr.observe the day as part of Mental Health Nursing Subject where students were grouped into 5 groups and the theme was discussed and presented. Slogans & videos on "A step closer" made by Indian Association for Social Psychiatry was shared among the participants. The programme was concluded by a vote a thanks from Mrs. R Lalruatkimi, Lecturer, MCON.
4.	World Mental Health Day	10.10.2020	Social Media Platform	All students & teachers of MCON	"Greater Investment in Mental Health: Greater Access" MCON observed the day through social media platform via whatsapp status, facebook & Instagram posts due to covid-19 pandemic. Posters made by 3rd yr.students on the theme were circulated in social media and pdf of "World Mental Health Day 2020: World Tolerance for Mental Health" were circulated among the teachers and students so that each of us can show the way for greater access of mental health resources to all who requires it.

5.	World Students' Day	15.10.2020	Social Media Platform & Zoom	All students and teachers of MCON	The day was observed via whatsapp status, facebook & Instagram due to covid-19 pandemic. Since it is the birth anniversary of the former President Dr. APJ Abdul Kalam, his legacy was told to all the students through zoom platform.
6.	Global Handwashing Day	15.10.2020	Social Media Platform	All students and teachers of MCON	Theme- "Hand Hygiene for all" Global Handwashing Day is given utmost importance not only as it is our best practice but also because the world is fighting against the global pandemic. Posters emphasizing the importance of hand washing was put on the walls of the college. Educational hand hygiene video clips made by MCON and uploaded in YouTube on 22 nd March 2020 and awareness campaign with the theme was also circulated via social media platforms.
7.	National Education Day	11.11.2020	Zoom Platform	All students and teachers of MCON	All class coordinators took online zoom classes on "National Education Policy 2020" where important issues and guidelines were highlighted and stressed upon. This was followed by feedback and discussion of the topic.
8.	International Day for Elimination Of Violence Against Women	25.11.2020	Zoom Platform	All students and teachers of MCON	Theme- "Orange the World: Fund, Respond, Prevent, Collect" No. of attendees- 98 students & 2 faculty The day was observed under the guidance of Miss Laldinthari, Tutor, MCON who elaborated the theme through zoom platform at 7:30pm. All students posted posters and slogans in their whatsapp status and boys & girls actively participated in the discussion and shared their thoughts on gender issues.

9.	World AIDS Day	1.12.2020	Zoom platform	Students, faculty & alumni members	Theme- Ending HIV Endemic: 1st yr students under the guidance of Red Ribbon Club hosted Online programme as follows- Resilience & Impact Host- Michael Lalsawmliana, 1st Yr. Theme Elaboration- 1st yr students Short speech- 1. Miss Laldinthari, Tutor, MCON 2. AZ Ngokhiangia, Alumni member, 13th Batch 3. Roluahpuii, Alumni member, 13th Batch 4. J Lalrinhlui, Alumni member, 13th Batch Vote of thanks- Red Ribbon Club i/c Slogans & posters were also posted on whatsapp status.
10.	World energy Conservation Day	14.12.2020	MCON classroom & Zoom platform	Zoom platform & Classrooms	Theme- Conserve Energy, Save the future The day was observed under the guidance of Miss Laldinthari, Tutor, MCON who conducted Quiz on “Conservation of Energy” where prizes were given as follows- 1st prize- PC Malsawmzuali, 1st yr 2nd prize- Esther Lalruatpuii, 1st yr Zoom classes was taken on the theme at 9-10am and posters & slogans were posted in whatsapp status.
11.	Republic Day	26.1.2021	MCON	Students and teachers.	Flag hoisting was done in the College & pictures were posted and exchanged through social media platforms.

12.	World Cancer Day	4.2.2020	MCON Class rooms	All students and faculty	Theme- I am and I will Each year from 1st – 4th year made charts and posters for cancer awareness and was displayed in the college. Selected students elaborated on the theme in each class which highlights about empowering call to action urging for personal commitment & represents the power of individual action taken now to impact the future.
13.	International Women's Day	8.3.2021	M-Hall MCON	All students and faculty with Mizoram State Legal Services Authority (MSLSA)	Theme- Choose to Challenge In collaboration with MSLSA, the day was observed as follows- Chairperson- Mrs.Lalchhanhimi, Principal, MCON Welcome Speech- Mr. R Vanlalvena, MJS, Member Secy,MSLSA Choir- MCON Choir Speech- Ms. JH Lalbiaknungi Vote of thanks- Ms. Laldin thari, Tutor, MCON All participants raised their hands in support and shout out to women's welfare.
14.	World TB Day	24.3.2021	Civil Hospital, Aizawl & MCON	All students & faculty	The day was observed by giving teaching to patients & relatives in the wards. Posters were also made by the students and displayed in the college as well as Civil Hospital, Aizawl.
15.	World Health Day	7.4.2021	MSCI, Cancer Hospital Zoom platform	All students & faculty MSCI staffs MSCI patients	Theme- Lets build a fairer, healthier world for everyone. The students of 3rd yr observed the day by making posters and giving health talks at MSCI hospital, Zemabawk. 1st yr, 2nd yr & 4th yr students made posters and attend webinar on the theme in their respective classes under the guidance of their respective coordinators.
16.	Evangelical Nurses Fellowship Day	12.4.2021	MCON	All students and staffs of MCON	The day served as a retreat for all ENF members where Sinner's Friend team came and delivered the word of God which was followed by counselling classes.7On 8th April,

					ENF members also organized blood donation camp at Civil Hospital, Aizawl.
17.	Dr. BR Ambedkar's Jayanti	14.4.2021	MCON	All students and staffs of MCON	MCON celebrated the day by gathering at the College ground where the Principal Mrs. Lalchhanhimi gave a speech about why the day was celebrated and gave a short speech about Dr. BR Ambedkar.
18.	International Nurses Day	12.5.2021	Card exchange	All students & faculty	Theme- Nurses: A voice to lead- A vision for future healthcare Due to Covid-19 pandemic, MCON was unable to celebrate the day at the college. Students & staffs of MCON exchange hand-made cards with the theme highlighting the empowerment of nurses in times of pandemic.
19.	World No Tobacco Day	1.6.2021	Virtual Panel Discussion	Students & faculty	Theme- Commit to quit The day was observed by virtual panel discussion programme as follows- Host- Dipa Chetry & Ishita Nath, West Bengal Welcome address & unfolding theme- Ishita Nath, Asst.Prof. Manmohini Academic Institutions Discussion topics- 1. Tobacco & youth- Dipa Chetry, Life member, DAY, W.B 2. Effects of tobacco on pregnancy- Anamika Bhuyan, Asst.Prof. faculty of Nursing, ADTU, Assam 3. Health consequences of tobacco in different age group- Lalramengi Kaipeng, Tutor, MCON

20.	World Environment Day	5.6.2021	MCON	All students & staffs of MCON	Theme- Ecosystem Restoration MCON observed the day by planting trees within the campus and restoration and cleaning of the rooftop gardens. MCON had also taken initiatives like drawing competition for classes VII & VIII AND Essay competition for Classes IX & X among school children around MCON where 2 students each got prizes in both category.
21.	Green Mizoram Day	11.6.2021	MCON	EF & Department officials with State Ministers & staffs, MCON faculty	MCON host Green Mizoram Day Celebration at the College Campus organized by EF&CC Department Govt. of Mizoram where State Mnister Mr. Lalruatkima & other govt. officials attend the programme. This was followed by tree planting and 'Before and after tree planting' photo competition where 2 MCON students receive consolation prizes.

14. Particulars of MZU Exam Result of the preceding Academic Session

Year	Total no. of students	No. of Passed Students	No. of Failed Students	No. of Students with Supplemental Paper(s)	Remarks
1 st year	30	30	Nil	Nil	
2 nd year	30	30	Nil	Nil	
3 rd year	27	27	Nil	Nil	
4 th year	30	29	Nil	Nil	

15. Research and Publications

Research-

In the 2020 -2021 session, the Research and Ethical Committee held a meeting on 12th October, 2020 , wherein allocation of research guide was done along with fixation of calendar for submission and finalization of research studies by the final year students.

The final year students are grouped into 3 groups and 2 research guides were appointed for each group from the faculty. The committee suggested that 1 week i.e 45 hours, be allotted for data collection and finalization of all research work shall be the 31st July, 2021.

Publication –

The Research and Ethical Committee in its meeting held on the 20th December, 2020 discussed necessary steps to be taken for publication of research project wherein Ms Helen Lalthianglimi Sailo and Ms Laldingliani Sailo were appointed for selection of the project and take necessary actions respectively.

16. Library report*a. Brief introduction and Activities*

The institution has 1 library managed by 1 librarian. Library books and other holdings are updated on the basis of the needs of the students.

b. Library holdings:

- Books- 3012
- Thesis- NIL
- Journals- 11 titles (National & International)
- E-resources- NLIST (UGC INFLIBNET)

c. Library Membership- All registered students, faculty and staffs of MCON has library membership which is renewed annually.*d. Books Issued-*Library books are issued manually and with the use of library automation software. In this session, 196 books were used and recorded in automation software. This is due to the temporary closure of the college due to Covid-19 pandemic.*e. Visitors-* During this session, a total of 235 users has visited the library as per record.*f. New facilities and other activities-*In this session, no new facilities and resources has been added to the library.**17. Hostel Report**

The institution has a conjoint two building Hostel (Block I and Block II) located near the entrance of the College campus which offers the following facilities-

- i. Warden Quarters-2 (in Block I & II)
- ii. Students' Common Room-2 (in Block I & II)
- iii. Night Chowkider's Room- 1 + 1 (in Block I & II)
- iv. Students Sick Room-1 (Block I)
- v. Warden Office-1 (Block I)
- vi. Kitchen-1 (Block I)
- vii. Dining Hall-1 (Block I)
- viii. Visiting Room- 1 (Block I)
- ix. Devotion Hall-1 (Block II)
- x. Guest Rooms- 5 (Block II)
- xi. Students' Rooms- 41+39 (Block I & II respectively wherein 30 rooms each from block I & II are occupied by students.)

The hostel building can accommodate 160 students, 82 students in Block I and 78 students in Block II. Since there are 6 male students in the current session, a two- storied house located near the college entrance gate is rented to accommodate 6 male students.

Presently, there are 10 staffs working in the hostel, with 2 wardens and 8 group D staffs. The hostel maintained registers like Mess Account Register, Visitor's Log Book, Outgoing Register, Event Records, Students' Attendance Register and Staffs' Attendance Register.

The hostel is equipped with recreational facilities like Carrom Board, Chinese Checkers, Television and Guitars which can be used by students while abiding to the rules laid down by the hostel authorities.

18. General Administration Report

a. Finance report

Mizoram College of Nursing received LOC (Letter of Credit) Quarterly from the Directorate of Hospital & Medical Education (DHME) after submission of requirements in various fields. The Institution's basic requirement includes Salary, Motor Vehicle, Medical Treatment, Transportation expense, Office Expense and other miscellaneous charges.

Under O.E.(B) and MV, Petroleum, Oil & Lubricant (POL) are acquired of which remaining funds are spared for Motor Vehicle repair fund. Other office requirements like Water Charge, Electric Charge, Internet Bill and Stationery bill are paid from O.E (A) and O.C. Since L.O.C received is more on the shorter side, funds for essential institution requirements are often unmet .At the end of each quarter, any balance is promptly surrendered.

b. Activities of Establishment Section

i. Purchase and issue of stationary item

Stationery items are purchased by Indent from Printing & Stationery depot and occasionally from local approved firm when the same are not available at Printing & Stationery depot. These stationery items are then issued to the Office book for use in the Faculty section, Library section and Hostel Section.

ii. Purchase and maintenance of furniture and equipment

Furniture and Equipment requirement is put up for indent and purchased from Authorized dealers.

iii. Furnishing/ computer repairing

Furnishing/computer repairing is carried out by consultation with Authorized personnel. During August 2020- July 2021 session, computer

iv. *Maintenance of stock register*

Stock Register is maintained in three categories, namely- Stationery Articles, Hardware Materials and Vehicle Materials in which all purchased items are registered promptly.

v. *Issue of Daks*

The number of Daks issued during August 2020- July 2021 is 313 of which most of the letters are addressed to Directorate of Hospital & Medical Education (DHME) and Mizoram University.

vi. *Collection of Daks and Newspaper*

Daks are collected and distributed by Dak runner.

MCON is currently subscribing 10 copies local daily newspaper (Vanglaini) with monthly bill amounting to Rs.1500/-.

International Newspaper could not be subscribed due to unavailability of distributor agents in the area.

vii. *Maintenance of telephone and internet connectivity*

Internet connections having wifi facility is available in each floor of the institution with a speed of 30 Mbps and a coverage of 87.5%

19. Student Nurses' Association (SNA) Report

The Student Nurses Association, MCON unit had elected Office Bearers for the session 2020-2021 on 13th November 2020 through google forms as assembly for election could not be organized due to Covid-19 pandemic.

Activities during 2020-2021 session-

1. SNA has taken up initiatives in organizing freshers' induction for 1st year students and Farewell programmes for the outgoing students.
2. The association had been carrying out fund raising activities to aid its function like selling of stationery items, spare uniforms, hostel necessities and other items as requested.
3. The association had also given monetary aid to a fellow student who had undergone neurosurgery.

It has been noted that this student body contributed much to the smooth functioning and maintenance of conduct among the students.

20. Evangelical Nurses Fellowship (ENF) Report

The Evangelical Nurses Fellowship (ENF) MCON unit has 137 members (116 students & 21 faculty) for 2020-2021 session and had their annual election of Office Bearers on 6th December 2020 after which 6 Executive committee members were selected from each year.

Activities-

1. Voluntary blood donation was held on 9th April 2021 where 20 units were donated to Civil Hospital, Aizawl.
2. Retreat Programme was held for all ENF MCON unit members in the College M-Hall on 12th April 2021 where Sinner's Friend Gospel team were invited who provided all members with spiritual enlightenment.
3. ENF service for hostel students was held in Hostel Hall weekly on Friday at 7PM. Apart from this, ENF held meetings weekly (every Monday) but due to the pandemic the meetings had been held every Sunday at 2PM through Zoom platform for all students and faculty.
4. A Wall clock was bought for the hostel meeting hall and was put in place on 11th August 2021.
5. Bible reading project was carried out during this session where 8 students who completed the project was rewarded at the end of the session.
6. Financial aid of Rs. 5000/- given to Mr. Chawngkunga, a resident of Falkawn, Mizoram who faced financial hardships due to covid-19 pandemic.
7. Condolence of Rs. 1500/- each given to Miss Vanlaldingchhuaki, tutor, MCON and Rose PC Lalmalsawmtluangi, 1st year, MCON to mourn their deceased family member.
8. Fund raising activities like selling of student's stationery items along with hair accessories for clinical duties has been carried out.
9. The ENF MCON unit had been doing its best in doing social work by giving monetary rewards or contributions as needed. In this session, it had also continued its monthly contribution of Rs. 1000/- (Rupees One Thousand only) towards Evangelical Nurses Fellowship of India for Missionary support.

21. Red Ribbon Club Reports

During 2020-2021 session, Red Ribbon Club had held one meeting on 5th January 2021 where appointment of members for various posts including 2 Nodal Officers from faculty and 4 peer educators from the students representing each year from 1st to 4th year was carried out.

Due to pandemic restrictions, no further meeting/activities could not be carried out during this academic session.

22. Internal Quality Assurance Committee (IQAC)

Internal Quality Assurance Committee (IQAC) is the governing body which undertakes the responsible of setting up guidelines and committees in the institution for the proper functioning, standard maintenance and ease of activity scheduling.

During this session, 5 IQAC committees were held. The resolutions and actions discussed on such meeting includes-

1. Appointment of new members of IQAC with a total of 17 members for a term of 2 years.
2. Hosting of four National Webinar to be started on or before October of 2020.
3. Mode of teaching to be deliberated by the Curriculum Committee in accordance with the guidelines laid down by covid-19 restrictions.
4. Procurement of Covid-19 related equipments and supplies by the Maintenance Committee.
5. Student Centered Quarterly report format finalization and usage from 2020-2021 session.
6. Discussion & finalization of College Annual Report format and usage from 2019-2020 session with faculty i.c for preparation Miss Lalrinchhani Kawlni, tutor.
7. Discussion & finalization of Teachers Feedback Form from students. Collection and compilation to be done by IQAC co-ordinator.
8. Plan for safe clinical duties after ceasation of 1 year and rotational plan to be looked over by Curriculum Committee.
9. Preparation of two OSCE tools by each department and review and discussion to be done by March, 2021.
10. As advised by the NAAC Peer team, the meeting passed the development of uniform procedure manual & the i/c faculty will be Miss Lalhriatpuii Varte, Sr.Lecturer.
11. OSCE tools prepared by faculty in-charge were discussed and the uniform format for OSCE preparation was drafted for future use.
12. The meeting followed up on the suggestions made by the NAAC Peer Team regarding the infrastructure, record keeping, change in guidelines and other necessary action. Reports of the changes made and plans to be implemented were discussed and necessary appointment of faculty in-charge for such.
13. The meeting decided that the filling up of AQAR for submission shall be started from 9th August, 2021 which is mandatory for all criterion in-charge.

23. Curriculum committee Reports

During the academic session 2020-2021, the Curriculum committee held two meetings before the start of the next session. The committee is responsible for review and necessary changes in syllabus coverage, internal assessment and criteria for assessment with their weightage, allocation of class co-ordinators and subject allocation to faculty for the next session. Such responsibilities and topics were deliberated yearly before the start of the session.

The Curriculum meeting on 21st January 2021 had deliberated the preparation of academic calendar by all co-ordinators in accordance with changes required due to pandemic restrictions. The committee under the request of IQAC had also prepared a format for Student Centric Quarterly Report and handed over to the co-ordinator.

It had been under the guidance of the meeting of Curriculum committee held on 17th February 2021 that clinical duties of students which was ceased from March 2020 had resumed their clinical duties from 22nd February 2021 and clinical allocation of faculty was done for the same.

24. Anti Ragging Committee Reports

The institution has Anti Ragging Committee headed by the head of the institution since 2013. The committee has different member representatives from various fields like representatives from Civil Administration, Police Administration, Local Media, NGO's in youth activities, Parents, Senior students, Fresher students and Faculty.

The Anti-ragging committee includes members for Anti Ragging Squad and Monitoring Cell from teaching and non-teaching staffs and also appointed five representatives for Mentoring Cell from each year of the current session.

The committee on 2nd August 2020, reported about the awareness of anti-ragging in the college where the 1st year students on admission signed the anti-ragging affidavit and that no case of ragging has been reported in the institution till date. During Freshers Induction Programme and other college programmes, detailed explanation about the institution's zero tolerance to ragging has been given from time to time.

25. Code of Conduct Committee Reports

Mizoram College of Nursing has Code of Conduct Committee which overlook the practices and discipline carried out by the staffs and students and had published Code of Conduct Handbook in earlier years.

During 2020-2021 session, the Committee held a meeting in which a review of the effectiveness and adherence to the code of conduct rules amongst the staffs and students was discussed and evaluated among the members. Code of conduct awareness programmes which was planned in earlier years could not be carried out due to pandemic restrictions.

26. Internal Complaints Committee Reports

In pursuance with the Gazette of India No.18 regarding the Sexual Harassment of Women at work place Act and University Grants Commission Gazette No.171 of 2016, the Internal Complaints Committee was constituted in Mizoram College of Nursing on 2nd December 2019 with an office order appointing 1 Presiding Officer, 6 members from MCON staff and faculty, 2 NGO representatives and 3 student representatives.

During 2020-2021 academic session, there had been one meeting on 2th February 2021 where reports & review of the previous session was made. The committee also decided that certain awareness programme for ICC to prevent sexual harassment at all levels be done in the college from time to time as soon as the covid-19 guidelines permits.

27. Grievance Redressal Committee Reports

The Grievance Redressal Committee had Annual Grievance Redressal Committee on 19th March 2020. The committee reports that there has been no record of complaints in the past

academic year both in the college as well as the hostel. This could be credited to the detailed explanation & presentation of Grievance handling procedure adopted in Mizoram College of Nursing given by the Grievance Committee during Freshers Induction Programme at the commencement of the present academic session.

The meeting reports that due to pandemic restrictions, all classes were taken online. The meeting resolves the use of college email and personal phones for grievance complaint and the in-charge for such information circulation and complaint handling will be done by the counselling cell.

28. Maintenance Committee Reports

The Maintenance Committee had 2 meetings in August 2020 – July 2021 academic session and new members were appointed at the start of the session.

In accordance with the Maintenance Committee resolution, certain maintenance activities like upgradation of internet connection plan sufficient to feed online classes for all four batches and purchase of 1 fire extinguisher for Hostel and 19 fire buckets for College and Hostel buildings has been done during 2019-2020 academic session.

29. Campus Beautification Committee Reports

The Campus Beautification Committee was established on 12th March, 2020. Since then, the committee had taken charge of all activities contributing to the decoration of the campus like planting trees on events like Van Mahotasa in 1st to 7th July, cleaning and renovating campus, purchase of decorative items like flowers and banners.

In this session, the Campus Beautification Committee has held 4 meetings and in accordance with the resolution passed by the meeting, activities like social work of cleaning the college before and after NAAC Peer Team visit and purchase of manures and flowers has been carried out.

30. Alumni and Placement Cell Reports

The Alumni has currently 346 members as of 2021 census. Election is carried out every two years, with the present Office Bearers elected in 27th November 2020. Alumni Meet is held every 2 years and alumni committee as required. It had been responsible for awarding Proficiency award of Rs.5000/- with memento worth Rs. 500/- and Best Attendance award of Rs.1000/- with memento worth Rs.500/- to the final year students yearly and had also played an active role as Resource Persons for the Vocational Preparatory Programme carried out at the end of each session for the final year students.

During this session, MCON Alumni had awarded Proficiency Award of Rs.5000/- with memento worth Rs.500/- to Ramdinmawii, MZU Gold Medalist and had even participated in the Vocational Preparatory Programmes held for the final year students.

During 2020-2021 academic session, the Alumni has held 3 OB meeting through online facilities. In accordance with the resolution passed by the Ob meeting, Alumni meeting had

been carried out via online facilities due to pandemic restrictions. The OB Meeting on 7th February 2021 appointed 2 committee members from each Batch with a total of 24 committee members who will take up the responsibility of collecting Alumni membership fees. The meeting also suggested the putting together of Alumni album for which the cost will be borne by MCON Alumni Association.

31. Mentor-Mentee Reports

The Mentor mentee system has been initiated in the year 2017 and is actively functioning till date. The mentors are allotted mentees at the beginning of the Academic Session and will continue mentoring the same students till they pass out from the institution. The outgoing students are then replaced by the newly admitted students. A list of the Mentor and mentee is clearly displayed at the notice boards and circulated to all concerned.

The mentors are responsible for monitoring all the academic and non-academic activities of their mentee. They maintain regular formal and informal meetings with their mentees. They also maintain a separate file for each mentee where meeting reports, results of test and examinations are entered and verified by the head of the institution. They also render primary counselling to their mentees and maintain referral to the Counselling Cell of the institution as per need of the student.

In the present academic session each mentor has 6-8 mentees. Due to the pandemic and local restrictions the mentors maintain mentor mentee sessions via telephone and face to face interactions as permitted since March 2020. They create whatsapp group for their mentors where they maintain regular individual and group contact and support to them.

The mentor mentee system has helped to create a more friendly environment between the mentors and mentees, students received more individual and need based support and thus enhanced their overall performance.

32. Add on Course: Certificate in Community Health

Mizoram College Of Nursing served as a Programme Study Centre (PSC) for an ongoing Certificate in Community Health, which was initiated in July 2019 under National Health Mission in partnership with Indira Gandhi National Open University (IGNOU) with a course period of six months.

The mentioned course has been a growing initiative of the Central Govt. in training of Health and Wellness Officers which were to be posted in the newly upgraded Health and Wellness Centres (HWCs) all over the state. Mizoram College of Nursing had already trained three batches of Health and Wellness Officers with a training duration of 6 months each. The training of the 3rd batch (20 students) was started on 26th October 2020 and the training of 4th Batch (26students) was started on 26th April 2021 which is scheduled to be completed by October 2021. The institution is equipped with 20 academic counselors and maintained 100% passed percentage in this course wherein all passed out trainees had already been posted in their specific postings and contribute immensely in uplifting health and its related services in their areas.

33. Details of Vocational Preparatory Programme (VPP)-

The institution in the past academic years, arranged several training opportunities like Spoken Hindi Class, Vocational Preparation Programme for outgoing students during their internship phase to prepare them for their post graduation employment and further studies.

Vocational Preparatory Programme (VPP) for outgoing students was carried out via online facilities much like the preceding year. The programme is scheduled to be on 3rd to 7th August 2021 where topics like Professionalism, Certificate in Community Health, Professional ethics were presented by MCON faculty. Moral Guidance class was also held where Rev. Lalropuia, a respected counselor took classes.

MCON Alumni also took an active role in VPP wherein three Alumni members from Singapore, Military Nursing and United Kingdom gave a lecture on “Career Opportunitites” and the Vice President of MCON Alumni shared insightful ideas about “Roles and responsibilities of Alumni”.

Besides the mentioned topic, other classes on Legal awareness in Health Practices and Soft Skills were held where experts from different fields like Law and Judiciary and reputed local institutes like Beer Saba Group of Institutions shared their valuable information about the topic which was much needed by the final year students. Spoken Hindi classes was also conducted to prepare the students for outer state employment and further studies.

34. Extended Course (DCA)

For this reported session, Extended Course on Diploma in Computer Application (DCA) examination could not be completed within the reported session but was scheduled to be carried out on 8th & 9th November 2021 in the next session.

35. Plan/ Project for next Academic session

Since the pandemic Covid-19 had brought on uncertainty and adjustment needs in teaching as well as all activities, the followings are the plan/project proposed for the upcoming session-

1. The institution in collaboration of State Medicinal Plant Board- AYUSH has planned to start the construction of a nursery for medicinal plants in the next session for which a committee is yet to be constituted.
2. The institution had also planned the procurement and upgradation of steel almirahs and articles required for clinical practice which will aid in the clinical practice of students having clinical duties in Civil Hospital, Aizawl.

36. Achievements and Awards

- i. In the University Results published for the academic year 2019-2020 in 24th September 2021, all the students of Mizoram College of Nursing has acquired 100% passed percentage with University topper & other four rank holders of 2nd, 3rd, 6th and 7th rank from the final year students.
- ii. More than 40 trainees from Mizoram College of Nursing had completed the six months course in Certificate in Community Health and had held their post as Health and wellness officers throughout the state.
- iii. Mizoram College of Nursing had successfully organized 4 National Webinars in October - November 2020 stressing on ongoing and pressing issues which is of importance.
- iv. Online trainings for 4th Year students in preparation for their clinical duties in the state's only dedicated covid hospital, was carried out within a span of 6 days on 17.5.2021-22.5.2021 and had also organized Online Financial Awareness and Consumer training Programme for all students and faculty on 25.5.2021 via zoom platform.
- v. Subscription of four online Zoom account had been completed and online classes could be carried out more effectively and with ease.
- vi. The internet connection speed of 10Mbps had been upgraded to 30 Mbps due to the much needed efficient internet facilities by all staffs for online classes and other related matters.
- vii. The Institution had also set up Students Relief Fund on 23rd October, 2020 to aid students in case of acute financial stress, health related problems and for the treatment of covid-19 infected students and each faculty of MCON contribute money monthly towards the said fund. During the reported session, financial assistance was provided to 1 student with health issues requiring out of state treatment and all students affected by covid-19 infections were provided free medical care using this.
- viii. The institution had completed a Memorandum of understanding (MOU) with the following -
 - Village Council of Falkawn.
 - Bharat Scouts and Guides.
 - National Health Programme- Palliative, Elderly, MPCDCS, CPHC, Oral Health, Vector Borne Diseases, Climate change, Immunization, TB Elimination.
 - State Medicinal Plant Board-AYUSH.

37. Conclusion

Mizoram College of Nursing, located in the outskirts of the state capital Aizawl has been working relentlessly for improvement and pursued for production of nurses with quality education and skill. With the efforts of the teaching staff and other supporting staffs and also the students, all the students from the past till date had many times secured 100%

passed percentage in the University examinations held at the end of each session securing many top 10 rank holders.

Though financial funding had been limited, the efficiency of the Principal and ministerial staffs had enabled the smooth functioning of the institution which is in par with the regulations of the Indian Nursing Council and the Mizoram Nursing Council. This can also be credited to the good cooperation and communication flow between the teaching and non-teaching faculty of Mizoram College of Nursing.



(LALCHHANHIMI)

Principal

Mizoram College of Nursing