

MIZORAM COLLEGE OF NURSING
Department of Health & Family Welfare
Government of Mizoram

Annual Report 2019 - 2020

1. Executive summary

i. Introduction/ brief history

The Mizoram College of Nursing was upgraded in 2005 from Nursing School, Civil Hospital Aizawl which was established in the year 1980. The institution being a continuation of the Nursing School, many nurses in Mizoram are products of this institution.

The institution is recognized by the Indian Nursing Council, Mizoram Nursing Council and is permanently affiliated under Mizoram University. It also has UGC 2(f) 12 (B) recognition.

The institution follows the B.Sc. Nursing curriculum prescribed by the Indian Nursing Council which is adopted by Mizoram University. The theory and practical hours provided by this institution exceeds the prescribed curriculum in order to provide better skills and competency.

ii. Students' enrollment – total, gender, category (general, SC, ST, OBC)

The institution has a yearly intake capacity of 30 with equal opportunities for both male and female candidates. In this session, the institute has 116 students of which 115 students belong to ST category and 1 student belong to OBC category.

iii. Staff position

The institute has 21 regular teaching faculty and 2 regular wardens respectively with 25 non-teaching staffs.

iv. Achievements and Awards

The institute excelled in the University Examinations with 5 students in the top 10 and 100% success rate in 2019-2020 academic session.

v. Faculty development

Constant effort is directed towards the faculty training and development to keep abreast with knowledge and skills. The teaching and non-teaching faculty actively participated in trainings conducted by the government and non government organizations and institutes with equal opportunities to all.

vi. Trainings conducted by the Institution

At the end of the calendar year during the winter vacation of the students, the college conducted Winter Break Workshop on 16th to 19th December 2019, for all teaching faculty and staffs.

vii. *Extension activities*

The institution in the past academic years, arranged several training opportunities like Computer Classes for 1st year students, Spoken Hindi Class, Vocational Preparation Programme for outgoing students during their internship phase. But unfortunately due to the rising issue of pandemic, such classes like computer classes could not be completed during this session.

viii. *Library*

The institution has 1 partially automated library which is under the care of 1 regular Librarian. The library books are maintained and updated according to the needs of the students which aids in their nursing knowledge and practice.

ix. *Research projects and Publications*

The final year students conduct research studies in fulfillment of the requirements of their curriculum under the guidance of teaching faculty. Publications for such was delayed due to pandemic restrictions and completed by the month of October 2020.

x. *New appointments, promotion and release of any staff*

On February 2020, the institution has 5 new regular teaching staff recruited under Health & Family Welfare Department through written exam and personal interview conducted by the Mizoram Public Service Commission Examination.

2. Name of the Principal : Mrs. Lalchhanhimi*Contact details*

- a. Office phone number: 8014550432
- b. Residence phone number:
- c. Mobile phone number: 9436152287
- d. E-mail ID: chhanifanai72@gmail.com

3. Staff position (Teaching)

Sl. No	Name	Designation	Gender	Educational Qualification	University	Specialization subject	Post		
							Sanctioned	Filled	Vacant
1	Lalchhanhimi	Principal	Female	M.Sc.(N)	Delhi University	Medical Surgical Nursing	1	1	-
2	Lalduhsaki	Senior Lecturer	Female	M.Sc.(N)	NIMHANS	Mental Health Nursing	3	3	-
3	Helen Lalthianghlimi Sailo	Senior Lecturer	Female	M.Sc.(N)	SNDT	Community Health Nursing			
4	Lalhriatpuii Varte	Senior Lecturer	Female	M.Sc.(N)	WB UHS	Medical Surgical Nursing			
5	Zulvelin VL Rosangi Reia	Lecturer	Female	M.Sc.(N)	RGUHS	Child Health Nursing	5	4	1

6	R Lalruatkimi	Lecturer	Female	M.Sc.(N)	WB UHS	Mental Health Nursing			
7	Lalrintluangi Fanai	Lecturer	Female	M.Sc.(N)	WB UHS	Medical Surgical Nursing			
8	Laldingliani Sailo	Lecturer	Female	M.Sc.(N)	WB UHS	Obstetrics and Gynaecology			
9	Malsawmdawng kimi	Tutor	Female	B.Sc.(N)	MZU	-			
10	Florence Lalthanzuali	Tutor	Female	B.Sc.(N)	GU	-	12	12	-
11	Lalremruati Hnamte	Tutor	Female	B.Sc.(N)	MZU	-			
12	Lalremmawii Ralte	Tutor	Female	M.Sc.(N)	WB UHS	Obstetric and Gynaecology			
13	C. Laldinthari	Tutor	Female	M.Sc.(N)	RGUHS	Obstetric and Gynaecology			
14	Zosangliani	Tutor	Female	M.Sc.(N)	WB UHS	Medical surgical Nursing			
15	Lalramengi Kaipeng	Tutor	Female	M.Sc.(N)	WB UHS	Community Health Nursing			
16	Vanlaldingchhu aki	Tutor	Female	B.Sc.(N)	WB UHS	-			
17	Lalhruaitluangi Pachuau	Tutor	Female	B.Sc.(N)	MZU	-			
18	Lalrinchhani Kawlnei	Tutor	Female	B.Sc.(N)	MZU	-			
19	Lalthianghlimi	Tutor	Female	M.Sc.(N)	WB UHS	Medical Surgical Nursing			
20	Eaudi Pachuau	Tutor	Female	B.SC.(N)	GU	-			
21	Daphne Lalremmawiii	Tutor	Female	B.Sc.(N)	MZU	-			
							(Attached from Nursing School, Lunglei)		

4. Staff position (Non-Teaching including hostel)

Sl. No	Name	Designation	Gender	Post		
				Sanctioned	Filled	Vacant
1	Engzikpuii	Warden	F	2	2	-
2	ShalomeMalsawmkimi	Warden	F			
3	Lalchungnungi	HA	F	1	1	-
4	ZirsanglianaSailo	Librarian	M	1	1	-
5	R Lalthakima	LDC	M	2	2	-
6	Engthanzuali	LDC	F			
7	Cecelia Zoremawii	DEO	F	1	1	-
8	Lalchhandama	Driver	M	4	4 + 4 from DHS	-
9	Rallianzuala	Driver	M			
10	C Lalremsiama	Driver	M			
11	M.S Dawngliana	Driver	M			
12	Lalringzova	Driver	M			

13	Lalchungnunga	Driver	M	5	5 + 10 from DHS	-
14	Lalawmpuia	Driver	M			
15	Lallawmkima	Driver	M			
16	T. Sairengpuii	Group D	F			
17	Vanlalpari	Group D	F			
18	Lalngaihthangi	Group D	F			
19	C Lalramsangi	Group D	F			
20	Zoramnghina	Group D	M			
21	K Lalremruati	Group D	F			
22	Vanlalchhuana	Group D	M			
23	R. Lalngaihzuai	Group D	F			
24	F Lalmuankimi	Group D	F			
25	H. Lianthangi	Group D	F			
26	Lalremruata	Group D	M			
27	S. Lalthuama	Group D	M			
28	Malsawmtluangi	Group D	F			
29	Zodinpuui	Group D	F			
30	Pachhunga	Group D	M			

5. Staff position (External/ Guest Lecturer)

Sl. No	Year	Name	Gender	Educational Qualification	Subject	Total
1	1 st year	1.Jennifer Lalthanzuali Ralte	F	M.Sc Psychology	Psychology	7
		2.Dr. Lalthansangi	F	Ph.D English	English	
		3.HT Lalruatdiki	F	M. Sc (Food & Nutrition)	Nutrition	
		4.Rachel Lalmalsawmkimi	F	M. Sc MLT (Clinical biochemistry)	Biochemistry	
		5.Dr. Grace Laldinmawii	F	MBBS, MD	Microbiology	
		6.Jacinta Lalremruati	F	M.Sc (Mircro)	Microbiology	
		7.Lalthazoa	M	BA Hons, DCA, Certificate in hardware and networking	Introduction to computers	
2	2 nd year	1.Christina Ramdinsangi	F	M.Sc (N) Medical Surgical Nursing	MSN-I	6
		2.Loicy Lalhmingchhuangi	F	M.Sc.(N) Medical Surgical Nursing	MSN-I	
		3.Caroline Malsawmtluangi	F	M. Pharmacology	Pharmacology	
		4.Catherine Lalremruati	F	M.Sc. MLT with specialization in Haematology & Blood Banking)	Pathology	
		5.Lalbikzuala	M	M.Sc. Biotechnology	Genetics	
		6.Immanuel Lalbiaktluanga	M	M.A Sociology	Sociology	
3	3 rd year	NIL				
4	4 th year	1.Dr.Lalremruati Hmar	F	MBBS, MD	Midwifery	1

6. Areas of Clinical Supervision by the Teaching faculty

Year	Subject	Areas	Name of Supervisors
1 st year	1. Foundation Of Nursing	Dressing Room, Casualty Department, Male & Female Surgical Wards, Male & Female Medicine Wards	1.C.Laldinthari 2.Zosangliani 3.Malsawmdawngkimi 4.Daphne Lalremmawii 5.Florence Lalthanzuali
2 nd year	1. Medical Surgical Nursing-I	Male & Female Medical Wards, Orthopaedic Ward, Male & Female Surgical Wards	1.Lalrintluangi 2.Lalremmawii Ralte 3. Lalthianghlimi 4.Lalhruaitluangi Pachuau
	2. Community Health Nursing-I	Thingsulthliah PHC, Falkawn Clinic, Muallungthu SC & Melriat SC	1.Helen Lalthianghlimi Sailo 2. Lalremruati Hnamte 3. Lalrintluangi
3 rd year	1. Child Health Nursing	Paediatric Ward, Neonatal Intensive Care Unit, Male Surgical Ward	1.Zulvelin Vanlalrosangi Reia 2.Vanlaldingchhuaki 3.Lalhriatpuii Varte 4.Lalrinchhani Kawlani
	2. Medical Surgical Nursing-II	Male & Female Medical Wards, Male & Female Surgical Wards.	
	3. Mental Health Nursing	Psychiatric Hospital- Kulikawn, LGBRIMH- Tezpur.	1.R Lalruatkimi 2. Lalduhsaki
4 th year	1. Obstetric and Gynecological Nursing	Maternity & Postnatal Ward, Gynaecological Ward, Gynaecological Operation Theatre, Family Planning, Maternal & Child Health Clinic.	1.Laldingliani Sailo 2. Lalramengi Kaipeng 3.Eaudi Pachuau
	2. Community health Nursing-II	Thingsulthliah PHC, Hlimen UPHC, Melthum Sub Centre, Melriat SC, Muallungthu SC & Falkawn Clinic	

7. Course Offered: B. Sc Nursing

Year	Code	Subject	Hours		Total hours	Subject in-charge
			Theory	Practical		
1 st year	BSN/I/01	1. Anatomy & Physiology	60+60		120	Zosangliani
	BSN/I/02	2. Nutrition & Biochemistry – Section A- Nutrition	60		60	HT Lalruatdiki
	BSN/I/02	2. Nutrition & Biochemistry- Section B- Biochemistry	30		30	Rachel Lalmalsawmkimi
	BSN/I/03	3. Nursing Foundations	265	650 (250 lab +450 clinical)	915	C Laldinthari
	BSN/I/04	4. Psychology	60		60	Jennifer Lalthanzuali Ralte
	BSN/I/05	5. Microbiology	45	15	60	Dr. Grace Laldinmawii
	BSN/I/06	6. English	60		60	Dr. LalthansangiFanai
2 nd year	BSN/II/08	1. Sociology	60		60	Immanuel Lalbiakluanga
	BSN/II/09	2. Medical Surgical Nursing-I	210	720	930	Lalrintluangi
	BSN/II/10	3. Pharmacology. Pathology & Genetics- Section A- Pharmacology	45		45	Caroline Malsawmtluangi
	BSN/II/10	3. Pharmacology. Pathology & Genetics- Section B- Pathology	30		30	Catherine Lalremruati
	BSN/II/10	3. Pharmacology. Pathology & Genetics- Section C- Genetics	15		15	Lalbiakzuala
	BSN/II/11	4. Community Health Nursing-I	90	135	225	Helen LalthianghlimiSailo

	BSN/II/12	5.Communication & Educational Technology	90		90	Lalremmawii
3 rd year	BSN/III/13	1. Medical Surgical Nursing-II	120	270 (Internship 84 hours)	390 (Internship 84 hours)	Lalhriatpuii Varte
	BSN/III/14	2.Child Health Nursing	90	270 (Internship 97 hours)	360 (Internship 97 hours)	Zulvelin VL Rosangi Reia
	BSN/III/15	3. Mental Health Nursing	270	95 (Internship 95 hours)	365 (Internship 95 hours)	R Lalruatkimi
4 th year	BSN/IV/16	1.Midwifery & Obstetrical Nursing	90	180 (Internship 624 hours)	270 (Internship 624 hours)	Laldingliani Sailo
	BSN/IV/17	2.Community Health Nursing-II	90	135 (Internship 195 hours)	225 (Internship 195 hours)	Lalramengi Kaipeng
	BSN/IV/18	3.Nursing Research & Statistics	45	45	90	Laldingliani Sailo
	BSN/IV/19	4.Management of Nursing Services & Education	90		90	Lalduhsaki

8. Students' Strength

Yearly intake capacity: 30

Year	Gender		Category				No. of vacant seats	Total no. of students
	Male	Female	Gen	ST	SC	OBC		
1 st year	3	27	Nil	30	Nil		Nil	30
2 nd year	1	29	Nil	30	Nil		Nil	30
3 rd year	Nil	27	Nil	26	Nil	1	3	27
4 th year	2	27	Nil	29	Nil	Nil	1	29

9. Training Programmes attended by Teaching Faculty during 2019-2020 session*No. of faculty who has attended training:*

Sl. No	Name Of Faculty	Name of conference/workshop attended	Date & Venue	Organized By
1 2	Lalchhanhimi Lalrintluangi	Training of Teachers for Student's induction Program.	8.8.2019- 10.8.2019 Guwahati	UGC
3	Helen Lalthianghlimi Sailo	State TOT on induction module for Community Health Officer for NE states.	4.9.2019- 7.9.2019 Guwahati	Regional Resource centre for NE states.
4	Lalremmawii Ralte	National Skills Lab	16.9.2019- 21.9.2019 New Delhi	National Level Training
5 6 7	R Lalruatkimi Lalrintluangi Laldingliani Sailo	Foundaton training for Group A officers.	16.9.2019- 16.10.2019 ATI, Aizawl	ATI
8	Lalchhanhimi	50 th Union World Conference on Lung health	30.10.2019- 2.11.2019 Hyderabad	International Council of Nurses
9	Lalremmawii Ralte	6 Days Skills Lab Training for Staff Nurses	4.11.2019- 9.11.2019 Aizawl	RCH
10 11	R Lalruatkimi Lalremmawii Ralte	Gender Equity Initiatives	25.11.2019- 26.11.2019 Aizawl	Institute of Advance studies in Education
12	Zulvelin VL Rosangi Reia	National Level training of Trainers on Childhood Pneumonia Management	18.12.2019- 19.12.2019 New Delhi	Ministry of Health & Family Welfare
13	Lalremmawii Ralte	State Level Skills Lab	3.2.2020- 8.2.2020 Aizawl	RCH
14 15	Lalchhanhimi Lalrintluangi	Total Quality Assurance for Higher Educational Institutions	25.2.2020 MZU	College Development Council, MZU
16 17	Lalchhanhimi Lalrintluangi	Assessment & Accreditation of Health Science & Institutions (HEI that has already submitted IIQA/SSR online)	28.2.2020 Bengaluru	NAAC
18	C Laldinthari	Infection prevention & Control (IPC) for Novel Corona Virus	9/4/2020 Online	WHO
19	R Lalruatkimi	Ageing & Health- New Initiatives	15/5/2020	Dept. Of Botany, MZU
20 21 22 23	Helen Lalthianghlimi Sailo Lalrintluangi R Lalruatkimi Zosangliani	The importance of Clinical Research in Nursing Research	19/5/2020	MPREX Healthcare
24	Lalramengi Kaipeng	Advanced Nursing Research: A stepping stone for Evidence Based Practice	27/5/2020- 30/5/2020	Sumandeep Nursing College
25 26 27	R Lalruatkimi Lalramengi Kaipeng Zosangliani	Strengthening PG Research	2/6/2020	ManikakaTopawala Institute of Nursing
28	R Lalruatkimi	Point of care Diagnostic (Special	2/6/2020	MZU

		reference to Covid-19 antibodies detection)		
29	Lalrintluangi	Mending the broken heart: Evolution of Novel Therapeutic Approach	18/6/2020	MZU (School of life science)
30 31 32 33	Lalhriatpuii Varte Zosangliani Malsawmdawngkimi Lalhruaitluangi Pachuau	Covid-19 & Breastfeeding	19/6/2020	Breastfeeding Promotion Network of India (BPNI)
34	C Laldinthari	Standard Precaution: Hand Hygiene	21/6/2020	WHO
35	Zosangliani	Essential Upskilling for Nurses on Covid-19 Pandemic Management	22/6/2020	TNAI
36 37 38 39 40	Helen Lalthianghlimi Sailo Malsawmdawngkimi Lalramengi Kaipeng Lalrinchhani Kawlani Eaudi Pachuau	Safe Motherhood & Covid-19	29/6/2020	Dept. of OBG, VMCON-Puducherry
41	Lalrinchhani Kawlani	Stem cell factories.	30/6/2020	Dept.of VMCON-Puducherry
42 43	Lalrintluangi Laldingliani Sailo	Managing emotions & Self-care in times of uncertainty	30/6/2020	Dept.Of Clinical Psychology, MZU
44	Helen Lalthianghlimi Sailo	Newborn Health- Challenges in India	1/7/2020	Dept.of CHN, VMCON-Puducherry
45 46	Lalrinchhani Kawlani EaudiPachuau	Psychological Aspect of Senior Citizen during Pandemic.	2/7/2020	Dept.of MHN, VMCON
47	Helen Lalthianghlimi Sailo	Covid-19 pandemic, lessons learned and future challenges in Nursing Foundation.	3/7/2020	VMCON, Puducherry
48 49	Lalrinchhani Kawlani Eaudi Pachuau	Pandemic Preparedness & Future Challenges in Nursing Administration.	4/7/2020	Dept.of MHN, VMCON
50	Lalthianghlimi	Clinical Competency in Nursing Education- A Global View	6/7/2020-8/7/2020	Koshy's School & CON
51	Lalrintluangi	Investigation of potential new treatments for diabetes, cancer & covid-19.	6/7/2020	Dept.of Zoology, MZU
52 53 54 55 56 57 58 59 60	Zulvelin VL RosangiReia Zosangliani Eaudi Pachuau Laldingliani Sailo Malsawmdawngkimi Lalrinchhani Kawlani Lalramengi Kaipeng Lalhruaitluangi Pachuau Lalremmawii Ralte	Positive Cognitive Behavioural Therapy	6/7/2020	MZU
61	R Lalruatkimi	IGiS Geospatial Applications & CAD in the Era of Modern Technology	7/7/2020	Scanpoint Geometrics Lts.& Mizoram

62	Zulvelin VL Rosangi Reia	Positive Supervision	7/7/2020	Dept.of Clinical Psychology, MZU
63	Laldingliani Sailo			
64	Lalrinchhani Kawlni			
65	Lalremmawii Ralte			
66	Lalhruaitluangi Pachuau			
67	Zosangliani			
68	Lalhriatpuii Varte			
69	Eaudi Pachuau			
70	Malsawmdawngkimi			
71	Eaudi Pachuau	Covid-19 pandemic & Pregnancy	8/7/2020	CON,NEMCARE Foundation-Mirza
72	Lalramengi Kaipeng			
73	Zulvelin VL Rosangi Reia	Understanding Cervical cancer: Protecting Women's Life	10/7/2020	Royal Global University, Guwahati
74	Zosangliani			
75	R Lalruatkimi			
76	Malsawmdawngkimi			
77	Lalremruati Hnamte			
78	Laldingliani Sailo			
79	Lalhriatpuii Varte			
80	Lalrinchhani Kawlni			
81	Lalhruaitluangi Pachuau			
82	Helen Lalthianghlimi Sailo			
83	Zosangliani	Virtual Learning in Nursing: Challenges & Opportunities.	11/7/2020	PSG CON- Tamil Nadu
84	Laldingliani Sailo	Impact of Wearables & Internet of Things on Healthcare	15/7/2020	Dept.of IT, MZU
85	Eaudi Pachuau			
86	Lalhruaitluangi Pachuau			
87	Lalremmawii Ralte			
88	Lalrinchhani Kawlni			
89	Lalthianghlimi			
90	Helen Lalthianghlimi Sailo			
91	Helen Lalthianghlimi Sailo	Elderly Care Practices for Promoting Healthy Ageing in Covid-19 (Pandemic)	15/7/2020-17/7/2020	Dept.of MSN, VMCON-Puducherry
92	Lalremmawii Ralte			
93	Lalrinchhani Kawlni			
94	Lalrintluangi			
95	Malsawmdawngkimi			
96	Zulvelin VL Rosangi Reia			
97	Laldingliani Sailo	Impact of Covid-19 on Children.	17/7/2020	Paediatric Nursing Dept., CON, CMC &Hospital, Ludhiana
98	Lalrintluangi	Optimizing the Learning in Nursing Education During Covid-19 Pandemic.	17/7/2020	Apollo CON, Chennai
99	Lalremmawii Ralte	Role of Nursing Organization in health care reform during Covid-19.	20/7/2020-21/7/2020	The Nursing Teachers Association, India
100	Zosangliani			
101	Zulvelin VL Rosangi Reia			
102	Laldingliani Sailo			

103 104	Lalrinchhani Kawlani Zulvelin VL Rosangi Reia	Emotional Intelligence & Decision-making Style (Faculty Development Programme)	22/7/2020- 24/7/2020	Development of MHN, VMCON-Puducherry.
105 106 107	Laldingliani Ssilo Lalhruaitluangi Pachuau Lalrinchhani Kawlani	Emotional Strengthening during Covid-19 Pandemic.	23/7/2020	Apollo CON, Chennai
108	Zulvelin VL Rosangi Reia	Endocrinology & Reproductive Health.	29/7/2020- 31/7/2020	Dept.of OBG, VMCOM
109	Zulvelin VL Rosangi Reia	Protecting the health care work force by infection prevention & control in Covid-19 Pandemic.	29/7/2020	Govt.CON, Kozhikode
110	Lalhruaitluangi Pachuau	Counselling Women on Breastfeeding & Infant Young Child Feeding: How, When & by Whom.	31/7/2020	BPNI, India
111 112 113 114 115 116	Eaudi Pachuau Malsawmdawngkimi R Lalruatkimi Lalrinchhani Kawlani Zulvelin VL Rosangi Reia Lalhruaitluangi Pachuau	Paradigm Shift in Nursing Profession	31/7/2020	RGU, Guwahati

10. Training Programmes attended by Non- Teaching Staff

No. of Non-teaching staff who has attended training:

Sl.No.	Name of Non-teaching staff	Topic	Date & Venue	Funding Agency
	NIL			

11. Details of Faculty participating as resource person in Trainings & Workshops

Sl. No.	Name of faculty	Topic presented	Name of Workshop	Date & Venue	Organizer
1	Lalhriatpuii Varte	Nursing Process	Development of Nursing Services	4.10.19- 8.10.19 MNC Complex	Mizoram Nursing Council
2	Lalhriatpuii Varte	NCD	Development of Nursing Services	28.10.19- 1.11.19	Mizoram Nursing Council
3	Lalremmawii Ralte	Skills lab (Participated as State Master Trainer)	State Level Skills Lab Training "DAKSH"	4.11.19- 9.11.19 Civil Hospital Aizawl	National Health Mission

4	Helen Lalthianghlimi Sailo	Comprehensive Primary Health Care And NCD	Induction Training of HWO	9.12.19-13.12.19 Civil Hospital Aizawl	National Health Mission
5	Malsawmdawngkimi	Bandaging, CPR, Mass Casualty Management	Capacity Building Programme of Hunthar Locality	14.1.20 Hunthar, Aizawl	National Disaster Management Authority
6	Lalremruati Hnamte	Basic First Aids, Treatment of bleeding and fractures	Capacity Building Programme of Hunthar Locality	14.1.20 Hunthar, Aizawl	National Disaster Management Authority
7	Lalremmawi Ralte	Skills Lab	State Level Skills Lab training“DAKSH”	3.2.20-8.2.20 Civil Hospital, Aizawl	National Health Mission
8	Helen Lalthianghlimi Sailo	Comprehensive Primary Health Care	Induction Training of HWO	4.2.20-6.2.20 DHS, Dinthar	National Health Mission
9	Zosangliani	Basic First Aids, Treatment of Fractures	First Response in Disaster for Mizoram Home Guards & Civil Defence-1 st Batch	6.2.20 CTI, Sesawng	Disaster Management & Rehabilitation Dept.
10	Florence Lalthanzuali	Bandaging, CPR, Mass Casualty Management	First Response in Disaster for Mizoram Home Guards & Civil Defence-1 st Batch	6.2.20 CTI, Sesawng	Disaster Management & Rehabilitation Dept.
11	C Laldinthari	Bandaging, CPR, Mass Casualty Management	First Response in Disaster for Mizoram Home Guards & Civil Defence-2 nd Batch	13.2.20 CTI, Sesawng	Disaster Management & Rehabilitation Dept.
12	Daphne Lalremmawii	Basic First Aids, Treatment of Bleeding and Fractures	First Response in Disaster for Mizoram Home Guards & Civil Defence-2 nd Batch	13.2.20 CTI, Sesawng	Disaster Management & Rehabilitation Dept.

12. Name of Training/ Workshop organized by the Institution

Sl. No.	Date	Topic	Co-ordinator
1.	16.12.2019 to 19.12.2019	<u>WINTER BREAK WORKSHOP 2019</u> 1.Forenoon Session “Research Methodology” given by Prof. Zokaitluangi, HOD, Clinical Psychology, MZU Afternoon Session Reports of various meetings of Mizoram University (MZU) and Mizoram Nursing Council (MNC) given by Mrs. Lalchhanhimi, Principal. 2. “Assessment & Evaluation”, “Constructivist Approach to teaching” presented by Prof. Lalhmasai, Dept. of Education & Director of UGC-HRDC, MZU 3.ForenoonSession “Gender Equity Initiative” by Mrs. R Lalruatkimi, Lecturer “Mid Level Health Care Provider & Health and Wellness Centre Initiation” Presented by Ms. Helen Lalthianghlimi Sailo, Sr. Lecturer. Afternoon Session “Student Induction Programme” discussed by Mrs. Lalrintluangi, Lecturer “e-Resource and e-Learning” presented by Mr. Zirsangliana Sailo, Librarian. 4.Forenoon Session “Entitlements of Various Government Servants”, “New OM on State Rules” “Online Property Return by 2020” “TA/DA” presented by Mrs. Saprengthangi, DDA	1. Mrs. Lalchhanhimi, Principal 2.Mrs. Laldusaki, Sr. Lecturer 1. Mrs. Lalchhanhimi, Principal 2.Mrs. Laldusaki, Sr. Lecturer 1. Mrs. Lalchhanhimi, Principal 2.Mrs. Laldusaki, Vice principal

		Afternoon Session “File Management”. “Color Coding and the different levels of File Movement” presented by Mrs. Ramchullovi, Supt., DHME. Practical session and discussion. “Knowledge Management” presented by Ms. Laldingliani Sailo, Lecturer.	
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13. Events and Days observed by the Institution

Sl. No	Name of Event/ Day	Date	Venue	Attendees	Remarks
1.	Teacher’s Day	5.9.2019	M Hall, MCON	All students and faculty	Teacher’s Felicitation with gifts & cakes
2.	World Alzheimer’s Day	21.9.2019	Chanmari YMA Hall	3 rd Year Students with Mrs. Lalruatkimi, Lecturer who served as a resource person.	The programme is organized by ARDS Mizoram chapter supported by NMHP with a theme ‘Home care skills for patients with Alzheimers.
3.	World Mental Health Day	10.10.2019	M Hall, MCON	All students & teaching faculty of MCON	Resource person Dr.Ruth ,MD, Psychiatry presents the theme “Focus on suicide prevention”
4.	Global Iodine Deficiency Disorders Day	21.10.2019	M Hall, MCON	All students & teaching faculty of MCON	All class co-ordinators gave a speech regarding iodine deficiency & its awareness.
5.	National Education Day	11.11.2019	M Hall, MCON	All students & teaching faculty of MCON	MCON Librarian Mr. Zirsangliana Sailo gave a speech on “National Academic Depository” in the first session and

					Resource person Mr.LV Lalthantluanga Director, ZOnet Cable Network gave a speech on “Responsible use of social media”
6.	World AIDS day	1.12.2019	All classrooms	All students and teaching faculty of MCON	Selected faculty gave a speech on the theme “Communities makes the difference” which was followed by discussion.
Sl. no	Name of Event/day	Date	Venue	Attendees	Remark
7.	Christmas Festival	11.12.2019	M Hall, MCON	All students and faculty of MCON	Advance Christmas was celebrated with gift exchange and special items for students and staff of MCON
8.	International Year of the Nurse and Midwife	7.1.2020	ZMC, Falkawn	Principal and Teaching faculty	A candle march was done along with the staffs of ZMC, Falkawn which was organized by TNAI, Mizoram State Branch.
9.	Republic Day	26.1.2020	MCON	4 th Year Students and teachers.	Flag hoisting was done in the College & 4 th year students hoisted Indian Flag & gave salute at the community posting area at Thingsulthiah Hostel.

10.	World Cancer Day	4.2.2020	Dawrpui Multipurpose Hall	3 rd Year students and teacher	World cancer day programme with the theme “I am and I will” organized by NPPCDS, NHM, H&FW Deptt, Mizoram.
11.	Power Walk 2020	2.3.2020	Millenium Centre to Vanapa Hall streets.	Students & teaching faculty of MCON	Organized by National Commission for Women in collaboration with Mizoram State Commission for Women.
Sl. No	Name of Event/Day	Date	Venue	Attendees	Remark
12.	International Women’s Day	9.3.2020 since 8.3.2020 is a holiday.	MCON	All students of MCON	All students decorated their respective notice boards with the theme “I am Generation Equality: Realizing Women’s rights”
13.	World TB Day	24.3.2020		All students of MCON	Due to pandemic lockdown, all students at home changed their whatsapp profile picture to the theme “Its time: to end TB”
14.	International Nurses’ Day	12.5.2020	MCON	Teaching faculty of MCON (as all students have been sent home due to pandemic)	A discussion and speech on the theme “Nurses: A voice to lead-Nursing the world to health” was done by attending teaching faculty.

15.	World Environment Day	5.6.2020	MCON	All students and staffs of MCON	All staffs and faculty planted trees at MCON campus and all students made posters on the theme "Time for Nature"
16.	World Population Day	11.7.2020	Social media platform	All students and teaching faculty of MCON	All students and teaching faculty spread awareness through whatsapp status and instagram stories using the theme "How to safeguard the health and rights of women and girls now"

14. Particulars of MZU Exam Result of the preceding Academic Session

Year	Total no. of students	No. of Passed Students	No. of Failed Students	No. of Students with Supplemental Paper(s)	Remarks
1 st year	30	30	Nil	Nil	
2 nd year	30	30	Nil	Nil	
3 rd year	27	27	Nil	Nil	
4 th year	29	29	Nil	Nil	

15. Research and Publications

Research-

In this session, the Research and Ethical Committee held a meeting on 18th November 2019 where Allocation of Research guide was done along with the fixation of calendar for submission and finalization of research studies by the final year students.

All final year students were grouped into 6 groups and 2 to 3 research guides were appointed from faculty for each group. The Research Chapter calendar suggested the completion and finalization of all research work by 20th May 2020 and allotted time for data collection is 1 week i.e. 45 hours.

Due to covid-19 pandemic restrictions, research work could not be carried out and could not be completed on due dates. Therefore, the submission of final research work was delayed and completed by October, 2020.

16. Library report*a. Brief introduction and Activities*

The institution has 1 library managed by 1 librarian. Library books and other holdings are updated on the basis of the needs of the students.

b. Library holdings:

- Books- 3005
- Thesis-
- Journals- 10 titles (National & International)
- E-resources- NLIST

c. Library Membership- All registered students, faculty and staffs of MCON has library membership.*d. Books Issued-*Library books are issued manually and with the use of library automation software. In this session, 259 books were recorded in automation software. This is due to the temporary closure of the college due to Covid-19 pandemic from March 2020.*e. Visitors-* Till March 2020, a total of 620 users has visited the library as per record. After which, only faculty visited the library as students were released from campus as per Covid-19 pandemic restrictions.*f. New facilities and other activities-*In this session, no new facilities and resources has been added to the library.**17. Hostel Report**

The institution has a conjoint two building Hostel (Block I and Block II) located near the entrance of the College campus which offers the following facilities-

- i. Warden Quarters-2 (in Block I & II)
- ii. Students' Common Room-2 (in Block I & II)
- iii. Night Chowkider's Room (in Block I & II)
- iv. Students Sick Room-1 (Block I)
- v. Warden Office-1 (Block I)
- vi. Kitchen-1 (Block I)
- vii. Dining Hall-1 (Block I)
- viii. Visiting Room- 1 (Block I)
- ix. Devotion Hall-1 (Block II)
- x. Guest Rooms- 6 (Block II)
- xi. Students' Rooms- 30 (Block I & II)

The hostel building can accommodate 160 students, 82 students in Block I and 78 students in Block II. Since there are 6 male students in the current session, a two- storied house located near the college entrance gate is rented to accommodate 6 male students.

Presently, there are 10 staffs working in the hostel, with 2 wardens and 8 group D staffs. The hostel maintained registers like Mess Account Register, Visitor's Log Book,

Outgoing Register, Event Records, Students' Attendance Register and Staffs' Attendance Register.

The hostel is equipped with recreational facilities like Carrom Board, Chinese Checkers, Television and Guitars which can be used by students while abiding to the rules laid down by the hostel authorities.

18. General Administration Report

a. Finance report

Mizoram College of Nursing received LOC (Letter of Credit) Quarterly from the Directorate of Hospital & Medical Education (DHME) after submission of requirements in various fields. The Institution's basic requirement includes Salary, Motor Vehicle, Medical Treatment, Transportation expense, Office Expense and other miscellaneous charges.

Under O.E.(B) and MV, Petroleum, Oil & Lubricant (POL) are acquired of which remaining funds are spared for Motor Vehicle repair fund. Other office requirements like Water Charge, Electric Charge, Internet Bill and Stationery bill are paid from O.E (A) and O.C. Since L.O.C received is more on the shorter side, funds for essential institution requirements are often unmet. At the end of each quarter, any balance is promptly surrendered.

b. Activities of Establishment Section

i. Purchase and issue of stationary item

Stationery items are purchased by Indent from Printing & Stationery depot and occasionally from local approved firm when the same are not available at Printing & Stationery depot. These stationery items are then issued to the Office book for use in the Faculty section, Library section and Hostel Section.

ii. Purchase and maintenance of furniture and equipment

Furniture and Equipment requirement is put up for indent and purchased from Authorized dealers.

iii. Furnishing/ computer repairing

Furnishing/computer repairing is carried out by consultation with Authorized personnel. During August 2019- July 2020 session, computer repairing is done twice by Ralte Computers.

iv. Maintenance of stock register

Stock Register is maintained in three categories, namely- Stationery Articles, Hardware Materials and Vehicle Materials in which all purchased items are registered promptly.

v. *Issue of Daks*

The number of Daks issued during August 2019- July 2020 is 303 of which most of the letters are addressed to Directorate of Hospital & Medical Education (DHME) and Mizoram University.

vi. *Collection of Daks and Newspaper*

Daks are collected and distributed by Dak runner.

MCON is currently subscribing 10 copies local daily newspaper (Vanglaini) with monthly bill amounting to Rs.1500/-

vii. *Maintenance of telephone and internet connectivity*

Internet connections having wifi facility is available in each floor of the institution with a coverage of 87.5%

19. Student Nurses' Association (SNA) Report

The Student Nurses Association had elected Office Bearers for the session 2019-2020 on 21st June 2019. Since then, six SNA meetings has been carried out. Student Nurses Association takes responsibility for all activities carried out in the institution and the success of Fresher's induction, Farewell programmes and events and days observed as an institution could be largely credited to the association.

An annual sport for the students was held for two days i.e 9th and 10th December 2019 where various outdoor and indoor games were included. Apart from such activities, the association had been carrying out fund raising activities to aid its function like selling of eatables, stationery items, spare uniforms, hostel necessities and other items as requested. It has been noted that this student body contributed much to the smooth functioning and maintenance of conduct among the students.

20. Evangelical Nurses Fellowship (ENF) Report

The Evangelical Nurses Fellowship (ENF) MCON unit has had their annual election of office bearers on 2nd August 2019 and Executive Committee member selection on 14th August 2019 after which committees for Office Bearers and Executive Committee members had been carried out once each.

The ENF had organized a two days Retreat for all ENF MCON unit members in the College M-Hall on 12th & 13th December 2019 in pursuance of the Executive committee proposed project. Apart from this, ENF held meetings weekly (every Monday) but due to the pandemic the meetings had been held every Sunday through Zoom platform.

Furthermore, the Executive Committee had proposed the selling and distribution of students' stationery needs along with hair accessories for clinical duties which had been carried out in every session.

The ENF MCON unit had been doing its best in doing social work by giving monetary rewards or contributions as needed. In this session, it had started a monthly contribution of Rs. 1000/- (Rupees One Thousand only) towards Evangelical Nurses Fellowship of India for Missionary support during this session.

21. Red Ribbon Club Reports

For 2019-2020 session, the institution has appointed 2 Nodal Officers from faculty and 4 peer educators from the students on 10th September 2019. In this session, Red Ribbon Club Committee was held once in 14th September 2020. The training of peer educators was attended by 10 students on 9th & 10th October 2019 and World Aids Day was observed on 2nd December 2019 (1st being holiday) and poster competition on “Care of PLHIV” was held among the students.

22. Internal Quality Assurance Committee (IQAC)

Internal Quality Assurance Committee (IQAC) is the governing body which undertakes the responsible of setting up guidelines and committees in the institution for the proper functioning, standard maintenance and ease of activity scheduling.

The IQAC committee appointed new members for IQAC committee for the post for two years along with the allocation of responsibilities for each staffs, subject allocation, winter break workshop and appointment of members for college magazine.

During this session, 5 IQAC committees were held. Certain committees were set up in preparation for the upcoming NAAC peer team visit where the staffs were allocated different responsibilities. Internal Complaint Committee was set up for all staffs and students' welfare and Winter Break Workshop was held for faculty development thereby benefiting the learning needs of the students.

23. Curriculum committee Reports

During the academic session 2019-2020, the Curriculum committee held two meetings before the start of the next session i.e. 2020-2021 session. The committee is responsible for review and necessary changes in syllabus coverage, internal assessment and criteria for assessment with their weightage, allocation of class co-ordinators and subject allocation to faculty for the next session. Such responsibilities and topics were deliberated in the first meeting held in 22nd June 2020.

Due to pandemic restrictions, University examinations could not be held at proposed time and place. So the Curriculum meeting on 22nd July, 2020 had deliberated about the modes of examination, students' preferences and other University examination related issues and guidelines so that University examination could be carried out in par with Mizoram University guidelines. Due to the joint efforts of the Curriculum committee and Mizoram University, all students were able to complete their University examinations by the second week of September, 2020.

24. Anti Ragging Committee Reports

The institution has Anti Ragging Committee headed by the head of the institution since 2013. The committee has different member representatives from various fields like representatives from Civil Administration, Police Administration, Local Media, NGO's in youth activities, Parents, Senior students, Fresher students and Faculty.

The committee on 27th August 2019, appointed various members for the next session of 2020-2021 which includes members for Anti Ragging Squad and Monitoring Cell from teaching and non-teaching staffs and also appointed five representatives for Mentoring Cell from each year of the current session.

During Freshers Induction Programme for the August 2019 – July 2020 session, detailed explanation about the institution's zero tolerance to ragging has been given by the faculty representative Mrs. R. Lalruatkimi and no such case of ragging which require attention had been reported.

25. Code of Conduct Committee Reports

Mizoram College of Nursing has Code of Conduct Committee which overlook the practices and discipline carried out by the staffs and students and had published Code of Conduct Handbook in earlier years.

During 2019-2020 session, the Committee held a meeting in which a review of the effectiveness and adherence to the code of conduct rules amongst the staffs and students was discussed and evaluated among the members. Code of conduct awareness programmes which was planned in earlier years could not be carried out due to pandemic restrictions.

26. Internal Complaints Committee Reports

In pursuance with the Gazette of India No.18 regarding the Sexual Harassment of Women at work place Act and University Grants Commission Gazette No.171 of 2016, the Internal Complaints Committee was constituted in Mizoram College of Nursing on 2nd December 2019 with an office order appointing 1 Presiding Officer, 6 members from MCON staff and faculty, 2 NGO representatives and 3 student representatives.

Since the constitution of the Internal Complaints Committee, there had been one meeting on 11th February 2020 where certain policy or procedure for the committee to prevent sexual harassment at all level and the roles and activities of the committee was established. Furthermore, the committee directed the display of committee members and their contact information in notice board and the institution website for easy accessibility for persons having such complaints and planned to conduct sensitization programme for the staffs as well as awareness programme for all the students.

27. Grievance Redressal Committee Reports

The Grievance Redressal Committee had their first meeting in 28.8.2019. The committee had no record of complaints in the past academic year both in the college as well as the hostel. This could be credited to the detailed explanation & presentation of Grievance handling procedure adopted in Mizoram College of Nursing given by the Grievance Committee during Freshers Induction Programme at the commencement of 2019-2020 academic session. The committee with a joint effort with other Committees, also carried out awareness programme regarding Anti-Ragging and Grievance redressal mechanisms for all the staffs and students of the institution.

28. Maintenance Committee Reports

The Maintenance Committee had 3 meetings in August 2019 – July 2020 session and new members were appointed at the start of the session.

In accordance with the Maintenance Committee resolution, certain maintenance activities like repair of septic tanks, purchase of equipments for practical laboratories and renovation of Students' Common Room has been done during 2019-2020 academic session.

29. Campus Beautification Committee Reports

The Campus Beautification Committee was established on 12th March, 2020. Since then, the committee had taken charge of all activities contributing to the decoration of the campus like planting trees on events like Van Mahotsav in 1st to 7th July, cleaning and renovating campus, purchase of decorative items like flowers and banners.

In this session, the Campus Beautification Committee has held 2 meetings and in accordance with the resolution passed by the meeting, activities like planting trees on Van Mahotsav- 5th July, mass cleaning of the campus on several occasions and the purchase of decorative flowers has been done in preparation for Graduation Day 2019 and other Institution events.

30. Alumni and Placement Cell Reports

The Alumni has currently 320 members as of 2020 census. Elections is carried out every two years, with the present Office Bearers elected in 2018. Alumni Meet is held every 2 years and alumni committee as required. It had been responsible for awarding Proficiency award of Rs.5000/- with memento worth Rs. 500/- and Best Attendance award of Rs.1000/- with memento worth rs.500/- to the final year students yearly and had also played an active role as Resource Persons for the Vocational Preparatory Programme carried out at the end of each session for the final year students.

During this session, MCON Alumni had awarded Proficiency Award of Rs.5000/- with memento worth Rs.500/- to Ramengmawii, MZU Gold Medalist and had even participated in the Vocational Preparatory Programmes held for the final year students.

31. Mentor-Mentee Reports

As a step to aid the students in their academic performance, each teaching faculty is assigned as mentor. A compulsory meeting between mentor and mentee is held after 1-2 months of each session and subsequent meetings are arranged according to the needs of the mentee.

In 2019-2020 session, an office order containing the contact details of mentor and their mentees is circulated and meetings are carried out as necessary via video call or face to face interaction whichever is feasible.

32. Add on Course: Certificate in Community Health

Mizoram College Of Nursing served as a Programme Study Centre (PSC) for an ongoing Certificate in Community Health which was initiated in July 2019 under National Health Mission in partnership with Indira Gandhi National Open University (IGNOU) with a course period of six months.

The mentioned course has been a growing initiative of the Central Govt. in training of Health and Wellness Officers which were to be posted in the newly upgraded Health and Wellness Centres (HWCs) all over the state. Mizoram College of Nursing had already trained two batches of Health and Wellness Officers with a plan of training of 3rd Batch from July 2020 which could not be started till date due to covid-19 pandemic restrictions. The institution is equipped with 20 academic counselors and maintained 100% passed percentage in this course wherein all passed out trainees had already been posted in their specific postings and contribute immensely in uplifting health and its related services in their areas.

33. Details of Vocational Preparatory Programme (VPP)

Vocational Preparatory Programme (VPP) for outgoing students was carried out via online facilities. The programme lasted for one week where topics like Stress management, Professionalism, Certificate in Community Health, Eat Right India, Leadership in Midwifery Practice were presented by MCON faculty. Moral Guidance class was also held where Rev. Lalropaia, a respected counselor took classes.

MCON Alumni also took an active role in VPP wherein three Alumni members from Singapore and United Kingdom gave a lecture on “Career Opportunities” and the Vice President of MCON Alumni shared insightful ideas about “Roles and responsibilities of Alumni”. Besides the mentioned topic, other classes on Legal awareness in Health Practices, Group Dynamics and Soft Skills were held where experts from different fields like Law and Judiciary and reputed local institutes like Beer Saba Group of Institutions shared their valuable information about the topic which was much needed by the final year students.

34. Extended Course (DCA)

For this reported session, Extended Course on Diploma in Computer Application (DCA) could not be completed due to Covid-19 pandemic.

35. Plan/ Project for next Academic session

Since the pandemic Covid-19 had brought on uncertainty and adjustment needs in teaching as well as all activities, the followings are the plan/project proposed for the upcoming session-

1. Under the guidance of IQAC, Mizoram College of Nursing planned to organize National Webinars stressing on ongoing and pressing issues which is of importance. The webinar is scheduled to be conducted in different topics and dates. Persons in-charge of this matter are Mrs. R. Lalruatkimi, Lecturer, Ms. Zosangliani, Tutor, Ms. Lalhruaitluangi, Tutor and Mr. Zirsangliana Sailo, Librarian.
2. With the continuing surge in Covid-19 cases nationwide and the inevitable lockdown, the institute felt the need to purchase Zoom plan for each class so that certain features of the plan be utilized for conducting effective online classes. Most of the features are not available on the Zoom basic plan. This will ensure better participation and interaction in the online classes. Mr. Zirsangliana Sailo, Librarian is entrusted to do the needful in this regard.
3. The institution also planned to upgrade the current internet connection speed of 4 Mbps to 15 Mbps due to the much needed efficient internet facilities by all staffs for online classes and other related matters.
4. The institute is manned by well-qualified teaching faculty who have had varied experiences in different clinical hospitals and colleges in different states across India. Most of them possess Master degree in different subjects from various reputed Universities. However, the need to pursue Ph D Program is the need of the hour for further advancement of the institute. The principal encouraged the teaching staff to pursue Ph D program which is to be newly introduced under Mizoram University.
5. Creation of more training and TOT training opportunities for the teaching faculty- Staff development programme and training ensures latest and updated knowledge among the teaching faculty which is of utmost importance in today's medical and nursing world. Therefore, the institute is keen that each teaching staff attends training and TOT trainings online turn by turn. Mrs. Lalrintluangi, Lecturer and Mrs. Lalramengi Kaipeng, Tutor are allotted the responsibility of ensuring that each staff attend certain trainings. Record keeping shall be maintained by Ms. Lalrinchhani Kawlani, Tutor.

6. The institution had proposed a Memorandum of understanding (MOU) with the following which is currently under process-
- Village Council of Falkawn.
 - Bharat Scouts and Guides.
 - National Health Programme- Palliative, Elderly, MPCDCS, CPHC, Oral Health, Vector Borne Diseases, Climate change, Immunization, TB Elimination.

36. Achievements and Awards

- i. In the University Results published for the academic year 2019-2020 in 27th October 2020, all the students of Mizoram College of Nursing has acquired 100% passed percentage with University topper & other four rank holders of 5th, 6th, 7th and 10th rank from the final year students.
- ii. A total of 39 trainees from Mizoram College of Nursing had completed the six months course in Certificate in Community Health and had held their post as Health and wellness officers throughout the state.

37. Conclusion

Mizoram College of Nursing, located in the outskirts of the capital Aizawl has been working relentlessly for improvement and pursued for production of nurses with quality education and skill. With the efforts of the teaching staff and other supporting staff and also the students, all the students from the past till date had 100% passed percentage in the University examinations held at the end of each session securing many top 10 rank holders.

Though financial funding had been limited, the efficiency of the Principal and ministerial staffs had enabled the smooth functioning of the institution which is in par with certain regulations followed by the institution. This can also be credited to the good cooperation and communication flow between the teaching and non-teaching faculty of Mizoram College of Nursing.