

OFFICE OF THE PRINCIPAL : MIZORAM COLLEGE OF NURSING FALKAWN : MIZORAM

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NAAC Accredited B Grade

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Dated Falkawn, the 18th July, 2025

CIRCULAR

This circular is issued to inform all concerned regarding the **Nursing Students' Uniform Policy – July 2025** as per the **IQAC meeting 4/2024-2025, dated 15.7.2025**. All faculty/ staffs and students are requested to read the circular carefully and adhere to the directives with immediate effect.

The uniform policy ensures that nursing students present a professional appearance, maintain hygiene and safety standards, and are easily identifiable during clinical practice and classroom instruction.

General Uniform Requirements

All nursing students are required to wear the official uniform during:

- Clinical placements
- Field Visits
- Skills labs
- Simulation sessions
- Theory classes/classroom
- Any activities where direct patient care or professional representation is expected

Standard Uniform Includes:

I. Clinical Uniform

1. Caribbean Blue Top & Skirt, Shirt & Black Pants, White lab coat with college logo pasted. Fit should be professional and modest (not tight-fitting or too loose). No Unauthorized Alterations and must be worn as issued.

A. Girls:

- Top must have a shirt collar neck, front open with six (6) buttons. The length must be 3 inches from belly button
- Skirt must be A-line cut, back elastic and length just below the knee.
- White lab coat with logo pasted on the left chest, length must be 3inch longer than **Top** with three (3) plain button and pocket size must be 5Wx6H (inches)
- Long White socks

B. Boys:

- Caribbeanblue shirt with eight (8) buttons
- Locallystitch straight cut black pants with (5) belt loops, two side pocket and one back pocket.
- Belt must be black in colour with plain buckle
- White lab coat with logo pasted on the left chest, length must be 3inch longer than **Top**with three (3) plain button and pocket size must be 5Wx6H
- Short White socks

2. **Scrub suit:** Locally stitch Scrub top (V neck, side slit, 2 front pocket at waist level) and pants in aqua green color(s) with logo pasted on the left chest (Readymade scrub suit

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is not allowed). Scrub top length must be at the level of the buttock midline. Scrub suit must be worn during OT, ICU and Labour room postings.

- Locally stitch elastic cap should be of the same color

3. Clinical shoes:

- A. For Girls – Black school shoe with buckle strap
- B. For Boys – Black school shoe with shoe lace
- Every student must have separate OT slippers which must be worn with scrub suit, the slippers must not be worn at hostel.
- White sweater with caribbean blue stripe (1.5 cm wide) running horizontal at sleeve cuffs.

II. Community Field Uniform must be worn during urban and rural community posting.

A. For Girls

- a. White round neck T-shirt, logo on the left chest, college name at the back.
- b. Straight cut black pant, back elastic with side pocket.

B. For Boys

- a. White T-shirt
- b. Black straight cut pants with (5) belt loops, two side pocket and one back pocket.
- c. Belt must be black in colour with plain buckle.

C. Plain black closed-toe, non-slip shoes are mandatory

- College-issued ID badge worn at all times above the waist and clearly visible
- Name tag must be worn at the left chest
- Winter wear: White half neck inner, white scarf.
- Undergarments must be neutral colored and must not be visible. Undershirt (if worn) must be solid white or the same color as the scrubs. Undershorts (if worn) must be of solid colour.
- Students must wear all required personal protective equipment (PPE) as directed during clinical or lab sessions
- Students must wear all required personal protective equipment (PPE) as directed during clinical or lab sessions
- **Pocket articles:** Each student must bring their own pocket articles in locally stitch black pouch (8.5 X 5 inch) with zipper which includes – plastic apron (Caribbean blue piping), pocket diary, stethoscope, calculator, pen torch, measuring tape, red and blue pen, scissor, scale, pencil, eraser, digital thermometer, thread (caribbean blue, black and white) and needle.

III. Uniform for Tezpur posting will be same as community field uniform with white lab coat.

IV. Classroom Uniform for both includes,

- White T-shirt with caribbean blue collar, front pocket with logo pasted, short sleeves with caribbean blue ribbing, t-shirt must be tucked.
- Straight cut black pant, back elastic with side pocket
- Black knitted cardigan
- Plain black closed-toe, non-slip shoes are mandatory

Classroom uniform must be worn at college-related events, unless otherwise authorized.

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Grooming and Appearance

1. Hair: For Boys– It must be clean, off the collar and cut short.
For Girls – It must be clean, off the collar, neatly bun using a hair net and hairpin and secured away from the face
2. Beards and mustaches must be shaved clean.
3. Fingernails must be clean and trimmed short; no artificial nails or nail polish
4. No excessive makeup or fragrance (to protect patients with sensitivities)
5. Tattoos must be covered while wearing uniform
6. Jewelry is not allowed while wearing uniform (clinical & classroom), no visible facial piercings

Non - Compliance

- Any deviation from the standard uniform must be approved in advance by the class coordinator
- Students out of compliance may be fined Rs 50/- per non compliance
- Subject to academic or disciplinary action


18/7/25

(LALDUHSAKI)

Principal

Mizoram College of Nursing
Falkawn, Mizoram